

Estelle Lambert

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

294
papers

24,857
citations

62
h-index

153
g-index

318
ext. papers

30,474
ext. citations

5.7
avg, IF

6.84
L-index

#	Paper	IF	Citations
294	Plausible conditions and mechanisms for increasing physical activity behavior in men with prostate cancer using patient education interventions: sequential explanatory mixed studies synthesis.. <i>Supportive Care in Cancer</i> , 2022 , 1	3.9	0
293	Total energy expenditure is repeatable in adults but not associated with short-term changes in body composition.. <i>Nature Communications</i> , 2022 , 13, 99	17.4	0
292	Can Informal Savings Groups Promote Food Security and Social, Economic and Health Transformations, Especially among Women in Urban Sub-Saharan Africa: A Narrative Systematic Review. <i>Sustainability</i> , 2022 , 14, 3153	3.6	0
291	Evaluation of an adapted version of the Diabetes Prevention Program for low- and middle-income countries: A cluster randomized trial to evaluate "Lifestyle Africa" in South Africa.. <i>PLoS Medicine</i> , 2022 , 19, e1003964	11.6	1
290	Building knowledge, optimising physical and mental health and setting up healthier life trajectories in South African women (): a preconception randomised control trial part of the Healthy Life Trajectories Initiative (HeLTI).. <i>BMJ Open</i> , 2022 , 12, e059914	3	1
289	Why are COVID-19 effects less severe in Sub-Saharan Africa? Moving more and sitting less may be a primary reason.. <i>Progress in Cardiovascular Diseases</i> , 2022 , 71, 103-103	8.5	0
288	Utility of silhouette showcards to assess adiposity in three countries across the epidemiological transition. <i>PLOS Global Public Health</i> , 2022 , 2, e0000127		
287	Understanding factors associated with sarcopenic obesity in older African women from a low-income setting: a cross-sectional analysis. <i>BMC Geriatrics</i> , 2021 , 21, 247	4.1	1
286	The Relationship between Physical Activity and the Objectively-Measured Built Environment in Low- and High-Income South African Communities. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	2
285	Sarcopenic Obesity in Africa: A Call for Diagnostic Methods and Appropriate Interventions. <i>Frontiers in Nutrition</i> , 2021 , 8, 661170	6.2	2
284	Efficacy of interactive video gaming in older adults with memory complaints: A cluster-randomized exercise intervention. <i>PLoS ONE</i> , 2021 , 16, e0252016	3.7	0
283	Association between self-reported sleep duration and cardiometabolic risk in corporate executives. <i>International Archives of Occupational and Environmental Health</i> , 2021 , 94, 1809-1821	3.2	
282	Adolescent Levers for a Diet and Physical Activity Intervention Across Socioecological Levels in Kenya, South Africa, Cameroon, and Jamaica: Mixed Methods Study Protocol. <i>JMIR Research Protocols</i> , 2021 , 10, e26739	2	1
281	Food insecurity and social injustice: The plight of urban poor African immigrants in South Africa during the COVID-19 crisis. <i>Global Public Health</i> , 2021 , 16, 149-152	3.5	9
280	Community-Based Approaches to Reducing Health Inequities and Fostering Environmental Justice through Global Youth-Engaged Citizen Science. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	22
279	A standard calculation methodology for human doubly labeled water studies. <i>Cell Reports Medicine</i> , 2021 , 2, 100203	18	21
278	Associations Between Self-Reported Sleep Duration and Mortality in Employed Individuals: Systematic Review and Meta-Analysis. <i>American Journal of Health Promotion</i> , 2021 , 35, 853-865	2.5	3

