

# Paul J Mills

## List of Publications by Year in descending order

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186  
papers

8,948  
citations

36303  
51  
h-index

49909  
87  
g-index

188  
all docs

188  
docs citations

188  
times ranked

9446  
citing authors

#	ARTICLE	IF	CITATIONS
1	Depression in Heart Failure. Journal of the American College of Cardiology, 2006, 48, 1527-1537.	2.8	1,225
2	Effects of Psychological Stress and Psychiatric Disorders on Blood Coagulation and Fibrinolysis: A Biobehavioral Pathway to Coronary Artery Disease?. Psychosomatic Medicine, 2001, 63, 531-544.	2.0	343
3	The association between fatigue and inflammatory marker levels in cancer patients: A quantitative review. Brain, Behavior, and Immunity, 2007, 21, 413-427.	4.1	306
4	Yoga, Meditation and Mind-Body Health: Increased BDNF, Cortisol Awakening Response, and Altered Inflammatory Marker Expression after a 3-Month Yoga and Meditation Retreat. Frontiers in Human Neuroscience, 2017, 11, 315.	2.0	183
5	Fatigue and sleep quality are associated with changes in inflammatory markers in breast cancer patients undergoing chemotherapy. Brain, Behavior, and Immunity, 2012, 26, 706-713.	4.1	173
6	Effect of Continuous Positive Airway Pressure and Placebo Treatment on Sympathetic Nervous Activity in Patients With Obstructive Sleep Apnea. Chest, 2001, 120, 887-893.	0.8	168
7	Pre-treatment symptom cluster in breast cancer patients is associated with worse sleep, fatigue and depression during chemotherapy. Psycho-Oncology, 2009, 18, 187-194.	2.3	168
8	Effect of Alzheimer Caregiving Stress and Age on Frailty Markers Interleukin-6, C-Reactive Protein, and D-Dimer. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2006, 61, 963-969.	3.6	156
9	Interleukin-6 and Tumor Necrosis Factor- $\alpha$ Production After Acute Psychological Stress, Exercise, and Infused Isoproterenol: Differential Effects and Pathways. Psychosomatic Medicine, 2000, 62, 591-598.	2.0	154
10	Poor Sleep Is Associated with Higher Plasma Proinflammatory Cytokine Interleukin-6 and Procoagulant Marker Fibrin D-Dimer in Older Caregivers of People with Alzheimer's Disease. Journal of the American Geriatrics Society, 2006, 54, 431-437.	2.6	154
11	Association Between Polysomnographic Measures of Disrupted Sleep and Prothrombotic Factors. Chest, 2007, 131, 733-739.	0.8	142
12	Biofield Therapies: Helpful or Full of Hype? A Best Evidence Synthesis. International Journal of Behavioral Medicine, 2010, 17, 1-16.	1.7	141
13	Effects of nasal continuous positive airway pressure and oxygen supplementation on norepinephrine kinetics and cardiovascular responses in obstructive sleep apnea. Journal of Applied Physiology, 2006, 100, 343-348.	2.5	134
14	Constitutive pro- and anti-inflammatory cytokine and growth factor response to exercise in leukocytes. Journal of Applied Physiology, 2006, 100, 1124-1133.	2.5	131
15	Breast Cancer Patients have Progressively Impaired Sleep-Wake Activity Rhythms during Chemotherapy. Sleep, 2009, 32, 1155-1160.	1.1	119
16	The relationship between fatigue and quality of life and inflammation during anthracycline-based chemotherapy in breast cancer. Biological Psychology, 2005, 69, 85-96.	2.2	99
17	The embodied mind: A review on functional genomic and neurological correlates of mind-body therapies. Neuroscience and Biobehavioral Reviews, 2017, 73, 165-181.	6.1	98
18	Sleep in Spousal Caregivers of People With Alzheimer's Disease. Sleep, 2005, 28, 1245-1250.	1.1	92

