

Christina S Mccrae

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

125
papers

2,786
citations

29
h-index

50
g-index

137
ext. papers

3,431
ext. citations

3.4
avg, IF

5.11
L-index

#	Paper	IF	Citations
125	Using Telehealth to Deliver Cognitive Behavioral Treatment of Insomnia to a Caregiver of a Person With Alzheimer's Disease.. <i>Journal of Cognitive Psychotherapy</i> , 2022 , 36, 3-23	0.9	0
124	Impact of Sex on COVID-19 Media Exposure, Anxiety, Perceived Risk, and Severity in Middle-Aged and Older Adults. <i>Journal of Aging and Health</i> , 2022 , 34, 51-59	2.6	4
123	Protocol for targeting insomnia in school-aged children with autism spectrum disorder without intellectual disability: a randomised control trial. <i>BMJ Open</i> , 2021 , 11, e045944	3	0
122	Impact of a brief behavioral treatment for insomnia (BBTi) on metacognition in older adults. <i>Sleep Medicine</i> , 2021 , 80, 286-293	4.6	1
121	Insomnia treatment effects among young adult drinkers: Secondary outcomes of a randomized pilot trial. <i>Alcoholism: Clinical and Experimental Research</i> , 2021 , 45, 1136-1148	3.7	
120	Daily associations between sleep and opioid use among adults with comorbid symptoms of insomnia and fibromyalgia. <i>Journal of Clinical Sleep Medicine</i> , 2021 , 17, 729-737	3.1	
119	579 Child Sleep Onset Latency Mediates Parental Depression and Non-Compliance in Children with Autism Spectrum Disorder. <i>Sleep</i> , 2021 , 44, A228-A228	1.1	
118	Modest sleep restriction does not influence steps, physical activity intensity or glucose tolerance in obese adults. <i>Journal of Sleep Research</i> , 2021 , 30, e13381	5.8	
117	384 Sleep, Pain, and Cognition in Women with Chronic Widespread Pain and Insomnia. <i>Sleep</i> , 2021 , 44, A152-A152	1.1	
116	Impacts of Cognitive Behavioral Therapy for Insomnia and Pain on Sleep in Women with Gynecologic Malignancies: A Randomized Controlled Trial. <i>Behavioral Sleep Medicine</i> , 2021 , 1-17	4.2	0
115	Protocol for the Project SAVE randomised controlled trial examining CBT for insomnia among veterans in treatment for alcohol use disorder. <i>BMJ Open</i> , 2021 , 11, e045667	3	0
114	Sleep Discrepancy in a Randomized Controlled Trial of Brief Behavioral Therapy for Chronic Insomnia in Older Adults. <i>Behavioral Sleep Medicine</i> , 2021 , 19, 221-231	4.2	2
113	Cognitive behavioral therapy for insomnia among young adults who are actively drinking: a randomized pilot trial. <i>Sleep</i> , 2021 , 44,	1.1	4
112	Associations between objective afternoon and evening physical activity and objective sleep in patients with fibromyalgia and insomnia. <i>Journal of Sleep Research</i> , 2021 , 30, e13220	5.8	1
111	Telehealth cognitive behavioral therapy for insomnia in children with autism spectrum disorder: A pilot examining feasibility, satisfaction, and preliminary findings. <i>Autism</i> , 2021 , 25, 667-680	6.6	11
110	Preliminary investigation of interactive associations of sleep and pain with cognition in sedentary middle-aged and older adults. <i>Journal of Clinical Sleep Medicine</i> , 2021 , 17, 233-242	3.1	2
109	Neural activation changes in response to pain following cognitive behavioral therapy for patients with comorbid fibromyalgia and insomnia: a pilot study. <i>Journal of Clinical Sleep Medicine</i> , 2021 ,	3.1	1