277	Community-driven citizen science approach to explore cardiovascular disease risk perception, and develop prevention advocacy strategies in sub-Saharan Africa: a programme protocol. <i>Research Involvement and Engagement</i> , 2021 , 7, 11	4.4	3
276	Scaling up urban infrastructure for physical activity in the COVID-19 pandemic and beyond. <i>Lancet, The</i> , 2021 , 398, 370-372	4.0	9
275	Energy compensation and adiposity in humans. <i>Current Biology</i> , 2021 , 31, 4659-4666.e2	6.3	7
274	Daily energy expenditure through the human life course. <i>Science</i> , 2021 , 373, 808-812	33.3	43
273	Gut microbiota alterations in response to sleep length among African-origin adults. <i>PLoS ONE</i> , 2021 , 16, e0255323	3.7	4
272	Physical activity and fat-free mass during growth and in later life. <i>American Journal of Clinical Nutrition</i> , 2021 , 114, 1583-1589	7	3
271	Using social networks to scale up and sustain community-based programmes to improve physical activity and diet in low-income and middle-income countries: a scoping review protocol. <i>BMJ Open</i> , 2021 , 11, e053586	3	0
270	The associations between alcohol intake and cardiometabolic risk in African-origin adults spanning the epidemiologic transition. <i>BMC Public Health</i> , 2021 , 21, 2210	4.1	0
269	Active School Transport among Children from Canada, Colombia, Finland, South Africa, and the United States: A Tale of Two Journeys. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	5
268	Associations between self-reported sleep duration and cardiometabolic risk factors in young African-origin adults from the five-country modeling the epidemiologic transition study (METS). <i>Sleep Health</i> , 2020 , 6, 469-477	4	2
267	Breastfeeding and childhood obesity: A 12-country study. <i>Maternal and Child Nutrition</i> , 2020 , 16, e12984	3.4	10
266	A citizen science approach to determine perceived barriers and promoters of physical activity in a low-income South African community. <i>Global Public Health</i> , 2020 , 15, 749-762	3.5	10
265	The South African 24-Hour Movement Guidelines for Birth to 5 Years: An Integration of Physical Activity, Sitting Behavior, Screen Time, and Sleep. <i>Journal of Physical Activity and Health</i> , 2020 , 17, 109-119	2.5	32
264	Sleep characteristics and health-related quality of life in 9- to 11-year-old children from 12 countries. <i>Sleep Health</i> , 2020 , 6, 4-14	4	11
263	Adapting the Diabetes Prevention Program for low- and middle-income countries: preliminary implementation findings from lifestyle Africa. <i>Translational Behavioral Medicine</i> , 2020 , 10, 46-54	3.2	3
262	The global diet and activity research (GDAR) network: a global public health partnership to address upstream NCD risk factors in urban low and middle-income contexts. <i>Globalization and Health</i> , 2020 , 16, 100	10	8
261	World Health Organization 2020 guidelines on physical activity and sedentary behaviour. <i>British Journal of Sports Medicine</i> , 2020 , 54, 1451-1462	10.3	1192
260	Advancing the global physical activity agenda: recommendations for future research by the 2020 WHO physical activity and sedentary behavior guidelines development group. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020 , 17, 143	8.4	56

259	Implications of COVID-19 control measures for diet and physical activity, and lessons for addressing other pandemics facing rapidly urbanising countries. <i>Global Health Action</i> , 2020 , 13, 1810415	3	13
258	Food purchasing behaviour of shoppers from different South African socio-economic communities: results from grocery receipts, intercept surveys and in-supermarkets audits. <i>Public Health Nutrition</i> , 2020 , 1-12	3.3	1
257	Global Public Health Guidelines on Physical Activity and Sedentary Behavior for People Living With Chronic Conditions: A Call to Action. <i>Journal of Physical Activity and Health</i> , 2020 , 18, 76-85	2.5	11
256	Joint associations between weekday and weekend physical activity or sedentary time and childhood obesity. <i>International Journal of Obesity</i> , 2019 , 43, 691-700	5.5	10
255	Epidemiological Transition in Physical Activity and Sedentary Time in Children. <i>Journal of Physical Activity and Health</i> , 2019 , 16, 518-524	2.5	7
254	Association between breakfast frequency and physical activity and sedentary time: a cross-sectional study in children from 12 countries. <i>BMC Public Health</i> , 2019 , 19, 222	4.1	7
253	The human microbiota is associated with cardiometabolic risk across the epidemiologic transition. <i>PLoS ONE</i> , 2019 , 14, e0215262	3.7	16
252	Factors associated with team sport participation in South African children. <i>BMJ Paediatrics Open</i> , 2019 , 3, e000495	2.4	0
251	Adapting the Diabetes Prevention Program for low and middle-income countries: protocol for a cluster randomised trial to evaluate Lifestyle Africa. <i>BMJ Open</i> , 2019 , 9, e031400	3	5
250	Results from the Healthy Active Kids South Africa 2018 Report Card. <i>SAJCH South African Journal of Child Health</i> , 2019 , 13, 130	0.8	10
249	Demographic and socio-economic predictors of physical activity among people living with HIV of low socio-economic status. <i>Health SA Gesondheid</i> , 2019 , 24, 1127	0.6	1
248	Relationships Between Outdoor Time, Physical Activity, Sedentary Time, and Body Mass Index in Children: A 12-Country Study. <i>Pediatric Exercise Science</i> , 2019 , 31, 118-129	2	8
247	Sugar-sweetened beverage intake and relative weight gain among South African adults living in resource-poor communities: longitudinal data from the STOP-SA study. <i>International Journal of Obesity</i> , 2019 , 43, 603-614	5.5	6
246	Food Cue Reactivity and the Brain-Heart Axis During Cognitive Stress Following Clinically Relevant Weight Loss. <i>Frontiers in Nutrition</i> , 2018 , 5, 135	6.2	
245	Outdoor time and dietary patterns in children around the world. <i>Journal of Public Health</i> , 2018 , 40, e493-501	3.5	8
244	Sources of variability in childhood obesity indicators and related behaviors. <i>International Journal of Obesity</i> , 2018 , 42, 108-110	5.5	7
243	Inequality in physical activity, sedentary behaviour, sleep duration and risk of obesity in children: a 12-country study. <i>Obesity Science and Practice</i> , 2018 , 4, 229-237	2.6	12
242	Thresholds of physical activity associated with obesity by level of sedentary behaviour in children. <i>Pediatric Obesity</i> , 2018 , 13, 450-457	4.6	2

