

Astrid Bergland

List of Publications by Year in descending order

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Version: 2024-02-01

102
papers

3,256
citations

201674

27
h-index

189892

50
g-index

104
all docs

104
docs citations

104
times ranked

4568
citing authors

#	ARTICLE	IF	CITATIONS
1	The Importance of Physical Activity Exercise among Older People. <i>BioMed Research International</i> , 2018, 2018, 1-3.	1.9	227
2	Predictors of falls in the elderly by location. <i>Aging Clinical and Experimental Research</i> , 2003, 15, 43-50.	2.9	210
3	The Effectiveness of Smartphone Apps for Lifestyle Improvement in Noncommunicable Diseases: Systematic Review and Meta-Analyses. <i>Journal of Medical Internet Research</i> , 2018, 20, e162.	4.3	168
4	Effect of a High-Intensity Exercise Program on Physical Function and Mental Health in Nursing Home Residents with Dementia: An Assessor Blinded Randomized Controlled Trial. <i>PLoS ONE</i> , 2015, 10, e0126102.	2.5	123
5	Differences in quality of life in home-dwelling persons and nursing home residents with dementia – a cross-sectional study. <i>BMC Geriatrics</i> , 2016, 16, 137.	2.7	123
6	Relationships Between Balance and Cognition in Patients With Subjective Cognitive Impairment, Mild Cognitive Impairment, and Alzheimer Disease. <i>Physical Therapy</i> , 2014, 94, 1123-1134.	2.4	114
7	Norwegian reference values for the Short Physical Performance Battery (SPPB): the TromsÅ Study. <i>BMC Geriatrics</i> , 2019, 19, 216.	2.7	108
8	Effect of animal-assisted interventions on depression, agitation and quality of life in nursing home residents suffering from cognitive impairment or dementia: a cluster randomized controlled trial. <i>International Journal of Geriatric Psychiatry</i> , 2016, 31, 1312-1321.	2.7	103
9	Mobility as a predictor of all-cause mortality in older men and women: 11.8-year follow-up in the TromsÅ study. <i>BMC Health Services Research</i> , 2017, 17, 22.	2.2	98
10	Older persons' experiences of adapting to daily life at home after hospital discharge: a qualitative metasummary. <i>BMC Health Services Research</i> , 2019, 19, 224.	2.2	88
11	Predictors of subjective age in people aged 40–79 years: a five-year follow-up study. The impact of mastery, mental and physical health. <i>Aging and Mental Health</i> , 2014, 18, 653-661.	2.8	81
12	The association of grip strength from midlife onwards with all-cause and cause-specific mortality over 17 years of follow-up in the TromsÅ Study. <i>Journal of Epidemiology and Community Health</i> , 2016, 70, 1214-1221.	3.7	76
13	Long-term follow-up with a smartphone application improves exercise capacity post cardiac rehabilitation: A randomized controlled trial. <i>European Journal of Preventive Cardiology</i> , 2020, 27, 1782-1792.	1.8	63
14	Inter-rater reliability of the Berg Balance Scale, 30-s chair stand test and 6-m walking test, and construct validity of the Berg Balance Scale in nursing home residents with mild-to-moderate dementia. <i>BMJ Open</i> , 2015, 5, e008321.	1.9	61
15	Long-term effects of a 12-weeks high-intensity functional exercise program on physical function and mental health in nursing home residents with dementia: a single blinded randomized controlled trial. <i>BMC Geriatrics</i> , 2015, 15, 158.	2.7	60
16	Reliability of the Norwegian version of the short physical performance battery in older people with and without dementia. <i>BMC Geriatrics</i> , 2017, 17, 124.	2.7	59
17	Concurrent and predictive validity of 'getting up from lying on the floor'. <i>Aging Clinical and Experimental Research</i> , 2005, 17, 181-185.	2.9	53
18	Psychometric Properties of Timed Up and Go in Elderly People: A Systematic Review. <i>Physical and Occupational Therapy in Geriatrics</i> , 2011, 29, 102-125.	0.4	50

