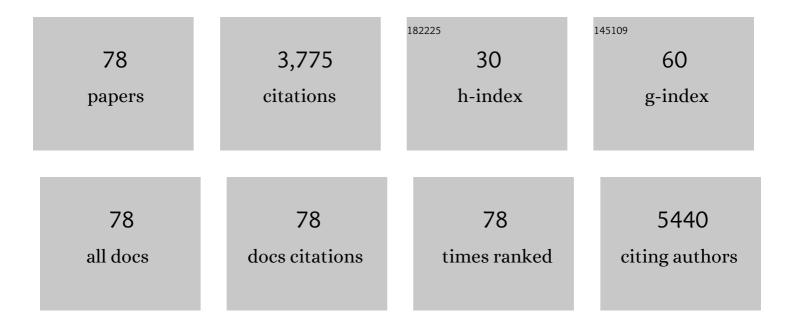
List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	A genetic variant in <i><scp>IL</scp>â€15R</i> α correlates with physical activity among European–American adults. Molecular Genetics & Genomic Medicine, 2018, 6, 401-408.	0.6	10
2	Expression of macrophage genes within skeletal muscle correlates inversely with adiposity and insulin resistance in humans. Applied Physiology, Nutrition and Metabolism, 2018, 43, 187-193.	0.9	7
3	Grip Strength Is Associated with Longitudinal Health Maintenance and Improvement in Adolescents. Journal of Pediatrics, 2018, 202, 226-230.	0.9	31
4	Immune adaptation to chronic intense exercise training: new microarray evidence. BMC Genomics, 2017, 18, 29.	1.2	40
5	The angiotensin-converting enzyme insertion/deletion polymorphism rs4340 associates with habitual physical activity among European American adults. Molecular Genetics & Genomic Medicine, 2017, 5, 524-530.	0.6	7
6	Low Muscle Strength Thresholds for the Detection of Cardiometabolic Risk in Adolescents. American Journal of Preventive Medicine, 2016, 50, 593-599.	1.6	58
7	Glucocorticoid Receptor (NR3C1) Variants Associate with the Muscle Strength and Size Response to Resistance Training. PLoS ONE, 2016, 11, e0148112.	1.1	9
8	Obesity-Related Genetic Variants and their Associations with Physical Activity. Sports Medicine - Open, 2015, 1, 34.	1.3	15
9	Hyperleptinemia is Associated With CRP but Not Apolipoprotein E and is Reduced by Exercise Training. International Journal of Sport Nutrition and Exercise Metabolism, 2014, 24, 524-531.	1.0	3
10	Response to Comment on Sprouse et al.SLC30A8Nonsynonymous Variant Is Associated With Recovery Following Exercise and Skeletal Muscle Size and Strength. Diabetes 2014;63:363–368. Diabetes, 2014, 63, e9-e10.	0.3	3
11	Sleep Duration Predicts Cardiometabolic Risk in Obese Adolescents. Journal of Pediatrics, 2014, 164, 1085-1090.e1.	0.9	37
12	<i>SLC30A8</i> Nonsynonymous Variant Is Associated With Recovery Following Exercise and Skeletal Muscle Size and Strength. Diabetes, 2014, 63, 363-368.	0.3	20
13	Resistance exercise training modulates acute gene expression during human skeletal muscle hypertrophy. Journal of Applied Physiology, 2014, 116, 693-702.	1.2	103
14	Strength Capacity and Cardiometabolic Risk Clustering in Adolescents. Pediatrics, 2014, 133, e896-e903.	1.0	64
15	Microarray Analysis Reveals Novel Features of the Muscle Aging Process in Men and Women. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2013, 68, 1035-1044.	1.7	50
16	Recumbent Cross-Training Is a Feasible and Safe Mode of Physical Activity for Significantly Motor-Impaired Adults With Cerebral Palsy. Archives of Physical Medicine and Rehabilitation, 2013, 94, 401-407.	0.5	14
17	Chronic disease risk among adults with cerebral palsy: the role of premature sarcopoenia, obesity and sedentary behaviour. Obesity Reviews, 2013, 14, 171-182.	3.1	139
18	Alterations in Osteopontin Modify Muscle Size in Females in Both Humans and Mice. Medicine and Science in Sports and Exercise, 2013, 45, 1060-1068.	0.2	35

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19	Low macrophage content in diabetic and aging human skeletal muscle. Obesity, 2013, 21, 2-2.	1.5	4
20	Slow and Steady: Readiness, Pretreatment Weekly Strengthening Activity, and Pediatric Weight Management Program Completion. Childhood Obesity, 2013, 9, 193-199.	0.8	9
21	Endothelial Nitric Oxide Synthase (NOS3) +894 G>T Associates with Physical Activity and Muscle Performance among Young Adults. ISRN Vascular Medicine, 2012, 2012, 1-7.	0.7	4
22	Resistance exercise training influences skeletal muscle immune activation: a microarray analysis. Journal of Applied Physiology, 2012, 112, 443-453.	1.2	79
23	Association Between Physician Recommendation for Adolescents to Join a Weight Loss Program and BMI Change. Journal of Primary Care and Community Health, 2012, 3, 83-87.	1.0	1
24	Sitting Time and All-Cause Mortality Risk. Archives of Internal Medicine, 2012, 172, 1270.	4.3	10
25	Variants of the Ankyrin Repeat Domain 6 Gene (ANKRD6) and Muscle and Physical Activity Phenotypes Among European-Derived American Adults. Journal of Strength and Conditioning Research, 2012, 26, 1740-1748.	1.0	20