241	The adiposity of children is associated with their lifestyle behaviours: a cluster analysis of school-aged children from 12 nations. <i>Pediatric Obesity</i> , 2018 , 13, 111-119	4.6	40
240	Compositional data analysis for physical activity, sedentary time and sleep research. <i>Statistical Methods in Medical Research</i> , 2018 , 27, 3726-3738	2.3	167
239	Cardiovascular, respiratory, and related disorders: key messages from Disease Control Priorities, 3rd edition. <i>Lancet, The</i> , 2018 , 391, 1224-1236	4.0	61
238	Successful and unsuccessful weight-loss maintainers: strategies to counteract metabolic compensation following weight loss. <i>Journal of Nutritional Science</i> , 2018 , 7, e20	2.7	4
237	The relationship between objectively-measured attributes of the built environment and selected cardiovascular risk factors in a South African urban setting. <i>BMC Public Health</i> , 2018 , 18, 847	4.1	4
236	Gut microbiota, short chain fatty acids, and obesity across the epidemiologic transition: the METS-Microbiome study protocol. <i>BMC Public Health</i> , 2018 , 18, 978	4.1	16
235	The Association of Dietary Fiber Intake with Cardiometabolic Risk in Four Countries across the Epidemiologic Transition. <i>Nutrients</i> , 2018 , 10,	6.7	19
234	Independent association of resting energy expenditure with blood pressure: confirmation in populations of the African diaspora. <i>BMC Cardiovascular Disorders</i> , 2018 , 18, 4	2.3	6
233	Temporal and bi-directional associations between sleep duration and physical activity/sedentary time in children: An international comparison. <i>Preventive Medicine</i> , 2018 , 111, 436-441	4.3	52
232	Food Purchasing Characteristics and Perceptions of Neighborhood Food Environment of South Africans Living in Low-, Middle- and High-Socioeconomic Neighborhoods. <i>Sustainability</i> , 2018 , 10, 4801	3.6	8
231	Indicators of Physical Activity Among Children and Youth in 9 Countries With Low to Medium Human Development Indices: A Global Matrix 3.0 Paper. <i>Journal of Physical Activity and Health</i> , 2018 , 15, S274-S283	2.5	24
230	Global Matrix 3.0 Physical Activity Report Card Grades for Children and Youth: Results and Analysis From 49 Countries. <i>Journal of Physical Activity and Health</i> , 2018 , 15, S251-S273	2.5	329
229	Associations of perceived neighbourhood safety from traffic and crime with overweight/obesity among South African adults of low-socioeconomic status. <i>PLoS ONE</i> , 2018 , 13, e0206408	3.7	6
228	The HealthKick Study: Modifiable Lifestyle Factors in Primary Caregivers of Primary School Learners from Two School Districts in the Western Cape Province, South Africa. <i>Ethnicity and Disease</i> , 2018 , 28, 93-98	1.8	1
227	Results from South Africa's 2018 Report Card on Physical Activity for Children and Youth. <i>Journal of Physical Activity and Health</i> , 2018 , 15, S406-S408	2.5	15
226	The relationship between functional status, physical fitness and cognitive performance in physically active older adults: A pilot study. <i>PLoS ONE</i> , 2018 , 13, e0194918	3.7	17
225	Mid-upper arm circumference as a screening tool for identifying children with obesity: a 12-country study. <i>Pediatric Obesity</i> , 2017 , 12, 439-445	4.6	31
224	Health-Related Quality of Life and Lifestyle Behavior Clusters in School-Aged Children from 12 Countries. <i>Journal of Pediatrics</i> , 2017 , 183, 178-183.e2	3.6	63

