

# Matthew Shepherd

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/9210796/publications.pdf>

Version: 2024-02-01

29  
papers

1,366  
citations

471509

17  
h-index

526287

27  
g-index

36  
all docs

36  
docs citations

36  
times ranked

1988  
citing authors

#	ARTICLE	IF	CITATIONS
1	The effectiveness of SPARX, a computerised self help intervention for adolescents seeking help for depression: randomised controlled non-inferiority trial. <i>BMJ, The</i> , 2012, 344, e2598-e2598.	6.0	516
2	Effectiveness of text message based, diabetes self management support programme (SMS4BG): two arm, parallel randomised controlled trial. <i>BMJ: British Medical Journal</i> , 2018, 361, k1959.	2.3	107
3	Integrating Health Behavior Theory and Design Elements in Serious Games. <i>JMIR Mental Health</i> , 2015, 2, e11.	3.3	72
4	The Importance of User Segmentation for Designing Digital Therapy for Adolescent Mental Health: Findings From Scoping Processes. <i>JMIR Mental Health</i> , 2019, 6, e12656.	3.3	67
5	Juegos serios para el tratamiento o la prevención de la depresión: una revisión sistemática. <i>Revista De Psicopatología Y Psicología Clínica</i> , 2015, 19, 227.	0.2	63
6	Diabetes Text-Message Self-Management Support Program (SMS4BG): A Pilot Study. <i>JMIR MHealth and UHealth</i> , 2015, 3, e32.	3.7	58
7	MEMO: an mHealth intervention to prevent the onset of depression in adolescents: a double-blind, randomised, placebo-controlled trial. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 2017, 58, 1014-1022.	5.2	54
8	The Design and Relevance of a Computerized Gamified Depression Therapy Program for Indigenous Māori Adolescents. <i>JMIR Serious Games</i> , 2015, 3, e1.	3.1	43
9	Gamifying CBT to deliver emotional health treatment to young people on smartphones. <i>Internet Interventions</i> , 2019, 18, 100286.	2.7	42
10	How LGBT+ Young People Use the Internet in Relation to Their Mental Health and Envisage the Use of e-Therapy: Exploratory Study. <i>JMIR Serious Games</i> , 2018, 6, e11249.	3.1	42
11	Views of Young People in Rural Australia on SPARX, a Fantasy World Developed for New Zealand Youth With Depression. <i>JMIR Serious Games</i> , 2014, 2, e3.	3.1	40
12	The views of lesbian, gay and bisexual youth regarding computerised self-help for depression: An exploratory study. <i>Advances in Mental Health</i> , 2013, 12, 22-33.	0.7	37
13	Text message-based diabetes self-management support (SMS4BG): study protocol for a randomised controlled trial. <i>Trials</i> , 2016, 17, 179.	1.6	29
14	Te Whānau Pou Toru: a Randomized Controlled Trial (RCT) of a Culturally Adapted Low-Intensity Variant of the Triple P-Positive Parenting Program for Indigenous Māori Families in New Zealand. <i>Prevention Science</i> , 2018, 19, 954-965.	2.6	29
15	Effect of MyTeen SMS-Based Mobile Intervention for Parents of Adolescents. <i>JAMA Network Open</i> , 2019, 2, e1911120.	5.9	29
16	Tips and Traps: Lessons From Codesigning a Clinician E-Monitoring Tool for Computerized Cognitive Behavioral Therapy. <i>JMIR Mental Health</i> , 2017, 4, e3.	3.3	28
17	The impact and utility of computerised therapy for educationally alienated teenagers: The views of adolescents who participated in an alternative education-based trial. <i>Clinical Psychologist</i> , 2016, 20, 94-102.	0.8	23
18	Computerized cognitive behavioural therapy for gender minority adolescents: Analysis of the real-world implementation of SPARX in New Zealand. <i>Australian and New Zealand Journal of Psychiatry</i> , 2021, 55, 874-882.	2.3	20

#	ARTICLE	IF	CITATIONS
19	Indigenous Adolescentsâ€™ Perception of an eMental Health Program (SPARX): Exploratory Qualitative Assessment. <i>JMIR Serious Games</i> , 2018, 6, e13.	3.1	15
20	Development of a text message intervention aimed at reducing alcohol-related harm in patients admitted to hospital as a result of injury. <i>BMC Public Health</i> , 2015, 15, 815.	2.9	10
21	Evaluation of MyTeen â€“ a SMS-based mobile intervention for parents of adolescents: a randomised controlled trial protocol. <i>BMC Public Health</i> , 2018, 18, 1203.	2.9	9
22	Revising Computerized Therapy for Wider Appeal Among Adolescents: Youth Perspectives on a Revised Version of SPARX. <i>Frontiers in Psychiatry</i> , 2019, 10, 802.	2.6	8
23	YouthCHAT as a Primary Care E-Screening Tool for Mental Health Issues Among Te Tai Tokerau Youth: Protocol for a Co-Design Study. <i>JMIR Research Protocols</i> , 2019, 8, e12108.	1.0	8
24	SPARX-R computerized therapy among adolescents in youth offenders' program: Step-wise cohort study. <i>Internet Interventions</i> , 2019, 18, 100287.	2.7	7
25	Development of MyTeen Text Messaging Program to Support Parents of Adolescents: Qualitative Study. <i>JMIR MHealth and UHealth</i> , 2019, 7, e15664.	3.7	4
26	Intersex adolescents seeking help for their depression: the case study of SPARX in New Zealand. <i>Australasian Psychiatry</i> , 2021, 29, 450-453.	0.7	3
27	Self-help tool: risk management and improving mental wellbeing of New Zealand adolescents. <i>Advances in Mental Health</i> , 0, , 1-12.	0.7	1
28	Implementing the Routine Use of Electronic Mental Health Screening for Youth in Primary Care: Systematic Review. <i>JMIR Mental Health</i> , 2021, 8, e30479.	3.3	1
29	Recruitment and Retention of Parents of Adolescents in a Text Messaging Trial (MyTeen): Secondary Analysis From a Randomized Controlled Trial. <i>JMIR Pediatrics and Parenting</i> , 2021, 4, e17723.	1.6	0