

Astrid Bergland

List of Publications by Year in descending order

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Version: 2024-02-01

102
papers

3,256
citations

201674

27
h-index

189892

50
g-index

104
all docs

104
docs citations

104
times ranked

4568
citing authors

#	ARTICLE	IF	CITATIONS
1	A qualitative study exploring physical therapistsâ€™ views on the Otago Exercise Programme for fall prevention: a stepping stone to â€œage in placeâ€ and to give faith in the future. <i>Physiotherapy Theory and Practice</i> , 2022, 38, 132-140.	1.3	8
2	Embodied Knowledge â€“ the Phenomenon of Subjective Health Complaints reflected upon by Norwegian Psychomotor Physiotherapy specialists. <i>Physiotherapy Theory and Practice</i> , 2022, 38, 2122-2133.	1.3	2
3	â€˜What matters to you?â€™ a qualitative study on the views of nursing home residents with dementia regarding the health care they receive. <i>Journal of Clinical Nursing</i> , 2022, 31, 262-274.	3.0	1
4	Recovery and prediction of physical function 1Â year following hip fracture. <i>Physiotherapy Research International</i> , 2022, 27, e1947.	1.5	5
5	Balancing standardisation and individualisation in transitional care pathways: a meta-ethnography of the perspectives of older patients, informal caregivers and healthcare professionals. <i>BMC Health Services Research</i> , 2022, 22, 430.	2.2	8
6	â€œTo do or not to doâ€ Treatment fidelity to a complex training intervention. <i>Physiotherapy Research International</i> , 2021, 26, e1885.	1.5	0
7	Timed Up and Go: Reference Values for Community-Dwelling Older Adults with and without Arthritis and Non-Communicable Diseases: The TromsÅ Study. <i>Clinical Interventions in Aging</i> , 2021, Volume 16, 335-343.	2.9	16
8	The Effect of Mixed Reality Technologies for Falls Prevention Among Older Adults: Systematic Review and Meta-analysis. <i>JMIR Aging</i> , 2021, 4, e27972.	3.0	13
9	The practice environmentâ€™s influence on patient participation in intermediate healthcare services â€“ the perspectives of patients, relatives and healthcare professionals. <i>BMC Health Services Research</i> , 2021, 21, 180.	2.2	8
10	The journey of recovery after hip-fracture surgery: older peopleâ€™s experiences of recovery through rehabilitation services involving physical activity. <i>Disability and Rehabilitation</i> , 2021, , 1-11.	1.8	1
11	Effect of an additional healthâ€™professionalâ€™led exercise programme on clinical health outcomes after hip fracture. <i>Physiotherapy Research International</i> , 2021, 26, e1896.	1.5	4
12	The tension between carrying a burden and feeling like a burden: a qualitative study of informal caregiversâ€™ and care recipientsâ€™ experiences after patient discharge from hospital. <i>International Journal of Qualitative Studies on Health and Well-being</i> , 2021, 16, 1855751.	1.6	15
13	Associations between Cognition and Hand Function in Older People Diagnosed with Mild Cognitive Impairment or Dementia. <i>Dementia and Geriatric Cognitive Disorders Extra</i> , 2021, 10, 195-204.	1.3	16
14	Is Strength Training as Effective as Aerobic Training for Depression in Older Adults? A Randomized Controlled Trial. <i>Neuropsychobiology</i> , 2020, 79, 141-149.	1.9	30
15	Physical fitness in older women with osteoporosis and vertebral fracture after a resistance and balance exercise programme: 3-month post-intervention follow-up of a randomised controlled trial. <i>BMC Musculoskeletal Disorders</i> , 2020, 21, 471.	1.9	23
16	Reflections of older people about their experience of fall prevention exercise in the community- a qualitative study exploring evidence-based practice. <i>BMC Public Health</i> , 2020, 20, 1671.	2.9	4
17	Renegotiating formal and informal care while ageing abroad: Older Pakistani women's healthcare access, preferences and expectations in Norway. <i>Journal of Migration and Health</i> , 2020, 1-2, 100002.	3.0	4
18	Physiotherapistsâ€™ perceptions of challenges facing evidence-based practice and the importance of environmental empowerment in fall prevention in the municipality â€“ a qualitative study. <i>BMC Geriatrics</i> , 2020, 20, 432.	2.7	7

