

# Colin Greaves

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

111 papers	4,631 citations	30 h-index	66 g-index
120 ext. papers	5,526 ext. citations	4.7 avg, IF	5.49 L-index

#	Paper	IF	Citations
111	Systematic review of reviews of intervention components associated with increased effectiveness in dietary and physical activity interventions. <i>BMC Public Health</i> , <b>2011</b> , 11, 119	4.1	756
110	Interventions targeting social isolation in older people: a systematic review. <i>BMC Public Health</i> , <b>2011</b> , 11, 647	4.1	404
109	Diabetes prevention in the real world: effectiveness of pragmatic lifestyle interventions for the prevention of type 2 diabetes and of the impact of adherence to guideline recommendations: a systematic review and meta-analysis. <i>Diabetes Care</i> , <b>2014</b> , 37, 922-33	14.6	357
108	A European evidence-based guideline for the prevention of type 2 diabetes. <i>Hormone and Metabolic Research</i> , <b>2010</b> , 42 Suppl 1, S3-36	3.1	317
107	The impact of social isolation on the health status and health-related quality of life of older people. <i>Quality of Life Research</i> , <b>2011</b> , 20, 57-67	3.7	193
106	Waste the waist: a pilot randomised controlled trial of a primary care based intervention to support lifestyle change in people with high cardiovascular risk. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2015</b> , 12, 1	8.4	178
105	Take action to prevent diabetes--the IMAGE toolkit for the prevention of type 2 diabetes in Europe. <i>Hormone and Metabolic Research</i> , <b>2010</b> , 42 Suppl 1, S37-55	3.1	173
104	Effects of creative and social activity on the health and well-being of socially isolated older people: outcomes from a multi-method observational study. <i>Perspectives in Public Health</i> , <b>2006</b> , 126, 134-42		135
103	A checklist to improve reporting of group-based behaviour-change interventions. <i>BMC Public Health</i> , <b>2015</b> , 15, 963	4.1	97
102	How can weight-loss app designers best engage and support users? A qualitative investigation. <i>British Journal of Health Psychology</i> , <b>2015</b> , 20, 151-71	8.3	95
101	Nonpharmacological interventions for the prevention of type 2 diabetes mellitus. <i>Nature Reviews Endocrinology</i> , <b>2012</b> , 8, 363-73	15.2	89
100	Processes of behavior change and weight loss in a theory-based weight loss intervention program: a test of the process model for lifestyle behavior change. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2015</b> , 12, 2	8.4	86
99	Motivational interviewing for modifying diabetes risk: a randomised controlled trial. <i>British Journal of General Practice</i> , <b>2008</b> , 58, 535-40	1.6	84
98	Group-Based Diet and Physical Activity Weight-Loss Interventions: A Systematic Review and Meta-Analysis of Randomised Controlled Trials. <i>Applied Psychology: Health and Well-Being</i> , <b>2018</b> , 10, 62-86	6.8	81
97	Identifying change processes in group-based health behaviour-change interventions: development of the mechanisms of action in group-based interventions (MAGI) framework. <i>Health Psychology Review</i> , <b>2019</b> , 1-21	7.1	72
96	Understanding the challenge of weight loss maintenance: a systematic review and synthesis of qualitative research on weight loss maintenance. <i>Health Psychology Review</i> , <b>2017</b> , 11, 145-163	7.1	71
95	Lessons learned from recruiting socioeconomically disadvantaged smokers into a pilot randomized controlled trial to explore the role of Exercise Assisted Reduction then Stop (EARS) smoking. <i>Trials</i> , <b>2015</b> , 16, 1	2.8	70

94	Techniques for modifying impulsive processes associated with unhealthy eating: A systematic review. <i>Health Psychology</i> , <b>2016</b> , 35, 793-806	5	68
93	Self-directed interventions to promote weight loss: a systematic review of reviews. <i>Journal of Medical Internet Research</i> , <b>2014</b> , 16, e58	7.6	60
