

# Jake Linardon

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/9324361/publications.pdf>

Version: 2024-02-01

74  
papers

4,033  
citations

159585

30  
h-index

144013

57  
g-index

75  
all docs

75  
docs citations

75  
times ranked

3401  
citing authors

#	ARTICLE	IF	CITATIONS
1	Targeting dietary restraint to reduce binge eating: a randomised controlled trial of a blended internet- and smartphone app-based intervention. <i>Psychological Medicine</i> , 2023, 53, 1277-1287.	4.5	15
2	A proof-of-concept study applying machine learning methods to putative risk factors for eating disorders: results from the multi-centre European project on healthy eating. <i>Psychological Medicine</i> , 2023, 53, 2913-2922.	4.5	9
3	A broad <i>v.</i> focused digital intervention for recurrent binge eating: a randomized controlled non-inferiority trial. <i>Psychological Medicine</i> , 2023, 53, 4580-4591.	4.5	5
4	The independent contribution of muscularity-oriented disordered eating to functional impairment and emotional distress in adult men and women. <i>Eating Disorders</i> , 2023, 31, 161-172.	3.0	4
5	Efficacy of a transdiagnostic cognitive-behavioral intervention for eating disorder psychopathology delivered through a smartphone app: a randomized controlled trial. <i>Psychological Medicine</i> , 2022, 52, 1679-1690.	4.5	31
6	Online psychological interventions to reduce symptoms of depression, anxiety, and general distress in those with chronic health conditions: a systematic review and meta-analysis of randomized controlled trials. <i>Psychological Medicine</i> , 2022, 52, 548-573.	4.5	41
7	Usability Evaluation of a Cognitive-Behavioral App-Based Intervention for Binge Eating and Related Psychopathology: A Qualitative Study. <i>Behavior Modification</i> , 2022, 46, 1002-1020.	1.6	6
8	A systematic scoping review of research on <sc>COVID</sc>â€19 impacts on eating disorders: A critical appraisal of the evidence and recommendations for the field. <i>International Journal of Eating Disorders</i> , 2022, 55, 3-38.	4.0	103
9	Effects of an Acceptance-Facilitating Intervention on Acceptance and Usage of Digital Interventions for Binge Eating. <i>Psychiatric Services</i> , 2022, 73, 1173-1176.	2.0	3
10	Does the Method of Content Delivery Matter? Randomized Controlled Comparison of an Internet-Based Intervention for Eating Disorder Symptoms With and Without Interactive Functionality. <i>Behavior Therapy</i> , 2022, 53, 508-520.	2.4	7
11	Short forms of the Body Appreciation Scale-2 (BAS-2SF): Item selection and psychometric evaluation. <i>Body Image</i> , 2022, 41, 308-330.	4.3	10
12	Which dimensions of emotion dysregulation predict the onset and persistence of eating disorder behaviours? A prospective study. <i>Journal of Affective Disorders</i> , 2022, 310, 123-128.	4.1	7
13	An exploratory application of machine learning methods to optimize prediction of responsiveness to digital interventions for eating disorder symptoms. <i>International Journal of Eating Disorders</i> , 2022, 55, 845-850.	4.0	5
14	The role of pre-existing knowledge and knowledge acquisition in internet-based cognitive-behavioural therapy for eating disorders. <i>Computers in Human Behavior</i> , 2022, 134, 107332.	8.5	5
15	Perspectives of e-health interventions for treating and preventing eating disorders: descriptive study of perceived advantages and barriers, help-seeking intentions, and preferred functionality. <i>Eating and Weight Disorders</i> , 2021, 26, 1097-1109.	2.5	39
16	Self-compassion explains substantially more variance in eating disorder psychopathology and associated impairment than mindfulness. <i>Body Image</i> , 2021, 36, 27-33.	4.3	17
17	Exploring the role of feeling fat in individuals categorized with bulimia nervosa, binge-eating disorder and overweight/obesity. <i>Eating and Weight Disorders</i> , 2021, 26, 2617-2623.	2.5	6
18	Understanding the relationship between sexual harassment and eating disorder psychopathology: A systematic review and metaâ€analysis. <i>International Journal of Eating Disorders</i> , 2021, 54, 673-689.	4.0	11