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19	The James Lind Alliance process approach: scoping review. <i>BMJ Open</i> , 2019, 9, e027473.	1.9	46
20	A falls prevention programme to improve quality of life, physical function and falls efficacy in older people receiving home help services: study protocol for a randomised controlled trial. <i>BMC Health Services Research</i> , 2017, 17, 559.	2.2	45
21	Older Adults Recently Discharged from the Hospital: Effect of Aerobic Interval Exercise on Health-Related Quality of Life, Physical Fitness, and Physical Activity. <i>Journal of the American Geriatrics Society</i> , 2013, 61, 1580-1585.	2.6	44
22	Increased self-efficacy: the experience of high-intensity exercise of nursing home residents with dementia – a qualitative study. <i>BMC Health Services Research</i> , 2015, 15, 379.	2.2	44
23	Effect of animal-assisted activity on balance and quality of life in home-dwelling persons with dementia. <i>Geriatric Nursing</i> , 2016, 37, 284-291.	1.9	41
24	Breathing: A Sign of Life and a Unique Area for Reflection and Action. <i>Physical Therapy</i> , 2008, 88, 832-840.	2.4	39
25	Associations between physical function and depression in nursing home residents with mild and moderate dementia: a cross-sectional study. <i>BMJ Open</i> , 2017, 7, e016875.	1.9	39
26	Do behavioral disturbances predict falls among nursing home residents?. <i>Aging Clinical and Experimental Research</i> , 2012, 24, 251-256.	2.9	36
27	Massage as interaction and a source of information. <i>Advances in Physiotherapy</i> , 2006, 8, 137-144.	0.2	33
28	Effects of a falls prevention exercise programme on health-related quality of life in older home care recipients: a randomised controlled trial. <i>Age and Ageing</i> , 2019, 48, 213-219.	1.6	31
29	Engagement in elderly persons with dementia attending animal-assisted group activity. <i>Dementia</i> , 2019, 18, 245-261.	2.0	31
30	Physical performance and 13.5-year mortality in elderly women. <i>Scandinavian Journal of Public Health</i> , 2013, 41, 102-108.	2.3	30
31	Is Strength Training as Effective as Aerobic Training for Depression in Older Adults? A Randomized Controlled Trial. <i>Neuropsychobiology</i> , 2020, 79, 141-149.	1.9	30
32	The first encounter with Norwegian psychomotor physiotherapy: patients' experiences, a basis for knowledge. <i>Scandinavian Journal of Public Health</i> , 2004, 32, 403-410.	2.3	28
33	Physical Fitness in Older People with Mild Cognitive Impairment and Dementia. <i>Journal of Aging and Physical Activity</i> , 2016, 24, 92-100.	1.0	28
34	A Concept Analysis of Patient Participation in Intermediate Care. <i>Patient Education and Counseling</i> , 2018, 101, 1337-1350.	2.2	28
35	Spatial navigation measured by the Floor Maze Test in patients with subjective cognitive impairment, mild cognitive impairment, and mild Alzheimer's disease. <i>International Psychogeriatrics</i> , 2015, 27, 1401-1409.	1.0	27
36	Prevalence of factors associated with malnutrition among acute geriatric patients in Norway: a cross-sectional study. <i>BMJ Open</i> , 2016, 6, e011512.	1.9	25