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19	A qualitative study of old patients's experiences of the quality of the health services in hospital and 30 days after hospitalization. BMC Health Services Research, 2020, 20, 446.	2.2	20
20	Older patients and their family caregivers' perceptions of food, meals and nutritional care in the transition between hospital and home care: a qualitative study. BMC Nutrition, 2020, 6, 11.	1.6	22
21	Informal caregivers' views on the quality of healthcare services provided to older patients aged 80 or more in the hospital and 30 days after discharge. BMC Geriatrics, 2020, 20, 97.	2.7	22
22	Female Pakistani carers' views on future formal and informal care for their older relatives in Norway. BMC Health Services Research, 2020, 20, 603.	2.2	15
23	The tensions between micro-, meso- and macro-levels: physiotherapists' views of their role towards fall prevention in the community – a qualitative study. BMC Health Services Research, 2020, 20, 97.	2.2	11
24	Long-term follow-up with a smartphone application improves exercise capacity post cardiac rehabilitation: A randomized controlled trial. European Journal of Preventive Cardiology, 2020, 27, 1782-1792.	1.8	63
25	Can bone mineral density loss in the non-weight bearing distal forearm predict mortality?. Bone, 2020, 136, 115347.	2.9	3
26	The importance of a good therapeutic alliance in promoting exercise motivation in a group of older Norwegians in the subacute phase of hip fracture; a qualitative study. BMC Geriatrics, 2020, 20, 118.	2.7	13
27	Associations between health-related quality of life, body mass index, health status and sociodemographic variables in geriatric patients and non-hospitalized older people: A comparative cross-sectional study. Nutrition and Health, 2020, 26, 141-150.	1.5	4
28	Effect of exercise interventions in the early phase to improve physical function after hip fracture – A systematic review and meta-analysis. Physiotherapy, 2020, 108, 90-97.	0.4	18
29	Otago exercise programme – from evidence to practice: a qualitative study of physiotherapists' perceptions of the importance of organisational factors of leadership, context and culture for knowledge translation in Norway. BMC Health Services Research, 2020, 20, 985.	2.2	9
30	Ageing and exercise: Perceptions of the active lived-body. Physiotherapy Theory and Practice, 2019, 35, 1-12.	1.3	10
31	Norwegian reference values for the Short Physical Performance Battery (SPPB): the TromsÅ Study. BMC Geriatrics, 2019, 19, 216.	2.7	108
32	<p>Effects of a behavioral medicine intervention on pain, health, and behavior among community-dwelling older adults: a randomized controlled trial</p>. Clinical Interventions in Aging, 2019, Volume 14, 1207-1220.	2.9	15
33	Healthcare professionals' experiences of patient participation among older patients in intermediate care – At the intersection between profession, market and bureaucracy. Health Expectations, 2019, 22, 921-930.	2.6	23
34	Bridging the gap between research-based knowledge and clinical practice: a qualitative examination of patients and physiotherapists' views on the Otago exercise Programme. BMC Geriatrics, 2019, 19, 278.	2.7	15
35	Health-related quality of life in home care recipients after a falls prevention intervention: a 6-month follow-up. European Journal of Public Health, 2019, 30, 64-69.	0.3	6
36	Ethnic boundary-making in health care: Experiences of older Pakistani immigrant women in Norway. Social Science and Medicine, 2019, 239, 112555.	3.8	15

