

Aimee Spector

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

119
papers

4,591
citations

32
h-index

65
g-index

124
ext. papers

5,620
ext. citations

3.7
avg, IF

5.79
L-index

#	Paper	IF	Citations
119	Nonpharmacological therapies in Alzheimer's disease: a systematic review of efficacy. <i>Dementia and Geriatric Cognitive Disorders</i> , 2010 , 30, 161-78	2.6	570
118	Efficacy of an evidence-based cognitive stimulation therapy programme for people with dementia: randomised controlled trial. <i>British Journal of Psychiatry</i> , 2003 , 183, 248-54	5.4	514
117	Whose quality of life is it anyway? The validity and reliability of the Quality of Life-Alzheimer's Disease (QoL-AD) scale. <i>Alzheimer Disease and Associated Disorders</i> , 2003 , 17, 201-8	2.5	290
116	Cognitive stimulation therapy for people with dementia: cost-effectiveness analysis. <i>British Journal of Psychiatry</i> , 2006 , 188, 574-80	5.4	163
115	Cognitive stimulation for dementia: a systematic review of the evidence of effectiveness from randomised controlled trials. <i>Ageing Research Reviews</i> , 2013 , 12, 253-62	12	141
114	Cognitive leisure activities and future risk of cognitive impairment and dementia: systematic review and meta-analysis. <i>International Psychogeriatrics</i> , 2016 , 28, 1791-1806	3.4	127
113	Measures of fidelity of delivery of, and engagement with, complex, face-to-face health behaviour change interventions: A systematic review of measure quality. <i>British Journal of Health Psychology</i> , 2017 , 22, 872-903	8.3	121
112	Can reality orientation be rehabilitated? Development and piloting of an evidence-based programme of cognition-based therapies for people with dementia. <i>Neuropsychological Rehabilitation</i> , 2001 , 11, 377-397	3.1	108
111	Psychosocial interventions for people with dementia: a synthesis of systematic reviews. <i>Aging and Mental Health</i> , 2019 , 23, 393-403	3.5	108
110	Psychological treatments for depression and anxiety in dementia and mild cognitive impairment: systematic review and meta-analysis. <i>British Journal of Psychiatry</i> , 2015 , 207, 293-8	5.4	107
109	Improved quality of life and cognitive stimulation therapy in dementia. <i>Aging and Mental Health</i> , 2006 , 10, 219-26	3.5	106
108	Cognitive Stimulation Therapy (CST): effects on different areas of cognitive function for people with dementia. <i>International Journal of Geriatric Psychiatry</i> , 2010 , 25, 1253-8	3.9	91
107	Maintenance cognitive stimulation therapy for dementia: single-blind, multicentre, pragmatic randomised controlled trial. <i>British Journal of Psychiatry</i> , 2014 , 204, 454-61	5.4	89
106	A systematic review of staff training interventions to reduce the behavioural and psychological symptoms of dementia. <i>Ageing Research Reviews</i> , 2013 , 12, 354-64	12	89
105	The impact of young onset dementia on the family: a literature review. <i>International Psychogeriatrics</i> , 2011 , 23, 356-71	3.4	89
104	A pilot study examining the effectiveness of maintenance Cognitive Stimulation Therapy (MCST) for people with dementia. <i>International Journal of Geriatric Psychiatry</i> , 2005 , 20, 446-51	3.9	89
103	Cognitive stimulation for the treatment of Alzheimer's disease. <i>Expert Review of Neurotherapeutics</i> , 2008 , 8, 751-7	4.3	72

