

Maria GinÃ©-Garriga

List of Publications by Year in descending order

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61
papers

1,611
citations

430874

18
h-index

330143

37
g-index

64
all docs

64
docs citations

64
times ranked

2675
citing authors

#	ARTICLE	IF	CITATIONS
1	Physical Exercise Interventions for Improving Performance-Based Measures of Physical Function in Community-Dwelling, Frail Older Adults: A Systematic Review and Meta-Analysis. Archives of Physical Medicine and Rehabilitation, 2014, 95, 753-769.e3.	0.9	352
2	The Effect of Functional Circuit Training on Physical Frailty in Frail Older Adults: A Randomized Controlled Trial. Journal of Aging and Physical Activity, 2010, 18, 401-424.	1.0	103
3	A new model of exercise referral scheme in primary care: is the effect on adherence to physical activity sustainable in the long term? A 15-month randomised controlled trial. BMJ Open, 2018, 8, e017211.	1.9	97
4	Biomarkers associated with sedentary behaviour in older adults: A systematic review. Ageing Research Reviews, 2017, 35, 87-111.	10.9	76
5	Self-reported sitting time and physical activity: interactive associations with mental well-being and productivity in office employees. BMC Public Health, 2015, 15, 72.	2.9	67
6	Assessment of physical activity levels, fitness and perceived barriers to physical activity practice in adolescents: cross-sectional study. European Journal of Pediatrics, 2017, 176, 57-65.	2.7	61
7	Exercise-Based Interventions to Enhance Long-Term Sustainability of Physical Activity in Older Adults: A Systematic Review and Meta-Analysis of Randomized Clinical Trials. International Journal of Environmental Research and Public Health, 2019, 16, 2527.	2.6	60
8	Definitions, measurement and prevalence of sedentary behaviour in adults with intellectual disabilities " A systematic review. Preventive Medicine, 2017, 97, 62-71.	3.4	58
9	The effect of functional circuit training on self-reported fear of falling and health status in a group of physically frail older individuals: a randomized controlled trial. Aging Clinical and Experimental Research, 2013, 25, 329-336.	2.9	50
10	Patterns of Impact Resulting from a "Sit Less, Move More"™ Web-Based Program in Sedentary Office Employees. PLoS ONE, 2015, 10, e0122474.	2.5	50
11	Chest physiotherapy for acute bronchiolitis in paediatric patients between 0 and 24 months old. The Cochrane Library, 2017, 2017, CD004873.	2.8	42
12	Accelerometer-Measured Sedentary and Physical Activity Time and Their Correlates in European Older Adults: The SITLESS Study. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2020, 75, 1754-1762.	3.6	42
13	The effectiveness and complexity of interventions targeting sedentary behaviour across the lifespan: a systematic review and meta-analysis. International Journal of Behavioral Nutrition and Physical Activity, 2020, 17, 53.	4.6	35
14	Chest physiotherapy for acute bronchiolitis in paediatric patients between 0 and 24 months old. , 2012, , CD004873.		34
15	Impact of a workplace "sit less, move more"™ program on efficiency-related outcomes of office employees. BMC Public Health, 2017, 17, 455.	2.9	33
16	The SITLESS project: exercise referral schemes enhanced by self-management strategies to battle sedentary behaviour in older adults: study protocol for a randomised controlled trial. Trials, 2017, 18, 221.	1.6	28
17	Sensitivity of a modified version of the "timed get up and go"™ test to predict fall risk in the elderly: A pilot study. Archives of Gerontology and Geriatrics, 2009, 49, e60-e66.	3.0	22
18	Prolonged Sitting Time: Barriers, Facilitators and Views on Change among Primary Healthcare Patients Who Are Overweight or Moderately Obese. PLoS ONE, 2015, 10, e0125739.	2.5	22