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37	Physical Performance and Quality of Life of Nursing-Home Residents with Mild and Moderate Dementia. <i>International Journal of Environmental Research and Public Health</i> , 2013, 10, 6672-6686.	2.6	24
38	Tangible User Interface for Social Interactions for the Elderly: A Review of Literature. <i>Advances in Human-Computer Interaction</i> , 2018, 2018, 1-15.	2.8	23
39	Healthcare professionals'™ experiences of patient participation among older patients in intermediate care"™At the intersection between profession, market and bureaucracy. <i>Health Expectations</i> , 2019, 22, 921-930.	2.6	23
40	Physical fitness in older women with osteoporosis and vertebral fracture after a resistance and balance exercise programme: 3-month post-intervention follow-up of a randomised controlled trial. <i>BMC Musculoskeletal Disorders</i> , 2020, 21, 471.	1.9	23
41	Effect of a resistance and balance exercise programme for women with osteoporosis and vertebral fracture: study protocol for a randomized controlled trial. <i>BMC Musculoskeletal Disorders</i> , 2018, 19, 100.	1.9	22
42	Gait and balance one year after stroke; relationships with lesion side, subtypes of cognitive impairment and neuroimaging findings"™a longitudinal, cohort study. <i>Physiotherapy</i> , 2019, 105, 254-261.	0.4	22
43	Older patients'™ and their family caregivers'™ perceptions of food, meals and nutritional care in the transition between hospital and home care: a qualitative study. <i>BMC Nutrition</i> , 2020, 6, 11.	1.6	22
44	Informal caregivers'™ views on the quality of healthcare services provided to older patients aged 80 or more in the hospital and 30"™days after discharge. <i>BMC Geriatrics</i> , 2020, 20, 97.	2.7	22
45	National survey of the Portuguese elderly nutritional status: study protocol. <i>BMC Geriatrics</i> , 2016, 16, 139.	2.7	21
46	Technology Acceptance and Quality of Life among Older People Using a TUI Application. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 4706.	2.6	21
47	Quality of Life Demands Comprehension and Further Exploration. <i>Journal of Aging and Health</i> , 2007, 19, 39-61.	1.7	20
48	A qualitative study of old patients'™ experiences of the quality of the health services in hospital and 30"™days after hospitalization. <i>BMC Health Services Research</i> , 2020, 20, 446.	2.2	20
49	The effects of habitual functional training on physical functioning in patients after hip fracture: the protocol of the HIPFRAC study. <i>BMC Geriatrics</i> , 2017, 17, 23.	2.7	19
50	Health, Balance, and Walking as Correlates of Climbing Steps. <i>Journal of Aging and Physical Activity</i> , 2008, 16, 42-52.	1.0	18
51	Effect of exercise interventions in the early phase to improve physical function after hip fracture "™ A systematic review and meta-analysis. <i>Physiotherapy</i> , 2020, 108, 90-97.	0.4	18
52	Balance and Mobility as Predictors of Post-Stroke Cognitive Impairment. <i>Dementia and Geriatric Cognitive Disorders Extra</i> , 2015, 5, 203-211.	1.3	16
53	Healthcare professionals'™ experiences of providing individualized nutritional care for Older People in hospital and home care: a qualitative study. <i>BMC Geriatrics</i> , 2019, 19, 317.	2.7	16
54	Timed Up and Go: Reference Values for Community-Dwelling Older Adults with and without Arthritis and Non-Communicable Diseases: The TromsÅ, Study. <i>Clinical Interventions in Aging</i> , 2021, Volume 16, 335-343.	2.9	16