223	The metabolic effects of a commercially available chicken peri-peri (African bird's eye chilli) meal in overweight individuals. <i>British Journal of Nutrition</i> , 2017 , 117, 635-644	3.6	11
222	Maternal and early life nutrition and physical activity: setting the research and intervention agenda for addressing the double burden of malnutrition in South African children. <i>Global Health Action</i> , 2017 , 10, 1301085	3	9
221	Enhanced insulin sensitivity in successful, long-term weight loss maintainers compared with matched controls with no weight loss history. <i>Nutrition and Diabetes</i> , 2017 , 7, e282	4.7	26
220	Construct Validity of the Neighborhood Environment Walkability Scale for Africa. <i>Medicine and Science in Sports and Exercise</i> , 2017 , 49, 482-491	1.2	23
219	Joint association of birth weight and physical activity/sedentary behavior with obesity in children ages 9-11 years from 12 countries. <i>Obesity</i> , 2017 , 25, 1091-1097	8	7
218	Associations of neighborhood social environment attributes and physical activity among 9-11 year old children from 12 countries. <i>Health and Place</i> , 2017 , 46, 183-191	4.6	13
217	Correlates of compliance with recommended levels of physical activity in children. <i>Scientific Reports</i> , 2017 , 7, 16507	4.9	21
216	Does Physical Activity Mediate the Association Between Perceived Neighborhood Aesthetics and Overweight/Obesity Among South African Adults Living in Selected Urban and Rural Communities?. <i>Journal of Physical Activity and Health</i> , 2017 , 14, 925-932	2.5	4
215	Association between perceived built environmental attributes and physical activity among adults in South Africa. <i>BMC Public Health</i> , 2017 , 17, 213	4.1	14
214	Cardiovascular risk status of Afro-origin populations across the spectrum of economic development: findings from the Modeling the Epidemiologic Transition Study. <i>BMC Public Health</i> , 2017 , 17, 438	4.1	12
213	Socioeconomic status and dietary patterns in children from around the world: different associations by levels of country human development?. <i>BMC Public Health</i> , 2017 , 17, 457	4.1	36
212	Bright spots, physical activity investments that work: Agita Mundo global network. <i>British Journal of Sports Medicine</i> , 2017 , 51, 1382-1383	10.3	4
211	Relationships between different nutritional anthropometric statuses and health-related fitness of South African primary school children. <i>Annals of Human Biology</i> , 2017 , 44, 208-213	1.7	14
210	Accelerometer-measured physical activity is not associated with two-year weight change in African-origin adults from five diverse populations. <i>PeerJ</i> , 2017 , 5, e2902	3.1	18
209	Cardiovascular fitness is associated with bias between self-reported and objectively measured physical activity. <i>European Journal of Sport Science</i> , 2016 , 16, 149-57	3.9	16
208	The social patterning of risk factors for noncommunicable diseases in five countries: evidence from the modeling the epidemiologic transition study (METS). <i>BMC Public Health</i> , 2016 , 16, 956	4.1	21
207	Global Matrix 2.0: Report Card Grades on the Physical Activity of Children and Youth Comparing 38 Countries. <i>Journal of Physical Activity and Health</i> , 2016 , 13, S343-S366	2.5	278
206	Results From South Africa's 2016 Report Card on Physical Activity for Children and Youth. <i>Journal of Physical Activity and Health</i> , 2016 , 13, S265-S273	2.5	29

