

Sigrid Gibson

List of Publications by Year in descending order

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Version: 2024-02-01

58
papers

4,428
citations

185998

28
h-index

155451

55
g-index

58
all docs

58
docs citations

58
times ranked

6631
citing authors

#	ARTICLE	IF	CITATIONS
1	Waist-to-height ratio is a better screening tool than waist circumference and BMI for adult cardiometabolic risk factors: systematic review and meta-analysis. <i>Obesity Reviews</i> , 2012, 13, 275-286.	3.1	1,322
2	Waist-to-height ratio as an indicator of "early health risk": simpler and more predictive than using a "matrix" based on BMI and waist circumference. <i>BMJ Open</i> , 2016, 6, e010159.	0.8	324
3	Measurement of 25-hydroxyvitamin D in the clinical laboratory: Current procedures, performance characteristics and limitations. <i>Steroids</i> , 2010, 75, 477-488.	0.8	262
4	A review and meta-analysis of the effect of weight loss on all-cause mortality risk. <i>Nutrition Research Reviews</i> , 2009, 22, 93-108.	2.1	210
5	Sugar-sweetened soft drinks and obesity: a systematic review of the evidence from observational studies and interventions. <i>Nutrition Research Reviews</i> , 2008, 21, 134-147.	2.1	189
6	Waist to Height Ratio Is a Simple and Effective Obesity Screening Tool for Cardiovascular Risk Factors: Analysis of Data from the British National Diet and Nutrition Survey of Adults Aged 19–64 Years. <i>Obesity Facts</i> , 2009, 2, 97-103.	1.6	182
7	Dental Caries in Pre-School Children: Associations with Social Class, Toothbrushing Habit and Consumption of Sugars and Sugar-Containing Foods. <i>Caries Research</i> , 1999, 33, 101-113.	0.9	177
8	Nutritional status in elderly female hip fracture patients: comparison with an age-matched home living group attending day centres. <i>British Journal of Nutrition</i> , 2001, 85, 733-740.	1.2	140
9	A proposal for a primary screening tool: "Keep your waist circumference to less than half your height". <i>BMC Medicine</i> , 2014, 12, 207.	2.3	139
10	UK Food Standards Agency Workshop Consensus Report: the choice of method for measuring 25-hydroxyvitamin D to estimate vitamin D status for the UK National Diet and Nutrition Survey. <i>British Journal of Nutrition</i> , 2010, 104, 612-619.	1.2	115
11	A review of the effectiveness of aspartame in helping with weight control. <i>Nutrition Bulletin</i> , 2006, 31, 115-128.	0.8	101
12	Does Regular Breakfast Cereal Consumption Help Children and Adolescents Stay Slimmer? A Systematic Review and Meta-Analysis. <i>Obesity Facts</i> , 2013, 6, 70-85.	1.6	83
13	Are High-Fat, High-Sugar Foods and Diets Conducive to Obesity?. <i>International Journal of Food Sciences and Nutrition</i> , 1996, 47, 405-415.	1.3	76
14	Micronutrient intakes, micronutrient status and lipid profiles among young people consuming different amounts of breakfast cereals: further analysis of data from the National Diet and Nutrition Survey of Young People aged 4 to 18 years. <i>Public Health Nutrition</i> , 2003, 6, 815-820.	1.1	76
15	Sugar intake, soft drink consumption and body weight among British children: Further analysis of National Diet and Nutrition Survey data with adjustment for under-reporting and physical activity. <i>International Journal of Food Sciences and Nutrition</i> , 2007, 58, 445-460.	1.3	70
16	Beverage consumption habits among British adults: association with total water intake and energy intake. <i>Nutrition Journal</i> , 2013, 12, 9.	1.5	70
17	Breakfast cereal consumption patterns and nutrient intakes of British schoolchildren. <i>Journal of the Royal Society of Health</i> , 1995, 115, 366-370.	0.2	67
18	Consumption and sources of sugars in the diets of British schoolchildren: are high-sugar diets nutritionally inferior?. <i>Journal of Human Nutrition and Dietetics</i> , 1993, 6, 355-371.	1.3	66

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19	The nutritional properties and health benefits of eggs. <i>Nutrition and Food Science</i> , 2010, 40, 263-279.	0.4	47
20	Expert consensus on low-calorie sweeteners: facts, research gaps and suggested actions. <i>Nutrition Research Reviews</i> , 2020, 33, 145-154.	2.1	47
21	Dietary sugars intake and micronutrient adequacy: a systematic review of the evidence. <i>Nutrition Research Reviews</i> , 2007, 20, 121-131.	2.1	43
22	Low Calorie Beverage Consumption Is Associated with Energy and Nutrient Intakes and Diet Quality in British Adults. <i>Nutrients</i> , 2016, 8, 9.	1.7	41
23	Dried fruit and public health – what does the evidence tell us?. <i>International Journal of Food Sciences and Nutrition</i> , 2019, 70, 675-687.	1.3	39
24	The nutritional value of potatoes and potato products in the UK diet. <i>Nutrition Bulletin</i> , 2013, 38, 389-399.	0.8	37
25	The association between red and processed meat consumption and iron intakes and status among British adults. <i>Public Health Nutrition</i> , 2003, 6, 341-350.	1.1	36
26	The Effects of Sucrose on Metabolic Health: A Systematic Review of Human Intervention Studies in Healthy Adults. <i>Critical Reviews in Food Science and Nutrition</i> , 2013, 53, 591-614.	5.4	32
27	Nutrient adequacy and imbalance among young children aged 1–3 years in the UK. <i>Nutrition Bulletin</i> , 2014, 39, 172-180.	0.8	32
28	Associations between added sugars and micronutrient intakes and status: further analysis of data from the National Diet and Nutrition Survey of Young People aged 4 to 18 years. <i>British Journal of Nutrition</i> , 2009, 101, 100-107.	1.2	31
29	Sugar-Fat Seesaw: A Systematic Review of the Evidence. <i>Critical Reviews in Food Science and Nutrition</i> , 2015, 55, 338-356.	5.4	30
30	Associations between free sugars and nutrient intakes among children and adolescents in the UK. <i>British Journal of Nutrition</i> , 2016, 116, 1265-1274.	1.2	29
31	What can the food and drink industry do to help achieve the 5% free sugars goal?. <i>Perspectives in Public Health</i> , 2017, 137, 237-247.	0.8	26
32	Associations between weight status, physical activity, and consumption of biscuits, cakes and confectionery among young people in Britain. <i>Nutrition Bulletin</i> , 2004, 29, 301-309.	0.8	25
33	A simple cut-off for waist-to-height ratio (0.5) can act as an indicator for cardiometabolic risk: recent data from adults in the Health Survey for England. <i>British Journal of Nutrition</i> , 2020, 123, 681-690.	1.2	24
34	Dietary sugars and micronutrient dilution in normal adults aged 65 years and over. <i>Public Health Nutrition</i> , 2001, 4, 1235-1244.	1.1	23
35	Trends in energy and sugar intakes and body mass index between 1983 and 1997 among children in Great Britain. <i>Journal of Human Nutrition and Dietetics</i> , 2010, 23, 371-381.	1.3	23
36	Achieving 'eatwell plate' recommendations: is this a route to improving both sustainability and healthy eating?. <i>Nutrition Bulletin</i> , 2012, 37, 324-343.	0.8	23

