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List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/9294560/publications.pdf

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23 papers

1,658 citations

15 h-index 642321 23 g-index

23 all docs 23 docs citations

23 times ranked

2966 citing authors

#	Article	IF	CITATIONS
1	Intestinal Microbiota Is Influenced by Gender and Body Mass Index. PLoS ONE, 2016, 11, e0154090.	1.1	511
2	Two Healthy Diets Modulate Gut Microbial Community Improving Insulin Sensitivity in a Human Obese Population. Journal of Clinical Endocrinology and Metabolism, 2016, 101, 233-242.	1.8	223
3	Long-term secondary prevention of cardiovascular disease with a Mediterranean diet and a low-fat diet (CORDIOPREV): a randomised controlled trial. Lancet, The, 2022, 399, 1876-1885.	6.3	169
4	The gut microbial community in metabolic syndrome patients is modified by diet. Journal of Nutritional Biochemistry, 2016, 27, 27-31.	1.9	166
5	Influence of gender and menopausal status on gut microbiota. Maturitas, 2018, 116, 43-53.	1.0	153
6	The insulin resistance phenotype (muscle or liver) interacts with the type of diet to determine changes in disposition index after 2Âyears of intervention: the CORDIOPREV-DIAB randomised clinical trial. Diabetologia, 2016, 59, 67-76.	2.9	66
7	Mediterranean Diet Reduces Atherosclerosis Progression in Coronary Heart Disease: An Analysis of the CORDIOPREV Randomized Controlled Trial. Stroke, 2021, 52, 3440-3449.	1.0	56
8	The antioxidants in oils heated at frying temperature, whether natural or added, could protect against postprandial oxidative stress in obese people. Food Chemistry, 2013, 138, 2250-2259.	4.2	46
9	Long-term dietary adherence and changes in dietary intake in coronary patients after intervention with a Mediterranean diet or a low-fat diet: the CORDIOPREV randomized trial. European Journal of Nutrition, 2020, 59, 2099-2110.	1.8	45
10	Mediterranean Diet Reduces Serum Advanced Glycation End Products and Increases Antioxidant Defenses in Elderly Adults: A Randomized Controlled Trial. Journal of the American Geriatrics Society, 2016, 64, 901-904.	1.3	36
11	Mediterranean Diet Supplemented With Coenzyme Q ₁₀ Modulates the Postprandial Metabolism of Advanced Glycation End Products in Elderly Men and Women. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2018, 73, glw214.	1.7	30
12	Dietary fat quantity and quality modifies advanced glycation end products metabolism in patients with metabolic syndrome. Molecular Nutrition and Food Research, 2017, 61, 1601029.	1.5	30
13	Hypertriglyceridemia Influences the Degree of Postprandial Lipemic Response in Patients with Metabolic Syndrome and Coronary Artery Disease: From the Cordioprev Study. PLoS ONE, 2014, 9, e96297.	1.1	25
14	MiRNAs profile as biomarkers of nutritional therapy for the prevention of type 2 diabetes mellitus: From the CORDIOPREV study. Clinical Nutrition, 2021, 40, 1028-1038.	2.3	21
15	Frying oils with high natural or added antioxidants content, which protect against postprandial oxidative stress, also protect against DNA oxidation damage. European Journal of Nutrition, 2017, 56, 1597-1607.	1.8	16
16	Differential menopause- versus aging-induced changes in oxidative stress and circadian rhythm gene markers. Mechanisms of Ageing and Development, 2017, 164, 41-48.	2.2	16
17	Effect of frying oils on the postprandial endoplasmic reticulum stress in obese people. Molecular Nutrition and Food Research, 2014, 58, 2239-2242.	1.5	10
18	Quality and Quantity of Protein Intake Influence Incidence of Type 2 Diabetes Mellitus in Coronary Heart Disease Patients: From the CORDIOPREV Study. Nutrients, 2021, 13, 1217.	1.7	10

#	Article	IF	CITATIONS
19	A set of miRNAs predicts T2DM remission in patients with coronary heart disease: from the CORDIOPREV study. Molecular Therapy - Nucleic Acids, 2021, 23, 255-263.	2.3	9
20	Emotion regulation in patients with cardiovascular disease: development and validation of the stress and anxiety regulation strategies scale (STARTS). Anxiety, Stress and Coping, 2021, 34, 349-364.	1.7	6
21	Long-term effect of a dietary intervention with two-healthy dietary approaches on food intake and nutrient density in coronary patients: results from the CORDIOPREV trial. European Journal of Nutrition, 2022, 61, 3019-3036.	1.8	6
22	Influence of dietary intervention on microvascular endothelial function in coronary patients and atherothrombotic risk of recurrence. Scientific Reports, 2021, 11, 20301.	1.6	5
23	Owning a Pet Is Associated with Changes in the Composition of Gut Microbiota and Could Influence the Risk of Metabolic Disorders in Humans. Animals, 2021, 11, 2347.	1.0	3