108	Sleep and alcohol use among young adult drinkers with Insomnia: A daily process model. <i>Addictive Behaviors</i> , 2021 , 119, 106911	4.2	4
107	Cognitive Function and Sleep in Caregivers of Persons Living with Dementia. <i>Western Journal of Nursing Research</i> , 2021 , 1939459211041163	2	0
106	Using Telehealth to Deliver Family-Based Cognitive Behavioral Treatment of Insomnia in a School-Aged Child With Autism Spectrum Disorder.. <i>Journal of Cognitive Psychotherapy</i> , 2021 , 35, 235-254	4.9	9
105	The Society of Behavioral Sleep Medicine (SBSM) COVID-19 Task Force: Objectives and Summary Recommendations for Managing Sleep during a Pandemic. <i>Behavioral Sleep Medicine</i> , 2020 , 18, 570-572	4.2	19
104	Effect of cognitive behavioural therapy on sleep and opioid medication use in adults with fibromyalgia and insomnia. <i>Journal of Sleep Research</i> , 2020 , 29, e13020	5.8	7
103	Negative mood as a mediator of the association between insomnia severity and marijuana problems in college students. <i>Journal of Sleep Research</i> , 2020 , 29, e12985	5.8	3
102	Sleep Health and Alcohol Use 2020 , 255-264		2
101	REPRINTED WITH PERMISSION OF IASP [PAIN 160 (2019) 2086-2092]: Opioid use, pain intensity, age, and sleep architecture in patients with fibromyalgia and insomnia. <i>BMJ</i> 2020 , 21, 1-12	0	
100	The association of opioid use duration and new depression episode among patients with and without insomnia. <i>Journal of Opioid Management</i> , 2020 , 16, 317-328	0.8	3
99	From bit player to key mechanism: the role of sleep in exercise. <i>Journal of Clinical Sleep Medicine</i> , 2020 , 16, 19-20	3.1	
98	Cognitive behavioral treatment of insomnia in school-aged children with autism spectrum disorder: A pilot feasibility study. <i>Autism Research</i> , 2020 , 13, 167-176	5.1	19
97	Protocol for the impact of CBT for insomnia on pain symptoms and central sensitisation in fibromyalgia: a randomised controlled trial. <i>BMJ Open</i> , 2020 , 10, e033760	3	1
96	Associations Among Sleep Latency, Subjective Pain, and Thermal Pain Sensitivity in Gynecologic Cancer. <i>Pain Medicine</i> , 2020 , 21, 5-12	2.8	2
95	Anxiety and executive functions in mid-to-late life: the moderating role of sleep. <i>Aging and Mental Health</i> , 2020 , 24, 1459-1465	3.5	3
94	Effects of Brief Behavioral Treatment for Insomnia on Daily Associations between Self-Reported Sleep and Objective Cognitive Performance in Older Adults. <i>Behavioral Sleep Medicine</i> , 2020 , 18, 577-588	4.2	5
93	Associations between pain, objective sleep efficiency and cognition in patients with implantable cardioverter defibrillators. <i>Sleep Medicine</i> , 2020 , 72, 122-125	4.6	2
92	0425 Actigraphy Assessment in Fibromyalgia: A Standardized Protocol to Reduce Discrepancies between Subjective and Objective Sleep. <i>Sleep</i> , 2019 , 42, A171-A172	1.1	2
91	Discrepancies in sleep diary and actigraphy assessments in adults with fibromyalgia: Associations with opioid dose and age. <i>Journal of Sleep Research</i> , 2019 , 28, e12746	5.8	2