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19	Acute Psychological Stress. <i>Psychosomatic Medicine</i> , 2003, 65, 598-603.	2.0	91
20	The role of gratitude in spiritual well-being in asymptomatic heart failure patients.. <i>Spirituality in Clinical Practice</i> , 2015, 2, 5-17.	1.0	89
21	Sleep Apnea, Norepinephrine-Release Rate, and Daytime Hypertension. <i>Sleep</i> , 1997, 20, 224-231.	1.1	88
22	Sleep apnea: a model for studying cytokines, sleep, and sleep disruption. <i>Brain, Behavior, and Immunity</i> , 2004, 18, 298-303.	4.1	87
23	Inflammation and Sleep in Healthy Individuals. <i>Sleep</i> , 2007, 30, 729-735.	1.1	86
24	Effects of a Weight Loss Intervention on Body Mass, Fitness, and Inflammatory Biomarkers in Overweight or Obese Breast Cancer Survivors. <i>International Journal of Behavioral Medicine</i> , 2011, 18, 333-341.	1.7	85
25	Excretion of the Herbicide Glyphosate in Older Adults Between 1993 and 2016. <i>JAMA - Journal of the American Medical Association</i> , 2017, 318, 1610.	7.4	84
26	Dynamic Exercise Leads to an Increase in Circulating ICAM-1: Further Evidence for Adrenergic Modulation of Cell Adhesion. <i>Brain, Behavior, and Immunity</i> , 1997, 11, 343-351.	4.1	83
27	A longitudinal analysis of the relations among stress, depressive symptoms, leisure satisfaction, and endothelial function in caregivers.. <i>Health Psychology</i> , 2012, 31, 433-440.	1.6	82
28	Sleep and Biomarkers of Atherosclerosis in Elderly Alzheimer Caregivers and Controls. <i>Gerontology</i> , 2010, 56, 41-50.	2.8	81
29	Mobilization of $\hat{I}^3\hat{T}$ lymphocytes in response to psychological stress, exercise, and $\hat{I}^2$ -agonist infusion. <i>Brain, Behavior, and Immunity</i> , 2009, 23, 823-829.	4.1	80
30	Effects of depressive and anxious symptoms on norepinephrine and platelet P-selectin responses to acute psychological stress among elderly caregivers. <i>Brain, Behavior, and Immunity</i> , 2008, 22, 493-502.	4.1	79
31	Effect of Exercise on Cytokines and Growth Mediators in Prepubertal Children. <i>Pediatric Research</i> , 1999, 46, 429-429.	2.3	74
32	Domains of Chronic Stress, Lifestyle Factors, and Allostatic Load in Middle-Aged Mexican-American Women. <i>Annals of Behavioral Medicine</i> , 2011, 41, 21-31.	2.9	74
33	Future directions in meditation research: Recommendations for expanding the field of contemplative science. <i>PLoS ONE</i> , 2018, 13, e0205740.	2.5	73
34	The autonomic phenotype of rumination. <i>International Journal of Psychophysiology</i> , 2009, 72, 267-275.	1.0	72
35	Effects of Alzheimer Caregiving on Allostatic Load. <i>Journal of Health Psychology</i> , 2011, 16, 58-69.	2.3	71
36	Short-term hyperglycemia induces lymphopenia and lymphocyte subset redistribution. <i>Life Sciences</i> , 2001, 69, 255-262.	4.3	67

