Lena D Stephens

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/9336316/publications.pdf

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13 papers	248 citations	933447 10 h-index	1199594 12 g-index
13 all docs	13 docs citations	13 times ranked	465 citing authors

#	Article	IF	CITATIONS
1	Mums on the Move: A pilot randomised controlled trial of a home-based physical activity intervention for mothers at risk of postnatal depression. Midwifery, 2021, 93, 102898.	2.3	27
2	Healthy and Environmentally Sustainable Food Procurement and Foodservice in Australian Aged Care and Healthcare Services: A Scoping Review of Current Research and Training. Sustainability, 2021, 13, 11207.	3. 2	6
3	An evaluation of SecondBite ® 's FoodMate ® , a nutrition education and skillâ€building program aimed at reducing food insecurity. Health Promotion Journal of Australia, 2020, 31, 468-481.	1.2	0
4	The association between sedentary behaviour and indicators of stress: a systematic review. BMC Public Health, 2019, 19, 1357.	2.9	38
5	A qualitative study of the drivers of socioeconomic inequalities in men's eating behaviours. BMC Public Health, 2018, 18, 1257.	2.9	14
6	Effectiveness of interventions to promote physical activity and/or decrease sedentary behaviour among rural adults: a systematic review and metaâ€analysis. Obesity Reviews, 2017, 18, 727-741.	6.5	29
7	Can an incentive-based intervention increase physical activity and reduce sitting among adults? the ACHIEVE (Active Choices IncEntiVE) feasibility study. International Journal of Behavioral Nutrition and Physical Activity, 2017, 14, 35.	4.6	34
8	ShopSmart 4 Health: results of a randomized controlled trial of a behavioral intervention promoting fruit and vegetable consumption among socioeconomically disadvantaged women. American Journal of Clinical Nutrition, 2016, 104, 436-445.	4.7	26
9	Socio-economic differences in predictors of frequent dairy food consumption among Australian adolescents: a longitudinal study. Public Health Nutrition, 2015, 18, 3326-3336.	2.2	1
10	Nutrition promotion approaches preferred by Australian adolescents attending schools in disadvantaged neighbourhoods: a qualitative study. BMC Pediatrics, 2015, 15, 61.	1.7	23
11	Predictors of high-energy foods and beverages: a longitudinal study among socio-economically disadvantaged adolescents. Public Health Nutrition, 2014, 17, 324-337.	2.2	10
12	Longitudinal predictors of frequent vegetable and fruit consumption among socio-economically disadvantaged Australian adolescents. Appetite, 2014, 78, 165-171.	3.7	13
13	Correlates of dietary resilience among socioeconomically disadvantaged adolescents. European Journal of Clinical Nutrition, 2011, 65, 1219-1232.	2.9	27