26	Secondary muscle pathology and metabolic dysregulation in adults with cerebral palsy. American Journal of Physiology - Endocrinology and Metabolism, 2012, 303, E1085-E1093.	1.8	63
27	Principal component analysis reveals gender-specific predictors of cardiometabolic risk in 6th graders. Cardiovascular Diabetology, 2012, 11, 146.	2.7	14
28	Leptin and leptin receptor genetic variants associate with habitual physical activity and the arm body composition response to resistance training. Gene, 2012, 510, 66-70.	1.0	26
29	Resistance Exercise for the Aging Adult: Clinical Implications and Prescription Guidelines. American Journal of Medicine, 2011, 124, 194-198.	0.6	89
30	Interactive effects of <i>APOE</i> haplotype, sex, and exercise on postheparin plasma lipase activities. Journal of Applied Physiology, 2011, 110, 1021-1028.	1.2	8
31	<i>MC4R</i> Variant Is Associated With BMI but Not Response to Resistance Training in Young Females. Obesity, 2011, 19, 662-666.	1.5	17
32	Progression of volume load and muscular adaptation during resistance exercise. European Journal of Applied Physiology, 2011, 111, 1063-1071.	1.2	54
33	AKT1 polymorphisms are associated with risk for metabolic syndrome. Human Genetics, 2011, 129, 129-139.	1.8	29
34	The 1p13.3 LDL (C)-Associated Locus Shows Large Effect Sizes in Young Populations. Pediatric Research, 2011, 69, 538-543.	1.1	15
35	Micronutrient and anthropometric status indicators are associated with physical fitness in Colombian schoolchildren. British Journal of Nutrition, 2011, 105, 1832-1842.	1.2	10
36	Influence of Resistance Exercise on Lean Body Mass in Aging Adults. Medicine and Science in Sports and Exercise, 2011, 43, 249-258.	0.2	449

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37	<i>CCL2</i> and <i>CCR2</i> variants are associated with skeletal muscle strength and change in strength with resistance training. Journal of Applied Physiology, 2010, 109, 1779-1785.	1.2	34
38	A polymorphism near IGF1 is associated with body composition and muscle function in women from the Health, Aging, and Body Composition Study. European Journal of Applied Physiology, 2010, 110, 315-324.	1.2	25
39	Skeletal muscle gene expression in response to resistance exercise: sex specific regulation. BMC Genomics, 2010, 11, 659.	1.2	91
40	Resistance exercise for muscular strength in older adults: A meta-analysis. Ageing Research Reviews, 2010, 9, 226-237.	5.0	554
41	CNTF 1357 G → A polymorphism and the muscle strength response to resistance training. Journal of Applied Physiology, 2009, 107, 1235-1240.	1.2	24
42	Differences in fat and muscle mass associated with a functional human polymorphism in a postâ€ŧranscriptional <i>BMP2</i> gene regulatory element. Journal of Cellular Biochemistry, 2009, 107, 1073-1082.	1.2	34
43	Vascular Remodeling in Response to 12 wk of Upper Arm Unilateral Resistance Training. Medicine and Science in Sports and Exercise, 2009, 41, 2003-2008.	0.2	16
44	Association of Age with Muscle Size and Strength Before and After Short-Term Resistance Training in Young Adults. Journal of Strength and Conditioning Research, 2009, 23, 1915-1920.	1.0	13
45	Myostatin and Follistatin Polymorphisms Interact with Muscle Phenotypes and Ethnicity. Medicine and Science in Sports and Exercise, 2009, 41, 1063-1071.	0.2	46
46	Allometric scaling of isometric biceps strength in adult females and the effect of body mass index. European Journal of Applied Physiology, 2008, 104, 701-710.	1.2	21
47	INSIG2 gene polymorphism is associated with increased subcutaneous fat in women and poor response to resistance training in men. BMC Medical Genetics, 2008, 9, 117.	2.1	22
48	Apolipoprotein E genotype and sex influence C-reactive protein levels regardless of exercise training status. Metabolism: Clinical and Experimental, 2008, 57, 1204-1210.	1.5	5
49	Interleukin-15 and interleukin-15Rα SNPs and associations with muscle, bone, and predictors of the metabolic syndrome. Cytokine, 2008, 43, 45-53.	1.4	63
50	Subcutaneous Fat Alterations Resulting from an Upper-Body Resistance Training Program. Medicine and Science in Sports and Exercise, 2007, 39, 1177-1185.	0.2	24
51	THE MUSCLE STRENGTH AND SIZE RESPONSE TO UPPER ARM,UNILATERAL RESISTANCE TRAINING AMONG ADULTS WHO ARE OVERWEIGHT AND OBESE. Journal of Strength and Conditioning Research, 2007, 21, 307-313.	1.0	Ο
