Yuko Gando

List of Publications by Year in descending order

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Version: 2024-02-01

1683934 2053595 6 308 5 5 citations h-index g-index papers 6 6 6 490 docs citations citing authors all docs times ranked

#	Article	IF	CITATIONS
1	Body flexibility and incident hypertension: The Niigata wellness study. Scandinavian Journal of Medicine and Science in Sports, 2021, 31, 702-709.	1.3	9
2	Long-term Impact of Cardiorespiratory Fitness on Type 2 Diabetes Incidence: A Cohort Study of Japanese Men. Journal of Epidemiology, 2018, 28, 266-273.	1.1	14
3	Health Impact of Light-Intensity Physical Activity and Exercise. , 2015, , 51-61.		1
4	Light-Intensity Physical Activity Is Associated With Insulin Resistance in Elderly Japanese Women Independent of Moderate- to Vigorous-Intensity Physical Activity. Journal of Physical Activity and Health, 2014, 11, 266-271.	1.0	24
5	Longer Time Spent in Light Physical Activity Is Associated With Reduced Arterial Stiffness in Older Adults. Hypertension, 2010, 56, 540-546.	1.3	144
6	Poor trunk flexibility is associated with arterial stiffening. American Journal of Physiology - Heart and Circulatory Physiology, 2009, 297, H1314-H1318.	1.5	116