#	ARTICLE	IF	CITATIONS
19	Referral from primary care to a physical activity programme: establishing long-term adherence? A randomized controlled trial. Rationale and study design. <i>BMC Public Health</i> , 2009, 9, 31.	2.9	20
20	Correlates of Sedentary Behaviour in Adults with Intellectual Disabilities – A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 2274.	2.6	19
21	Measuring balance, lower extremity strength and gait in the elderly: Construct validation of an instrument. <i>Archives of Gerontology and Geriatrics</i> , 2010, 51, 199-204.	3.0	18
22	Clustering of lifestyle characteristics and their association with cardio-metabolic health: the Lifestyles and Endothelial Dysfunction (EVIDENT) study. <i>British Journal of Nutrition</i> , 2015, 114, 943-951.	2.3	17
23	Sedentary behavior, physical activity, and mental health in older adults: An isotemporal substitution model. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 1957-1965.	2.9	17
24	A Novel Approach to Reduce Sedentary Behaviour in Care Home Residents: The GET READY Study Utilising Service-Learning and Co-Creation. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 418.	2.6	16
25	Is urinary incontinence associated with sedentary behaviour in older women? Analysis of data from the National Health and Nutrition Examination Survey. <i>PLoS ONE</i> , 2020, 15, e0227195.	2.5	16
26	Is loneliness a predictor of the modern geriatric giants? Analysis from the survey of health, ageing, and retirement in Europe. <i>Maturitas</i> , 2021, 144, 93-101.	2.4	16
27	Associations of sedentary behavior bouts with community-dwelling older adults' physical function. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021, 31, 153-162.	2.9	15
28	Patterns of sedentary behavior in overweight and moderately obese users of the Catalan primary-health care system. <i>PLoS ONE</i> , 2018, 13, e0190750.	2.5	15
29	Effectiveness of a primary care-based intervention to reduce sitting time in overweight and obese patients (SEDESTACTIV): a randomized controlled trial; rationale and study design. <i>BMC Public Health</i> , 2014, 14, 228.	2.9	13
30	An mHealth Workplace-Based “Sit Less, Move More” Program: Impact on Employees’ Sedentary and Physical Activity Patterns at Work and Away from Work. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 8844.	2.6	13
31	A systematic review of the physical activity levels of acutely ill older adults in Hospital At Home settings: an under-researched field. <i>European Geriatric Medicine</i> , 2021, 12, 227-238.	2.8	13
32	Reliability of Wingate Testing in Adolescents with Down Syndrome. <i>Pediatric Exercise Science</i> , 2009, 21, 47-54.	1.0	12
33	Regional differences in the profile of disabled community-dwelling older adults: A European population-based cross-sectional study. <i>PLoS ONE</i> , 2018, 13, e0208946.	2.5	12
34	A Pilot Randomised Clinical Trial of a Novel Approach to Reduce Sedentary Behaviour in Care Home Residents: Feasibility and Preliminary Effects of the GET READY Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 2866.	2.6	12
35	Urinary incontinence and sedentary behaviour in nursing home residents in Osona, Catalonia: protocol for the OsoNaH project, a multicentre observational study. <i>BMJ Open</i> , 2021, 11, e041152.	1.9	11
36	Development of a New Index of Balance in Adults with Intellectual and Developmental Disabilities. <i>PLoS ONE</i> , 2014, 9, e96529.	2.5	11