205	Perceived and objective neighborhood support for outside of school physical activity in South African children. <i>BMC Public Health</i> , 2016 , 16, 462	4.1	11
204	Prevalence and socio-demographic correlates of physical activity levels among South African adults in Cape Town and Mount Frere communities in 2008-2009. <i>Archives of Public Health</i> , 2016 , 74, 54	2.6	21
203	Proportion of children meeting recommendations for 24-hour movement guidelines and associations with adiposity in a 12-country study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2016 , 13, 123	8.4	144
202	NEWS for Africa: adaptation and reliability of a built environment questionnaire for physical activity in seven African countries. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2016 , 13, 33	8.4	35
201	Making unhealthy places: The built environment and non-communicable diseases in Khayelitsha, Cape Town. <i>Health and Place</i> , 2016 , 39, 196-203	4.6	44
200	Increased risk of dysglycaemia in South Africans with HIV; especially those on protease inhibitors. <i>Diabetes Research and Clinical Practice</i> , 2016 , 119, 41-7	7.4	28
199	Constrained Total Energy Expenditure and Metabolic Adaptation to Physical Activity in Adult Humans. <i>Current Biology</i> , 2016 , 26, 410-7	6.3	146
198	Cardiorespiratory Fitness and Light-Intensity Physical Activity Are Independently Associated with Reduced Cardiovascular Disease Risk in Urban Black South African Women: A Cross-Sectional Study. <i>Metabolic Syndrome and Related Disorders</i> , 2016 , 14, 23-32	2.6	14
197	Obesity-related metabolite profiles of black women spanning the epidemiologic transition. <i>Metabolomics</i> , 2016 , 12, 1	4.7	7
196	Impact of a South African School-based Intervention, HealthKick, on Fitness Correlates. <i>American Journal of Health Behavior</i> , 2016 , 40, 55-66	1.9	18
195	Built Environment, Selected Risk Factors and Major Cardiovascular Disease Outcomes: A Systematic Review. <i>PLoS ONE</i> , 2016 , 11, e0166846	3.7	123
194	Primary School Children's Nutrition Knowledge, Self-Efficacy, and Behavior, after a Three-Year Healthy Lifestyle Intervention (HealthKick). <i>Ethnicity and Disease</i> , 2016 , 26, 171-80	1.8	27
193	Association between Perceived Built Environment and Prevalent Hypertension among South African Adults. <i>Advances in Epidemiology</i> , 2016 , 2016, 1-11		3
192	Are Children Like Werewolves? Full Moon and Its Association with Sleep and Activity Behaviors in an International Sample of Children. <i>Frontiers in Pediatrics</i> , 2016 , 4, 24	3.4	14
191	Relationship between Soft Drink Consumption and Obesity in 9-11 Years Old Children in a Multi-National Study. <i>Nutrients</i> , 2016 , 8,	6.7	26
190	Relationships between Parental Education and Overweight with Childhood Overweight and Physical Activity in 9-11 Year Old Children: Results from a 12-Country Study. <i>PLoS ONE</i> , 2016 , 11, e0147746	3.7	62
189	"Choice Set" for health behavior in choice-constrained settings to frame research and inform policy: examples of food consumption, obesity and food security. <i>International Journal for Equity in Health</i> , 2016 , 15, 48	4.6	8
188	Can the use of Bus Rapid Transit lead to a healthier lifestyle in urban South Africa? The SUN Study. <i>Journal of Transport and Health</i> , 2016 , 3, 200-210	3	13

