

Andrew B Scholey

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

264
papers

10,423
citations

59
h-index

90
g-index

295
ext. papers

11,797
ext. citations

4.2
avg, IF

6.37
L-index

#	Paper	IF	Citations
264	The Association Between Diet and Cardio-Metabolic Risk on Cognitive Performance: A Cross-Sectional Study of Middle-Aged Australian Adults.. <i>Frontiers in Nutrition</i> , 2022 , 9, 862475	6.2	0
263	Nutraceuticals as Cognitive Enhancers 2021 , 35-58		
262	The effects of cardiovascular and orthopaedic surgery on vitamin concentrations: a narrative review of the literature and mechanisms of action. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-31	11.5	
261	The effects of surgery on plasma vitamin C concentrations and cognitive function: a protocol for a prospective, observational study. <i>Nutrition and Health</i> , 2021 , 27, 283-292	2.1	
260	In Vitro Assessment of the Antiviral Activity of Ketotifen, Indomethacin and Naproxen, Alone and in Combination, against SARS-CoV-2. <i>Viruses</i> , 2021 , 13,	6.2	14
259	Alcohol Hangover Across the Lifespan: Impact Of Sex and Age. <i>Alcohol and Alcoholism</i> , 2021 , 56, 589-598,	3.5	1
258	Ω alters associations between docosahexaenoic acid and preclinical markers of Alzheimer disease. <i>Brain Communications</i> , 2021 , 3, fcab085	4.5	0
257	Acute Effects of Polyphenols on Human Attentional Processes: A Systematic Review and Meta-Analysis. <i>Frontiers in Neuroscience</i> , 2021 , 15, 678769	5.1	1
256	The effects of alcohol intoxication on cognitive functions critical for driving: A systematic review. <i>Accident Analysis and Prevention</i> , 2021 , 154, 106052	6.1	3
255	Reduced Self-Perception of Fatigue after Intake of Root Extract (G115) Formulated with Vitamins and Minerals-An Open-Label Study. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	1
254	Mediterranean diet and its components 2021 , 293-306		1
253	Effects of Chewing Gum on Nitric Oxide Metabolism, Markers of Cardiovascular Health and Neurocognitive Performance after a Nitrate-Rich Meal. <i>Journal of the American College of Nutrition</i> , 2021 , 1-13	3.5	
252	Functional observation after morphine withdrawal: effects of SJP-005. <i>Psychopharmacology</i> , 2021 , 238, 1449-1460	4.7	1
251	L-cysteine and the Treatment of Alcohol Hangover: A Commentary on Eriksson et al. (2020). <i>Alcohol and Alcoholism</i> , 2021 , 56, 628-629	3.5	1
250	Immune Fitness and the Psychosocial and Health Consequences of the COVID-19 Pandemic Lockdown in The Netherlands: Methodology and Design of the CLOFIT Study. <i>European Journal of Investigation in Health, Psychology and Education</i> , 2021 , 11, 199-218	1.9	13
249	The Impact of Having a Holiday or Work in Fiji on Perceived Immune Fitness. <i>Tourism and Hospitality</i> , 2021 , 2, 95-112	2	1
248	Dietary patterns in middle age: effects on concurrent neurocognition and risk of age-related cognitive decline. <i>Nutrition Reviews</i> , 2021 ,	6.4	6