#	ARTICLE	IF	CITATIONS
19	Intuitive eating and its psychological correlates: A <scp>meta-analysis</scp>. International Journal of Eating Disorders, 2021, 54, 1073-1098.	4.0	93
20	“Waste not and stay at home” evidence of decreased food waste during the COVID-19 pandemic from the U.S. and Italy. Appetite, 2021, 160, 105110.	3.7	86
21	Body image flexibility and its correlates: A meta-analysis. Body Image, 2021, 37, 188-203.	4.3	26
22	Young adult mental health sequelae of eating and body image disturbances in adolescence. International Journal of Eating Disorders, 2021, 54, 1680-1688.	4.0	8
23	The growing field of digital psychiatry: current evidence and the future of apps, social media, chatbots, and virtual reality. World Psychiatry, 2021, 20, 318-335.	10.4	337
24	Trait-level differences in constructs that underpin the contextual behaviour therapies between binge-eating disorder with and without overvaluation of weight and shape. Journal of Contextual Behavioral Science, 2021, 22, 1-6.	2.6	1
25	Using an app to count calories: Motives, perceptions, and connections to thinness- and muscularity-oriented disordered eating. Eating Behaviors, 2021, 43, 101568.	2.0	11
26	Bidirectional relationships between intuitive eating and shape and weight overvaluation, dissatisfaction, preoccupation, and fear of weight gain: A prospective study. Body Image, 2021, 39, 227-231.	4.3	18
27	Positive body image, intuitive eating, and self-compassion protect against the onset of the core symptoms of eating disorders: A prospective study. International Journal of Eating Disorders, 2021, 54, 1967-1977.	4.0	36
28	Improving body image at scale among Brazilian adolescents: study protocol for the co-creation and randomised trial evaluation of a chatbot intervention. BMC Public Health, 2021, 21, 2135.	2.9	7
29	Monitoring Australian parents’ shifting receptiveness to digital mental health interventions during the COVID-19 pandemic. Australian and New Zealand Journal of Psychiatry, 2021, , 000486742110659.	2.3	1
30	A systematic review and meta-analysis of dropout rates from dialectical behaviour therapy in randomized controlled trials. Cognitive Behaviour Therapy, 2020, 49, 181-196.	3.5	36
31	Can Acceptance, Mindfulness, and Self-Compassion Be Learned by Smartphone Apps? A Systematic and Meta-Analytic Review of Randomized Controlled Trials. Behavior Therapy, 2020, 51, 646-658.	2.4	68
32	Body image in and out of the lab: Correspondence between lab-based attentional bias data and body shape dissatisfaction experiences in daily life. Body Image, 2020, 32, 62-69.	4.3	10
33	Break Binge Eating: Reach, engagement, and user profile of an <scp>Internet-based</scp> psychoeducational and self-help platform for eating disorders. International Journal of Eating Disorders, 2020, 53, 1719-1728.	4.0	42
34	Study Protocol for the COVID-19 Pandemic Adjustment Survey (CPAS): A Longitudinal Study of Australian Parents of a Child 0–18 Years. Frontiers in Psychiatry, 2020, 11, 555750.	2.6	22
35	The impact of the <scp>COVID</scp>-19 pandemic on eating disorder risk and symptoms. International Journal of Eating Disorders, 2020, 53, 1166-1170.	4.0	338
36	Examining the factor structure, sex invariance, and psychometric properties of the Body Image Acceptance and Action Questionnaire and the Functionality Appreciation Scale. Body Image, 2020, 34, 1-9.	4.3	25