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37	The experience of motivation and adherence to group-based exercise of Norwegians aged 80 and more: a qualitative study. <i>Archives of Public Health</i> , 2019, 77, 26.	2.4	15
38	Older persons' experiences of adapting to daily life at home after hospital discharge: a qualitative metasummary. <i>BMC Health Services Research</i> , 2019, 19, 224.	2.2	88
39	The James Lind Alliance process approach: scoping review. <i>BMJ Open</i> , 2019, 9, e027473.	1.9	46
40	Better before "better after: efficacy of prehabilitation for older patients with osteoarthritis awaiting total hip replacement" a study protocol for a randomised controlled trial in South-Eastern Norway. <i>BMJ Open</i> , 2019, 9, e031626.	1.9	6
41	Effects of individualized follow-up with a smartphone-application after cardiac rehabilitation: protocol of a randomized controlled trial. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2019, 11, 34.	1.7	6
42	Healthcare professionals' experiences of providing individualized nutritional care for Older People in hospital and home care: a qualitative study. <i>BMC Geriatrics</i> , 2019, 19, 317.	2.7	16
43	Technology Acceptance and Quality of Life among Older People Using a TUI Application. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 4706.	2.6	21
44	Effects of a falls prevention exercise programme on health-related quality of life in older home care recipients: a randomised controlled trial. <i>Age and Ageing</i> , 2019, 48, 213-219.	1.6	31
45	Gait and balance one year after stroke; relationships with lesion side, subtypes of cognitive impairment and neuroimaging findings" a longitudinal, cohort study. <i>Physiotherapy</i> , 2019, 105, 254-261.	0.4	22
46	Learning and knowing bodies: Norwegian psychomotor physiotherapists' reflections on embodied knowledge. <i>Physiotherapy Theory and Practice</i> , 2019, 35, 57-69.	1.3	7
47	Engagement in elderly persons with dementia attending animal-assisted group activity. <i>Dementia</i> , 2019, 18, 245-261.	2.0	31
48	Feasibility of a Mobile Phone App to Promote Adherence to a Heart-Healthy Lifestyle: Single-Arm Study. <i>JMIR Formative Research</i> , 2019, 3, e12679.	1.4	14
49	A Concept Analysis of Patient Participation in Intermediate Care. <i>Patient Education and Counseling</i> , 2018, 101, 1337-1350.	2.2	28
50	Effect of a resistance and balance exercise programme for women with osteoporosis and vertebral fracture: study protocol for a randomized controlled trial. <i>BMC Musculoskeletal Disorders</i> , 2018, 19, 100.	1.9	22
51	Author response to the letter "The association of bradykinesia and balance control in patients with Alzheimer's disease". <i>Gait and Posture</i> , 2018, 60, 48-49.	1.4	0
52	Older Women's Experience Of Everyday Life In Old Age: Past, Present And Future. <i>Physical and Occupational Therapy in Geriatrics</i> , 2018, 36, 279-296.	0.4	5
53	The Importance of Physical Activity Exercise among Older People. <i>BioMed Research International</i> , 2018, 1-3.	1.9	227
54	Older migrants' access to healthcare: a thematic synthesis. <i>International Journal of Migration, Health and Social Care</i> , 2018, 14, 425-438.	0.5	9