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37	Non-trauma-focused meditation versus exposure therapy in veterans with post-traumatic stress disorder: a randomised controlled trial. <i>Lancet Psychiatry</i> , 2018, 5, 975-986.	7.4	66
38	The Effects of Standard Anthracycline-Based Chemotherapy on Soluble ICAM-1 and Vascular Endothelial Growth Factor Levels in Breast Cancer. <i>Clinical Cancer Research</i> , 2004, 10, 4998-5003.	7.0	65
39	Relation of nocturnal blood pressure dipping to cellular adhesion, inflammation and hemostasis. <i>Journal of Hypertension</i> , 2004, 22, 2087-2093.	0.5	65
40	Spirituality, religiousness, and health: From research to clinical practice. <i>Annals of Behavioral Medicine</i> , 2002, 24, 1-2.	2.9	64
41	Peripheral Leukocyte Subpopulations and Catecholamine Levels in Astronauts as a Function of Mission Duration. <i>Psychosomatic Medicine</i> , 2001, 63, 886-890.	2.0	63
42	Sleep Disturbance, Norepinephrine, and D-Dimer Are All Related in Elderly Care-givers of People With Alzheimer Disease. <i>Sleep</i> , 2006, 29, 1347-1352.	1.1	63
43	Predictors of inflammation in response to anthracycline-based chemotherapy for breast cancer. <i>Brain, Behavior, and Immunity</i> , 2008, 22, 98-104.	4.1	62
44	Effects of gender and dementia severity on Alzheimer's disease caregivers' sleep and biomarkers of coagulation and inflammation. <i>Brain, Behavior, and Immunity</i> , 2009, 23, 605-610.	4.1	61
45	Prebiotic Potential of Herbal Medicines Used in Digestive Health and Disease. <i>Journal of Alternative and Complementary Medicine</i> , 2018, 24, 656-665.	2.1	59
46	Meditation and Yoga Practices as Potential Adjunctive Treatment of SARS-CoV-2 Infection and COVID-19: A Brief Overview of Key Subjects. <i>Journal of Alternative and Complementary Medicine</i> , 2020, 26, 547-556.	2.1	59
47	Effect of acute psychological stress on the hypercoagulable state in subjects (spousal caregivers of) Tj ETQq1 1 0.784314 rgBT /Overl	1.6	58
48	Continuous Positive Airway Pressure Normalizes Cardiac Autonomic and Hemodynamic Responses to a Laboratory Stressor in Apneic Patients. <i>Chest</i> , 2001, 119, 1092-1101.	0.8	58
49	Differential Immune Cell Chemotaxis Responses to Acute Psychological Stress in Alzheimer Caregivers Compared to Non-caregiver Controls. <i>Psychosomatic Medicine</i> , 2004, 66, 770-775.	2.0	58
50	Biophoton Detection and Low-Intensity Light Therapy: A Potential Clinical Partnership. <i>Photomedicine and Laser Surgery</i> , 2010, 28, 23-30.	2.0	57
51	Leukocyte adhesion molecule expression and T cell naïve/memory status following isoproterenol infusion. <i>Journal of Neuroimmunology</i> , 2000, 102, 137-144.	2.3	55
52	Sleep in Spousal Alzheimer Caregivers: A Longitudinal Study with a Focus on the Effects of Major Patient Transitions on Sleep. <i>Sleep</i> , 2012, 35, 247-255.	1.1	54
53	Personal Mastery is Associated With Reduced Sympathetic Arousal in Stressed Alzheimer Caregivers. <i>American Journal of Geriatric Psychiatry</i> , 2008, 16, 310-317.	1.2	51
54	Sympathetic Nervous System Alterations in Sleep Apnea. <i>Chest</i> , 1997, 111, 639-642.	0.8	50