92	Randomised controlled trial of magnetic bracelets for relieving pain in osteoarthritis of the hip and knee. <i>BMJ, The</i> , <b>2004</b> , 329, 1450-4	5.9	57
91	Needs of caregivers in heart failure management: A qualitative study. <i>Chronic Illness</i> , <b>2015</b> , 11, 304-19	1.4	45
90	Evidence, theory and context--using intervention mapping to develop a school-based intervention to prevent obesity in children. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2011</b> , 8, 73	8.4	42
89	Supporting self-care in general practice. <i>British Journal of General Practice</i> , <b>2007</b> , 57, 814-21	1.6	40
88	The effects and costs of home-based rehabilitation for heart failure with reduced ejection fraction: The REACH-HF multicentre randomized controlled trial. <i>European Journal of Preventive Cardiology</i> , <b>2019</b> , 26, 262-272	3.9	40
87	Development of an educational Toolkit for health professionals and their patients with prediabetes: the WAKEUP study (Ways of Addressing Knowledge Education and Understanding in Pre-diabetes). <i>Diabetic Medicine</i> , <b>2007</b> , 24, 770-7	3.5	36
86	Assessment of fidelity in individual level behaviour change interventions promoting physical activity among adults: a systematic review. <i>BMC Public Health</i> , <b>2017</b> , 17, 765	4.1	33
85	An evaluation of the effectiveness of a community mentoring service for socially isolated older people: a controlled trial. <i>BMC Public Health</i> , <b>2011</b> , 11, 218	4.1	32
84	Inter-arm blood pressure difference in type 2 diabetes: a barrier to effective management?. <i>British Journal of General Practice</i> , <b>2009</b> , 59, 428-32	1.6	32
83	Optimising self-care support for people with heart failure and their caregivers: development of the Rehabilitation Enablement in Chronic Heart Failure (REACH-HF) intervention using intervention mapping. <i>Pilot and Feasibility Studies</i> , <b>2016</b> , 2, 37	1.9	32
82	Is targeted early detection for melanoma feasible? Self assessments of risk and attitudes to screening. <i>Journal of Medical Screening</i> , <b>2000</b> , 7, 199-202	1.4	30
81	Is hospitalisation for COPD an opportunity for advance care planning? A qualitative study. <i>Primary Care Respiratory Journal: Journal of the General Practice Airways Group</i> , <b>2012</b> , 21, 261-6		29
80	Effective behavior change techniques in asthma self-care interventions: systematic review and meta-regression. <i>Health Psychology</i> , <b>2014</b> , 33, 577-87	5	27
79	A pilot randomised trial to assess the methods and procedures for evaluating the clinical effectiveness and cost-effectiveness of Exercise Assisted Reduction then Stop (EARS) among disadvantaged smokers. <i>Health Technology Assessment</i> , <b>2014</b> , 18, 1-324	4.4	27
78	Waste the Waist? the development of an intervention to promote changes in diet and physical activity for people with high cardiovascular risk. <i>British Journal of Health Psychology</i> , <b>2012</b> , 17, 327-45	8.3	26
77	A randomised controlled trial of a facilitated home-based rehabilitation intervention in patients with heart failure with preserved ejection fraction and their caregivers: the REACH-HFpEF Pilot Study. <i>BMJ Open</i> , <b>2018</b> , 8, e019649	3	26

76	Web-Based Intervention Using Behavioral Activation and Physical Activity for Adults With Depression (The eMotion Study): Pilot Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , <b>2018</b> , 20, e10112	7.6	26
75	A simple pragmatic system for detecting new cases of type 2 diabetes and impaired fasting glycaemia in primary care. <i>Family Practice</i> , <b>2004</b> , 21, 57-62	1.9	23
74	Converting to insulin in primary care: an exploration of the needs of practice nurses. <i>Journal of Advanced Nursing</i> , <b>2003</b> , 42, 487-96	3.1	23
73	Attack context: an important mediator of the relationship between psychological status and asthma outcomes. <i>Thorax</i> , <b>2002</b> , 57, 217-21	7.3	23