187	Metabolic acceleration and the evolution of human brain size and life history. <i>Nature</i> , 2016 , 533, 390-2	50.4	145
186	Maternal gestational diabetes and childhood obesity at age 9-11: results of a multinational study. <i>Diabetologia</i> , 2016 , 59, 2339-2348	10.3	66
185	Scaling up physical activity interventions worldwide: stepping up to larger and smarter approaches to get people moving. <i>Lancet, The</i> , 2016 , 388, 1337-48	40	354
184	Improving wear time compliance with a 24-hour waist-worn accelerometer protocol in the International Study of Childhood Obesity, Lifestyle and the Environment (ISCOLE). <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015 , 12, 11	8.4	141
183	Cognitive control over visual food cue saliency is greater in reduced-overweight/obese but not in weight relapsed women: An EEG study. <i>Eating Behaviors</i> , 2015 , 19, 76-80	3	9
182	Correlates of Total Sedentary Time and Screen Time in 9-11 Year-Old Children around the World: The International Study of Childhood Obesity, Lifestyle and the Environment. <i>PLoS ONE</i> , 2015 , 10, e0129622	3.7	158
181	The association between daily steps and health, and the mediating role of body composition: a pedometer-based, cross-sectional study in an employed South African population. <i>BMC Public Health</i> , 2015 , 15, 174	4.1	21
180	Association of car ownership and physical activity across the spectrum of human development: Modeling the Epidemiologic Transition Study (METS). <i>BMC Public Health</i> , 2015 , 15, 173	4.1	32
179	Elevated hypertension risk for African-origin populations in biracial societies: modeling the Epidemiologic Transition Study. <i>Journal of Hypertension</i> , 2015 , 33, 473-80; discussion 480-1	1.9	26
178	Making unhealthy places: The built environment and non-communicable diseases in Khayelitsha, Cape Town. <i>Health and Place</i> , 2015 , 35, 11-18	4.6	9
177	Evidence for daily and weekly rhythmicity but not lunar or seasonal rhythmicity of physical activity in a large cohort of individuals from five different countries. <i>Annals of Medicine</i> , 2015 , 47, 530-7	1.5	7
176	Under-reporting of dietary energy intake in five populations of the African diaspora. <i>British Journal of Nutrition</i> , 2015 , 113, 464-72	3.6	33
175	Implementation of the HealthKick intervention in primary schools in low-income settings in the Western Cape Province, South Africa: a process evaluation. <i>BMC Public Health</i> , 2015 , 15, 818	4.1	21
174	The relationship between the built environment and habitual levels of physical activity in South African older adults: a pilot study. <i>BMC Public Health</i> , 2015 , 15, 518	4.1	28
173	Ethnic differences in hepatic and systemic insulin sensitivity and their associated determinants in obese black and white South African women. <i>Diabetologia</i> , 2015 , 58, 2647-52	10.3	26
172	Reply to T Weishaar. <i>American Journal of Clinical Nutrition</i> , 2015 , 101, 413-4	7	1
171	Electrophysiological indices of visual food cue-reactivity. Differences in obese, overweight and normal weight women. <i>Appetite</i> , 2015 , 85, 126-37	4.5	45
170	Lean and obese dietary phenotypes: differences in energy and substrate metabolism and appetite. <i>British Journal of Nutrition</i> , 2015 , 114, 1724-33	3.6	7

