List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Central fatness and risk of all cause mortality: systematic review and dose-response meta-analysis of 72 prospective cohort studies. BMJ, The, 2020, 370, m3324.	3.0	172
2	Adherence to the Mediterranean Diet in Relation to All-Cause Mortality: A Systematic Review and Dose-Response Meta-Analysis of Prospective Cohort Studies. Advances in Nutrition, 2019, 10, 1029-1039.	2.9	116
3	Body mass index, abdominal adiposity, weight gain and risk of developing hypertension: a systematic review and dose–response metaâ€analysis of more than 2.3 million participants. Obesity Reviews, 2018, 19, 654-667.	3.1	112
4	Healthy and unhealthy dietary patterns and the risk of chronic disease: an umbrella review of meta-analyses of prospective cohort studies. British Journal of Nutrition, 2020, 124, 1133-1144.	1.2	103
5	Inflammation markers and risk of developing hypertension: a meta-analysis of cohort studies. Heart, 2019, 105, 686-692.	1.2	96
6	Vitamin D status and risk of dementia and Alzheimer's disease: A meta-analysis of dose-response. Nutritional Neuroscience, 2019, 22, 750-759.	1.5	94
7	Dietary Antioxidants, Circulating Antioxidant Concentrations, Total Antioxidant Capacity, and Risk of All-Cause Mortality: A Systematic Review and Dose-Response Meta-Analysis of Prospective Observational Studies. Advances in Nutrition, 2018, 9, 701-716.	2.9	91
8	Adherence to the dietary approaches to stop hypertension (DASH) diet in relation to all-cause and cause-specific mortality: a systematic review and dose-response meta-analysis of prospective cohort studies. Nutrition Journal, 2020, 19, 37.	1.5	84
9	Fish Consumption and the Risk of Chronic Disease: An Umbrella Review of Meta-Analyses of Prospective Cohort Studies. Advances in Nutrition, 2020, 11, 1123-1133.	2.9	76
10	Dietary sodium, sodium-to-potassium ratio, and risk of stroke: A systematic review and nonlinear dose-response meta-analysis. Clinical Nutrition, 2019, 38, 1092-1100.	2.3	72
11	Fish consumption and risk of all-cause and cardiovascular mortality: a dose–response meta-analysis of prospective observational studies. Public Health Nutrition, 2018, 21, 1297-1306.	1.1	67
12	Dietary Inflammatory Index and Site-Specific Cancer Risk: A Systematic Review and Dose-Response Meta-Analysis. Advances in Nutrition, 2018, 9, 388-403.	2.9	63
13	Ultra-processed food consumption and adult obesity risk: a systematic review and dose-response meta-analysis. Critical Reviews in Food Science and Nutrition, 2023, 63, 249-260.	5.4	51
14	Anthropometric and adiposity indicators and risk of type 2 diabetes: systematic review and dose-response meta-analysis of cohort studies. BMJ, The, 2022, 376, e067516.	3.0	51
15	Ultra-Processed Food Consumption and Adult Diabetes Risk: A Systematic Review and Dose-Response Meta-Analysis. Nutrients, 2021, 13, 4410.	1.7	46
16	Dietary and circulating vitamin C, vitamin E, β-carotene and risk of total cardiovascular mortality: a systematic review and dose–response meta-analysis of prospective observational studies. Public Health Nutrition, 2019, 22, 1872-1887.	1.1	45
17	Daily Step Count and All-Cause Mortality: A Dose–Response Meta-analysis of Prospective Cohort Studies. Sports Medicine, 2022, 52, 89-99.	3.1	38
18	Nonlinear dose–response association between body mass index and risk of all-cause and cardiovascular mortality in patients with hypertension: A meta-analysis. Obesity Research and Clinical Practice, 2018, 12, 16-28.	0.8	35

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19	Plant-based diets and risk of disease mortality: a systematic review and meta-analysis of cohort studies. Critical Reviews in Food Science and Nutrition, 2022, 62, 7760-7772.	5.4	34
20	Dose-dependent effect of carbohydrate restriction for type 2 diabetes management: a systematic review and dose-response meta-analysis of randomized controlled trials. American Journal of Clinical Nutrition, 2022, 116, 40-56.	2.2	33
21	Zinc Supplementation and Body Weight: A Systematic Review and Dose–Response Meta-analysis of Randomized Controlled Trials. Advances in Nutrition, 2020, 11, 398-411.	2.9	31
22	Dietary calcium intake and hypertension risk: a dose–response meta-analysis of prospective cohort studies. European Journal of Clinical Nutrition, 2019, 73, 969-978.	1.3	30
23	Adult weight gain and the risk of cardiovascular disease: a systematic review and dose–response meta-analysis of prospective cohort studies. European Journal of Clinical Nutrition, 2020, 74, 1263-1275.	1.3	30