102	Using a biopsychosocial model of dementia as a tool to guide clinical practice. <i>International Psychogeriatrics</i> , 2010 , 22, 957-65	3.4	71
101	Cognitive stimulation therapy (CST) for people with dementia--who benefits most?. <i>International Journal of Geriatric Psychiatry</i> , 2013 , 28, 284-90	3.9	70
100	Quality of life (QoL) in dementia: a comparison of the perceptions of people with dementia and care staff in residential homes. <i>Alzheimer Disease and Associated Disorders</i> , 2006 , 20, 160-5	2.5	69
99	The impact of Cognitive Stimulation Therapy groups on people with dementia: views from participants, their carers and group facilitators. <i>Aging and Mental Health</i> , 2011 , 15, 945-9	3.5	68
98	The impact of individual Cognitive Stimulation Therapy (iCST) on cognition, quality of life, caregiver health, and family relationships in dementia: A randomised controlled trial. <i>PLoS Medicine</i> , 2017 , 14, e1002269	11.6	59
97	'Just helping': Children living with a parent with young onset dementia. <i>Aging and Mental Health</i> , 2010 , 14, 740-51	3.5	55
96	Sense of competence in dementia care staff (SCIDS) scale: development, reliability, and validity. <i>International Psychogeriatrics</i> , 2012 , 24, 1153-62	3.4	55
95	Cognitive-behavioural therapy for anxiety in dementia: pilot randomised controlled trial. <i>British Journal of Psychiatry</i> , 2015 , 206, 509-16	5.4	52
94	Individual cognitive stimulation therapy for dementia: a clinical effectiveness and cost-effectiveness pragmatic, multicentre, randomised controlled trial. <i>Health Technology Assessment</i> , 2015 , 19, 1-108	4.4	51
93	A systematic review of 'knowledge of dementia' outcome measures. <i>Ageing Research Reviews</i> , 2012 , 11, 67-77	12	44
92	Cognitive stimulation therapy (CST): neuropsychological mechanisms of change. <i>International Psychogeriatrics</i> , 2013 , 25, 479-89	3.4	41
91	Effects of cognitive stimulation therapy Japanese version (CST-J) for people with dementia: a single-blind, controlled clinical trial. <i>Aging and Mental Health</i> , 2013 , 17, 579-86	3.5	39
90	Guidelines for adapting cognitive stimulation therapy to other cultures. <i>Clinical Interventions in Aging</i> , 2014 , 9, 1003-7	4	38
89	The impact of staff training on staff outcomes in dementia care: a systematic review. <i>International Journal of Geriatric Psychiatry</i> , 2016 , 31, 1172-1187	3.9	34
88	The Efficacy of Cognitive Stimulation Therapy (CST) for People With Mild-to-Moderate Dementia. <i>European Psychologist</i> , 2019 , 24, 257-277	4.4	32
87	Meta-analysis of psychosocial interventions for people with dementia and anxiety or depression. <i>Aging and Mental Health</i> , 2019 , 23, 1282-1291	3.5	32
86	Effectiveness of weekly cognitive stimulation therapy for people with dementia and the additional impact of enhancing cognitive stimulation therapy with a carer training program. <i>Clinical Interventions in Aging</i> , 2014 , 9, 2143-50	4	30
85	An adapted mindfulness intervention for people with dementia in care homes: feasibility pilot study. <i>International Journal of Geriatric Psychiatry</i> , 2017 , 32, e123-e131	3.9	29

84	Compassion focused therapy: a systematic review of its effectiveness and acceptability in clinical populations. <i>Expert Review of Neurotherapeutics</i> , 2020 , 20, 385-400	4.3	29
83	Maintenance Cognitive Stimulation Therapy (CST) for dementia: a single-blind, multi-centre, randomized controlled trial of Maintenance CST vs. CST for dementia. <i>Trials</i> , 2010 , 11, 46	2.8	29
82	Maintenance cognitive stimulation therapy: an economic evaluation within a randomized controlled trial. <i>Journal of the American Medical Directors Association</i> , 2015 , 16, 63-70	5.9	28
81	Qualitative studies of psychosocial interventions for dementia: a systematic review. <i>Aging and Mental Health</i> , 2015 , 19, 955-67	3.5	27
80	Staff training using STAR: a pilot study in UK care homes. <i>International Psychogeriatrics</i> , 2012 , 24, 911-203,4		27
79	User, carer and staff perspectives on anxiety in dementia: a qualitative study. <i>Journal of Affective Disorders</i> , 2010 , 125, 295-300	6.6	27
78	Effects of functional communication interventions for people with primary progressive aphasia and their caregivers: a systematic review. <i>Aging and Mental Health</i> , 2020 , 24, 1381-1393	3.5	26
77	The development and evaluation of the DK-20: a knowledge of dementia measure. <i>International Psychogeriatrics</i> , 2013 , 25, 1899-907	3.4	24
76	Review of Positive Psychology Outcome Measures for Chronic Illness, Traumatic Brain Injury and Older Adults: Adaptability in Dementia?. <i>Dementia and Geriatric Cognitive Disorders</i> , 2015 , 40, 340-57	2.6	22
75	Sonos: a pilot study investigating the effectiveness of an intervention for people with moderate to severe dementia. <i>American Journal of Alzheimers Disease and Other Dementias</i> , 2014 , 29, 696-703	2.5	22
74	Systematic review of neuropsychological outcomes in dementia from cognition-based psychological interventions. <i>Dementia and Geriatric Cognitive Disorders</i> , 2012 , 34, 244-55	2.6	22
73	Developing quality fidelity and engagement measures for complex health interventions. <i>British Journal of Health Psychology</i> , 2020 , 25, 39-60	8.3	22
72	Speech and language therapy for primary progressive aphasia: Referral patterns and barriers to service provision across the UK. <i>Dementia</i> , 2020 , 19, 1349-1363	3	20
71	Factors influencing the person-carer relationship in people with anxiety and dementia. <i>Aging and Mental Health</i> , 2016 , 20, 1055-62	3.5	18
70	Prevalence of depression, anxiety, and apathy symptoms across dementia stages: A systematic review and meta-analysis. <i>International Journal of Geriatric Psychiatry</i> , 2021 , 36, 1330-1344	3.9	18
69	Cultural adaptation of cognitive stimulation therapy (CST) for Chinese people with dementia: multicentre pilot study. <i>International Journal of Geriatric Psychiatry</i> , 2018 , 33, 841-848	3.9	17
68	Service users' involvement in the development of individual Cognitive Stimulation Therapy (iCST) for dementia: a qualitative study. <i>BMC Geriatrics</i> , 2015 , 15, 4	4.1	16
67	The development and preliminary psychometric properties of two positive psychology outcome measures for people with dementia: the PPOM and the EID-Q. <i>BMC Geriatrics</i> , 2017 , 17, 72	4.1	16