247	Mood and Changes in Alcohol Consumption in Young Adults during COVID-19 Lockdown: A Model Explaining Associations with Perceived Immune Fitness and Experiencing COVID-19 Symptoms. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	2
246	Twelve weeks treatment with a polyphenol-rich seaweed extract increased HDL cholesterol with no change in other biomarkers of chronic disease risk in overweight adults: A placebo-controlled randomized trial. <i>Journal of Nutritional Biochemistry</i> , 2021 , 96, 108777	6.3	2
245	Unknown safety and efficacy of alcohol hangover treatments puts consumers at risk. <i>Addictive Behaviors</i> , 2021 , 122, 107029	4.2	2
244	Modelling Modifiable Predictors of Age-Related Cognitive Decline: Exercise, Aortic Stiffness, and the Importance of Physical Fitness. <i>Journal of Alzheimer's Disease Reports</i> , 2020 , 4, 79-89	3.3	3
243	Further Evidence of Benefits to Mood and Working Memory from Lipidated Curcumin in Healthy Older People: A 12-Week, Double-Blind, Placebo-Controlled, Partial Replication Study. <i>Nutrients</i> , 2020 , 12,	6.7	17
242	The Assessment of Overall Hangover Severity. <i>Journal of Clinical Medicine</i> , 2020 , 9,	5.1	22
241	Updating the Definition of the Alcohol Hangover. <i>Journal of Clinical Medicine</i> , 2020 , 9,	5.1	32
240	Fuel for Thought? A Systematic Review of Neuroimaging Studies into Glucose Enhancement of Cognitive Performance. <i>Neuropsychology Review</i> , 2020 , 30, 234-250	7.7	2
239	Perceived Immune Fitness, Individual Strength and Hangover Severity. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	2
238	The Association between Ethanol Elimination Rate and Hangover Severity. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	6
237	Curcumin improves hippocampal function in healthy older adults: a three month randomised controlled trial. <i>Proceedings of the Nutrition Society</i> , 2020 , 79,	2.9	1
236	The Inflammatory Response to Alcohol Consumption and Its Role in the Pathology of Alcohol Hangover. <i>Journal of Clinical Medicine</i> , 2020 , 9,	5.1	9
235	Functional Connectivity of the Anterior and Posterior Hippocampus: Differential Effects of Glucose in Younger and Older Adults. <i>Frontiers in Aging Neuroscience</i> , 2020 , 12, 8	5.3	2
234	Sensitivity to Experiencing Alcohol Hangovers: Reconsideration of the 0.11% Blood Alcohol Concentration (BAC) Threshold for Having a Hangover. <i>Journal of Clinical Medicine</i> , 2020 , 9,	5.1	18
233	Vitamins and Minerals for Energy, Fatigue and Cognition: A Narrative Review of the Biochemical and Clinical Evidence. <i>Nutrients</i> , 2020 , 12,	6.7	62
232	Consumption Patterns of Alcohol and Alcohol mixed with Energy Drinks in Australian Students and Non-Students. <i>Nutrients</i> , 2020 , 12,	6.7	5
231	Gender Differences in Plasma Vitamin C Concentrations and Cognitive Function: A Pilot Cross-Sectional Study in Healthy Adults. <i>Current Developments in Nutrition</i> , 2020 , 4, nzaa038	0.4	5
230	The Effects of SJP-001 on Alcohol Hangover Severity: A Pilot Study. <i>Journal of Clinical Medicine</i> , 2020 , 9,	5.1	3

229	Effect of a 12-Week Almond-Enriched Diet on Biomarkers of Cognitive Performance, Mood, and Cardiometabolic Health in Older Overweight Adults. <i>Nutrients</i> , 2020 , 12,	6.7	12
228	Resting state fMRI reveals differential effects of glucose administration on central appetite signalling in young and old adults. <i>Journal of Psychopharmacology</i> , 2020 , 34, 304-314	4.6	2
227	Kava for generalised anxiety disorder: A 16-week double-blind, randomised, placebo-controlled study. <i>Australian and New Zealand Journal of Psychiatry</i> , 2020 , 54, 288-297	2.6	10
226	Effects of Oral Gamma-Aminobutyric Acid (GABA) Administration on Stress and Sleep in Humans: A Systematic Review. <i>Frontiers in Neuroscience</i> , 2020 , 14, 923	5.1	24
225	The Contribution of Plasma and Brain Vitamin C on Age and Gender-Related Cognitive Differences: A Mini-Review of the Literature. <i>Frontiers in Integrative Neuroscience</i> , 2020 , 14, 47	3.2	8
224	Effects of Panax quinquefolius (American ginseng) on the steady state visually evoked potential during cognitive performance. <i>Human Psychopharmacology</i> , 2020 , 35, 1-6	2.3	1
223	The effects of knee arthroplasty on plasma vitamin C concentrations and cognitive function: a case study. <i>Journal of Surgical Case Reports</i> , 2020 , 2020, rjaa111	0.6	4
222	Effects of Rapid Recovery on Alcohol Hangover Severity: A Double-Blind, Placebo-Controlled, Randomized, Balanced Crossover Trial. <i>Journal of Clinical Medicine</i> , 2020 , 9,	5.1	5
221	Self-Selection Bias: An Essential Design Consideration for Nutrition Trials in Healthy Populations. <i>Frontiers in Nutrition</i> , 2020 , 7, 587983	6.2	5
220	Self-Reported Diet Quality Differentiates Nutrient Intake, Blood Nutrient Status, Mood, and Cognition: Implications for Identifying Nutritional Neurocognitive Risk Factors in Middle Age. <i>Nutrients</i> , 2020 , 12,	6.7	7
219	The Role of Alcohol Metabolism in the Pathology of Alcohol Hangover. <i>Journal of Clinical Medicine</i> , 2020 , 9,	5.1	12
218	Findings of a Pilot Study Investigating the Effects of Mediterranean Diet and Aerobic Exercise on Cognition in Cognitively Healthy Older People Living Independently within Aged-Care Facilities: The Lifestyle Intervention in Independent Living Aged Care (LILAC) Study. <i>Current Developments in Nutrition</i> , 2020 , 4, e0077	0.4	7
217	Prebiotics, probiotics, fermented foods and cognitive outcomes: A meta-analysis of randomized controlled trials. <i>Neuroscience and Biobehavioral Reviews</i> , 2020 , 118, 472-484	9	21
216	Prevalence of Hangover Resistance According to Two Methods for Calculating Estimated Blood Alcohol Concentration (eBAC). <i>Journal of Clinical Medicine</i> , 2020 , 9,	5.1	2
215	The Impact of Mood and Subjective Intoxication on Hangover Severity. <i>Journal of Clinical Medicine</i> , 2020 , 9,	5.1	6
214	Oxygen Administration and Acute Human Cognitive Enhancement: Higher Cognitive Demand Leads to a More Rapid Decay of Transient Hyperoxia. <i>Journal of Cognitive Enhancement: Towards the Integration of Theory and Practice</i> , 2020 , 4, 94-99	2.4	2
213	Alcohol Hangover and Multitasking: Effects on Mood, Cognitive Performance, Stress Reactivity, and Perceived Effort. <i>Journal of Clinical Medicine</i> , 2020 , 9,	5.1	5
212	Goals in Nutrition Science 2020-2025. <i>Frontiers in Nutrition</i> , 2020 , 7, 606378	6.2	7