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37	Dietary patterns among British adults: compatibility with dietary guidelines for salt/sodium, fat, saturated fat and sugars. <i>Public Health Nutrition</i> , 2011, 14, 1323-1336.	1.1	21
38	Consensus statement on benefits of low-calorie sweeteners. <i>Nutrition Bulletin</i> , 2014, 39, 386-389.	0.8	20
39	Hydration, water intake and beverage consumption habits among adults. <i>Nutrition Bulletin</i> , 2012, 37, 182-192.	0.8	18
40	Hypothesis: parents may selectively restrict sugar-containing foods for pre-school children with a high BMI. <i>International Journal of Food Sciences and Nutrition</i> , 1998, 49, 65-70.	1.3	17
41	National Diet and Nutrition Surveys: the British experience. <i>Public Health Nutrition</i> , 2006, 9, 523-530.	1.1	14
42	A workshop on "Dietary Sweetness" Is It an Issue?™. <i>International Journal of Obesity</i> , 2018, 42, 934-938.	1.6	12
43	Peer-led approaches to dietary change: report of the Food Standards Agency seminar held on 19 July 2006. <i>Public Health Nutrition</i> , 2007, 10, 980-988.	1.1	11
44	Nutrient intakes and iron and vitamin D status differ depending on main milk consumed by UK children aged 12-18 months - secondary analysis from the Diet and Nutrition Survey of Infants and Young Children. <i>Journal of Nutritional Science</i> , 2016, 5, e32.	0.7	11
45	Salt Intake Is Related to Soft Drink Consumption in Children and Adolescents: A Link to Obesity?. <i>Hypertension</i> , 2008, 51, e54; author reply e55.	1.3	10
46	Contribution of 100% Fruit Juice to Micronutrient Intakes in the United States, United Kingdom and Brazil. <i>Nutrients</i> , 2020, 12, 1258.	1.7	9
47	An analysis of potato consumption habits and diet quality among adults and children in the UK. <i>Nutrition Bulletin</i> , 2015, 40, 177-186.	0.8	6
48	Evaluating current egg consumption patterns: Associations with diet quality, nutrition and health status in the UK National Diet and Nutrition Survey. <i>Nutrition Bulletin</i> , 2020, 45, 374-388.	0.8	5
49	Authorised Health Claims May Not Help Consumers to Choose a Healthy Diet. <i>Annals of Nutrition and Metabolism</i> , 2014, 64, 1-5.	1.0	4
50	Fruit juice consumption in the National Diet and Nutrition Survey (NDNS 2008-2010): associations with diet quality and indices of obesity and health. <i>Proceedings of the Nutrition Society</i> , 2012, 71, .	0.4	3
51	Fruit juice consumption is associated with intakes of whole fruit and vegetables, as well as non-milk extrinsic sugars: a secondary analysis of the National Diet and Nutrition Survey. <i>Proceedings of the Nutrition Society</i> , 2016, 75, .	0.4	3
52	Implications of low red meat consumption for iron status of young people in Britain. <i>Nutrition and Food Science</i> , 2004, 34, 253-259.	0.4	2
53	Nearly one third of adults in the "healthy" BMI range are at early cardiometabolic risk according to their waist-to-height ratio. <i>Proceedings of the Nutrition Society</i> , 2019, 78, .	0.4	2
54	Comments on the article "Optimum waist circumference-height indices for evaluating adult adiposity: An analytic review": Consideration of relationship to cardiovascular risk factors and to the public health message. <i>Obesity Reviews</i> , 2020, 21, e13074.	3.1	2

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55	Changes in children's intakes and sources of free sugars since 1997. Proceedings of the Nutrition Society, 2017, 76, .	0.4	1
56	The sugar:fat relationship revisited. International Journal of Obesity, 1999, 23, 441-441.	1.6	0
57	Dietary patterns among British adults in 2000/2001: associations with salt consumption and macronutrient intakes. Proceedings of the Nutrition Society, 2010, 69, .	0.4	0
58	100% Juice Contributes to Micronutrient Intakes in US, UK And Brazilian Consumers. Journal of the Academy of Nutrition and Dietetics, 2018, 118, A161.	0.4	0