66	The development of individual cognitive stimulation therapy (iCST) for dementia. <i>Clinical Interventions in Aging</i> , 2015 , 10, 95-104	4	16
65	Cognitive behavioural therapy (CBT) for anxiety in people with dementia: study protocol for a randomised controlled trial. <i>Trials</i> , 2012 , 13, 197	2.8	16
64	Reminiscence therapy for dementia. <i>Cochrane Database of Systematic Reviews</i> , 2000 , CD001120		16
63	The development of the Promoting Independence in Dementia (PRIDE) intervention to enhance independence in dementia. <i>Clinical Interventions in Aging</i> , 2019 , 14, 1615-1630	4	15
62	Maintenance Cognitive Stimulation Therapy (CST) in practice: study protocol for a randomized controlled trial. <i>Trials</i> , 2012 , 13, 91	2.8	15
61	Compassion focused therapy for people with dementia: A feasibility study. <i>International Journal of Geriatric Psychiatry</i> , 2018 , 33, 1727-1735	3.9	15
60	Euthanasia and physician-assisted suicide in dementia: A qualitative study of the views of former dementia carers. <i>Palliative Medicine</i> , 2015 , 29, 720-6	5.5	14
59	Limited validity of the Hospital Anxiety and Depression Scale (HADS) in dementia: evidence from a confirmatory factor analysis. <i>International Journal of Geriatric Psychiatry</i> , 2017 , 32, 805-813	3.9	14
58	Cognitive stimulation therapy for brazilian people with dementia: examination of implementation' issues and cultural adaptation. <i>Aging and Mental Health</i> , 2019 , 23, 1400-1404	3.5	14
57	Social networking sites and the experience of older adult users: a systematic review. <i>Ageing and Society</i> , 2021 , 41, 377-402	1.7	14
56	The 'Better Conversations with Primary Progressive Aphasia (BCPPA)' program for people with PPA (Primary Progressive Aphasia): protocol for a randomised controlled pilot study. <i>Pilot and Feasibility Studies</i> , 2018 , 4, 158	1.9	14
55	The Positive Psychology Outcome Measure (PPOM) for people with dementia: Psychometric properties and factor structure. <i>Archives of Gerontology and Geriatrics</i> , 2018 , 76, 182-187	4	13
54	The psychometric properties of the control, autonomy, self-realisation and pleasure scale (CASP-19) for older adults with dementia. <i>Aging and Mental Health</i> , 2019 , 23, 643-649	3.5	12
53	Cognitive stimulation therapy for people with dementia in Brazil (CST-Brasil): Results from a single blind randomized controlled trial. <i>International Journal of Geriatric Psychiatry</i> , 2021 , 36, 286-293	3.9	11
52	Mixed methods implementation research of cognitive stimulation therapy (CST) for dementia in low and middle-income countries: study protocol for Brazil, India and Tanzania (CST-International). <i>BMJ Open</i> , 2019 , 9, e030933	3	10
51	Toward a theory-based specification of non-pharmacological treatments in aging and dementia: Focused reviews and methodological recommendations. <i>Alzheimers and Dementia</i> , 2021 , 17, 255-270	1.2	10
50	Cognitive stimulation therapy for people with dementia in practice: A service evaluation. <i>British Journal of Occupational Therapy</i> , 2016 , 79, 574-580	1	9
49	Cognitive stimulation therapy (CST) for people with dementia in practice: An observational study. <i>British Journal of Occupational Therapy</i> , 2016 , 79, 762-767	1	9