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55	In-Home Respite Intervention Reduces Plasma Epinephrine in Stressed Alzheimer Caregivers. American Journal of Geriatric Psychiatry, 2003, 11, 62-72.	1.2	49
56	Clinical Studies of Biofield Therapies: Summary, Methodological Challenges, and Recommendations. Global Advances in Health and Medicine, 2015, 4, gahmj.2015.034..	1.6	49
57	Effects of an exercise challenge on mobilization and surface marker expression of monocyte subsets in individuals with normal vs. elevated blood pressure. Brain, Behavior, and Immunity, 2008, 22, 590-599.	4.1	47
58	The effects of acute psychologic stress on cellular adhesion molecules. Journal of Psychosomatic Research, 1996, 41, 49-53.	2.6	46
59	Effect of Water Polo Practice on Cytokines, Growth Mediators, and Leukocytes in Girls. Medicine and Science in Sports and Exercise, 2003, 35, 356-363.	0.4	46
60	A 5-year longitudinal study of the relationships between stress, coping, and immune cell $\beta$ 2-adrenergic receptor sensitivity. Psychiatry Research, 2008, 160, 247-255.	3.3	45
61	Endothelial function and sleep: associations of flow-mediated dilation with perceived sleep quality and rapid eye movement (REM) sleep. Journal of Sleep Research, 2014, 23, 84-93.	3.2	45
62	The effects of the menstrual cycle, race, and gender on adrenergic receptors and agonists*. Clinical Pharmacology and Therapeutics, 1996, 60, 99-104.	4.7	43
63	Autonomic and cardiovascular function in postmenopausal women: The effects of estrogen versus combination therapy. American Journal of Obstetrics and Gynecology, 2002, 186, 954-961.	1.3	43
64	Nonselective $\beta$ blockade attenuates the recruitment of CD62L <sup>+</sup> T lymphocytes following exercise. European Journal of Applied Physiology, 1999, 79, 531-534.	2.5	42
65	Vulnerable Caregivers of Patients With Alzheimer's Disease Have a Deficit in Circulating CD62L <sup>+</sup> T Lymphocytes. Psychosomatic Medicine, 1999, 61, 168-174.	2.0	42
66	Racial Differences in Epinephrine and $\beta$ 2-Adrenergic Receptors. Hypertension, 1995, 25, 88-91.	2.7	42
67	Vulnerable caregivers of Alzheimer disease patients have a deficit in beta 2-adrenergic receptor sensitivity and density. American Journal of Geriatric Psychiatry, 2004, 12, 281-6.	1.2	42
68	Diurnal variability of C-reactive protein in obstructive sleep apnea. Sleep and Breathing, 2009, 13, 415-420.	1.7	40
69	Systemic vs. local cytokine and leukocyte responses to unilateral wrist flexion exercise. Journal of Applied Physiology, 2002, 93, 546-554.	2.5	39
70	Attenuation of T-lymphocyte demargination and adhesion molecule expression in response to moderate exercise in physically fit individuals. Journal of Applied Physiology, 2005, 98, 1057-1063.	2.5	39
71	Effects of perceived stress and uplifts on inflammation and coagulability. Psychophysiology, 2007, 44, 154-60.	2.4	38
72	Temporal stability of task-induced cardiovascular, adrenergic, and psychological responses: The effects of race and hypertension. Psychophysiology, 1993, 30, 197-204.	2.4	37