90	Interleukin-6 and body mass index, tobacco use, and sleep in gynecologic cancers. <i>Health Psychology</i> , 2019 , 38, 866-877	5	4
89	0332 Negative Mood as a Mediator of the Association between Insomnia Symptoms and Marijuana Problems in Young Adults. <i>Sleep</i> , 2019 , 42, A136-A136	1.1	
88	Opioid use, pain intensity, age, and sleep architecture in patients with fibromyalgia and insomnia. <i>Pain</i> , 2019 , 160, 2086-2092	8	9
87	Cognitive behavioral treatments for insomnia and pain in adults with comorbid chronic insomnia and fibromyalgia: clinical outcomes from the SPIN randomized controlled trial. <i>Sleep</i> , 2019 , 42,	1.1	40
86	Pain inconsistency and sleep in mid to late-life: the role of depression. <i>Aging and Mental Health</i> , 2019 , 23, 1174-1179	3.5	5
85	Cognitive performance in patients with implantable cardioverter defibrillators: Associations with objective sleep duration, age and anxiety. <i>Journal of Sleep Research</i> , 2019 , 28, e12810	5.8	3
84	Dynamic daily associations between insomnia symptoms and alcohol use in adults with chronic pain. <i>Journal of Sleep Research</i> , 2018 , 27, e12604	5.8	1
83	Efficacy of brief behavioral treatment for insomnia in older adults: examination of sleep, mood, and cognitive outcomes. <i>Sleep Medicine</i> , 2018 , 51, 153-166	4.6	26
82	Sleep and Pain in Mid- to Late-Life: An Exploration of Day-to-Day Pain Inconsistency. <i>Clinical Gerontologist</i> , 2018 , 41, 123-129	2.7	5
81	A meta-analysis of associations between obesity and insomnia diagnosis and symptoms. <i>Sleep Medicine Reviews</i> , 2018 , 40, 170-182	10.2	36
80	Sleep Discrepancy in Patients With Comorbid Fibromyalgia and Insomnia: Demographic, Behavioral, and Clinical Correlates. <i>Journal of Clinical Sleep Medicine</i> , 2018 , 14, 1911-1919	3.1	1
79	Chronic Pain, Sleep, and Cognition in Older Adults With Insomnia: A Daily Multilevel Analysis. <i>Journal of Clinical Sleep Medicine</i> , 2018 , 14, 1765-1772	3.1	11
78	Gray Matter Changes Following Cognitive Behavioral Therapy for Patients With Comorbid Fibromyalgia and Insomnia: A Pilot Study. <i>Journal of Clinical Sleep Medicine</i> , 2018 , 14, 1595-1603	3.1	11
77	Use of Actigraphy for the Evaluation of Sleep Disorders and Circadian Rhythm Sleep-Wake Disorders: An American Academy of Sleep Medicine Systematic Review, Meta-Analysis, and GRADE Assessment. <i>Journal of Clinical Sleep Medicine</i> , 2018 , 14, 1209-1230	3.1	166
76	Pain intensity as a moderator of the association between opioid use and insomnia symptoms among adults with chronic pain. <i>Sleep Medicine</i> , 2018 , 52, 98-102	4.6	7
75	Use of Actigraphy for the Evaluation of Sleep Disorders and Circadian Rhythm Sleep-Wake Disorders: An American Academy of Sleep Medicine Clinical Practice Guideline. <i>Journal of Clinical Sleep Medicine</i> , 2018 , 14, 1231-1237	3.1	153
74	Low-to-Moderate Alcohol Consumption is Associated With Hippocampal Volume in Fibromyalgia and Insomnia. <i>Behavioral Sleep Medicine</i> , 2017 , 15, 438-450	4.2	5
73	Influence of asthma status on sleep variability in overweight/obese youth. <i>Journal of Asthma</i> , 2017 , 54, 383-391	1.9	2