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55	Associations between Cognition and Hand Function in Older People Diagnosed with Mild Cognitive Impairment or Dementia. <i>Dementia and Geriatric Cognitive Disorders Extra</i> , 2021, 10, 195-204.	1.3	16
56	The effect of psychomotor physical therapy on health-related quality of life, pain, coping, self-esteem, and social support. <i>Physiotherapy Research International</i> , 2018, 23, e1723.	1.5	15
57	<p>Effects of a behavioral medicine intervention on pain, health, and behavior among community-dwelling older adults: a randomized controlled trial</p>. <i>Clinical Interventions in Aging</i> , 2019, Volume 14, 1207-1220.	2.9	15
58	Bridging the gap between research-based knowledge and clinical practice: a qualitative examination of patients and physiotherapistsâ€™ views on the Otago exercise Programme. <i>BMC Geriatrics</i> , 2019, 19, 278.	2.7	15
59	Ethnic boundary-making in health care: Experiences of older Pakistani immigrant women in Norway. <i>Social Science and Medicine</i> , 2019, 239, 112555.	3.8	15
60	The experience of motivation and adherence to group-based exercise of Norwegians aged 80 and more: a qualitative study. <i>Archives of Public Health</i> , 2019, 77, 26.	2.4	15
61	Female Pakistani carersâ€™ views on future formal and informal care for their older relatives in Norway. <i>BMC Health Services Research</i> , 2020, 20, 603.	2.2	15
62	The tension between carrying a burden and feeling like a burden: a qualitative study of informal caregiversâ€™ and care recipientsâ€™ experiences after patient discharge from hospital. <i>International Journal of Qualitative Studies on Health and Well-being</i> , 2021, 16, 1855751.	1.6	15
63	Construct and Criterion Validity of a Norwegian Instrument for Health Related Quality of Life Among Elderly Women Living at Home. <i>Social Indicators Research</i> , 2006, 77, 479-497.	2.7	14
64	Living Arrangements, Social Networks, Health, Mobility, and Balance of Older Women. <i>Physical and Occupational Therapy in Geriatrics</i> , 2011, 29, 90-101.	0.4	14
65	Feasibility of a Mobile Phone App to Promote Adherence to a Heart-Healthy Lifestyle: Single-Arm Study. <i>JMIR Formative Research</i> , 2019, 3, e12679.	1.4	14
66	The importance of a good therapeutic alliance in promoting exercise motivation in a group of older Norwegians in the subacute phase of hip fracture; a qualitative study. <i>BMC Geriatrics</i> , 2020, 20, 118.	2.7	13
67	The Effect of Mixed Reality Technologies for Falls Prevention Among Older Adults: Systematic Review and Meta-analysis. <i>JMIR Aging</i> , 2021, 4, e27972.	3.0	13
68	Associations of social networks with quality of life, health and physical functioning. <i>European Journal of Physiotherapy</i> , 2016, 18, 78-88.	1.3	12
69	Evaluating the Feasibility and Intercorrelation of Measurements on the Functioning of Residents Living in Scandinavian Nursing Homes. <i>Physical and Occupational Therapy in Geriatrics</i> , 2010, 28, 154-169.	0.4	11
70	Association between generic and disease-specific quality of life questionnaires and mobility and balance among women with osteoporosis and vertebral fractures. <i>Aging Clinical and Experimental Research</i> , 2011, 23, 296-303.	2.9	11
71	The tensions between micro-, meso- and macro-levels: physiotherapistsâ€™ views of their role towards fall prevention in the community â€“ a qualitative study. <i>BMC Health Services Research</i> , 2020, 20, 97.	2.2	11
72	Aging and exercise: Perceptions of the active lived-body. <i>Physiotherapy Theory and Practice</i> , 2019, 35, 1-12.	1.3	10

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73	The importance of parkinsonian signs for gait and balance in patients with Alzheimer's disease of mild degree. <i>Gait and Posture</i> , 2017, 51, 159-161.	1.4	9
74	A behavioral medicine intervention for community-dwelling older adults with chronic musculoskeletal pain: protocol for a randomized controlled trial. <i>Journal of Pain Research</i> , 2017, Volume 10, 845-853.	2.0	9
75	Older migrants' access to healthcare: a thematic synthesis. <i>International Journal of Migration, Health and Social Care</i> , 2018, 14, 425-438.	0.5	9
76	Otago exercise programme from evidence to practice: a qualitative study of physiotherapists' perceptions of the importance of organisational factors of leadership, context and culture for knowledge translation in Norway. <i>BMC Health Services Research</i> , 2020, 20, 985.	2.2	9
77	A qualitative study exploring physical therapists' views on the Otago Exercise Programme for fall prevention: a stepping stone to œage in place and to give faith in the future. <i>Physiotherapy Theory and Practice</i> , 2022, 38, 132-140.	1.3	8
78	The practice environment's influence on patient participation in intermediate healthcare services – the perspectives of patients, relatives and healthcare professionals. <i>BMC Health Services Research</i> , 2021, 21, 180.	2.2	8
79	Quality of Life: Diversity in Content and Meaning. <i>Critical Reviews in Physical and Rehabilitation Medicine</i> , 2007, 19, 115-139.	0.1	8
80	Balancing standardisation and individualisation in transitional care pathways: a meta-ethnography of the perspectives of older patients, informal caregivers and healthcare professionals. <i>BMC Health Services Research</i> , 2022, 22, 430.	2.2	8
81	Effects of 12 Weeks of Supervised Exercise After Endovascular Treatment: A Randomized Clinical Trial. <i>Physiotherapy Research International</i> , 2015, 20, 147-157.	1.5	7
82	Learning and knowing bodies: Norwegian psychomotor physiotherapists' reflections on embodied knowledge. <i>Physiotherapy Theory and Practice</i> , 2019, 35, 57-69.	1.3	7
83	Physiotherapists' perceptions of challenges facing evidence-based practice and the importance of environmental empowerment in fall prevention in the municipality – a qualitative study. <i>BMC Geriatrics</i> , 2020, 20, 432.	2.7	7
84	Physical Fitness in Older People Recently Diagnosed with Cognitive Impairment Compared to Older People Recently Discharged from Hospital. <i>Dementia and Geriatric Cognitive Disorders Extra</i> , 2017, 6, 396-406.	1.3	6
85	Health-related quality of life in home care recipients after a falls prevention intervention: a 6-month follow-up. <i>European Journal of Public Health</i> , 2019, 30, 64-69.	0.3	6
86	Better before – better after: efficacy of prehabilitation for older patients with osteoarthritis awaiting total hip replacement – a study protocol for a randomised controlled trial in South-Eastern Norway. <i>BMJ Open</i> , 2019, 9, e031626.	1.9	6
87	Effects of individualized follow-up with a smartphone-application after cardiac rehabilitation: protocol of a randomized controlled trial. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2019, 11, 34.	1.7	6
88	Health capital in everyday life of the oldest old living in their own homes. <i>Ageing and Society</i> , 2015, 35, 2156-2175.	1.7	5
89	Older Women's Experience Of Everyday Life In Old Age: Past, Present And Future. <i>Physical and Occupational Therapy in Geriatrics</i> , 2018, 36, 279-296.	0.4	5
90	Recovery and prediction of physical function 1 year following hip fracture. <i>Physiotherapy Research International</i> , 2022, 27, e1947.	1.5	5