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73	L-Selectin Expression Affects T-Cell Circulation Following Isoproterenol Infusion in Humans. <i>Brain, Behavior, and Immunity</i> , 1997, 11, 333-342.	4.1	36
74	Complementary medicine for fatigue and cortisol variability in breast cancer survivors. <i>Cancer</i> , 2012, 118, 777-787.	4.1	36
75	Propranolol affects stress-induced leukocytosis and cellular adhesion molecule expression. <i>European Journal of Applied Physiology</i> , 2001, 86, 135-141.	2.5	35
76	Leisure activities, caregiving demands and catecholamine levels in dementia caregivers. <i>Psychology and Health</i> , 2012, 27, 1134-1149.	2.2	34
77	Anger suppression: its relationship to $\beta_2$ -adrenergic receptor sensitivity and stress-induced changes in blood pressure. <i>Psychological Medicine</i> , 1993, 23, 673-678.	4.5	33
78	Catecholamines, Catecholamine Receptors, Cell Adhesion Molecules, and Acute Stressor-Related Changes in Cellular Immunity. <i>Advances in Pharmacology</i> , 1997, 42, 587-590.	2.0	33
79	Immune cell CD62L and CD11a expression in response to a psychological stressor in human hypertension. <i>Brain, Behavior, and Immunity</i> , 2003, 17, 260-267.	4.1	33
80	Psychological States and Lymphocyte $\beta_2$ -Adrenergic Receptor Responsiveness. <i>Neuropsychopharmacology</i> , 1999, 21, 147-152.	5.4	32
81	Predictors of fatigue in obstructive sleep apnea. <i>Sleep and Breathing</i> , 2008, 12, 397-399.	1.7	32
82	Identification of Altered Metabolomic Profiles Following a Panchakarma-based Ayurvedic Intervention in Healthy Subjects: The Self-Directed Biological Transformation Initiative (SBTI). <i>Scientific Reports</i> , 2016, 6, 32609.	3.3	32
83	$\beta_2$ -Adrenergic Receptor Characteristics in Sleep Apnea Patients. <i>Sleep</i> , 1995, 18, 39-42.	1.1	31
84	Exaggerated Plasma Fibrin Formation (D-Dimer) in Elderly Alzheimer Caregivers as Compared to Noncaregiving Controls. <i>Gerontology</i> , 2005, 51, 7-13.	2.8	31
85	The potential anti-inflammatory benefits of improving physical fitness in hypertension. <i>Journal of Hypertension</i> , 2007, 25, 1533-1542.	0.5	31
86	A Pilot Study Exploring the Effects of a 12-Week <i>T'ai Chi</i> Intervention on Somatic Symptoms of Depression in Patients with Heart Failure. <i>Journal of Alternative and Complementary Medicine</i> , 2012, 18, 744-748.	2.1	31
87	Refining caregiver vulnerability for clinical practice: determinants of self-rated health in spousal dementia caregivers. <i>BMC Geriatrics</i> , 2019, 19, 18.	2.7	31
88	Race and sex differences in cardiovascular recovery from acute stress. <i>International Journal of Psychophysiology</i> , 1996, 23, 83-90.	1.0	30
89	Effects of regular exercise on lymphocyte subsets and CD62L after psychological vs. physical stress. <i>Journal of Psychosomatic Research</i> , 2004, 56, 363-370.	2.6	30
90	Epigenetic Mechanisms of Integrative Medicine. <i>Evidence-based Complementary and Alternative Medicine</i> , 2017, 2017, 1-19.	1.2	30