211	Dietary Nutrient Intake, Alcohol Metabolism, and Hangover Severity. <i>Journal of Clinical Medicine</i> , 2019 , 8,	5.1	2
210	A Systematic Review and Meta-Analysis of B Vitamin Supplementation on Depressive Symptoms, Anxiety, and Stress: Effects on Healthy and At-Risk Individuals. <i>Nutrients</i> , 2019 , 11,	6.7	35
209	The Association between Alcohol Hangover Frequency and Severity: Evidence for Reverse Tolerance?. <i>Journal of Clinical Medicine</i> , 2019 , 8,	5.1	10
208	Higher plasma levels of F-isoprostanes are associated with slower psychomotor speed in healthy older adults. <i>Free Radical Research</i> , 2019 , 53, 377-386	4	3
207	A Highly Bioavailable Curcumin Extract Improves Neurocognitive Function and Mood in Healthy Older People: A 12-Week Randomised, Double-Blind, Placebo-Controlled Trial (OR32-05-19). <i>Current Developments in Nutrition</i> , 2019 , 3,	0.4	1
206	Plasma Vitamin C Concentrations and Cognitive Function: A Cross-Sectional Study. <i>Frontiers in Aging Neuroscience</i> , 2019 , 11, 72	5.3	16
205	The microbiome and cognitive aging: a review of mechanisms. <i>Psychopharmacology</i> , 2019 , 236, 1559-1574.	4.7	19
204	Gut microbiota and bipolar disorder: a review of mechanisms and potential targets for adjunctive therapy. <i>Psychopharmacology</i> , 2019 , 236, 1433-1443	4.7	24
203	Effects of Alcohol Hangover on Cognitive Performance: Findings from a Field/Internet Mixed Methodology Study. <i>Journal of Clinical Medicine</i> , 2019 , 8,	5.1	16
202	Advantages and Limitations of Naturalistic Study Designs and their Implementation in Alcohol Hangover Research. <i>Journal of Clinical Medicine</i> , 2019 , 8,	5.1	19
201	Development and Validation of the Immune Status Questionnaire (ISQ). <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	23
200	Increases in total cholesterol and low density lipoprotein associated with decreased cognitive performance in healthy elderly adults. <i>Metabolic Brain Disease</i> , 2019 , 34, 477-484	3.9	8
199	Neurochemical changes in the aging brain: A systematic review. <i>Neuroscience and Biobehavioral Reviews</i> , 2019 , 98, 306-319	9	42
198	The Australian Research Council Longevity Intervention (ARCLI) study protocol (ANZCTR12611000487910) addendum: neuroimaging and gut microbiota protocol. <i>Nutrition Journal</i> , 2019 , 18, 1	4.3	20
197	Attentional and working memory performance following alcohol and energy drink: A randomised, double-blind, placebo-controlled, factorial design laboratory study. <i>PLoS ONE</i> , 2019 , 14, e0209239	3.7	8
196	Impaired verbal episodic memory in healthy older adults is marked by increased F-Isoprostanes. <i>Prostaglandins Leukotrienes and Essential Fatty Acids</i> , 2018 , 129, 32-37	2.8	11
195	Differences in the Temporal Typology of Alcohol Hangover. <i>Alcoholism: Clinical and Experimental Research</i> , 2018 , 42, 691-697	3.7	9
194	Alcohol mixed with energy drink (AMED): A critical review and meta-analysis. <i>Human Psychopharmacology</i> , 2018 , 33, e2650	2.3	27

