

Sigrid Gibson

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

55
papers

3,377
citations

25
h-index

58
g-index

58
ext. papers

3,887
ext. citations

4.3
avg, IF

5.85
L-index

#	Paper	IF	Citations
55	Contribution of 100% Fruit Juice to Micronutrient Intakes in the United States, United Kingdom and Brazil. <i>Nutrients</i> , 2020 , 12,	6.7	4
54	Comments on the article 'Optimum waist circumference-height indices for evaluating adult adiposity: An analytic review': Consideration of relationship to cardiovascular risk factors and to the public health message. <i>Obesity Reviews</i> , 2020 , 21, e13074	10.6	2
53	Expert consensus on low-calorie sweeteners: facts, research gaps and suggested actions. <i>Nutrition Research Reviews</i> , 2020 , 33, 145-154	7	21
52	A simple cut-off for waist-to-height ratio (0.5) can act as an indicator for cardiometabolic risk: recent data from adults in the Health Survey for England. <i>British Journal of Nutrition</i> , 2020 , 123, 681-690	3.6	10
51	Evaluating current egg consumption patterns: Associations with diet quality, nutrition and health status in the UK National Diet and Nutrition Survey. <i>Nutrition Bulletin</i> , 2020 , 45, 374-388	3.5	1
50	Dried fruit and public health - what does the evidence tell us?. <i>International Journal of Food Sciences and Nutrition</i> , 2019 , 70, 675-687	3.7	18
49	Nearly one third of adults in the healthy BMI range are at early cardiometabolic risk according to their waist-to-height ratio. <i>Proceedings of the Nutrition Society</i> , 2019 , 78,	2.9	2
48	A workshop on 'Dietary Sweetness-Is It an Issue?'. <i>International Journal of Obesity</i> , 2018 , 42, 934-938	5.5	8
47	What can the food and drink industry do to help achieve the 5% free sugars goal?. <i>Perspectives in Public Health</i> , 2017 , 137, 237-247	1.4	19
46	Changes in children's intakes and sources of free sugars since 1997. <i>Proceedings of the Nutrition Society</i> , 2017 , 76,	2.9	1
45	Nutrient intakes and iron and vitamin D status differ depending on main milk consumed by UK children aged 12-18 months - secondary analysis from the Diet and Nutrition Survey of Infants and Young Children. <i>Journal of Nutritional Science</i> , 2016 , 5, e32	2.7	8
44	Low Calorie Beverage Consumption Is Associated with Energy and Nutrient Intakes and Diet Quality in British Adults. <i>Nutrients</i> , 2016 , 8,	6.7	29
43	Fruit juice consumption is associated with intakes of whole fruit and vegetables, as well as non-milk extrinsic sugars: a secondary analysis of the National Diet and Nutrition Survey. <i>Proceedings of the Nutrition Society</i> , 2016 , 75,	2.9	2
42	Associations between free sugars and nutrient intakes among children and adolescents in the UK. <i>British Journal of Nutrition</i> , 2016 , 116, 1265-1274	3.6	24
41	Waist-to-height ratio as an indicator of 'early health risk': simpler and more predictive than using a 'matrix' based on BMI and waist circumference. <i>BMJ Open</i> , 2016 , 6, e010159	3	205
40	Sugar-fat seesaw: a systematic review of the evidence. <i>Critical Reviews in Food Science and Nutrition</i> , 2015 , 55, 338-56	11.5	23
39	An analysis of potato consumption habits and diet quality among adults and children in the UK. <i>Nutrition Bulletin</i> , 2015 , 40, 177-186	3.5	3

38	Nutrient adequacy and imbalance among young children aged 13 years in the UK. <i>Nutrition Bulletin</i> , 2014 , 39, 172-180	3.5	21
37	A proposal for a primary screening tool: 'Keep your waist circumference to less than half your height'. <i>BMC Medicine</i> , 2014 , 12, 207	11.4	91
36	Consensus statement on benefits of low-calorie sweeteners. <i>Nutrition Bulletin</i> , 2014 , 39, 386-389	3.5	15
35	Beverage consumption habits "24/7" among British adults: association with total water intake and energy intake. <i>Nutrition Journal</i> , 2013 , 12, 9	4.3	53
34	The nutritional value of potatoes and potato products in the UK diet. <i>Nutrition Bulletin</i> , 2013 , 38, 389-395	9.5	30
33	Does regular breakfast cereal consumption help children and adolescents stay slimmer? A systematic review and meta-analysis. <i>Obesity Facts</i> , 2013 , 6, 70-85	5.1	66
32	The effects of sucrose on metabolic health: a systematic review of human intervention studies in healthy adults. <i>Critical Reviews in Food Science and Nutrition</i> , 2013 , 53, 591-614	11.5	27
31	Waist-to-height ratio is a better screening tool than waist circumference and BMI for adult cardiometabolic risk factors: systematic review and meta-analysis. <i>Obesity Reviews</i> , 2012 , 13, 275-86	10.6	955
30	Hydration, water intake and beverage consumption habits among adults. <i>Nutrition Bulletin</i> , 2012 , 37, 182-192	3.5	13
29	Achieving eatwell plate recommendations: is this a route to improving both sustainability and healthy eating?. <i>Nutrition Bulletin</i> , 2012 , 37, 324-343	3.5	17
28	Fruit juice consumption in the National Diet and Nutrition Survey (NDNS 2008-2010): associations with diet quality and indices of obesity and health. <i>Proceedings of the Nutrition Society</i> , 2012 , 71,	2.9	2
27	Dietary patterns among British adults: compatibility with dietary guidelines for salt/sodium, fat, saturated fat and sugars. <i>Public Health Nutrition</i> , 2011 , 14, 1323-36	3.3	17
26	Trends in energy and sugar intakes and body mass index between 1983 and 1997 among children in Great Britain. <i>Journal of Human Nutrition and Dietetics</i> , 2010 , 23, 371-81	3.1	20
25	Measurement of 25-hydroxyvitamin D in the clinical laboratory: current procedures, performance characteristics and limitations. <i>Steroids</i> , 2010 , 75, 477-88	2.8	225
24	The nutritional properties and health benefits of eggs. <i>Nutrition and Food Science</i> , 2010 , 40, 263-279	1.5	33
23	UK Food Standards Agency Workshop Consensus Report: the choice of method for measuring 25-hydroxyvitamin D to estimate vitamin D status for the UK National Diet and Nutrition Survey. <i>British Journal of Nutrition</i> , 2010 , 104, 612-9	3.6	97
22	A review and meta-analysis of the effect of weight loss on all-cause mortality risk. <i>Nutrition Research Reviews</i> , 2009 , 22, 93-108	7	171
21	Waist to height ratio is a simple and effective obesity screening tool for cardiovascular risk factors: Analysis of data from the British National Diet And Nutrition Survey of adults aged 19-64 years. <i>Obesity Facts</i> , 2009 , 2, 97-103	5.1	127