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91	Chronic stress, inflammation, and glucose regulation in U.S. Hispanics from the HCHS/SOL Sociocultural Ancillary Study. <i>Psychophysiology</i> , 2015, 52, 1071-1079.	2.4	28
92	Effects of laboratory versus field exercise on leukocyte subsets and cell adhesion molecule expression in children. <i>European Journal of Applied Physiology</i> , 2001, 86, 34-39.	2.5	27
93	Individual and Neighborhood Socioeconomic Status and Inflammation in Mexican American Women. <i>Psychosomatic Medicine</i> , 2012, 74, 535-542.	2.0	27
94	Glyphosate Excretion is Associated With Steatohepatitis and Advanced Liver Fibrosis in Patients With Fatty Liver Disease. <i>Clinical Gastroenterology and Hepatology</i> , 2020, 18, 741-743.	4.4	27
95	Leptin is related to epinephrine levels but not reproductive hormone levels in cycling African-American and Caucasian women. <i>Life Sciences</i> , 1998, 63, 617-623.	4.3	26
96	The effects of spaceflight on adrenergic receptors and agonists and cell adhesion molecule expression. <i>Journal of Neuroimmunology</i> , 2002, 132, 173-179.	2.3	26
97	The roles of TNF- $\alpha$ and the soluble TNF receptor I on sleep architecture in OSA. <i>Sleep and Breathing</i> , 2009, 13, 263-269.	1.7	26
98	Physical fitness attenuates leukocyte-endothelial adhesion in response to acute exercise. <i>Journal of Applied Physiology</i> , 2006, 101, 785-788.	2.5	25
99	Social support moderates the relationship between sleep and inflammation in a population at high risk for developing cardiovascular disease. <i>Psychophysiology</i> , 2015, 52, 1689-1697.	2.4	25
100	Menstrual Cycle Effects on Catecholamine and Cardiovascular Responses to Acute Stress in Black but Not White Normotensive Women. <i>Hypertension</i> , 1996, 27, 962-967.	2.7	25
101	Temporal Stability of Acute Stress-Induced Changes in Leukocyte Subsets and Cellular Adhesion Molecules in Older Adults. <i>Brain, Behavior, and Immunity</i> , 2002, 16, 262-274.	4.1	22
102	Stress-related reduction in personal mastery is associated with reduced immune cell $\beta$ 2-adrenergic receptor sensitivity. <i>International Psychogeriatrics</i> , 2007, 19, 935-946.	1.0	22
103	Statin Effects on Aggression: Results from the UCSD Statin Study, a Randomized Control Trial. <i>PLoS ONE</i> , 2015, 10, e0124451.	2.5	22
104	A Randomized Study Examining the Effects of Mild-to-Moderate Group Exercises on Cardiovascular, Physical, and Psychological Well-being in Patients With Heart Failure. <i>Journal of Cardiopulmonary Rehabilitation and Prevention</i> , 2019, 39, 403-408.	2.1	22
105	Circulating levels of soluble intercellular adhesion molecule-1 (sICAM-1) independently predict depressive symptom severity after 12 months in heart failure patients. <i>Brain, Behavior, and Immunity</i> , 2010, 24, 366-369.	4.1	21
106	Vascular profile, delayed recovery, inflammatory process, and ambulatory blood pressure: Laboratory-to-life generalizability. <i>International Journal of Psychophysiology</i> , 2007, 66, 56-65.	1.0	20
107	Depressive symptoms and spiritual wellbeing in asymptomatic heart failure patients. <i>Journal of Behavioral Medicine</i> , 2015, 38, 407-415.	2.1	20
108	Beta-adrenergic receptor mediated inflammation control by monocytes is associated with blood pressure and risk factors for cardiovascular disease. <i>Brain, Behavior, and Immunity</i> , 2015, 50, 31-38.	4.1	20



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109	Prebiotic Potential of Culinary Spices Used to Support Digestion and Bioabsorption. Evidence-based Complementary and Alternative Medicine, 2019, 2019, 1-11.	1.2	20
110	16S rRNA gene profiling and genome reconstruction reveal community metabolic interactions and prebiotic potential of medicinal herbs used in neurodegenerative disease and as nootropics. PLoS ONE, 2019, 14, e0213869.	2.5	20
111	Relationships among classifications of ayurvedic medicine diagnostics for imbalances and western measures of psychological states: An exploratory study. Journal of Ayurveda and Integrative Medicine, 2019, 10, 198-202.	1.7	20
112	Altered Cardiac Contractility in Sleep Apnea. Sleep, 1996, 19, 139-144.	1.1	19
113	Sleep and Health-Related Quality of Life in Heart Failure. Congestive Heart Failure, 2009, 15, 228-233.	2.0	19
114	Change in Sense of Nondual Awareness and Spiritual Awakening in Response to a Multidimensional Well-Being Program. Journal of Alternative and Complementary Medicine, 2018, 24, 343-351.	2.1	19
115	Psychosocial Effects of a Holistic Ayurvedic Approach to Well-being in Health and Wellness Courses. Global Advances in Health and Medicine, 2019, 8, 216495611984381.	1.6	19
116	Sympathetic alterations after sodium restriction and short-term captopril administration. Journal of the American College of Cardiology, 1993, 21, 177-181.	2.8	18
117	Peripheral blood mononuclear cell CD62L and CD11a expression and soluble interstitial cell adhesion molecule-1 levels following infused isoproterenol in hypertension. Journal of Hypertension, 2002, 20, 311-316.	0.5	18
118	Macrophage Migratory Inhibitory Factor (MIF) May Be a Key Factor in Inflammation in Obstructive Sleep Apnea. Sleep, 2011, 34, 161-163.	1.1	18
119	Progenitor cells are mobilized by acute psychological stress but not beta-adrenergic receptor agonist infusion. Brain, Behavior, and Immunity, 2015, 49, 49-53.	4.1	18
120	The Self-Directed Biological Transformation Initiative and Well-Being. Journal of Alternative and Complementary Medicine, 2016, 22, 627-634.	2.1	18
121	Depressive Symptoms Are Associated with Soluble P-Selectin Reactivity to Acute Exercise in Heart Failure. Biological Psychiatry, 2009, 65, 801-807.	1.3	17
122	Carotid Plaque in Alzheimer Caregivers and the Role of Sympathoadrenal Arousal. Psychosomatic Medicine, 2011, 73, 206-213.	2.0	17
123	Reduced Activity Restriction Buffers the Relations Between Chronic Stress and Sympathetic Nervous System Activation. Journals of Gerontology - Series B Psychological Sciences and Social Sciences, 2014, 69, 408-416.	3.9	17
124	Advancing Research on Traditional Whole Systems Medicine Approaches. Journal of Evidence-Based Complementary & Alternative Medicine, 2017, 22, 527-530.	1.5	16
125	Is Belonging to a Religious Organization Enough? Differences in Religious Affiliation Versus Self-Ratings of Spirituality on Behavioral and Psychological Variables in Individuals with Heart Failure. Healthcare (Switzerland), 2020, 8, 129.	2.0	16
126	Peripheral blood mononuclear cell-endothelial adhesion in human hypertension following exercise. Journal of Hypertension, 2000, 18, 1801-1806.	0.5	15