24	Dietary acid load and risk of type 2 diabetes: A systematic review and dose–response meta-analysis of prospective observational studies. Clinical Nutrition ESPEN, 2018, 23, 10-18.	0.5	26
25	Intake of vitamin B6, folate, and vitamin B12 and risk of coronary heart disease: a systematic review and dose-response meta-analysis of prospective cohort studies. Critical Reviews in Food Science and Nutrition, 2019, 59, 2697-2707.	5.4	25
26	Dietary Antioxidants and Risk of Parkinson's Disease: A Systematic Review and Dose–Response Meta-analysis of Observational Studies. Advances in Nutrition, 2022, 13, 1493-1504.	2.9	25
27	Mediterranean dietary pattern and the risk of type 2 diabetes: a systematic review and dose–response meta-analysis of prospective cohort studies. European Journal of Nutrition, 2022, 61, 1735-1748.	1.8	25
28	Body fat and risk of all-cause mortality: a systematic review and dose-response meta-analysis of prospective cohort studies. International Journal of Obesity, 2022, 46, 1573-1581.	1.6	25
29	Dietary glycemic index, glycemic load, and chronic disease: an umbrella review of meta-analyses of prospective cohort studies. Critical Reviews in Food Science and Nutrition, 2022, 62, 2460-2469.	5.4	24
30	Coffee consumption and cardiovascular diseases and mortality in patients with type 2 diabetes: A systematic review and dose–response meta-analysis of cohort studies. Nutrition, Metabolism and Cardiovascular Diseases, 2021, 31, 2526-2538.	1.1	22
31	Fish consumption and risk of myocardial infarction: a systematic review and dose-response meta-analysis suggests a regional difference. Nutrition Research, 2019, 62, 1-12.	1.3	20
32	The effects of resveratrol supplementation in patients with type 2 diabetes, metabolic syndrome, and nonalcoholic fatty liver disease: an umbrella review of meta-analyses of randomized controlled trials. American Journal of Clinical Nutrition, 2021, 114, 1675-1685.	2.2	20
33	Dietary approaches to stop hypertension, mediterranean dietary pattern, and diabetic nephropathy in women with type 2 diabetes: A case-control study. Clinical Nutrition ESPEN, 2019, 33, 164-170.	0.5	18
34	Dietary inflammatory index and the risk of non-communicable chronic disease and mortality: an umbrella review of meta-analyses of observational studies. Critical Reviews in Food Science and Nutrition, 2023, 63, 57-66.	5.4	18
35	Vitamin D Status and All-Cause Mortality in Patients With Chronic Kidney Disease: A Systematic Review and Dose-Response Meta-Analysis. Journal of Clinical Endocrinology and Metabolism, 2017, 102, 2136-2145.	1.8	17
36	Dose-Dependent Effect of Supervised Aerobic Exercise on HbA1c in Patients with Type 2 Diabetes: A Meta-analysis of Randomized Controlled Trials. Sports Medicine, 2022, 52, 1919-1938.	3.1	17

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37	Dietary Fiber and Survival in Women with Breast Cancer: A Dose-Response Meta-Analysis of Prospective Cohort Studies. Nutrition and Cancer, 2021, 73, 1570-1580.	0.9	16
38	The Association of Dietary Phytochemical Index with Metabolic Syndrome in Adults. Clinical Nutrition Research, 2021, 10, 161.	0.5	16
39	Fruit and vegetable intake and risk of frailty: A systematic review and dose response meta-analysis. Ageing Research Reviews, 2021, 71, 101460.	5.0	16
40	Association of Oxidative Balance Score with the Metabolic Syndrome in a Sample of Iranian Adults. Oxidative Medicine and Cellular Longevity, 2021, 2021, 1-9.	1.9	15
41	Dietary iron intake and the risk of type 2 diabetes: a systematic review and dose–response meta-analysis of prospective cohort studies. European Journal of Nutrition, 2022, 61, 2279-2296.	1.8	15
42	Fasting blood glucose and risk of prostate cancer: A systematic review and meta-analysis of dose-response. Diabetes and Metabolism, 2018, 44, 320-327.	1.4	14
43	Dietary poultry intake and the risk of stroke: A dose–response meta-analysis of prospective cohort studies. Clinical Nutrition ESPEN, 2018, 23, 25-33.	O.5	14
44	Fish consumption and the risk of cardiovascular disease and mortality in patients with type 2 diabetes: a dose-response meta-analysis of prospective cohort studies. Critical Reviews in Food Science and Nutrition, 2021, 61, 1640-1650.	5.4	14
45	The effects of omega-3 polyunsaturated fatty acids supplementation in pregnancy, lactation, and infancy: An umbrella review of meta-analyses of randomized trials. Pharmacological Research, 2022, 177, 106100.	3.1	13
46	Dietary carbohydrate and the risk of type 2 diabetes: an updated systematic review and dose–response meta-analysis of prospective cohort studies. Scientific Reports, 2022, 12, 2491.	1.6	13