193	Impact of mental resilience and perceived immune functioning on the severity of alcohol hangover. <i>BMC Research Notes</i> , 2018 , 11, 526	2.3	11
192	Glycerophospholipid Supplementation as a Potential Intervention for Supporting Cerebral Structure in Older Adults. <i>Frontiers in Aging Neuroscience</i> , 2018 , 10, 49	5.3	5
191	When should the driver with a history of substance misuse be allowed to return to the wheel? A review of the substance misuse section of the Australian national guidelines. <i>Internal Medicine Journal</i> , 2018 , 48, 908-915	1.6	2
190	Physical Fitness and Aortic Stiffness Explain the Reduced Cognitive Performance Associated with Increasing Age in Older People. <i>Journal of Alzheimer's Disease</i> , 2018 , 63, 1307-1316	4.3	16
189	Why meta is better: A reply to Linden-Carmichael et al. (2018). <i>Human Psychopharmacology</i> , 2018 , 33, e2663	2.3	1
188	Age-Related Changes in Resting State Connectivity of Brain Areas Related to Appetite, Mood and Food Homeostasis in Response to Glucose Ingestion. <i>FASEB Journal</i> , 2018 , 32, lb377	0.9	
187	The role of glucose in supporting cognition and mood regulation 2018 , 209-218		
186	Nutrients for neurocognition in health and disease: measures, methodologies and mechanisms. <i>Proceedings of the Nutrition Society</i> , 2018 , 77, 73-83	2.9	20
185	The association between adherence to a Mediterranean style diet and cognition in older people: The impact of medication. <i>Clinical Nutrition</i> , 2018 , 37, 2156-2165	5.9	8
184	Study protocol for a double-blind randomised controlled trial investigating the impact of 12 weeks supplementation with a extract on cholesterol levels in adults with elevated fasting LDL cholesterol who are overweight or have obesity. <i>BMJ Open</i> , 2018 , 8, e022195	3	7
183	The Cognitive Ageing, Nutrition and Neurogenesis (CANN) trial: Design and progress. <i>Alzheimer's and Dementia: Translational Research and Clinical Interventions</i> , 2018 , 4, 591-601	6	5
182	Susceptibility to Alcohol Hangovers: The Association with Self-Reported Immune Status. <i>International Journal of Environmental Research and Public Health</i> , 2018 , 15,	4.6	15
181	The effect of a single dose of multivitamin and mineral combinations with and without guaran on functional brain activity during a continuous performance task. <i>Nutritional Neuroscience</i> , 2017 , 20, 8-22	3.6	21
180	The breathtaking truth about breath alcohol readings of zero. <i>Addictive Behaviors</i> , 2017 , 70, 23-26	4.2	10
179	Reduced inattention and hyperactivity and improved cognition after marine oil extract (PCSO-524) supplementation in children and adolescents with clinical and subclinical symptoms of attention-deficit hyperactivity disorder (ADHD): a randomised, double-blind, placebo-controlled trial. <i>Psychopharmacology</i> , 2017 , 234, 403-420	4.7	17
178	Exploring the Effect of Lactium and Zizyphus Complex on Sleep Quality: A Double-Blind, Randomized Placebo-Controlled Trial. <i>Nutrients</i> , 2017 , 9,	6.7	15
177	Vitamin C Status and Cognitive Function: A Systematic Review. <i>Nutrients</i> , 2017 , 9,	6.7	59
176	Controversies in omega-3 efficacy and novel concepts for application. <i>Journal of Nutrition & Intermediary Metabolism</i> , 2016 , 5, 11-22	2.8	19

