

Gregory R Cox

List of Publications by Year in descending order

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Version: 2024-02-01

55
papers

2,365
citations

346980

22
h-index

232693

48
g-index

55
all docs

55
docs citations

55
times ranked

2301
citing authors

#	ARTICLE	IF	CITATIONS
1	Effect of Acetaminophen on Endurance Cycling Performance in Trained Triathletes in Hot and Humid Conditions. <i>International Journal of Sports Physiology and Performance</i> , 2022, , 1-9.	1.1	0
2	Sports Dietitian practices for assessing and managing athletes at risk of low energy availability (LEA). <i>Journal of Science and Medicine in Sport</i> , 2022, , .	0.6	3
3	The effectiveness of nutrition education programmes on improving dietary intake in athletes: a systematic review. <i>British Journal of Nutrition</i> , 2021, 125, 1359-1373.	1.2	17
4	Belief in caffeine's ergogenic effect on cognitive function and endurance performance: A sham dose-response study. <i>Human Psychopharmacology</i> , 2021, 36, e2792.	0.7	0
5	The impact of post-prandial delay periods on ad libitum consumption of a laboratory breakfast meal. <i>Applied Physiology, Nutrition and Metabolism</i> , 2021, 46, 1-8.	0.9	1
6	Consumer expectation and responses to environmental sustainability initiatives and their impact in foodservice operations: A systematic review. <i>Journal of Human Nutrition and Dietetics</i> , 2021, 34, 994-1013.	1.3	11
7	Free-Living Dietary Intake in Tactical Personnel and Implications for Nutrition Practice: A Systematic Review. <i>Nutrients</i> , 2021, 13, 3502.	1.7	3
8	Body composition of elite Olympic combat sport athletes. <i>European Journal of Sport Science</i> , 2020, 20, 147-156.	1.4	42
9	Do multi-ingredient protein supplements augment resistance training-induced gains in skeletal muscle mass and strength? A systematic review and meta-analysis of 35 trials. <i>British Journal of Sports Medicine</i> , 2020, 54, 573-581.	3.1	37
10	Influence of Periodizing Dietary Carbohydrate on Iron Regulation and Immune Function in Elite Triathletes. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2020, 30, 34-41.	1.0	8
11	Effect of Drinking Rate on the Retention of Water or Milk Following Exercise-Induced Dehydration. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2020, 30, 128-138.	1.0	2
12	Sports Dietitians Australia Position Statement: Nutrition for Exercise in Hot Environments. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2020, 30, 83-98.	1.0	31
13	Sports nutrition for the recreational athlete. , 2020, 49, 17-22.		10
14	Nutrition Strategies for Triathlon. , 2020, , 261-287.		0
15	Metabolic Cost of Paddling on Different Commercially Available Kayak Ergometers. <i>International Journal of Sports Physiology and Performance</i> , 2020, 15, 1189-1192.	1.1	1
16	The effect of beetroot juice supplementation on repeat-sprint performance in hypoxia. <i>Journal of Sports Sciences</i> , 2019, 37, 339-346.	1.0	19
17	Fluid, energy, and nutrient recovery via ad libitum intake of different commercial beverages and food in female athletes. <i>Applied Physiology, Nutrition and Metabolism</i> , 2019, 44, 37-46.	0.9	10
18	Impact of 3-day high and low dietary sodium intake on sodium status in response to exertional-heat stress: a double-blind randomized control trial. <i>European Journal of Applied Physiology</i> , 2019, 119, 2105-2118.	1.2	15