72	Night-to-Night Sleep Variability in Older Adults With Chronic Insomnia: Mediators and Moderators in a Randomized Controlled Trial of Brief Behavioral Therapy (BBT-I). <i>Journal of Clinical Sleep Medicine</i> , 2017 , 13, 1243-1254	3.1	16
71	Daily Social Contact in Relation to Sleep: The Role of Age. <i>Behavioral Sleep Medicine</i> , 2016 , 14, 311-24	4.2	4
70	Changes in Sleep Predict Changes in Affect in Older Caregivers of Individuals with Alzheimer's Dementia: A Multilevel Model Approach. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2016 , 71, 458-62	4.6	20
69	Temporal Associations Between Sleep and Physical Activity Among Overweight/Obese Youth. <i>Journal of Pediatric Psychology</i> , 2016 , 41, 680-91	3.2	20
68	Sleep, Psychosocial Functioning, and Device-Specific Adjustment in Patients with Implantable Cardioverter Defibrillators (ICDs). <i>Behavioral Sleep Medicine</i> , 2016 , 14, 49-66	4.2	6
67	A Novel Application of a Biopsychosocial Theory in the Understanding of Disturbed Sleep before and after Kidney Transplantation. <i>Journal of Clinical Sleep Medicine</i> , 2016 , 12, 247-56	3.1	6
66	Late-Life Sleep and Sleep Disorders 2016 , 429-445		0
65	Measuring Treatment Outcomes in Comorbid Insomnia and Fibromyalgia: Concordance of Subjective and Objective Assessments. <i>Journal of Clinical Sleep Medicine</i> , 2016 , 12, 215-23	3.1	12
64	Intervention markers of physical activity maintenance in older adults. <i>American Journal of Health Behavior</i> , 2015 , 39, 487-99	1.9	30
63	Beyond mean values: Quantifying intraindividual variability in pre-sleep arousal and sleep in younger and older community-dwelling adults. <i>Sleep Science</i> , 2015 , 8, 24-30	1.8	9
62	Variety is the Spice of Life: A Microlongitudinal Study Examining Age Differences in Intraindividual Variability in Daily Activities in Relation to Sleep Outcomes. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2015 , 70, 581-90	4.6	3
61	Sleep is associated with task-negative brain activity in fibromyalgia participants with comorbid chronic insomnia. <i>Journal of Pain Research</i> , 2015 , 8, 819-27	2.9	3
60	Fibromyalgia patients have reduced hippocampal volume compared with healthy controls. <i>Journal of Pain Research</i> , 2015 , 8, 47-52	2.9	31
59	Day-to-Day Variation of Subjective Sleep Quality and Emotional States Among Healthy University Students--a 1-Week Prospective Study. <i>International Journal of Behavioral Medicine</i> , 2015 , 22, 625-34	2.6	24
58	Content and Perceived Utility of Mental Imagery by Older Adults in a Peer-Delivered Physical Activity Intervention. <i>Journal of Applied Sport Psychology</i> , 2014 , 26, 129-143	2	7
57	Impact of brief cognitive behavioral treatment for insomnia on health care utilization and costs. <i>Journal of Clinical Sleep Medicine</i> , 2014 , 10, 127-35	3.1	23
56	Quality of Life in Obese Youth With and Without Sleep Problems. <i>Children's Health Care</i> , 2014 , 43, 39-53	0.9	1
55	Sleep disturbances associated with cigarette smoking. <i>Psychology, Health and Medicine</i> , 2014 , 19, 410-9	2.1	66