52	Allometric Scaling of Biceps Strength before and after Resistance Training in Men. Medicine and Science in Sports and Exercise, 2007, 39, 1013-1019.	0.2	12
53	PPARα L162V underlies variation in serum triglycerides and subcutaneous fat volume in young males. BMC Medical Genetics, 2007, 8, 55.	2.1	37
54	Resistin Polymorphisms Are Associated with Muscle, Bone, and Fat Phenotypes in White Men and Women. Obesity, 2007, 15, 392-402.	1.5	29

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55	The Muscle Strength and Size Response to Upper Arm, Unilateral Resistance Training Among Adults Who Are Overweight and Obese. Journal of Strength and Conditioning Research, 2007, 21, 307.	1.0	31
56	Apolipoprotein E polymorphism has no cross sectional association with Câ€reactive protein levels in women. FASEB Journal, 2007, 21, .	0.2	0
57	Built environment and psychosocial factors associated with trail proximity and use. American Journal of Health Behavior, 2007, 31, 374-83.	0.6	17
58	Apolipoprotein A1 genotype affects the change in high density lipoprotein cholesterol subfractions with exercise training. Atherosclerosis, 2006, 185, 65-69.	0.4	42
59	The effect of apolipoprotein E genotype on serum lipoprotein particle response to exercise. Atherosclerosis, 2006, 188, 126-133.	0.4	25
60	Angiotensin-Converting Enzyme Genotype and Adherence to Aerobic Exercise Training. Preventive Cardiology, 2006, 9, 21-24.	1.1	18
61	ACE ID Genotype and the Muscle Strength and Size Response to Unilateral Resistance Training. Medicine and Science in Sports and Exercise, 2006, 38, 1074-1081.	0.2	89
62	Skeletal muscle remodeling during hypertrophy involves the coordinated expression of growth and atrophy genes. FASEB Journal, 2006, 20, A392.	0.2	0
63	Nondisease genetic testing: reporting of muscle SNPs shows effects on self-concept and health orientation scales. European Journal of Human Genetics, 2005, 13, 1047-1054.	1.4	11
64	ACTN3 genotype is associated with increases in muscle strength in response to resistance training in women. Journal of Applied Physiology, 2005, 99, 154-163.	1.2	262
65	Environmental Perceptions Related to Physical Activity in High- and Low-Risk Counties. Health Promotion Practice, 2005, 6, 57-63.	0.9	13
66	Variability in muscle size and strength gain after unilateral resistance training. Medicine and Science in Sports and Exercise, 2005, 37, 964-72.	0.2	241
67	Functional Polymorphisms Associated with Human Muscle Size and Strength. Medicine and Science in Sports and Exercise, 2004, 36, 1132-1139.	0.2	62
68	Stages of change for weight management in postpartum women. Journal of the American Dietetic Association, 2004, 104, 1102-1108.	1.3	44
69	Apolipoprotein e genotype and changes in serum lipids and maximal oxygen uptake with exercise training. Metabolism: Clinical and Experimental, 2004, 53, 193-202.	1.5	70
70	Use of a community trail among new and habitual exercisers: a preliminary assessment. Preventing Chronic Disease, 2004, 1, A11.	1.7	43
71	Cognitive behavioral stress management effects on injury and illness among competitive athletes: A Randomized Clinical trial. Annals of Behavioral Medicine, 2003, 25, 66-73.	1.7	88
72	The quantity and quality of physical activity among those trying to lose weight. American Journal of Preventive Medicine, 2000, 18, 83-86.	1.6	21

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73	Effect of Different Quantities of Variable Practice on Acquisition, Retention, and Transfer of An Applied Motor Skill. Perceptual and Motor Skills, 1998, 87, 147-151.	0.6	13
74	Effects of exercise with varying energy expenditure on high-density lipoprotein-cholesterol. European Journal of Applied Physiology and Occupational Physiology, 1996, 72, 242-248.	1.2	19
75	Comparison of Exercise and Normal Variability on HDL Cholesterol Concentrations and Lipolytic Activity. International Journal of Sports Medicine, 1996, 17, 332-337.	0.8	10
76	Validity of the Borg Perceived Exertion Scale for Use in Semirecumbent Ergometry during Immersion in Water. Perceptual and Motor Skills, 1996, 83, 3-13.	0.6	9
77	Metabolic and perceptual responses during arm and leg ergometry in water and air. Medicine and Science in Sports and Exercise, 1995, 27, 760???764.	0.2	7
78	The acute effects of exercise intensity on HDL???C metabolism. Medicine and Science in Sports and Exercise, 1994, 26, 671-677.	0.2	44