#	ARTICLE	IF	CITATIONS
37	State-Based Markers of Disordered Eating Symptom Severity. <i>Journal of Clinical Medicine</i> , 2020, 9, 1948.	2.4	2
38	Self-compassion as a moderator of the relationships between shape and weight overvaluation and eating disorder psychopathology, psychosocial impairment, and psychological distress. <i>Body Image</i> , 2020, 33, 183-189.	4.3	22
39	A survey study of attitudes toward, and preferences for, eâ€therapy interventions for eating disorder psychopathology. <i>International Journal of Eating Disorders</i> , 2020, 53, 907-916.	4.0	38
40	Interactions between different eating patterns on recurrent bingeâ€eating behavior: A machine learning approach. <i>International Journal of Eating Disorders</i> , 2020, 53, 533-540.	4.0	16
41	Attrition and adherence in smartphone-delivered interventions for mental health problems: A systematic and meta-analytic review.. <i>Journal of Consulting and Clinical Psychology</i> , 2020, 88, 1-13.	2.0	283
42	E-mental health interventions for the treatment and prevention of eating disorders: An updated systematic review and meta-analysis.. <i>Journal of Consulting and Clinical Psychology</i> , 2020, 88, 994-1007.	2.0	88
43	Dropout from interpersonal psychotherapy for mental health disorders: A systematic review and meta-analysis. <i>Psychotherapy Research</i> , 2019, 29, 870-881.	1.8	21
44	Trait body image flexibility as a predictor of body image states in everyday life of young Australian women. <i>Body Image</i> , 2019, 30, 212-220.	4.3	11
45	Towards a Sustainable Nutrition Paradigm in Physique Sport: A Narrative Review. <i>Sports</i> , 2019, 7, 172.	1.7	19
46	Factor structure and psychometric properties of the Inflexible Eating Questionnaire in a sample of adult women. <i>Appetite</i> , 2019, 142, 104380.	3.7	11
47	The efficacy of appâ€supported smartphone interventions for mental health problems: a metaâ€analysis of randomized controlled trials. <i>World Psychiatry</i> , 2019, 18, 325-336.	10.4	437
48	Efficacy of psychotherapy for bulimia nervosa and bingeâ€eating disorder on selfâ€esteem improvement: Metaâ€analysis. <i>European Eating Disorders Review</i> , 2019, 27, 109-123.	4.1	32
49	A randomized trial exploring mindfulness and gratitude exercises as eHealth-based micro-interventions for improving body satisfaction. <i>Computers in Human Behavior</i> , 2019, 95, 58-65.	8.5	43
50	Assessment of food addiction using the Yale Food Addiction Scale 2.0 in individuals with binge-eating disorder symptomatology: Factor structure, psychometric properties, and clinical significance. <i>Psychiatry Research</i> , 2019, 279, 216-221.	3.3	21
51	My fitness pal usage in men: Associations with eating disorder symptoms and psychosocial impairment. <i>Eating Behaviors</i> , 2019, 33, 13-17.	2.0	23
52	Do body checking and avoidance behaviours explain variance in disordered eating beyond attitudinal measures of body image?. <i>Eating Behaviors</i> , 2019, 32, 7-11.	2.0	16
53	Appearance comparison and other appearance-related influences on body dissatisfaction in everyday life. <i>Body Image</i> , 2019, 28, 101-109.	4.3	37
54	Meta-analysis of the effects of third-wave behavioural interventions on disordered eating and body image concerns: implications for eating disorder prevention. <i>Cognitive Behaviour Therapy</i> , 2019, 48, 15-38.	3.5	79