54	Exercise and sleep in community-dwelling older adults: evidence for a reciprocal relationship. <i>Journal of Sleep Research</i> , 2014 , 23, 61-8	5.8	70
53	Age differences in the role of cognitive versus somatic arousal in sleep outcomes. <i>Behavioral Sleep Medicine</i> , 2014 , 12, 257-71	4.2	5
52	Treating Insomnia 2014 , 37-56		
51	Sleep patterns of a primarily obese sample of treatment-seeking children. <i>Journal of Clinical Sleep Medicine</i> , 2014 , 10, 1111-7	3.1	4
50	Psychological treatment of hypnotic-dependent insomnia in a primarily older adult sample. <i>Behaviour Research and Therapy</i> , 2013 , 51, 787-96	5.2	33
49	Greater night-to-night variability in sleep discrepancy among older adults with a sleep complaint compared to noncomplaining older adults. <i>Behavioral Sleep Medicine</i> , 2013 , 11, 76-90	4.2	20
48	Sleep discrepancy, sleep complaint, and poor sleep among older adults. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2013 , 68, 712-20	4.6	32
47	Exploring behavioral markers of long-term physical activity maintenance: a case study of system identification modeling within a behavioral intervention. <i>Health Education and Behavior</i> , 2013 , 40, 515-625	4.2	27
46	Cognitive behavioral treatment of insomnia. <i>Chest</i> , 2013 , 143, 554-565	5.3	56
45	Cognitive Inconsistency and Practice-Related Learning in Older Adults. <i>GeroPsych: the Journal of Gerontopsychology and Geriatric Psychiatry</i> , 2013 , 26,	1	1
44	Day-to-day variability in nap duration predicts medical morbidity in older adults. <i>Health Psychology</i> , 2012 , 31, 671-6	5	21
43	Predictors of clinical pain in fibromyalgia: examining the role of sleep. <i>Journal of Pain</i> , 2012 , 13, 350-8	5.2	25
42	Habitual Sleep, Reasoning, and Processing Speed in Older Adults with Sleep Complaints. <i>Cognitive Therapy and Research</i> , 2012 , 36, 156-164	2.7	16
41	Relaxation for Insomnia 2011 , 45-54		5
40	Intraindividual variability in daily sleep and pain ratings among chronic pain patients: bidirectional association and the role of negative mood. <i>Clinical Journal of Pain</i> , 2011 , 27, 425-33	3.5	70
39	Peer Volunteers Improve Long-Term Maintenance of Physical Activity With Older Adults: A Randomized Controlled Trial. <i>Journal of Physical Activity and Health</i> , 2011 , 8, S257-S266	2.5	95
38	Peer volunteers improve long-term maintenance of physical activity with older adults: a randomized controlled trial. <i>Journal of Physical Activity and Health</i> , 2011 , 8 Suppl 2, S257-66	2.5	42
37	Sleep in dementia caregivers and the effect of a nighttime monitoring system. <i>Journal of Nursing Scholarship</i> , 2010 , 42, 338-47	3.6	21

36	Tackling sleeplessness: psychological treatment options for insomnia in older adults. <i>Nature and Science of Sleep</i> , 2010 , 2, 47-61	3.6	23
35	Tackling sleeplessness: Psychological treatment options for insomnia. <i>Nature and Science of Sleep</i> , 2010 , 23	3.6	
34	The future of behavioral sleep medicine: a report on the presentations given at the Ponte Vedra Behavioral Sleep Medicine Consensus Conference, March 27-29, 2009. <i>Behavioral Sleep Medicine</i> , 2010 , 8, 74-89	4.2	9
33	The future of behavioral sleep medicine: a report on consensus votes at the Ponte Vedra Behavioral Sleep Medicine Consensus Conference, March 27-29, 2009. <i>Behavioral Sleep Medicine</i> , 2010 , 8, 63-73	4.2	1
32	Negative mood mediates the effect of poor sleep on pain among chronic pain patients. <i>Clinical Journal of Pain</i> , 2010 , 26, 310-9	3.5	103
31	Comparison of actigraphic and subjective measures of sleep in implantable cardioverter defibrillator and coronary artery disease patients. <i>Clinical Cardiology</i> , 2010 , 33, 753-9	3.3	12
30	Daily variations in objective nighttime sleep and subjective morning pain in older adults with insomnia: evidence of covariation over time. <i>Journal of the American Geriatrics Society</i> , 2010 , 58, 925-30	5.6	42
29	Tackling sleeplessness: Psychological treatment options for insomnia. <i>Nature and Science of Sleep</i> , 2010 , 2, 23-37	3.6	11
28	Short-Term and Group Treatment Approaches. <i>Medical Psychiatry</i> , 2010 , 310-341		
27	Mental Health Professionals in Gerontology: An Insight into Their Perceptions, Experiences, and Needs. <i>Clinical Gerontologist</i> , 2009 , 33, 16-20	2.7	1
26	Using the constructive narrative perspective to understand physical activity reasoning schema in sedentary adults. <i>Journal of Health Psychology</i> , 2009 , 14, 1174-83	3.1	3
25	Treatment of Late-life Insomnia. <i>Sleep Medicine Clinics</i> , 2009 , 4, 593-604	3.6	14
24	Late-life comorbid insomnia: diagnosis and treatment. <i>American Journal of Managed Care</i> , 2009 , 15 Suppl, S14-23	2.1	7
23	Subjective and objective napping and sleep in older adults: are evening naps "bad" for nighttime sleep?. <i>Journal of the American Geriatrics Society</i> , 2008 , 56, 1681-6	5.6	47
22	Sleep and affect in older adults: using multilevel modeling to examine daily associations. <i>Journal of Sleep Research</i> , 2008 , 17, 42-53	5.8	111
21	Psychological treatment of insomnia in hypnotic-dependant older adults. <i>Sleep Medicine</i> , 2008 , 9, 165-71	4.6	57
20	Nonrestorative sleep. <i>Sleep Medicine Reviews</i> , 2008 , 12, 275-88	10.2	91
19	Actigraphy in older adults: comparison of means and variability of three different aggregates of measurement. <i>Behavioral Sleep Medicine</i> , 2008 , 6, 127-45	4.2	60

