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66 26 780 15 h-index g-index citations papers 6.3 5.26 1,403 72 avg, IF L-index ext. papers ext. citations

#	Paper	IF	Citations
66	Central fatness and risk of all cause mortality: systematic review and dose-response meta-analysis of 72 prospective cohort studies. <i>BMJ, The</i> , 2020 , 370, m3324	5.9	65
65	Body mass index, abdominal adiposity, weight gain and risk of developing hypertension: a systematic review and dose-response meta-analysis of more than 2.3 million participants. <i>Obesity Reviews</i> , 2018 , 19, 654-667	10.6	63
64	Adherence to the Mediterranean Diet in Relation to All-Cause Mortality: A Systematic Review and Dose-Response Meta-Analysis of Prospective Cohort Studies. <i>Advances in Nutrition</i> , 2019 , 10, 1029-103	9 ¹⁰	58
63	Dietary Antioxidants, Circulating Antioxidant Concentrations, Total Antioxidant Capacity, and Risk of All-Cause Mortality: A Systematic Review and Dose-Response Meta-Analysis of Prospective Observational Studies. <i>Advances in Nutrition</i> , 2018 , 9, 701-716	10	53
62	Fish consumption and risk of all-cause and cardiovascular mortality: a dose-response meta-analysis of prospective observational studies. <i>Public Health Nutrition</i> , 2018 , 21, 1297-1306	3.3	43
61	Dietary Inflammatory Index and Site-Specific Cancer Risk: A Systematic Review and Dose-Response Meta-Analysis. <i>Advances in Nutrition</i> , 2018 , 9, 388-403	10	43
60	Vitamin D status and risk of dementia and Alzheimer W disease: A meta-analysis of dose-response. <i>Nutritional Neuroscience</i> , 2019 , 22, 750-759	3.6	41
59	Inflammation markers and risk of developing hypertension: a meta-analysis of cohort studies. <i>Heart</i> , 2019 , 105, 686-692	5.1	40
58	Healthy and unhealthy dietary patterns and the risk of chronic disease: an umbrella review of meta-analyses of prospective cohort studies. <i>British Journal of Nutrition</i> , 2020 , 124, 1133-1144	3.6	32
57	Dietary sodium, sodium-to-potassium ratio, and risk of stroke: A systematic review and nonlinear dose-response meta-analysis. <i>Clinical Nutrition</i> , 2019 , 38, 1092-1100	5.9	31
56	Adherence to the dietary approaches to stop hypertension (DASH) diet in relation to all-cause and cause-specific mortality: a systematic review and dose-response meta-analysis of prospective cohort studies. <i>Nutrition Journal</i> , 2020 , 19, 37	4.3	30
55	Fish Consumption and the Risk of Chronic Disease: An Umbrella Review of Meta-Analyses of Prospective Cohort Studies. <i>Advances in Nutrition</i> , 2020 , 11, 1123-1133	10	28
54	Nonlinear dose-response association between body mass index and risk of all-cause and cardiovascular mortality in patients with hypertension: A meta-analysis. <i>Obesity Research and Clinical Practice</i> , 2018 , 12, 16-28	5.4	25
53	Dietary and circulating vitamin C, vitamin E, Larotene and risk of total cardiovascular mortality: a systematic review and dose-response meta-analysis of prospective observational studies. <i>Public Health Nutrition</i> , 2019 , 22, 1872-1887	3.3	22
52	Dietary acid load and risk of type 2 diabetes: A systematic review and dose-response meta-analysis of prospective observational studies. <i>Clinical Nutrition ESPEN</i> , 2018 , 23, 10-18	1.3	17
51	Dietary calcium intake and hypertension risk: a dose-response meta-analysis of prospective cohort studies. <i>European Journal of Clinical Nutrition</i> , 2019 , 73, 969-978	5.2	14
50	Intake of vitamin B6, folate, and vitamin B12 and risk of coronary heart disease: a systematic review and dose-response meta-analysis of prospective cohort studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2019 , 59, 2697-2707	11.5	14

(2020-2020)

