

Faiza Kalam

List of Publications by Year in Descending Order

Source: <https://exaly.com/author-pdf/9252930/faiza-kalam-publications-by-year.pdf>

Version: 2024-04-26

This document has been generated based on the publications and citations recorded by exaly.com. For the latest version of this publication list, visit the link given above.

The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

17
papers

380
citations

9
h-index

17
g-index

17
ext. papers

572
ext. citations

4.8
avg, IF

3.69
L-index

#	Paper	IF	Citations
17	Effect of Intermittent Fasting on Reproductive Hormone Levels in Females and Males: A Review of Human Trials. <i>Nutrients</i> , 2022 , 14, 2343	6.7	0
16	Time-Restricted Eating to Improve Cardiovascular Health. <i>Current Atherosclerosis Reports</i> , 2021 , 23, 22	6	9
15	Does the weight loss efficacy of alternate day fasting differ according to sex and menopausal status?. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021 , 31, 641-649	4.5	1
14	Changes in subjective measures of appetite during 6 months of alternate day fasting with a low carbohydrate diet. <i>Clinical Nutrition ESPEN</i> , 2021 , 41, 417-422	1.3	0
13	Alternate Day Fasting Combined with a Low Carbohydrate Diet: Effect on Sleep Quality, Duration, Insomnia Severity and Risk of Obstructive Sleep Apnea in Adults with Obesity. <i>Nutrients</i> , 2021 , 13,	6.7	3
12	The effect of 4-h versus 6-h time restricted feeding on sleep quality, duration, insomnia severity and obstructive sleep apnea in adults with obesity. <i>Nutrition and Health</i> , 2021 , 2601060211002347	2.1	5
11	Changes in body weight and metabolic risk during time restricted feeding in premenopausal versus postmenopausal women. <i>Experimental Gerontology</i> , 2021 , 154, 111545	4.5	2
10	Effect of time restricted feeding on the gut microbiome in adults with obesity: A pilot study. <i>Nutrition and Health</i> , 2020 , 26, 79-85	2.1	21
9	Weight loss efficacy of alternate day fasting versus daily calorie restriction in subjects with subclinical hypothyroidism: a secondary analysis. <i>Applied Physiology, Nutrition and Metabolism</i> , 2020 , 45, 340-343	3	6
8	Effects of 4- and 6-h Time-Restricted Feeding on Weight and Cardiometabolic Health: A Randomized Controlled Trial in Adults with Obesity. <i>Cell Metabolism</i> , 2020 , 32, 366-378.e3	24.6	108
7	Beverage intake during alternate-day fasting: Relationship to energy intake and body weight. <i>Nutrition and Health</i> , 2019 , 25, 167-171	2.1	7
6	Differential Effects of Alternate-Day Fasting Versus Daily Calorie Restriction on Insulin Resistance. <i>Obesity</i> , 2019 , 27, 1443-1450	8	38
5	Alternate day fasting combined with a low-carbohydrate diet for weight loss, weight maintenance, and metabolic disease risk reduction. <i>Obesity Science and Practice</i> , 2019 , 5, 531-539	2.6	11
4	Dietary habits and lifestyle among adolescents in Damascus, Syria. <i>Annals of Agricultural and Environmental Medicine</i> , 2014 , 21, 416-9	1.4	14
3	Risk of disordered eating attitudes among adolescents in seven Arab countries by gender and obesity: a cross-cultural study. <i>Appetite</i> , 2013 , 60, 162-167	4.5	54
2	Perceived barriers to healthy eating and physical activity among adolescents in seven Arab countries: a cross-cultural study. <i>Scientific World Journal, The</i> , 2013 , 2013, 232164	2.2	65
1	Prevalence of Overweight and Obesity among Adolescents in Seven Arab Countries: A Cross-Cultural Study. <i>Journal of Obesity</i> , 2012 , 2012, 981390	3.7	36