72	Cost-effectiveness of population-based, community, workplace and individual policies for diabetes prevention in the UK. <i>Diabetic Medicine</i> , <b>2017</b> , 34, 1136-1144	3.5	21
71	Uptake of behavior change techniques - a key focus for process analysis and for intervention delivery: a comment on Hankonen et al. <i>Annals of Behavioral Medicine</i> , <b>2015</b> , 49, 1-2	4.5	21
70	Metformin in non-diabetic hyperglycaemia: the GLINT feasibility RCT. <i>Health Technology Assessment</i> , <b>2018</b> , 22, 1-64	4.4	21
69	The cost effectiveness of REACH-HF and home-based cardiac rehabilitation compared with the usual medical care for heart failure with reduced ejection fraction: A decision model-based analysis. <i>European Journal of Preventive Cardiology</i> , <b>2019</b> , 26, 1252-1261	3.9	20
68	Self-directed interventions to promote weight loss: a systematic review and meta-analysis. <i>Health Psychology Review</i> , <b>2016</b> , 10, 358-72	7.1	20
67	Clinical effectiveness and cost-effectiveness of the Rehabilitation Enablement in Chronic Heart Failure (REACH-HF) facilitated self-care rehabilitation intervention in heart failure patients and caregivers: rationale and protocol for a multicentre randomised controlled trial. <i>BMJ Open</i> , <b>2015</b> , 5, e009994	3	20
66	Combining behavioural activation with physical activity promotion for adults with depression: findings of a parallel-group pilot randomised controlled trial (BACPAC). <i>Trials</i> , <b>2015</b> , 16, 367	2.8	19
65	GPs prescribing of strong opioid drugs for patients with chronic non-cancer pain: a qualitative study. <i>British Journal of General Practice</i> , <b>2013</b> , 63, e821-8	1.6	18
64	Caregiver outcomes of the REACH-HF multicentre randomized controlled trial of home-based rehabilitation for heart failure with reduced ejection fraction. <i>European Journal of Cardiovascular Nursing</i> , <b>2019</b> , 18, 611-620	3.3	17
63	Understanding fear and anxiety in patients at the time of an exacerbation of chronic obstructive pulmonary disease: a qualitative study. <i>JRSM Open</i> , <b>2015</b> , 6, 2054270415614543	0.5	17
62	A community-based physical activity intervention to prevent mobility-related disability for retired older people (REtirement in ACTION (REACT)): study protocol for a randomised controlled trial. <i>Trials</i> , <b>2018</b> , 19, 228	2.8	16
61	The impact of Type 2 diabetes prevention programmes based on risk-identification and lifestyle intervention intensity strategies: a cost-effectiveness analysis. <i>Diabetic Medicine</i> , <b>2017</b> , 34, 632-640	3.5	15
60	Blood Sugar Regulation for Cardiovascular Health Promotion and Disease Prevention: JACC Health Promotion Series. <i>Journal of the American College of Cardiology</i> , <b>2018</b> , 72, 1829-1844	15.1	15
59	Study Protocol: The Norfolk Diabetes Prevention Study [NDPS]: a 46-month multi-centre, randomised, controlled parallel group trial of a lifestyle intervention [with or without additional support from lay lifestyle mentors with Type 2 diabetes] to prevent transition to Type 2 diabetes in high-risk groups with non-diabetic hyperglycaemia, or impaired fasting glucose. <i>BMJ Public Health</i> , <b>2017</b> , 17, 31	4.1	14

58	Patterns of corticosteroid medication use: non-adherence can be effective in milder asthma. <i>Primary Care Respiratory Journal: Journal of the General Practice Airways Group</i> , <b>2005</b> , 14, 99-105		14
57	Developing research management and governance capacity in primary care organizations: transferable learning from a qualitative evaluation of UK pilot sites. <i>Family Practice</i> , <b>2004</b> , 21, 92-8	1.9	14
56	Lifestyle Intervention With or Without Lay Volunteers to Prevent Type 2 Diabetes in People With Impaired Fasting Glucose and/or Nondiabetic Hyperglycemia: A Randomized Clinical Trial. <i>JAMA Internal Medicine</i> , <b>2021</b> , 181, 168-178	11.5	14
