Gunjan Y Trivedi

List of Publications by Year in descending order

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2258059 2053705 7 30 3 5 citations h-index g-index papers 7 7 7 20 docs citations times ranked citing authors all docs

#	Article	lF	CITATIONS
1	Bhramari Pranayama – A simple lifestyle intervention to reduce heart rate, enhance the lung function and immunity. Journal of Ayurveda and Integrative Medicine, 2021, 12, 562-564.	1.7	5
2	Adverse Childhood Experiences & mental health - the urgent need for public health intervention in India Journal of Preventive Medicine and Hygiene, 2021, 62, E728-E735.	0.9	1
3	The Risk Factors for Immune System Impairment and the Need for Lifestyle Changes. Journal of Social Health and Diabetes, 2020, 8, 025-028.	0.3	6
4	Comparative study of the impact of active meditation protocol and silence meditation on heart rate variability and mood in women. International Journal of Yoga, 2020, 13, 255.	1.0	4
5	Importance of Screening for Wellbeing in Diabetes Management. Current Research in Diabetes & Obesity Journal, 2019, 11 , .	0.0	1
6	Impact of Himalayan Singing Bowls Meditation Session on Mood and Heart Rate Variability – An Observational Study. International Journal of Psychotherapy Practice and Research, 2019, 1, 20-30.	0.2	3
7	A Comparative Study of the Impact of Himalayan Singing Bowls and Supine Silence on Stress Index and Heart Rate Variability., 2018, 2, 40-50.		10