18	Self-reported sleep, demographics, health, and daytime functioning in young old and old old community-dwelling seniors. <i>Behavioral Sleep Medicine</i> , 2008 , 6, 106-26	4.2	18
17	Sleep pattern differences between older adult dementia caregivers and older adult noncaregivers using objective and subjective measures. <i>Journal of Clinical Sleep Medicine</i> , 2008 , 4, 362-9	3.1	39
16	Sleep Pattern Differences Between Older Adult Dementia Caregivers and Older Adult Noncaregivers Using Objective and Subjective Measures. <i>Journal of Clinical Sleep Medicine</i> , 2008 , 04, 362-369	3.1	75
15	Research Evaluating Brief Behavioral Sleep Treatments for Rural Elderly (RESTORE): a preliminary examination of effectiveness. <i>American Journal of Geriatric Psychiatry</i> , 2007 , 15, 979-82	6.5	36
14	Individualized piano instruction enhances executive functioning and working memory in older adults. <i>Aging and Mental Health</i> , 2007 , 11, 464-71	3.5	231
13	Eszopiclone for late-life insomnia. <i>Clinical Interventions in Aging</i> , 2007 , 2, 313-26	4	18
12	Behavioral Intervention for Insomnia: Future Directions for Nontraditional Caregivers at Various Stages of Care. <i>Clinical Gerontologist</i> , 2006 , 29, 95-114	2.7	7
11	Using Graduated in Vivo Exposure to Treat a Claustrophobic Response to Nasal Continuous Positive Airway Pressure: Hispanic Male Veteran Associates Nasal Mask With Gas Masks Worn During Combat. <i>Clinical Case Studies</i> , 2006 , 5, 71-82	0.6	3
10	Insomnia in the Elderly. <i>Sleep Medicine Clinics</i> , 2006 , 1, 221-229	3.6	14
9	Sleep hygiene practices in two community dwelling samples of older adults. <i>Sleep</i> , 2006 , 29, 1551-60	1.1	39
8	Availability of mental health services for older adults: a cross-cultural comparison of the United States and Turkey. <i>Aging and Mental Health</i> , 2005 , 9, 223-34	3.5	5
7	Treatment of insomnia in older adults. <i>Clinical Psychology Review</i> , 2005 , 25, 645-72	10.8	34
6	Sleep complaints, subjective and objective sleep patterns, health, psychological adjustment, and daytime functioning in community-dwelling older adults. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2005 , 60, P182-9	4.6	100
5	Psychological and Behavioral Treatments for Secondary Insomnias 2005 , 738-748		4
4	Young old and old old poor sleepers with and without insomnia complaints. <i>Journal of Psychosomatic Research</i> , 2003 , 54, 11-9	4.1	29
3	Inhibition of return in static and dynamic displays. <i>Psychonomic Bulletin and Review</i> , 2002 , 9, 80-5	4.1	17
2	Secondary insomnia: diagnostic challenges and intervention opportunities. <i>Sleep Medicine Reviews</i> , 2001 , 5, 47-61	10.2	88
1	Sleep across childhood during the COVID-19 pandemic: a narrative review of the literature and clinical case examples. <i>Children's Health Care</i> , 1-23	0.9	1