55	An Exploratory Analysis of the Smoking and Physical Activity Outcomes From a Pilot Randomized Controlled Trial of an Exercise Assisted Reduction to Stop Smoking Intervention in Disadvantaged Groups. <i>Nicotine and Tobacco Research</i> , <b>2016</b> , 18, 289-97	4.9	13
54	Marma therapy for stroke rehabilitation -- a pilot study. <i>Journal of Rehabilitation Medicine</i> , <b>2006</b> , 38, 268-74	3.4	13
53	A written self-help intervention for depressed adults comparing behavioural activation combined with physical activity promotion with a self-help intervention based upon behavioural activation alone: study protocol for a parallel group pilot randomised controlled trial (BACpAc). <i>Trials</i> , <b>2014</b> , 15, 196	2.8	12
52	Processes of change in an asthma self-care intervention. <i>Qualitative Health Research</i> , <b>2013</b> , 23, 1419-29	3.9	12
51	Feasibility Randomized Controlled Trial of ImpulsePal: Smartphone App-Based Weight Management Intervention to Reduce Impulsive Eating in Overweight Adults. <i>JMIR Formative Research</i> , <b>2019</b> , 3, e11586	2.5	12
50	Home-based rehabilitation for heart failure with reduced ejection fraction: mixed methods process evaluation of the REACH-HF multicentre randomised controlled trial. <i>BMJ Open</i> , <b>2019</b> , 9, e026039	3	12
49	Feasibility Trial Evaluation of a Peer Volunteering Active Aging Intervention: ACE (Active, Connected, Engaged). <i>Gerontologist</i> , <b>2020</b> , 60, 571-582	5	11
48	IMAGE: Development of a European curriculum for the training of prevention managers. <i>British Journal of Diabetes and Vascular Disease</i> , <b>2011</b> , 11, 163-167		10
47	Preference for different relaxation techniques by COPD patients: comparison between six techniques. <i>International Journal of COPD</i> , <b>2016</b> , 11, 2315-2319	3	10
46	Johrei family healing: a pilot study. <i>Evidence-based Complementary and Alternative Medicine</i> , <b>2006</b> , 3, 533-40	2.3	9
45	Intervention delivery fidelity assessment of a counseling-based intervention for promoting smoking reduction and increasing physical activity. <i>Health Psychology</i> , <b>2018</b> , 37, 627-637	5	9
44	Informing the development of online weight management interventions: a qualitative investigation of primary care patient perceptions. <i>BMC Obesity</i> , <b>2018</b> , 5, 7	3.6	8
43	We're all in the same boat: A qualitative study on how groups work in a diabetes prevention and management programme. <i>British Journal of Health Psychology</i> , <b>2019</b> , 24, 787-805	8.3	8
42	Diabetes Prevention in the Real World: Effectiveness of Pragmatic Lifestyle Interventions for the Prevention of Type 2 Diabetes and of the Impact of Adherence to Guideline Recommendations: A Systematic Review and Meta-analysis. <i>Diabetes Care</i> , <b>2014</b> , 37, 1775-1776	14.6	8
41	Frequency of non-asthma GP visits predicts asthma exacerbations: an observational study in general practice. <i>Primary Care Respiratory Journal: Journal of the General Practice Airways Group</i> , <b>2012</b> , 21, 405-11		8

40	Factors associated with study attrition in a pilot randomised controlled trial to explore the role of exercise-assisted reduction to stop (EARS) smoking in disadvantaged groups. <i>Trials</i> , <b>2016</b> , 17, 524	2.8	8
39	Development of a web-based intervention (eMotion) based on behavioural activation to promote physical activity in people with depression. <i>Mental Health and Physical Activity</i> , <b>2017</b> , 13, 120-136	5	7
38	Rehabilitation Enablement in Chronic Heart Failure-a facilitated self-care rehabilitation intervention in patients with heart failure with preserved ejection fraction (REACH-HFpEF) and their caregivers: rationale and protocol for a single-centre pilot randomised controlled trial. <i>BMJ Open</i> , <b>2016</b> , 6, e012853	3	7
37	Systematic review of the effect of training interventions on the skills of health professionals in promoting health behaviour, with meta-analysis of subsequent effects on patient health behaviours. <i>BMC Health Services Research</i> , <b>2020</b> , 20, 593	2.9	6