175	Low dose resveratrol improves cerebrovascular function in type 2 diabetes mellitus. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2016 , 26, 393-9	4.5	52
174	The effect of Sailuotong (SLT) on neurocognitive and cardiovascular function in healthy adults: a randomised, double-blind, placebo controlled crossover pilot trial. <i>BMC Complementary and Alternative Medicine</i> , 2016 , 16, 15	4.7	22
173	A Review of the Physiological Factors Associated with Alcohol Hangover. <i>Current Drug Abuse Reviews</i> , 2016 , 9, 93-98		21
172	The Effects of Four-Week Multivitamin Supplementation on Mood in Healthy Older Women: A Randomized Controlled Trial. <i>Evidence-based Complementary and Alternative Medicine</i> , 2016 , 2016, 3092828	2.3	2
171	Functional Brain Activity Changes after 4 Weeks Supplementation with a Multi-Vitamin/Mineral Combination: A Randomized, Double-Blind, Placebo-Controlled Trial Exploring Functional Magnetic Resonance Imaging and Steady-State Visual Evoked Potentials during Working Memory. <i>Frontiers in Aging Neuroscience</i> , 2016 , 8, 288	5.3	6
170	Adherence to a Mediterranean-Style Diet and Effects on Cognition in Adults: A Qualitative Evaluation and Systematic Review of Longitudinal and Prospective Trials. <i>Frontiers in Nutrition</i> , 2016 , 3, 22	6.2	100
169	Anti-Stress, Behavioural and Magnetoencephalography Effects of an L-Theanine-Based Nutrient Drink: A Randomised, Double-Blind, Placebo-Controlled, Crossover Trial. <i>Nutrients</i> , 2016 , 8,	6.7	34
168	Polyphenols for Brain and Cognitive Health 2016 , 259-288		4
167	Relationships Among Cognitive Function and Cerebral Blood Flow, Oxidative Stress, and Inflammation in Older Heart Failure Patients. <i>Journal of Cardiac Failure</i> , 2016 , 22, 548-59	3.3	17
166	Consumption of caffeinated beverages and the awareness of their caffeine content among Dutch students. <i>Appetite</i> , 2016 , 103, 353-357	4.5	17
165	Mixing alcohol with energy drink (AMED) and total alcohol consumption: a systematic review and meta-analysis. <i>Human Psychopharmacology</i> , 2016 , 31, 2-10	2.3	23
164	The effects of long-chain omega-3 fish oils and multivitamins on cognitive and cardiovascular function: a randomized, controlled clinical trial. <i>Journal of the American College of Nutrition</i> , 2015 , 34, 21-31	3.5	37
163	The Influence of the Mediterranean Diet on Cognitive Health 2015 , 81-89		
162	Glucose administration and cognitive function: differential effects of age and effort during a dual task paradigm in younger and older adults. <i>Psychopharmacology</i> , 2015 , 232, 1135-42	4.7	20
161	Nutritional medicine as mainstream in psychiatry. <i>Lancet Psychiatry</i> , 2015 , 2, 271-4	23.3	268
160	Improved working memory performance following administration of a single dose of American ginseng (<i>Panax quinquefolius</i> L.) to healthy middle-age adults. <i>Human Psychopharmacology</i> , 2015 , 30, 108-22	2.3	31
159	Acute effects of a dietary non-starch polysaccharide supplement on cognitive performance in healthy middle-aged adults. <i>Nutritional Neuroscience</i> , 2015 , 18, 76-86	3.6	22
158	Switching to a 10-day Mediterranean-style diet improves mood and cardiovascular function in a controlled crossover study. <i>Nutrition</i> , 2015 , 31, 647-52	4.8	44