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19	Tattoos do not affect exercise-induced localised sweat rate or sodium concentration. <i>Journal of Science and Medicine in Sport</i> , 2019, 22, 1249-1253.	0.6	11
20	Calorie-Containing Recovery Drinks Increase Recreational Runners'™ Voluntary Energy and Carbohydrate Intake, with Minimal Impact on Fluid Recovery. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2019, 29, 1-5.	1.0	2
21	Iron considerations for the athlete: a narrative review. <i>European Journal of Applied Physiology</i> , 2019, 119, 1463-1478.	1.2	146
22	Repeated muscle glycogen supercompensation with four days'™ recovery between exhaustive exercise. <i>Journal of Science and Medicine in Sport</i> , 2019, 22, 907-911.	0.6	4
23	The Impact of Morning versus Afternoon Exercise on Iron Absorption in Athletes. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 2147-2155.	0.2	32
24	The effect of different post-exercise beverages with food on ad libitum fluid recovery, nutrient provision, and subsequent athletic performance. <i>Physiology and Behavior</i> , 2019, 201, 22-30.	1.0	2
25	Sodium Intake Beliefs, Information Sources, and Intended Practices of Endurance Athletes Before and During Exercise. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2019, 29, 371-381.	1.0	19
26	Effect of dietary nitrate supplementation on thermoregulatory and cardiovascular responses to submaximal cycling in the heat. <i>European Journal of Applied Physiology</i> , 2018, 118, 657-668.	1.2	12
27	Effects of acute exercise, dehydration and rehydration on cognitive function in well-trained athletes. <i>Journal of Sports Sciences</i> , 2018, 36, 247-255.	1.0	15
28	The Effect of Water Loading on Acute Weight Loss Following Fluid Restriction in Combat Sports Athletes. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2018, 28, 565-573.	1.0	31
29	Dietary nitrate supplementation does not improve cycling time-trial performance in the heat. <i>Journal of Sports Sciences</i> , 2018, 36, 1204-1211.	1.0	11
30	Fluid, energy and nutrient recovery via ad libitum intake of different fluids and food. <i>Physiology and Behavior</i> , 2017, 171, 228-235.	1.0	14
31	Weight Regain: No Link to Success in a Real-Life Multiday Boxing Tournament. <i>International Journal of Sports Physiology and Performance</i> , 2017, 12, 856-863.	1.1	28
32	The Effect of Higher Than Recommended Protein Feedings Post-Exercise on Recovery Following Downhill Running in Masters Triathletes. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2017, 27, 76-82.	1.0	9
33	Seven days of high carbohydrate ingestion does not attenuate post-exercise IL-6 and hepcidin levels. <i>European Journal of Applied Physiology</i> , 2016, 116, 1715-1724.	1.2	15
34	Regain in Body Mass After Weigh-In is Linked to Success in Real Life Judo Competition. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2016, 26, 525-530.	1.0	51
35	Case Study: Nutrition Planning and Intake for Marathon des Sables'™ A Series of Five Runners. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2016, 26, 581-587.	1.0	15
36	Beetroot Juice Improves On-Water 500 M Time-Trial Performance, and Laboratory-Based Paddling Economy in National and International-Level Kayak Athletes. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2015, 25, 278-284.	1.0	67

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37	Timing of post-exercise carbohydrate ingestion: influence on IL-6 and hepcidin responses. <i>European Journal of Applied Physiology</i> , 2015, 115, 2215-2222.	1.2	24
38	Acute dietary carbohydrate manipulation and the subsequent inflammatory and hepcidin responses to exercise. <i>European Journal of Applied Physiology</i> , 2015, 115, 2521-2530.	1.2	51
39	Topic 2. Fluid and food intake strategies of Olympic distance elite triathletes. , 2015, , 171-177.		0
40	Sports Dietitians Australia Position Statement: Sports Nutrition for the Adolescent Athlete. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2014, 24, 570-584.	1.0	117
41	Nutritional Recommendations for Water Polo. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2014, 24, 382-391.	1.0	14
42	Nutritional Recommendations for Divers. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2014, 24, 392-403.	1.0	9
43	Influence of post-exercise hypoxic exposure on hepcidin response in athletes. <i>European Journal of Applied Physiology</i> , 2014, 114, 951-959.	1.2	24
44	Systematic review: Carbohydrate supplementation on exercise performance or capacity of varying durations. <i>Applied Physiology, Nutrition and Metabolism</i> , 2014, 39, 998-1011.	0.9	167
45	Feeding Strategies of a Female Athlete During an Ultraendurance Running Event. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2011, 21, 347-351.	1.0	18
46	Daily training with high carbohydrate availability increases exogenous carbohydrate oxidation during endurance cycling. <i>Journal of Applied Physiology</i> , 2010, 109, 126-134.	1.2	130
47	Race-Day Carbohydrate Intakes of Elite Triathletes Contesting Olympic-Distance Triathlon Events. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2010, 20, 299-306.	1.0	30
48	Maximising performance in triathlon: Applied physiological and nutritional aspects of elite and non-elite competitions. <i>Journal of Science and Medicine in Sport</i> , 2008, 11, 407-416.	0.6	65
49	What is the optimal composition of an athlete's diet?. <i>European Journal of Sport Science</i> , 2008, 8, 57-65.	1.4	23
50	Variability in Estimation of Self-reported Dietary Intake Data from Elite Athletes Resulting from Coding by Different Sports Dietitians. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2003, 13, 152-165.	1.0	60
51	A short-term, high-fat diet up-regulates lipid metabolism and gene expression in human skeletal muscle. <i>American Journal of Clinical Nutrition</i> , 2003, 77, 313-318.	2.2	200
52	Adaptations to short-term high-fat diet persist during exercise despite high carbohydrate availability. <i>Medicine and Science in Sports and Exercise</i> , 2002, 34, 83-91.	0.2	102
53	Effect of different protocols of caffeine intake on metabolism and endurance performance. <i>Journal of Applied Physiology</i> , 2002, 93, 990-999.	1.2	238
54	Guidelines for Daily Carbohydrate Intake. <i>Sports Medicine</i> , 2001, 31, 267-299.	3.1	246

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55	Effect of fat adaptation and carbohydrate restoration on metabolism and performance during prolonged cycling. <i>Journal of Applied Physiology</i> , 2000, 89, 2413-2421.	1.2	153