36	Guidelines versus practice: UK asthma nurses often recommend intermittent, symptom-driven use of inhaled corticosteroids. <i>Primary Care Respiratory Journal: Journal of the General Practice Airways Group</i> , <b>2009</b> , 18, 114-7		6
35	The Tribulations of Trials: Lessons Learnt Recruiting 777 Older Adults Into RETirement in ACTION (REACT), a Trial of a Community, Group-Based Active Aging Intervention Targeting Mobility Disability. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2020</b> , 75, 2387-2395	6.4	5
34	Correspondence to the in response to position paper by Ambrosetti M et al. 2020: Cardiovascular rehabilitation and COVID-19: The need to maintain access to evidence-based services from the safety of home. <i>European Journal of Preventive Cardiology</i> , <b>2020</b> , 2047487320923053	3.9	5
33	Ecological momentary assessment of mood and physical activity in people with depression. <i>Journal of Affective Disorders</i> , <b>2020</b> , 271, 293-299	6.6	5
32	Structural and Magnetic Characterisation of La <sub>1+x</sub> Sr <sub>1-x</sub> Co <sub>0.5</sub> Mn <sub>0.5</sub> O <sub>4</sub> (M = Cr, Mn) <i>Zeitschrift Fur Anorganische Und Allgemeine Chemie</i> , <b>2009</b> , 635, 1856-1862	1.3	5
31	Exploration of the validity of weak magnets as a suitable placebo in trials of magnetic therapy. <i>Complementary Therapies in Medicine</i> , <b>2008</b> , 16, 177-80	3.5	5
30	Randomised controlled trial of an augmented exercise referral scheme using web-based behavioural support for inactive adults with chronic health conditions: the e-coachER trial. <i>British Journal of Sports Medicine</i> , <b>2021</b> , 55, 444-450	10.3	5
29	Developing and applying a framework to understand mechanisms of action in group-based, behaviour change interventions: the MAGI mixed-methods study. <i>Efficacy and Mechanism Evaluation</i> , <b>2019</b> , 6, 1-162	1.7	5
28	Effect of a physical activity and behaviour maintenance programme on functional mobility decline in older adults: the REACT (Retirement in Action) randomised controlled trial. <i>Lancet Public Health</i> , <b>2022</b> , 7, e316-e326	22.4	5
27	The value of social practice theory for implementation science: learning from a theory-based mixed methods process evaluation of a randomised controlled trial. <i>BMC Medical Research Methodology</i> , <b>2020</b> , 20, 181	4.7	4
26	Adding web-based behavioural support to exercise referral schemes for inactive adults with chronic health conditions: the e-coachER RCT. <i>Health Technology Assessment</i> , <b>2020</b> , 24, 1-106	4.4	4
25	Recruitment, retention, and training of people with type 2 diabetes as diabetes prevention mentors (DPM) to support a healthcare professional-delivered diabetes prevention program: the Norfolk Diabetes Prevention Study (NDPS). <i>BMJ Open Diabetes Research and Care</i> , <b>2019</b> , 7, e000619	4.5	4
24	The community-based prevention of diabetes (ComPoD) study: a randomised, waiting list controlled trial of a voluntary sector-led diabetes prevention programme. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2019</b> , 16, 112	8.4	4
23	Process evaluation of a randomised pilot trial of home-based rehabilitation compared to usual care in patients with heart failure with preserved ejection fraction and their caregiver. <i>Pilot and Feasibility Studies</i> , <b>2021</b> , 7, 11	1.9	4



22	Multicentred randomised controlled trial of an augmented exercise referral scheme using web-based behavioural support in individuals with metabolic, musculoskeletal and mental health conditions: protocol for the e-coachER trial. <i>BMJ Open</i> , <b>2018</b> , 8, e022382	3	4
21	Getting evidence into clinical practice: protocol for evaluation of the implementation of a home-based cardiac rehabilitation programme for patients with heart failure. <i>BMJ Open</i> , <b>2020</b> , 10, e036137	3	3