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127	Vulnerable Caregivers of Alzheimer Disease Patients Have a Deficit in $\beta$ 2-Adrenergic Receptor Sensitivity and Density. <i>American Journal of Geriatric Psychiatry</i> , 2004, 12, 281-286.	1.2	15
128	Hormone replacement therapy does not affect 24-h ambulatory blood pressure in healthy non-smoking postmenopausal women. <i>Blood Pressure Monitoring</i> , 2003, 8, 57-61.	0.8	14
129	Inpatients' Preferences, Beliefs, and Stated Willingness to Pay for Complementary and Alternative Medicine Treatments. <i>Journal of Alternative and Complementary Medicine</i> , 2017, 23, 259-263.	2.1	14
130	Menstrual cycle, race and task effects on blood pressure recovery from acute stress. <i>Journal of Psychosomatic Research</i> , 1999, 46, 445-454.	2.6	13
131	Religiosity and Suicide: A Large-Scale International and Individual Analysis Considering the Effects of Different Religious Beliefs. <i>Journal of Religion and Health</i> , 2021, 60, 2503-2526.	1.7	13
132	Recruiting Research Participants at Community Education Sites. <i>Journal of Cancer Education</i> , 2005, 20, 235-239.	1.3	13
133	Effects of heart failure and its pharmacological management on sleep. <i>Drug Discovery Today: Disease Models</i> , 2011, 8, 161-166.	1.2	12
134	Modulatory Effects of Triphala and Manjistha Dietary Supplementation on Human Gut Microbiota: A Double-Blind, Randomized, Placebo-Controlled Pilot Study. <i>Journal of Alternative and Complementary Medicine</i> , 2020, 26, 1015-1024.	2.1	12
135	Religiosity and Spirituality in the Stages of Recovery From Persistent Mental Disorders. <i>Journal of Nervous and Mental Disease</i> , 2021, 209, 106-113.	1.0	12
136	Neighborhood problems and nocturnal blood pressure dipping.. <i>Health Psychology</i> , 2014, 33, 1366-1372.	1.6	11
137	Positive personality: Relationships among mindful and grateful personality traits with quality of life and health outcomes. <i>Current Psychology</i> , 2021, 40, 1448-1465.	2.8	11
138	Reductions in sleep quality and circadian activity rhythmicity predict longitudinal changes in objective and subjective cognitive functioning in women treated for breast cancer. <i>Supportive Care in Cancer</i> , 2022, 30, 3187-3200.	2.2	11
139	Depression Ratings and Antidepressant Use among Outpatient Heart Failure Patients: Implications for the Screening and Treatment of Depression. <i>International Journal of Psychiatry in Medicine</i> , 2012, 44, 315-334.	1.8	10
140	Examining the mediating role of perceived stress in the relationship between mindfulness and quality of life and mental health: testing the mindfulness stress buffering model. <i>Anxiety, Stress and Coping</i> , 2020, 33, 311-325.	2.9	10
141	The Effects of Acute Psychological Stress on Lymphocyte Adhesion Molecule Expression and Density in Cardiac versus Vascular Reactors. <i>Brain, Behavior, and Immunity</i> , 2002, 16, 411-420.	4.1	9
142	Immunological and Growth Mediator Response to Cross-Country Training in Adolescent Females. <i>Journal of Pediatric Endocrinology and Metabolism</i> , 2009, 22, 995-1007.	0.9	9
143	Long-term caregiving is associated with impaired cardiovagal baroreflex. <i>Journal of Psychosomatic Research</i> , 2017, 103, 29-33.	2.6	8
144	Race Affects the Decline in Blood Pressure With Hospitalization. <i>American Journal of Hypertension</i> , 1997, 10, 1091-1096.	2.0	7