48	The biopsychosocial (BPS) model of dementia as a tool for clinical practice. A pilot study. <i>International Psychogeriatrics</i> , 2016 , 28, 1079-89	3.4	9
47	The development of positive psychology outcome measures and their uses in dementia research: A systematic review. <i>Dementia</i> , 2019 , 18, 2085-2106	3	9
46	Psychosocial interventions for dementia in low- and middle-income countries (LMICs): a systematic review of effectiveness and implementation readiness. <i>Aging and Mental Health</i> , 2021 , 25, 408-419	3.5	9
45	Speech and language therapy for primary progressive aphasia across the UK: A survey of current practice. <i>International Journal of Language and Communication Disorders</i> , 2019 , 54, 914-926	2.9	8
44	A Mindfulness Program Manual for People With Dementia. <i>Behavior Modification</i> , 2017 , 41, 764-787	2.5	8
43	Field-testing phase of the development of individual cognitive stimulation therapy (iCST) for dementia. <i>BMC Health Services Research</i> , 2016 , 16, 233	2.9	8
42	Psychometric Properties and Factor Analysis of the Engagement and Independence in Dementia Questionnaire (EID-Q). <i>Dementia and Geriatric Cognitive Disorders</i> , 2018 , 46, 119-127	2.6	8
41	Cognitive stimulation therapy (CST) for dementia: a systematic review of qualitative research. <i>Aging and Mental Health</i> , 2021 , 25, 980-990	3.5	7
40	Individual cognitive stimulation therapy for people with intellectual disability and dementia: protocol of a feasibility randomised controlled trial. <i>BMJ Open</i> , 2018 , 8, e022136	3	7
39	Can mindfulness-based interventions benefit people with dementia? Drawing on the evidence from a systematic review in populations with cognitive impairments. <i>Expert Review of Neurotherapeutics</i> , 2020 , 20, 1143-1156	4.3	6
38	Measuring fidelity of delivery of the Community Occupational Therapy in Dementia-UK intervention. <i>BMC Geriatrics</i> , 2019 , 19, 364	4.1	6
37	e-Mental health care for people living with dementia: A lesson on digital equality from COVID-19. <i>Alzheimers and Dementia: Diagnosis, Assessment and Disease Monitoring</i> , 2020 , 12, e12100	5.2	5
36	Developing strategies to improve fidelity of delivery of, and engagement with, a complex intervention to improve independence in dementia: a mixed methods study. <i>BMC Medical Research Methodology</i> , 2020 , 20, 153	4.7	5
35	A biopsychosocial vignette for case conceptualization in dementia (VIG-Dem): development and pilot study. <i>International Psychogeriatrics</i> , 2016 , 28, 1471-80	3.4	5
34	Mindfulness-Based Cognitive Therapy (MBCT) programme for depression in people with early stages of dementia: study protocol for a randomised controlled feasibility study. <i>Pilot and Feasibility Studies</i> , 2017 , 3, 28	1.9	5
33	A review of the use of cognitive stimulation therapy in dementia management. <i>British Journal of Neuroscience Nursing</i> , 2006 , 2, 381-385	0.1	5
32	Reality orientation for dementia. <i>The Cochrane Library</i> , 2000 , CD001119	5.2	5
31	Development of the 'SNS older adults measure' (SNS-OA) to examine social network site use in older adults. <i>Aging and Mental Health</i> , 2021 , 25, 68-77	3.5	5