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55	Tangible User Interface for Social Interactions for the Elderly: A Review of Literature. <i>Advances in Human-Computer Interaction</i> , 2018, 2018, 1-15.	2.8	23
56	The effect of psychomotor physical therapy on health-related quality of life, pain, coping, self-esteem, and social support. <i>Physiotherapy Research International</i> , 2018, 23, e1723.	1.5	15
57	The Effectiveness of Smartphone Apps for Lifestyle Improvement in Noncommunicable Diseases: Systematic Review and Meta-Analyses. <i>Journal of Medical Internet Research</i> , 2018, 20, e162.	4.3	168
58	Mobility as a predictor of all-cause mortality in older men and women: 11.8-year follow-up in the TromsÅ study. <i>BMC Health Services Research</i> , 2017, 17, 22.	2.2	98
59	The effects of habitual functional training on physical functioning in patients after hip fracture: the protocol of the HIPFRAC study. <i>BMC Geriatrics</i> , 2017, 17, 23.	2.7	19
60	Associations between physical function and depression in nursing home residents with mild and moderate dementia: a cross-sectional study. <i>BMJ Open</i> , 2017, 7, e016875.	1.9	39
61	Physical Fitness in Older People Recently Diagnosed with Cognitive Impairment Compared to Older People Recently Discharged from Hospital. <i>Dementia and Geriatric Cognitive Disorders Extra</i> , 2017, 6, 396-406.	1.3	6
62	Reliability of the Norwegian version of the short physical performance battery in older people with and without dementia. <i>BMC Geriatrics</i> , 2017, 17, 124.	2.7	59
63	The importance of parkinsonian signs for gait and balance in patients with Alzheimer's disease of mild degree. <i>Gait and Posture</i> , 2017, 51, 159-161.	1.4	9
64	A falls prevention programme to improve quality of life, physical function and falls efficacy in older people receiving home help services: study protocol for a randomised controlled trial. <i>BMC Health Services Research</i> , 2017, 17, 559.	2.2	45
65	A behavioral medicine intervention for community-dwelling older adults with chronic musculoskeletal pain: protocol for a randomized controlled trial. <i>Journal of Pain Research</i> , 2017, Volume 10, 845-853.	2.0	9
66	Differences in quality of life in home-dwelling persons and nursing home residents with dementia – a cross-sectional study. <i>BMC Geriatrics</i> , 2016, 16, 137.	2.7	123
67	Effect of animal-assisted interventions on depression, agitation and quality of life in nursing home residents suffering from cognitive impairment or dementia: a cluster randomized controlled trial. <i>International Journal of Geriatric Psychiatry</i> , 2016, 31, 1312-1321.	2.7	103
68	National survey of the Portuguese elderly nutritional status: study protocol. <i>BMC Geriatrics</i> , 2016, 16, 139.	2.7	21
69	The association of grip strength from midlife onwards with all-cause and cause-specific mortality over 17 years of follow-up in the TromsÅ Study. <i>Journal of Epidemiology and Community Health</i> , 2016, 70, 1214-1221.	3.7	76
70	Effect of animal-assisted activity on balance and quality of life in home-dwelling persons with dementia. <i>Geriatric Nursing</i> , 2016, 37, 284-291.	1.9	41
71	Prevalence of factors associated with malnutrition among acute geriatric patients in Norway: a cross-sectional study. <i>BMJ Open</i> , 2016, 6, e011512.	1.9	25
72	Physical Fitness in Older People with Mild Cognitive Impairment and Dementia. <i>Journal of Aging and Physical Activity</i> , 2016, 24, 92-100.	1.0	28

