## Xiaoguang Zhao

List of Publications by Year in descending order

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1478505 1281871 17 122 11 6 citations h-index g-index papers 17 17 17 94 docs citations times ranked citing authors all docs

#	Article	IF	CITATIONS
1	The Influence of Gender, Age, and Body Mass Index on Arch Height and Arch Stiffness. Journal of Foot and Ankle Surgery, 2020, 59, 298-302.	1.0	25
2	Characteristics of foot morphology and their relationship to gender, age, body mass index and bilateral asymmetry in Japanese adults. Journal of Back and Musculoskeletal Rehabilitation, 2017, 30, 527-535.	1.1	22
3	Weight loss may be a better approach for managing musculoskeletal conditions than increasing muscle mass and strength. Journal of Physical Therapy Science, 2015, 27, 3787-3791.	0.6	12
4	Does Weight Reduction Affect Foot Structure and the Strength of the Muscles That Move the Ankle in Obese Japanese Adults?. Journal of Foot and Ankle Surgery, 2018, 57, 281-284.	1.0	11
5	Association of Foot Structure with the Strength of Muscles that Move the Ankle and Physical Performance. Journal of Foot and Ankle Surgery, 2018, 57, 1143-1147.	1.0	8
6	Effects of increasing physical activity on foot structure and ankle muscle strength in adults with obesity. Journal of Physical Therapy Science, 2016, 28, 2332-2336.	0.6	6
7	Age score for assessing motor function in Chinese community-dwelling older women. Journal of Women and Aging, 2022, 34, 170-180.	1.0	6
8	Effect of smoking status on spirometric lung age in adult Chinese Men. Health and Social Care in the Community, 2022, 30, 1384-1390.	1.6	6
9	Association of body mass index and waist circumference with falls in Chinese older adults. Geriatric Nursing, 2022, 44, 245-250.	1.9	6
10	Is Subjective Age Associated with Physical Fitness in Community-Dwelling Older Adults?. International Journal of Environmental Research and Public Health, 2022, 19, 6841.	2.6	6
11	Relationship Between Physical Fitness, Anthropometric Measurement, and Bone Health in Adult Men. Clinical Nursing Research, 2023, 32, 733-741.	1.6	5
12	Effect of telling older adults their predictive physical fitness age on physical activity: A quasiâ€experimental study. Health and Social Care in the Community, 2022, 30, .	1.6	3
13	Mild-to-Moderate Hallux Valgus Does Not Decrease Ankle Muscle Strength in Middle-Aged Japanese Women: A Comparative Study. Journal of Foot and Ankle Surgery, 2018, 57, 1157-1160.	1.0	2
14	Increasing Physical Activity Might Be More Effective to Improve Foot Structure and Function Than Weight Reduction in Obese Adults. Journal of Foot and Ankle Surgery, 2018, 57, 876-879.	1.0	2
15	Is obesity associated with foot structure and the strength of muscles that move the ankle in adult men?. Journal of Men's Health, 2022, 18, 057.	0.3	1
16	Do Arch Height and Arch Stiffness Relate to Physical Performance in Adult Men?. Journal of Foot and Ankle Surgery, 2022, 61, 259-263.	1.0	1
17	Developing a predictive equation of cardiovascular age to evaluate cardiovascular health in Chinese community-dwelling women. Health Care for Women International, 2023, 44, 1239-1251.	1.1	О