49	Adult weight gain and the risk of cardiovascular disease: a systematic review and dose-response meta-analysis of prospective cohort studies. <i>European Journal of Clinical Nutrition</i> , 2020 , 74, 1263-1275	5.2	13
48	Fish consumption and risk of myocardial infarction: a systematic review and dose-response meta-analysis suggests a regional difference. <i>Nutrition Research</i> , 2019 , 62, 1-12	4	12
47	Zinc Supplementation and Body Weight: A Systematic Review and Dose-Response Meta-analysis of Randomized Controlled Trials. <i>Advances in Nutrition</i> , 2020 , 11, 398-411	10	11
46	Vitamin D status and all-cause mortality in patients with chronic kidney disease: A systematic review and dose-response meta-analysis. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2017 , 102, 2136-2145	5.6	10
45	Fasting blood glucose and risk of prostate cancer: A systematic review and meta-analysis of dose-response. <i>Diabetes and Metabolism</i> , 2018 , 44, 320-327	5.4	7
44	Fish consumption and the risk of cardiovascular disease and mortality in patients with type 2 diabetes: a dose-response meta-analysis of prospective cohort studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 61, 1640-1650	11.5	7
43	Aflatoxin reduction in nuts by roasting, irradiation and fumigation: a systematic review and meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-11	11.5	7
42	Dietary poultry intake and the risk of stroke: A dose-response meta-analysis of prospective cohort studies. <i>Clinical Nutrition ESPEN</i> , 2018 , 23, 25-33	1.3	7
41	Dietary glycemic index, glycemic load, and chronic disease: an umbrella review of meta-analyses of prospective cohort studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2020 , 1-10	11.5	6
40	Plant-based diets and risk of disease mortality: a systematic review and meta-analysis of cohort studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-13	11.5	6
39	Ultra-processed food consumption and adult obesity risk: a systematic review and dose-response meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-12	11.5	6
38	Daily Step Count and All-Cause Mortality: A Dose-Response Meta-analysis of Prospective Cohort Studies. <i>Sports Medicine</i> , 2021 , 1	10.6	6
37	The Association of Dietary Phytochemical Index with Metabolic Syndrome in Adults. <i>Clinical Nutrition Research</i> , 2021 , 10, 161-171	1.7	5
36	Coffee consumption and cardiovascular diseases and mortality in patients with type 2 diabetes: A systematic review and dose-response meta-analysis of cohort studies. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021 , 31, 2526-2538	4.5	5
35	Dietary Fiber and Survival in Women with Breast Cancer: A Dose-Response Meta-Analysis of Prospective Cohort Studies. <i>Nutrition and Cancer</i> , 2021 , 73, 1570-1580	2.8	4
34	Fruit and vegetable intake and risk of frailty: A systematic review and dose response meta-analysis. <i>Ageing Research Reviews</i> , 2021 , 71, 101460	12	4
33	Dietary approaches to stop hypertension, mediterranean dietary pattern, and diabetic nephropathy in women with type 2 diabetes: A case-control study. <i>Clinical Nutrition ESPEN</i> , 2019 , 33, 164-170	1.3	3
32	The Nordic diet and the risk of non-communicable chronic disease and mortality: a systematic review and dose-response meta-analysis of prospective cohort studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2020 , 1-13	11.5	3

