

Faiza Kalam

List of Publications by Year in descending order

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Version: 2024-02-01

17
papers

814
citations

840119

11
h-index

887659

17
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17
all docs

17
docs citations

17
times ranked

949
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of 4- and 6-h Time-Restricted Feeding on Weight and Cardiometabolic Health: A Randomized Controlled Trial in Adults with Obesity. <i>Cell Metabolism</i> , 2020, 32, 366-378.e3.	7.2	278
2	Perceived Barriers to Healthy Eating and Physical Activity among Adolescents in Seven Arab Countries: A Cross-Cultural Study. <i>Scientific World Journal, The</i> , 2013, 2013, 1-11.	0.8	83
3	Differential Effects of Alternate Day Fasting Versus Daily Calorie Restriction on Insulin Resistance. <i>Obesity</i> , 2019, 27, 1443-1450.	1.5	81
4	Risk of disordered eating attitudes among adolescents in seven Arab countries by gender and obesity: A cross-cultural study. <i>Appetite</i> , 2013, 60, 162-167.	1.8	76
5	Effect of time restricted feeding on the gut microbiome in adults with obesity: A pilot study. <i>Nutrition and Health</i> , 2020, 26, 79-85.	0.6	54
6	Prevalence of Overweight and Obesity among Adolescents in Seven Arab Countries: A Cross-Cultural Study. <i>Journal of Obesity</i> , 2012, 2012, 1-5.	1.1	52
7	Time-Restricted Eating to Improve Cardiovascular Health. <i>Current Atherosclerosis Reports</i> , 2021, 23, 22.	2.0	44
8	Alternate day fasting combined with a low-carbohydrate diet for weight loss, weight maintenance, and metabolic disease risk reduction. <i>Obesity Science and Practice</i> , 2019, 5, 531-539.	1.0	28
9	Dietary habits and lifestyle among adolescents in Damascus, Syria. <i>Annals of Agricultural and Environmental Medicine</i> , 2014, 21, 416-419.	0.5	25
10	Effect of Intermittent Fasting on Reproductive Hormone Levels in Females and Males: A Review of Human Trials. <i>Nutrients</i> , 2022, 14, 2343.	1.7	23
11	The effect of 4-h versus 6-h time restricted feeding on sleep quality, duration, insomnia severity and obstructive sleep apnea in adults with obesity. <i>Nutrition and Health</i> , 2022, 28, 5-11.	0.6	18
12	Does the weight loss efficacy of alternate day fasting differ according to sex and menopausal status?. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021, 31, 641-649.	1.1	12
13	Alternate Day Fasting Combined with a Low Carbohydrate Diet: Effect on Sleep Quality, Duration, Insomnia Severity and Risk of Obstructive Sleep Apnea in Adults with Obesity. <i>Nutrients</i> , 2021, 13, 211.	1.7	12
14	Beverage intake during alternate-day fasting: Relationship to energy intake and body weight. <i>Nutrition and Health</i> , 2019, 25, 167-171.	0.6	8
15	Changes in body weight and metabolic risk during time restricted feeding in premenopausal versus postmenopausal women. <i>Experimental Gerontology</i> , 2021, 154, 111545.	1.2	8
16	Weight loss efficacy of alternate day fasting versus daily calorie restriction in subjects with subclinical hypothyroidism: a secondary analysis. <i>Applied Physiology, Nutrition and Metabolism</i> , 2020, 45, 340-343.	0.9	7
17	Changes in subjective measures of appetite during 6 months of alternate day fasting with a low carbohydrate diet. <i>Clinical Nutrition ESPEN</i> , 2021, 41, 417-422.	0.5	5