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145	Effects of Psychosocial Interventions and Caregiving Stress on Cardiovascular Biomarkers in Family Dementia Caregivers: The UCSD Pleasant Events Program (PEP) Randomized Controlled Trial. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2020, 75, 2215-2223.	3.6	7
146	The Effect of Hypoxia on Baroreflexes and Pressor Sensitivity in Sleep Apnea and Hypertension. <i>Sleep</i> , 1995, , .	1.1	6
147	Metabolic Predictors of Inflammation, Adhesion, and Coagulability in Healthy Youngerâ€œAged Adults. <i>Obesity</i> , 2008, 16, 2702-2706.	3.0	6
148	Biofield therapies and psychoneuroimmunology. <i>Brain, Behavior, and Immunity</i> , 2010, 24, 1229-1230.	4.1	6
149	Meditation Intervention Reviews. <i>JAMA Internal Medicine</i> , 2014, 174, 1193.	5.1	6
150	Design and rationale of a comparative effectiveness trial evaluating transcendental meditation against established therapies for PTSD. <i>Contemporary Clinical Trials</i> , 2014, 39, 50-56.	1.8	6
151	Plasma Volume and Flight Duration Effects on Post-Spaceflight Soluble Adhesion Molecules. <i>Aviation, Space, and Environmental Medicine</i> , 2014, 85, 912-918.	0.5	6
152	Depressive symptoms in asymptomatic stage B heart failure with Type II diabetic mellitus. <i>Clinical Cardiology</i> , 2019, 42, 637-643.	1.8	6
153	The Effects of Grounding (Earthing) on Bodyworkersâ€™ Pain and Overall Quality of Life: A Randomized Controlled Trial. <i>Explore: the Journal of Science and Healing</i> , 2019, 15, 181-190.	1.0	6
154	Nondual Awareness and the Whole Person. <i>Global Advances in Health and Medicine</i> , 2020, 9, 216495612091460.	1.6	6
155	Spirituality and Employment in Recovery from Severe and Persistent Mental Illness and Psychological Well-Being. <i>Healthcare (Switzerland)</i> , 2021, 9, 57.	2.0	6
156	Cross-Cultural Analysis of Spiritual Bypass: A Comparison Between Spain and Honduras. <i>Frontiers in Psychology</i> , 2021, 12, 658739.	2.1	6
157	Neuroimmune Mechanisms of Depression in Heart Failure. <i>Methods in Molecular Biology</i> , 2012, 934, 165-182.	0.9	5
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