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91	Balance and mobility in acute stroke: Association with subgroups of stroke and socio-demographic characteristics. <i>European Journal of Physiotherapy</i> , 2014, 16, 230-237.	1.3	4
92	Reflections of older people about their experience of fall prevention exercise in the community- a qualitative study exploring evidence-based practice. <i>BMC Public Health</i> , 2020, 20, 1671.	2.9	4
93	Renegotiating formal and informal care while ageing abroad: Older Pakistani women's healthcare access, preferences and expectations in Norway. <i>Journal of Migration and Health</i> , 2020, 1-2, 100002.	3.0	4
94	Associations between health-related quality of life, body mass index, health status and sociodemographic variables in geriatric patients and non-hospitalized older people: A comparative cross-sectional study. <i>Nutrition and Health</i> , 2020, 26, 141-150.	1.5	4
95	Effect of an additional health professional led exercise programme on clinical health outcomes after hip fracture. <i>Physiotherapy Research International</i> , 2021, 26, e1896.	1.5	4
96	Can bone mineral density loss in the non-weight bearing distal forearm predict mortality?. <i>Bone</i> , 2020, 136, 115347.	2.9	3
97	Embodied Knowledge – the Phenomenon of Subjective Health Complaints reflected upon by Norwegian Psychomotor Physiotherapy specialists. <i>Physiotherapy Theory and Practice</i> , 2022, 38, 2122-2133.	1.3	2
98	Walking distance and quality of life in patients selected for endovascular treatment. <i>European Journal of Physiotherapy</i> , 2013, 15, 185-192.	1.3	1
99	“What matters to you?” a qualitative study on the views of nursing home residents with dementia regarding the health care they receive. <i>Journal of Clinical Nursing</i> , 2022, 31, 262-274.	3.0	1
100	The journey of recovery after hip-fracture surgery: older people’s experiences of recovery through rehabilitation services involving physical activity. <i>Disability and Rehabilitation</i> , 2021, , 1-11.	1.8	1
101	Author response to the letter “The association of bradykinesia and balance control in patients with Alzheimer’s disease”. <i>Gait and Posture</i> , 2018, 60, 48-49.	1.4	0
102	“To do or not to do”: Treatment fidelity to a complex training intervention. <i>Physiotherapy Research International</i> , 2021, 26, e1885.	1.5	0