20	Associations between added sugars and micronutrient intakes and status: further analysis of data from the National Diet and Nutrition Survey of Young People aged 4 to 18 years. <i>British Journal of Nutrition</i> , 2009 , 101, 100-7	3.6	27
19	Salt intake is related to soft drink consumption in children and adolescents: a link to obesity?. <i>Hypertension</i> , 2008 , 51, e54; author reply e55	8.5	9
18	Sugar-sweetened soft drinks and obesity: a systematic review of the evidence from observational studies and interventions. <i>Nutrition Research Reviews</i> , 2008 , 21, 134-47	7	157
17	Sugar intake, soft drink consumption and body weight among British children: further analysis of National Diet and Nutrition Survey data with adjustment for under-reporting and physical activity. <i>International Journal of Food Sciences and Nutrition</i> , 2007 , 58, 445-60	3.7	65
16	Dietary sugars intake and micronutrient adequacy: a systematic review of the evidence. <i>Nutrition Research Reviews</i> , 2007 , 20, 121-31	7	37
15	Peer-led approaches to dietary change: report of the Food Standards Agency seminar held on 19 July 2006. <i>Public Health Nutrition</i> , 2007 , 10, 980-8	3.3	9
14	National diet and nutrition surveys: the British experience. <i>Public Health Nutrition</i> , 2006 , 9, 523-30	3.3	11
13	A review of the effectiveness of aspartame in helping with weight control. <i>Nutrition Bulletin</i> , 2006 , 31, 115-128	3.5	87
12	Implications of low red meat consumption for iron status of young people in Britain. <i>Nutrition and Food Science</i> , 2004 , 34, 253-259	1.5	2
11	Associations between weight status, physical activity, and consumption of biscuits, cakes and confectionery among young people in Britain. <i>Nutrition Bulletin</i> , 2004 , 29, 301-309	3.5	20
10	The association between red and processed meat consumption and iron intakes and status among British adults. <i>Public Health Nutrition</i> , 2003 , 6, 341-50	3.3	27
9	Micronutrient intakes, micronutrient status and lipid profiles among young people consuming different amounts of breakfast cereals: further analysis of data from the National Diet and Nutrition Survey of Young People aged 4 to 18 years. <i>Public Health Nutrition</i> , 2003 , 6, 815-20	3.3	69
8	Dietary sugars and micronutrient dilution in normal adults aged 65 years and over. <i>Public Health Nutrition</i> , 2001 , 4, 1235-44	3.3	20
7	Nutritional status in elderly female hip fracture patients: comparison with an age-matched home living group attending day centres. <i>British Journal of Nutrition</i> , 2001 , 85, 733-40	3.6	118
6	Dental caries in pre-school children: associations with social class, toothbrushing habit and consumption of sugars and sugar-containing foods. Further analysis of data from the National Diet and Nutrition Survey of children aged 1.5-4.5 years. <i>Caries Research</i> , 1999 , 33, 101-13	4.2	144
5	The sugar:fat relationship revisited. <i>International Journal of Obesity</i> , 1999 , 23, 441-3	5.5	
4	Hypothesis: parents may selectively restrict sugar-containing foods for pre-school children with a high BMI. <i>International Journal of Food Sciences and Nutrition</i> , 1998 , 49, 65-70	3.7	15
3	Are high-fat, high-sugar foods and diets conducive to obesity?. <i>International Journal of Food Sciences and Nutrition</i> , 1996 , 47, 405-15	3.7	75

- 2 Breakfast cereal consumption patterns and nutrient intakes of British schoolchildren. *Journal of the Royal Society of Health*, **1995**, 115, 366-70 59
- 1 Consumption and sources of sugars in the diets of British schoolchildren: are high-sugar diets nutritionally inferior?. *Journal of Human Nutrition and Dietetics*, **1993**, 6, 355-371 3.1 63