30	The experiences of those affected by parental young onset dementia: A qualitative systematic literature review. <i>Dementia</i> , 2021 , 20, 2618-2639	3	5
29	Validation of the multidimensional scale of perceived social support (MSPSS) for family caregivers of people with dementia. <i>Aging and Mental Health</i> , 2020 , 1-8	3.5	4
28	Service users' involvement in the development of a maintenance cognitive stimulation therapy (CST) programme: A comparison of the views of people with dementia, staff and family carers. <i>Dementia</i> , 2011 , 10, 459-473	3	4
27	Group-based cognitive stimulation therapy for dementia: a qualitative study on experiences of group interactions. <i>Aging and Mental Health</i> , 2021 , 25, 991-998	3.5	4
26	Individual cognitive stimulation therapy (iCST) for people with intellectual disability and dementia: a feasibility randomised controlled trial. <i>Aging and Mental Health</i> , 2021 , 1-11	3.5	4
25	Staff training and outreach support for Cognitive Stimulation Therapy and its implementation in practice: a cluster randomised trial. <i>International Journal of Geriatric Psychiatry</i> , 2017 , 32, e64-e71	3.9	3
24	SettleIN: Using a Manualised Intervention to Facilitate the Adjustment of Older Adults with Dementia Following Placement into Residential Care. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	3
23	A feasibility randomised control trial of individual cognitive stimulation therapy for dementia: impact on cognition, quality of life and positive psychology. <i>Aging and Mental Health</i> , 2021 , 25, 999-1007	3.5	3
22	A psychometric appraisal of positive psychology outcome measures in use with carers of people living with dementia: a systematic review. <i>International Psychogeriatrics</i> , 2021 , 33, 385-404	3.4	3
21	Validation of the cognitive stimulation therapy (CST) program for people with dementia in Portugal. <i>Aging and Mental Health</i> , 2021 , 25, 1019-1028	3.5	3
20	Using the Medical Research Council framework and public involvement in the development of a communication partner training intervention for people with primary progressive aphasia (PPA): Better Conversations with PPA. <i>BMC Geriatrics</i> , 2021 , 21, 642	4.1	2
19	A Systematic Review and Quality Assessment of Therapeutic Group Process Questionnaires. <i>International Journal of Group Psychotherapy</i> , 2020 , 70, 425-454	0.5	2
18	Systematic review of the current psychosocial interventions for people with moderate to severe dementia. <i>International Journal of Geriatric Psychiatry</i> , 2021 , 36, 1313-1329	3.9	2
17	New horizons in understanding the experience of Chinese people living with dementia: a positive psychology approach. <i>Age and Ageing</i> , 2021 , 50, 1493-1498	3	2
16	Changes in Default Mode Network Connectivity in Resting-State fMRI in People with Mild Dementia Receiving Cognitive Stimulation Therapy. <i>Brain Sciences</i> , 2021 , 11,	3.4	2
15	A New Approach for Developing "Implementation Plans" for Cognitive Stimulation Therapy (CST) in Low and Middle-Income Countries: Results From the CST-International Study. <i>Frontiers in Public Health</i> , 2020 , 8, 342	6	1
14	Delivering Cognitive Stimulation Therapy (CST) Virtually: Developing and Field-Testing a New Framework.. <i>Clinical Interventions in Aging</i> , 2022 , 17, 97-116	4	1
13	Cognitive stimulation therapy for dementia: Provision in National Health Service settings in England, Scotland and Wales. <i>Dementia</i> , 2021 , 20, 1553-1564	3	1

12	Healthy adjustment for new residents with dementia using SettleIN: A feasibility study in UK care homes. <i>Dementia</i> , 2020 , 19, 1811-1828	3	1
11	Psychometric properties of outcome measures in non-pharmacological interventions of persons with dementia in low-and middle-income countries: A systematic review. <i>Psychogeriatrics</i> , 2021 , 21, 220-238	1.8	1
10	Exploring dementia family carers' self-initiated strategies in managing behavioural and psychological symptoms in dementia: a qualitative study. <i>BMJ Open</i> , 2021 , 11, e048761	3	1
9	Mindfulness-based cognitive therapy for depression in people with dementia: A qualitative study on participant, carer and facilitator experiences. <i>Dementia</i> , 2021 , 14713012211046150	3	1
8	Family involvement with care homes following placement of a relative living with dementia: a review. <i>Ageing and Society</i> , 1-46	1.7	1
7	Interventions promoting family involvement with care homes following placement of a relative with dementia: A systematic review.. <i>Dementia</i> , 2021 , 14713012211046595	3	1
6	O3-02-02: COGNITIVE BEHAVIOURAL THERAPY (CBT) FOR ANXIETY IN DEMENTIA: A PILOT RANDOMISED CONTROLLED TRIAL 2014 , 10, P209-P210		0
5	Cultural adaptation of Alzheimer's disease assessment scale-cognitive subscale for use in India and validation of the Tamil version for South Indian population. <i>Aging and Mental Health</i> , 2021 , 1-8	3.5	0
4	Cognitive Stimulation Therapy. <i>GeroPsych: the Journal of Gerontopsychology and Geriatric Psychiatry</i> , 2021 , 34, 117-124	1	0
3	Group experiences of cognitive stimulation therapy (CST) in Tanzania: a qualitative study. <i>Aging and Mental Health</i> , 2021 , 1-10	3.5	
2	Development and acceptability of a brief, evidence-based Dementia Awareness for Caregivers course in low- and middle-income countries. <i>Dementia</i> , 2021 , 14713012211055316	3	
1	Equity and balance in applied dementia research: A Charter of Conduct and checklist for global collaborations. <i>International Journal of Geriatric Psychiatry</i> ,	3.9	