47	A systematic review and meta-analysis of observational studies on the association between animal protein sources and risk of rheumatoid arthritis. Clinical Nutrition, 2021, 40, 4644-4652.	2.3	12
48	The Nordic diet and the risk of non-communicable chronic disease and mortality: a systematic review and dose-response meta-analysis of prospective cohort studies. Critical Reviews in Food Science and Nutrition, 2022, 62, 3124-3136.	5.4	11
49	Aflatoxin reduction in nuts by roasting, irradiation and fumigation: a systematic review and meta-analysis. Critical Reviews in Food Science and Nutrition, 2022, 62, 5056-5066.	5.4	11
50	What is the influence of cinnamon supplementation on liver enzymes? A systematic review and metaâ€analysis of randomized controlled trials. Phytotherapy Research, 2021, 35, 5634-5646.	2.8	11
51	Mediterranean dietary pattern and bone mineral density: a systematic review and dose-response meta-analysis of observational studies. European Journal of Clinical Nutrition, 2022, 76, 1657-1664.	1.3	11
52	Associations of Total Protein or Animal Protein Intake and Animal Protein Sources with Risk of Kidney Stones: A Systematic Review and Dose–Response Meta-Analysis. Advances in Nutrition, 2022, 13, 821-832.	2.9	10
53	The relationship between major food sources of fructose and cardiovascular disease, cancer, and all-cause mortality: a systematic review and dose-response meta-analysis of cohort studies. Critical Reviews in Food Science and Nutrition, 2023, 63, 4274-4287.	5.4	9
54	Caffeine, Coffee, Tea and Risk of Rheumatoid Arthritis: Systematic Review and Dose-Response Meta-analysis of Prospective Cohort Studies. Frontiers in Nutrition, 2022, 9, 822557.	1.6	9

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55	Dietary intake of total, animal and plant proteins and the risk of coronary heart disease and hypertension: a systematic review and dose-response meta-analysis of prospective cohort studies. Critical Reviews in Food Science and Nutrition, 2022, 62, 1336-1349.	5.4	8
56	Body mass index and cancer risk in patients with type 2 diabetes: a dose–response meta-analysis of cohort studies. Scientific Reports, 2021, 11, 2479.	1.6	8
57	Association of the dietary phytochemical index with general and central obesity in a sample of Iranian adults. Journal of Functional Foods, 2021, 83, 104546.	1.6	8
58	The prevalence of aflatoxins in different nut samples: A global systematic review and probabilistic risk assessment. AIMS Agriculture and Food, 2022, 7, 130-148.	0.8	8
59	Dietary protein sources and risk of diabetic nephropathy in women: A case-control study. BMC Endocrine Disorders, 2021, 21, 174.	0.9	7
60	Irregular daily energy intake and diet quality in Iranian adults. British Journal of Nutrition, 2020, 126, 1-8.	1.2	6
61	Does saffron supplementation have favorable effects on liver function indicators? A systematic review and meta-analysis of randomized controlled trials. Critical Reviews in Food Science and Nutrition, 2022, 62, 6315-6327.	5.4	6
62	Dietary networks identified by Gaussian graphical model and general and abdominal obesity in adults. Nutrition Journal, 2021, 20, 86.	1.5	4
63	The effects of <i>Anethum graveolens</i> (dill) supplementation on lipid profile and glycemic control: a systematic review and meta-analysis of randomized controlled trials. Critical Reviews in Food Science and Nutrition, 2022, 62, 5705-5716.	5.4	3
64	Adherence to healthy dietary pattern and risk of kidney disease: a systematic review and meta-analysis of observational studies. International Journal for Vitamin and Nutrition Research, 2022, 92, 267-279.	0.6	3
65	Association of Dietary and Lifestyle Inflammation Score With Metabolic Syndrome in a Sample of Iranian Adults. Frontiers in Nutrition, 2021, 8, 735174.	1.6	3
66	Association of Dietary and Lifestyle Inflammation Score With Cardiorespiratory Fitness. Frontiers in Nutrition, 2022, 9, 730841.	1.6	3
67	The Association Between Dietary Diversity Score and Odds of Diabetic Nephropathy: A Case-Control Study. Frontiers in Nutrition, 2022, 9, 767415.	1.6	3
68	The Association Between the Nordic-Style Diet Score and Metabolic Syndrome and Obesity in Tehranian Adults. Nutrition Today, 2021, 56, 217-228.	0.6	1
69	The joint association of serum vitamin D status and cardiorespiratory fitness with obesity and metabolic syndrome in Tehranian adults. British Journal of Nutrition, 2022, 128, 636-645.	1.2	1
70	Effects of Protein and Amino Acid Supplementation on Muscle Mass and Strength in a Healthy Population. Nutrition Today, 2022, 57, 166-178.	0.6	0