169	Factors Influencing Break-Time Physical Activity of South African Primary School Learners From Low-Income Communities. <i>Journal of Physical Activity and Health</i> , 2015 , 12, 618-27	2.5	2
168	Did HealthKick, a randomised controlled trial primary school nutrition intervention improve dietary quality of children in low-income settings in South Africa?. <i>BMC Public Health</i> , 2015 , 15, 948	4.1	27
167	Relationship between lifestyle behaviors and obesity in children ages 9-11: Results from a 12-country study. <i>Obesity</i> , 2015 , 23, 1696-702	8	97
166	Physical Activity, Sedentary Time, and Obesity in an International Sample of Children. <i>Medicine and Science in Sports and Exercise</i> , 2015 , 47, 2062-9	1.2	130
165	Daily activity patterns of 2316 men and women from five countries differing in socioeconomic development. <i>Chronobiology International</i> , 2015 , 32, 650-6	3.6	22
164	A model for presenting accelerometer paradata in large studies: ISCOLE. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015 , 12, 52	8.4	13
163	Compensations for Weight Loss in Successful and Unsuccessful Dieters. <i>American Journal of Health Behavior</i> , 2015 , 39, 589-600	1.9	5
162	An international comparison of dietary patterns in 9-11-year-old children. <i>International Journal of Obesity Supplements</i> , 2015 , 5, S17-21	13.3	42
161	Nocturnal sleep-related variables from 24-h free-living waist-worn accelerometry: International Study of Childhood Obesity, Lifestyle and the Environment. <i>International Journal of Obesity Supplements</i> , 2015 , 5, S47-52	13.3	13
160	Mobilisation of public support for policy actions to prevent obesity. <i>Lancet, The</i> , 2015 , 385, 2422-31	40	116
159	Quality of life in individuals living with HIV/AIDS attending a public sector antiretroviral service in Cape Town, South Africa. <i>BMC Public Health</i> , 2014 , 14, 676	4.1	23
158	Meeting physical activity guidelines is associated with reduced risk for cardiovascular disease in black South African women; a 5.5-year follow-up study. <i>BMC Public Health</i> , 2014 , 14, 498	4.1	21
157	Steps that count: physical activity recommendations, brisk walking, and steps per minute--how do they relate?. <i>Journal of Physical Activity and Health</i> , 2014 , 11, 502-8	2.5	8
156	Physical activity of children: a global matrix of grades comparing 15 countries. <i>Journal of Physical Activity and Health</i> , 2014 , 11 Suppl 1, S113-25	2.5	237
155	Steps that count: the association between the number and intensity of steps accumulated and fitness and health measures. <i>Journal of Physical Activity and Health</i> , 2014 , 11, 10-7	2.5	18
154	Results from South Africa's 2014 Report Card on Physical Activity for Children and Youth. <i>Journal of Physical Activity and Health</i> , 2014 , 11 Suppl 1, S98-104	2.5	26
153	Interleukin-6 gene polymorphisms, dietary fat intake, obesity and serum lipid concentrations in black and white South African women. <i>Nutrients</i> , 2014 , 6, 2436-65	6.7	14
152	Nurses' lifestyle behaviours, health priorities and barriers to living a healthy lifestyle: a qualitative descriptive study. <i>BMC Nursing</i> , 2014 , 13, 38	3.2	73

151	Insulin resistance is associated with lower acetylcholine-induced microvascular reactivity in nondiabetic women. <i>Metabolic Syndrome and Related Disorders</i> , 2014 , 12, 178-84	2.6	9
150	25-Hydroxyvitamin D in African-origin populations at varying latitudes challenges the construct of a physiologic norm. <i>American Journal of Clinical Nutrition</i> , 2014 , 100, 908-14	7	55
149	Public health recommendations for physical activity in the prevention of type 2 diabetes mellitus. <i>Medicine and Sport Science</i> , 2014 , 60, 130-40		12
148	Ethnic differences in microvascular function in apparently healthy South African men and women. <i>Experimental Physiology</i> , 2014 , 99, 985-94	2.4	12
147	A mixed ecologic-cohort comparison of physical activity & weight among young adults from five populations of African origin. <i>BMC Public Health</i> , 2014 , 14, 397	4.1	24
146	Comparisons of intensity-duration patterns of physical activity in the US, Jamaica and 3 African countries. <i>BMC Public Health</i> , 2014 , 14, 882	4.1	27
145	Distribution of metals exposure and associations with cardiometabolic risk factors in the "Modeling the Epidemiologic Transition Study". <i>Environmental Health</i> , 2014 , 13, 90	6	25
144	The relationship between workplace environment and employee health behaviors in a South African workforce. <i>Journal of Occupational and Environmental Medicine</i> , 2014 , 56, 1094-9	2	9
143	The association between nutrition and physical activity knowledge and weight status of primary school educators. <i>South African Journal of Education</i> , 2014 , 34, 1-8	0.9	2
142	Fasting substrate oxidation in relation to habitual dietary fat intake and insulin resistance in non-diabetic women: a case for metabolic flexibility?. <i>Nutrition and Metabolism</i> , 2013 , 10, 8	4.6	17
141	The International Study of Childhood Obesity, Lifestyle and the Environment (ISCOLE): design and methods. <i>BMC Public Health</i> , 2013 , 13, 900	4.1	217
140	Clustering of risk factors for non-communicable disease and healthcare expenditure in employees with private health insurance presenting for health risk appraisal: a cross-sectional study. <i>BMC Public Health</i> , 2013 , 13, 1213	4.1	11
139	Evaluation of a school-based nutrition and physical activity programme for Grade 4 learners in the Western Cape province. <i>South African Family Practice: Official Journal of the South African Academy of Family Practice/Primary Care</i> , 2013 , 55, 391-397	0.6	2
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