20	A novel behavioural INTERvention to REDuce Sitting Time in older adults undergoing orthopaedic surgery (INTEREST): results of a randomised-controlled feasibility study. <i>Aging Clinical and Experimental Research</i> , <b>2020</b> , 32, 2565-2585	4.8	3
19	The dynamics of decision-making in weight loss and maintenance: a qualitative enquiry. <i>BMC Public Health</i> , <b>2020</b> , 20, 573	4.1	3
18	Cost-effectiveness of a physical activity and behaviour maintenance programme on functional mobility decline in older adults: an economic evaluation of the REACT (Retirement in Action) trial.. <i>Lancet Public Health</i> , <b>2022</b> , 7, e327-e334	22.4	3
17	Digital interventions for promoting exercise adherence in chronic musculoskeletal pain: a systematic review and meta-analysis. <i>Physiotherapy</i> , <b>2021</b> , 111, 23-30	3	2
16	Supporting Health Behavior Change in General Practice <b>2012</b> , 157-170		2
15	The use of interface workers to facilitate child and adolescent mental health services in primary care: a qualitative assessment. <i>Primary Health Care Research and Development</i> , <b>2003</b> , 4, 169-176	1.6	1
14	Physical activity coaching for adults with mobility limitations: protocol for the ComeBACK pragmatic hybrid effectiveness-implementation type 1 randomised controlled trial. <i>BMJ Open</i> , <b>2020</b> , 10, e034696	3	1
13	Randomised controlled trial of tailored support to increase physical activity and reduce smoking in smokers not immediately ready to quit: protocol for the Trial of physical Activity-assisted Reduction of Smoking (TARS) Study. <i>BMJ Open</i> , <b>2020</b> , 10, e043331	3	1
12	Physical activity coaching for adults with mobility limitations: protocol for the ComeBACK pragmatic hybrid effectiveness-implementation type 1 randomised controlled trial. <i>BMJ Open</i> , <b>2020</b> , 10, e034696	3	1
11	A systematic review of provider-and system-level factors influencing the delivery of cardiac rehabilitation for heart failure. <i>BMC Health Services Research</i> , <b>2021</b> , 21, 1267	2.9	1
10	ImpulsePal: Developing a Smartphone App to Manage Food Temptations using Intervention Mapping. (Preprint)		1
9	A novel method for assessing design fidelity in web-based behavioral interventions. <i>Health Psychology</i> , <b>2021</b> , 40, 217-225	5	1
8	Current Practice of Physical Activity Counselling within Physiotherapy Usual Care and Influences on Its Use: A Cross-Sectional Survey. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	1
7	A facilitated home-based cardiac rehabilitation intervention for people with heart failure and their caregivers: a research programme including the REACH-HF RCT. <i>Programme Grants for Applied Research</i> , <b>2021</b> , 9, 1-100	1.5	1
6	Reprint of: Blood Sugar Regulation for Cardiovascular Health Promotion and Disease Prevention: JACC Health Promotion Series. <i>Journal of the American College of Cardiology</i> , <b>2018</b> , 72, 3071-3086	15.1	1
5	Effects of the Norfolk diabetes prevention lifestyle intervention (NDPS) on glycaemic control in screen-detected type 2 diabetes: a randomised controlled trial. <i>BMC Medicine</i> , <b>2021</b> , 19, 183	11.4	1

4	Planning implementation and scale-up of physical activity interventions for people with walking difficulties: study protocol for the process evaluation of the ComeBACK trial.. <i>Trials</i> , <b>2022</b> , 23, 40	2.8	○
3	ImpulsePal: The systematic development of a smartphone app to manage food temptations using intervention mapping. <i>Digital Health</i> , <b>2021</b> , 7, 20552076211057667	4	○
2	Brief physical activity counselling by physiotherapists (BEHAVIOUR): protocol for an effectiveness-implementation hybrid type II cluster randomised controlled trial.. <i>Implementation Science Communications</i> , <b>2022</b> , 3, 39	2.2	○
1	Quantity and specificity of action-plans as predictors of weight loss: analysis of data from the Norfolk Diabetes Prevention Study (NDPS).. <i>Psychology and Health</i> , <b>2022</b> , 1-26	2.9	