#	ARTICLE	IF	CITATIONS
55	Testing the measurement invariance of the Body Image Acceptance and Action Questionnaire between women with and without binge-eating disorder symptomatology: Further evidence for an abbreviated five-item version.. <i>Psychological Assessment</i> , 2019, 31, 1368-1376.	1.5	10
56	The relative associations of shape and weight over-evaluation, preoccupation, dissatisfaction, and fear of weight gain with measures of psychopathology: An extension study in individuals with anorexia nervosa. <i>Eating Behaviors</i> , 2018, 29, 54-58.	2.0	37
57	Dropout from cognitive-behavioral therapy for eating disorders: A meta-analysis of randomized, controlled trials. <i>International Journal of Eating Disorders</i> , 2018, 51, 381-391.	4.0	83
58	Feeling fat in eating disorders: Testing the unique relationships between feeling fat and measures of disordered eating in anorexia nervosa and bulimia nervosa. <i>Body Image</i> , 2018, 25, 163-167.	4.3	37
59	Meta-analysis of the effects of cognitive-behavioral therapy on the core eating disorder maintaining mechanisms: implications for mechanisms of therapeutic change. <i>Cognitive Behaviour Therapy</i> , 2018, 47, 107-125.	3.5	49
60	How many individuals achieve symptom abstinence following psychological treatments for bulimia nervosa? A meta-analytic review. <i>International Journal of Eating Disorders</i> , 2018, 51, 287-294.	4.0	102
61	The relationship between dietary restraint and binge eating: Examining eating-related self-efficacy as a moderator. <i>Appetite</i> , 2018, 127, 126-129.	3.7	36
62	Meta-analysis of the effects of cognitive-behavioral therapy for binge-eating-type disorders on abstinence rates in nonrandomized effectiveness studies: Comparable outcomes to randomized, controlled trials?. <i>International Journal of Eating Disorders</i> , 2018, 51, 1303-1311.	4.0	29
63	Testing the relative associations of different components of dietary restraint on psychological functioning in anorexia nervosa and bulimia nervosa. <i>Appetite</i> , 2018, 128, 1-6.	3.7	9
64	Rates of abstinence following psychological or behavioral treatments for binge-eating disorder: Meta-analysis. <i>International Journal of Eating Disorders</i> , 2018, 51, 785-797.	4.0	108
65	Rigid dietary control, flexible dietary control, and intuitive eating: Evidence for their differential relationship to disordered eating and body image concerns. <i>Eating Behaviors</i> , 2017, 26, 16-22.	2.0	75
66	The effects of cognitive-behavioral therapy for eating disorders on quality of life: A meta-analysis. <i>International Journal of Eating Disorders</i> , 2017, 50, 715-730.	4.0	36
67	Lifestyle and Behavioral Management of Polycystic Ovary Syndrome. <i>Journal of Women's Health</i> , 2017, 26, 836-848.	3.3	58
68	Correlates of the over-evaluation of weight and shape in binge eating disorder and mixed eating disorder samples: A meta-analytic review. <i>Eating Disorders</i> , 2017, 25, 183-198.	3.0	27
69	The empirical status of the third-wave behaviour therapies for the treatment of eating disorders: A systematic review. <i>Clinical Psychology Review</i> , 2017, 58, 125-140.	11.4	157
70	Psychotherapy for bulimia nervosa on symptoms of depression: A meta-analysis of randomized controlled trials. <i>International Journal of Eating Disorders</i> , 2017, 50, 1124-1136.	4.0	36
71	Appearance-based rejection sensitivity as a mediator of the relationship between symptoms of social anxiety and disordered eating cognitions and behaviors. <i>Eating Behaviors</i> , 2017, 27, 27-32.	2.0	14
72	Predictors, Moderators, and Mediators of Treatment Outcome Following Manualised Cognitive-Behavioural Therapy for Eating Disorders: A Systematic Review. <i>European Eating Disorders Review</i> , 2017, 25, 3-12.	4.1	111

#	ARTICLE	IF	CITATIONS
73	The efficacy of cognitive-behavioral therapy for eating disorders: A systematic review and meta-analysis.. Journal of Consulting and Clinical Psychology, 2017, 85, 1080-1094.	2.0	224
74	Rapid response to eating disorder treatment: A systematic review and meta-analysis. International Journal of Eating Disorders, 2016, 49, 905-919.	4.0	107