157	Investigation of the effects of solid lipid curcumin on cognition and mood in a healthy older population. <i>Journal of Psychopharmacology</i> , 2015 , 29, 642-51	4.6	206
156	International Society for Nutritional Psychiatry Research consensus position statement: nutritional medicine in modern psychiatry. <i>World Psychiatry</i> , 2015 , 14, 370-1	14.4	55
155	Herbal Extracts and Nutraceuticals for Cognitive Performance 2015 , 221-250		
154	Energy drinks mixed with alcohol: are there any risks?. <i>Nutrition Reviews</i> , 2015 , 73, 796-8	6.4	5
153	Kava for the treatment of generalised anxiety disorder (K-GAD): study protocol for a randomised controlled trial. <i>Trials</i> , 2015 , 16, 493	2.8	25
152	Hippocampal involvement in glucose facilitation of recognition memory: Event-related potential components in a dual-task paradigm. <i>Nutrition and Aging (Amsterdam, Netherlands)</i> , 2015 , 3, 9-20		8
151	Effects of Four-Week Supplementation with a Multi-Vitamin/Mineral Preparation on Mood and Blood Biomarkers in Young Adults: A Randomised, Double-Blind, Placebo-Controlled Trial. <i>Nutrients</i> , 2015 , 7, 9005-17	6.7	30
150	A Randomized Controlled Trial Investigating the Effects of a Special Extract of Bacopa monnieri (CDRI 08) on Hyperactivity and Inattention in Male Children and Adolescents: BACHI Study Protocol (ANZCTRN12612000827831). <i>Nutrients</i> , 2015 , 7, 9931-45	6.7	22
149	Functional Activation during the Rapid Visual Information Processing Task in a Middle Aged Cohort: An fMRI Study. <i>PLoS ONE</i> , 2015 , 10, e0138994	3.7	23
148	The acute and sub-chronic effects of cocoa flavanols on mood, cognitive and cardiovascular health in young healthy adults: a randomized, controlled trial. <i>Frontiers in Pharmacology</i> , 2015 , 6, 93	5.6	50
147	Acute mood but not cognitive improvements following administration of a single multivitamin and mineral supplement in healthy women aged 50 and above: a randomised controlled trial. <i>Age</i> , 2015 , 37, 9782		16
146	A randomised controlled trial investigating the effects of Mediterranean diet and aerobic exercise on cognition in cognitively healthy older people living independently within aged care facilities: the Lifestyle Intervention in Independent Living Aged Care (LILAC) study protocol [A CTXN1126110011001003]. <i>Nutrition Reviews</i> , 2015 , 73, 796-8	4.3	29
145	Fish oil and multivitamin supplementation reduces oxidative stress but not inflammation in healthy older adults: A randomised controlled trial. <i>Journal of Functional Foods</i> , 2015 , 19, 949-957	5.1	11
144	Use of Neuroimaging Techniques in the Assessment of Nutraceuticals for Cognitive Enhancement: Methodological and Interpretative Issues 2015 , 305-340		1
143	Effects of multivitamin, mineral and herbal supplement on cognition in younger adults and the contribution of B group vitamins. <i>Human Psychopharmacology</i> , 2014 , 29, 73-82	2.3	12
142	Effects of mixing alcohol with caffeinated beverages on subjective intoxication: a systematic review and meta-analysis. <i>Neuroscience and Biobehavioral Reviews</i> , 2014 , 47, 16-21	9	33
141	The acute effect of flavonoid-rich apples and nitrate-rich spinach on cognitive performance and mood in healthy men and women. <i>Food and Function</i> , 2014 , 5, 849-58	6.1	47
140	Association of pulsatile and mean cerebral blood flow velocity with age and neuropsychological performance. <i>Physiology and Behavior</i> , 2014 , 130, 23-7	3.5	21