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37	Validity of the Sedentary Behavior Questionnaire in European Older Adults Using English, Spanish, German and Danish Versions. <i>Measurement in Physical Education and Exercise Science</i> , 2022, 26, 1-14.	1.8	10
38	Mission (im)possible: Engaging care homes, staff and residents in research studies. <i>Journal of Frailty, Sarcopenia and Falls</i> , 2020, 05, 6-9.	1.2	10
39	Urinary Incontinence and Its Association with Physical and Psycho-Cognitive Factors: A Cross-Sectional Study in Older People Living in Nursing Homes. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 1500.	2.6	10
40	Cost-effectiveness of exercise referral schemes enhanced by self-management strategies to battle sedentary behaviour in older adults: protocol for an economic evaluation alongside the SITLESS three-armed pragmatic randomised controlled trial. <i>BMJ Open</i> , 2018, 8, e022266.	1.9	9
41	Exercise referral schemes enhanced by self-management strategies to reduce sedentary behaviour and increase physical activity among community-dwelling older adults from four European countries: protocol for the process evaluation of the SITLESS randomised controlled trial. <i>BMJ Open</i> , 2019, 9, e027073.	1.9	8
42	The Mediating Role of Self-Regulation and Self-Efficacy on Physical Activity Change in Community-Dwelling Older Adults (≥65 Years): An Experimental Cross-Lagged Analysis Using Data From SITLESS. <i>Journal of Aging and Physical Activity</i> , 2021, 29, 931-940.	1.0	8
43	Therapeutic implications of selecting the SCORE (European) versus the D'AGOSTINO (American) risk charts for cardiovascular risk assessment in hypertensive patients. <i>BMC Cardiovascular Disorders</i> , 2009, 9, 17.	1.7	7
44	Cerebrovascular disease and gait and balance impairment in mild to moderate Alzheimer's disease. <i>Journal of Nutrition, Health and Aging</i> , 2013, 17, 45-48.	3.3	7
45	Consequences of Choosing Different Settings When Processing Hip-Based Accelerometry Data From Older Adults: A Practical Approach Using Baseline Data From the SITLESS Study. <i>Journal for the Measurement of Physical Behaviour</i> , 2020, 3, 89-99.	0.8	7
46	Association of Self-Reported and Device-Measured Sedentary Behaviour and Physical Activity with Health-Related Quality of Life among European Older Adults. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 13252.	2.6	7
47	Physical Activity Perceptions in Adolescents: A Qualitative Study Involving Photo Elicitation and Discussion Groups. <i>Journal of Adolescent Research</i> , 2019, 34, 302-322.	2.1	6
48	The Effect of a Physical Activity Program on the Total Number of Primary Care Visits in Inactive Patients: A 15-Month Randomized Controlled Trial. <i>PLoS ONE</i> , 2013, 8, e66392.	2.5	5
49	A co-created intervention with care home residents and university students following a service-learning methodology to reduce sedentary behaviour: The GET READY project protocol. <i>Journal of Frailty, Sarcopenia and Falls</i> , 2018, 03, 132-137.	1.2	4
50	Combined Effects of Diet and Exercise or Diet Alone to Improve Physical Function in Community-Dwelling Older Adults: A Systematic Review of the Literature. <i>Current Nutrition Reports</i> , 2015, 4, 164-175.	4.3	3
51	Can a workplace "sit less, move more" programme help Spanish office employees achieve physical activity targets?. <i>European Journal of Public Health</i> , 2017, 27, 926-928.	0.3	2
52	Occupational Sitting Time, Job Productivity and Related Work Loss in Spanish University Employees. <i>Medicine and Science in Sports and Exercise</i> , 2011, 43, 542.	0.4	1
53	Older Adults' Experiences of a Physical Activity and Sedentary Behaviour Intervention: A Nested Qualitative Study in the SITLESS Multi-Country Randomised Clinical Trial. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 4730.	2.6	1
54	OUP accepted manuscript. <i>European Journal of Public Health</i> , 2022, , .	0.3	1

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55	The Effect of Functional Circuit Training on Balance and Strength in Physically Frail Older Adults. <i>Medicine and Science in Sports and Exercise</i> , 2010, 42, 144.	0.4	0
56	Physiologic Response to Maximal Cycle Ergometry in Individuals with Down Syndrome. <i>Medicine and Science in Sports and Exercise</i> , 2010, 42, 155.	0.4	0
57	Physical Exercise Interventions For Improving Performance-Based Measures of Physical Function in Community-Dwelling Frail Older Adults. <i>Medicine and Science in Sports and Exercise</i> , 2014, 46, 134.	0.4	0
58	Combined Effects of Diet and Exercise or Diet to Improve Physical Function in Older Adults. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 127.	0.4	0
59	Validation of the ACEMFEI Test to Prevent the Risk of Falls in the Elderly. <i>Medicine and Science in Sports and Exercise</i> , 2008, 40, S373.	0.4	0
60	Physical Activity And Dance Programs In Adults With Intellectual Disabilities. <i>Medicine and Science in Sports and Exercise</i> , 2014, 46, 804-805.	0.4	0
61	Age-related Physical Fitness Changes In Persons With Intellectual Disabilities. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 94-95.	0.4	0