31	Anthropometric and adiposity indicators and risk of type 2 diabetes: systematic review and dose-response meta-analysis of cohort studies <i>BMJ, The</i> , 2022 , 376, e067516	5.9	3
30	Dietary Antioxidants and Risk of Parkinson\\Disease: A Systematic Review and Dose-response Meta-analysis of Observational Studies <i>Advances in Nutrition</i> , 2022 ,	10	3
29	Association of Oxidative Balance Score with the Metabolic Syndrome in a Sample of Iranian Adults. <i>Oxidative Medicine and Cellular Longevity</i> , 2021 , 2021, 5593919	6.7	3
28	The effects of resveratrol supplementation in patients with type 2 diabetes, metabolic syndrome, and nonalcoholic fatty liver disease: an umbrella review of meta-analyses of randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , 2021 , 114, 1675-1685	7	3
27	Ultra-Processed Food Consumption and Adult Diabetes Risk: A Systematic Review and Dose-Response Meta-Analysis <i>Nutrients</i> , 2021 , 13,	6.7	3
26	The effects of omega-3 polyunsaturated fatty acids supplementation in pregnancy, lactation, and infancy: An umbrella review of meta-analyses of randomized trials <i>Pharmacological Research</i> , 2022 , 177, 106100	10.2	2
25	Adherence to healthy dietary pattern and risk of kidney disease: a systematic review and meta-analysis of observational studies. <i>International Journal for Vitamin and Nutrition Research</i> , 2020 , 1-13	1.7	2
24	Irregular daily energy intake and diet quality in Iranian adults. British Journal of Nutrition, 2021, 126, 40	1-34 6 8	2
23	Dietary inflammatory index and the risk of non-communicable chronic disease and mortality: an umbrella review of meta-analyses of observational studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-10	11.5	2
22	Dietary protein sources and risk of diabetic nephropathy in women: A case-control study. <i>BMC Endocrine Disorders</i> , 2021 , 21, 174	3.3	2
21	Dietary carbohydrate and the risk of type 2 diabetes: an updated systematic review and dose-response meta-analysis of prospective cohort studies <i>Scientific Reports</i> , 2022 , 12, 2491	4.9	2
20	Dietary iron intake and the risk of type 2 diabetes: a systematic review and dose-response meta-analysis of prospective cohort studies <i>European Journal of Nutrition</i> , 2022 , 1	5.2	1
19	Caffeine, Coffee, Tea and Risk of Rheumatoid Arthritis: Systematic Review and Dose-Response Meta-analysis of Prospective Cohort Studies <i>Frontiers in Nutrition</i> , 2022 , 9, 822557	6.2	1
18	The relationship between major food sources of fructose and cardiovascular disease, cancer, and all-cause mortality: a systematic review and dose-response meta-analysis of cohort studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-14	11.5	1
17	Mediterranean dietary pattern and the risk of type 2 diabetes: a systematic review and dose-response meta-analysis of prospective cohort studies <i>European Journal of Nutrition</i> , 2022 , 1	5.2	1
16	Dietary intake of total, animal and plant proteins and the risk of coronary heart disease and hypertension: a systematic review and dose-response meta-analysis of prospective cohort studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2020 , 1-14	11.5	1
15	What is the influence of cinnamon supplementation on liver enzymes? A systematic review and meta-analysis of randomized controlled trials. <i>Phytotherapy Research</i> , 2021 , 35, 5634-5646	6.7	1
14	Body mass index and cancer risk in patients with type 2 diabetes: a dose-response meta-analysis of cohort studies. <i>Scientific Reports</i> , 2021 , 11, 2479	4.9	1

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13	Association of the dietary phytochemical index with general and central obesity in a sample of Iranian adults. <i>Journal of Functional Foods</i> , 2021 , 83, 104546	5.1	1
12	Dietary networks identified by Gaussian graphical model and general and abdominal obesity in adults. <i>Nutrition Journal</i> , 2021 , 20, 86	4.3	O
11	Association of Dietary and Lifestyle Inflammation Score With Metabolic Syndrome in a Sample of Iranian Adults. <i>Frontiers in Nutrition</i> , 2021 , 8, 735174	6.2	0
10	Does saffron supplementation have favorable effects on liver function indicators? A systematic review and meta-analysis of randomized controlled trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-13	11.5	О
9	The Association Between the Nordic-Style Diet Score and Metabolic Syndrome and Obesity in Tehranian Adults. <i>Nutrition Today</i> , 2021 , 56, 217-228	1.6	0
8	The effects of (dill) supplementation on lipid profile and glycemic control: a systematic review and meta-analysis of randomized controlled trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-12	11.5	O
7	A systematic review and meta-analysis of observational studies on the association between animal protein sources and risk of rheumatoid arthritis. <i>Clinical Nutrition</i> , 2021 , 40, 4644-4652	5.9	O
6	The joint association of serum vitamin D status and cardiorespiratory fitness with obesity and metabolic syndrome in Tehranian adults. <i>British Journal of Nutrition</i> , 2021 , 1-10	3.6	O
5	The prevalence of aflatoxins in different nut samples: A global systematic review and probabilistic risk assessment. <i>AIMS Agriculture and Food</i> , 2022 , 7, 130-148	1.2	0
4	Association of Dietary and Lifestyle Inflammation Score With Cardiorespiratory Fitness <i>Frontiers in Nutrition</i> , 2022 , 9, 730841	6.2	O
3	Dose-Dependent Effect of Supervised Aerobic Exercise on HbA in Patients with Type 2 Diabetes: A Meta-analysis of Randomized Controlled Trials <i>Sports Medicine</i> , 2022 , 1	10.6	0
2	The Association Between Dietary Diversity Score and Odds of Diabetic Nephropathy: A Case-Control Study <i>Frontiers in Nutrition</i> , 2022 , 9, 767415	6.2	
1	Effects of Protein and Amino Acid Supplementation on Muscle Mass and Strength in a Healthy Population. <i>Nutrition Today</i> , 2022 , 57, 166-178	1.6	