139	MDMA, cortisol, and heightened stress in recreational ecstasy users. <i>Behavioural Pharmacology</i> , 2014 , 25, 458-72	2.4	22
138	Acute effects of tea constituents L-theanine, caffeine, and epigallocatechin gallate on cognitive function and mood: a systematic review and meta-analysis. <i>Nutrition Reviews</i> , 2014 , 72, 507-22	6.4	77
137	Anti-stress effects of lemon balm-containing foods. <i>Nutrients</i> , 2014 , 6, 4805-21	6.7	31
136	Effects of resveratrol and alcohol on mood and cognitive function in older individuals. <i>Nutrition and Aging (Amsterdam, Netherlands)</i> , 2014 , 2, 133-138		6
135	Nutritional influences on human neurocognitive functioning. <i>Frontiers in Human Neuroscience</i> , 2014 , 8, 358	3.3	4
134	Randomized controlled trial examining the effects of fish oil and multivitamin supplementation on the incorporation of n-3 and n-6 fatty acids into red blood cells. <i>Nutrients</i> , 2014 , 6, 1956-70	6.7	13
133	Motives for mixing alcohol with energy drinks and other nonalcoholic beverages, and consequences for overall alcohol consumption. <i>International Journal of General Medicine</i> , 2014 , 7, 285-93	2.3	14
132	Assessing premorbid cognitive ability in adults with type 2 diabetes mellitus--a review with implications for future intervention studies. <i>Current Diabetes Reports</i> , 2014 , 14, 547	5.6	40
131	Effects of alcohol and energy drink on mood and subjective intoxication: a double-blind, placebo-controlled, crossover study. <i>Human Psychopharmacology</i> , 2014 , 29, 360-9	2.3	13
130	Effects of two doses of glucose and a caffeine-glucose combination on cognitive performance and mood during multi-tasking. <i>Human Psychopharmacology</i> , 2014 , 29, 434-45	2.3	14
129	An acute, double-blind, placebo-controlled cross-over study of 320 mg and 640 mg doses of Bacopa monnieri (CDRI 08) on multitasking stress reactivity and mood. <i>Phytotherapy Research</i> , 2014 , 28, 551-9	6.7	47
128	Effects of chocolate on cognitive function and mood: a systematic review. <i>Nutrition Reviews</i> , 2013 , 71, 665-81	6.4	62
127	A randomized controlled trial investigating the effects of PCSO-524, a patented oil extract of the New Zealand green lipped mussel (<i>Perna canaliculus</i>), on the behaviour, mood, cognition and neurophysiology of children and adolescents (aged 6-14 years) experiencing clinical and sub-clinical levels of hyperactivity and inattention: study protocol ACTRN12610000978066. <i>Nutrition Journal</i> , 2013 , 12, 1-10	4.3	6
126	Does a medicinal dose of kava impair driving? A randomized, placebo-controlled, double-blind study. <i>Traffic Injury Prevention</i> , 2013 , 14, 13-7	1.8	8
125	The effects of multivitamin supplementation on mood and general well-being in healthy young adults. A laboratory and at-home mobile phone assessment. <i>Appetite</i> , 2013 , 69, 123-36	4.5	23
124	An acute, double-blind, placebo-controlled crossover study of 320 mg and 640 mg doses of a special extract of Bacopa monnieri (CDRI 08) on sustained cognitive performance. <i>Phytotherapy Research</i> , 2013 , 27, 1407-13	6.7	47
123	Cognitive effects of two nutraceuticals Ginseng and Bacopa benchmarked against modafinil: a review and comparison of effect sizes. <i>British Journal of Clinical Pharmacology</i> , 2013 , 75, 728-37	3.8	41
122	Glucose enhancement of recognition memory: differential effects on effortful processing but not aspects of remember-know responses. <i>Neuropharmacology</i> , 2013 , 64, 544-9	5.5	14

121	A randomized controlled trial investigating the neurocognitive effects of Lacprodan [®] PL-20, a phospholipid-rich milk protein concentrate, in elderly participants with age-associated memory impairment: the Phospholipid Intervention for Cognitive Ageing Reversal (PLICAR): study protocol for a randomized controlled trial. <i>Trials</i> , 2013 , 14, 404	2.8	9
120	Cocoa polyphenols enhance positive mood states but not cognitive performance: a randomized, placebo-controlled trial. <i>Journal of Psychopharmacology</i> , 2013 , 27, 451-8	4.6	93
119	Response variability to glucose facilitation of cognitive enhancement. <i>British Journal of Nutrition</i> , 2013 , 110, 1873-84	3.6	17
118	Blood pressure and cognitive function: the role of central aortic and brachial pressures. <i>Psychological Science</i> , 2013 , 24, 2173-81	7.9	22
117	The alcohol mixed with energy drink debate: masking the facts! A commentary on "Mixing an energy drink with an alcoholic beverage increases motivation for more alcohol in college students" by Marczynski and colleagues (in press). <i>Alcoholism: Clinical and Experimental Research</i> , 2013 , 37, 703-5	3.7	9
116	The neurocognitive effects of Hypericum perforatum Special Extract (Ze 117) during smoking cessation. <i>Phytotherapy Research</i> , 2013 , 27, 1605-13	6.7	6
115	Acute effects of different multivitamin mineral preparations with and without Guarana [®] on mood, cognitive performance and functional brain activation. <i>Nutrients</i> , 2013 , 5, 3589-604	6.7	35
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