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73	Associations of social networks with quality of life, health and physical functioning. <i>European Journal of Physiotherapy</i> , 2016, 18, 78-88.	1.3	12
74	Health capital in everyday life of the oldest old living in their own homes. <i>Ageing and Society</i> , 2015, 35, 2156-2175.	1.7	5
75	Increased self-efficacy: the experience of high-intensity exercise of nursing home residents with dementia – a qualitative study. <i>BMC Health Services Research</i> , 2015, 15, 379.	2.2	44
76	Inter-rater reliability of the Berg Balance Scale, 30s chair stand test and 6m walking test, and construct validity of the Berg Balance Scale in nursing home residents with mild-to-moderate dementia. <i>BMJ Open</i> , 2015, 5, e008321.	1.9	61
77	Effects of 12 Weeks of Supervised Exercise After Endovascular Treatment: A Randomized Clinical Trial. <i>Physiotherapy Research International</i> , 2015, 20, 147-157.	1.5	7
78	Effect of a High-Intensity Exercise Program on Physical Function and Mental Health in Nursing Home Residents with Dementia: An Assessor Blinded Randomized Controlled Trial. <i>PLoS ONE</i> , 2015, 10, e0126102.	2.5	123
79	Spatial navigation measured by the Floor Maze Test in patients with subjective cognitive impairment, mild cognitive impairment, and mild Alzheimer's disease. <i>International Psychogeriatrics</i> , 2015, 27, 1401-1409.	1.0	27
80	Long-term effects of a 12-weeks high-intensity functional exercise program on physical function and mental health in nursing home residents with dementia: a single blinded randomized controlled trial. <i>BMC Geriatrics</i> , 2015, 15, 158.	2.7	60
81	Balance and Mobility as Predictors of Post-Stroke Cognitive Impairment. <i>Dementia and Geriatric Cognitive Disorders Extra</i> , 2015, 5, 203-211.	1.3	16
82	Balance and mobility in acute stroke: Association with subgroups of stroke and socio-demographic characteristics. <i>European Journal of Physiotherapy</i> , 2014, 16, 230-237.	1.3	4
83	Relationships Between Balance and Cognition in Patients With Subjective Cognitive Impairment, Mild Cognitive Impairment, and Alzheimer Disease. <i>Physical Therapy</i> , 2014, 94, 1123-1134.	2.4	114
84	Predictors of subjective age in people aged 40–79 years: a five-year follow-up study. The impact of mastery, mental and physical health. <i>Aging and Mental Health</i> , 2014, 18, 653-661.	2.8	81
85	Older Adults Recently Discharged from the Hospital: Effect of Aerobic Interval Exercise on Health-Related Quality of Life, Physical Fitness, and Physical Activity. <i>Journal of the American Geriatrics Society</i> , 2013, 61, 1580-1585.	2.6	44
86	Walking distance and quality of life in patients selected for endovascular treatment. <i>European Journal of Physiotherapy</i> , 2013, 15, 185-192.	1.3	1
87	Physical performance and 13.5-year mortality in elderly women. <i>Scandinavian Journal of Public Health</i> , 2013, 41, 102-108.	2.3	30
88	Physical Performance and Quality of Life of Nursing-Home Residents with Mild and Moderate Dementia. <i>International Journal of Environmental Research and Public Health</i> , 2013, 10, 6672-6686.	2.6	24
89	Do behavioral disturbances predict falls among nursing home residents?. <i>Aging Clinical and Experimental Research</i> , 2012, 24, 251-256.	2.9	36
90	Association between generic and disease-specific quality of life questionnaires and mobility and balance among women with osteoporosis and vertebral fractures. <i>Aging Clinical and Experimental Research</i> , 2011, 23, 296-303.	2.9	11

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91	Living Arrangements, Social Networks, Health, Mobility, and Balance of Older Women. <i>Physical and Occupational Therapy in Geriatrics</i> , 2011, 29, 90-101.	0.4	14
92	Psychometric Properties of Timed Up and Go in Elderly People: A Systematic Review. <i>Physical and Occupational Therapy in Geriatrics</i> , 2011, 29, 102-125.	0.4	50
93	Evaluating the Feasibility and Intercorrelation of Measurements on the Functioning of Residents Living in Scandinavian Nursing Homes. <i>Physical and Occupational Therapy in Geriatrics</i> , 2010, 28, 154-169.	0.4	11
94	Breathing: A Sign of Life and a Unique Area for Reflection and Action. <i>Physical Therapy</i> , 2008, 88, 832-840.	2.4	39
95	Health, Balance, and Walking as Correlates of Climbing Steps. <i>Journal of Aging and Physical Activity</i> , 2008, 16, 42-52.	1.0	18
96	Quality of Life Demands Comprehension and Further Exploration. <i>Journal of Aging and Health</i> , 2007, 19, 39-61.	1.7	20
97	Quality of Life: Diversity in Content and Meaning. <i>Critical Reviews in Physical and Rehabilitation Medicine</i> , 2007, 19, 115-139.	0.1	8
98	Massage as interaction and a source of information. <i>Advances in Physiotherapy</i> , 2006, 8, 137-144.	0.2	33
99	Construct and Criterion Validity of a Norwegian Instrument for Health Related Quality of Life Among Elderly Women Living at Home. <i>Social Indicators Research</i> , 2006, 77, 479-497.	2.7	14
100	Concurrent and predictive validity of "getting up from lying on the floor". <i>Aging Clinical and Experimental Research</i> , 2005, 17, 181-185.	2.9	53
101	The first encounter with Norwegian psychomotor physiotherapy: patients' experiences, a basis for knowledge. <i>Scandinavian Journal of Public Health</i> , 2004, 32, 403-410.	2.3	28
102	Predictors of falls in the elderly by location. <i>Aging Clinical and Experimental Research</i> , 2003, 15, 43-50.	2.9	210