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List of Publications by Year
in descending order

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58 papers	3,963 citations	134610 34 h-index	175968 55 g-index
58 all docs	58 docs citations	58 times ranked	5279 citing authors

#	Article	IF	Citations
1	Association of Low- and No-Calorie Sweetened Beverages as a Replacement for Sugar-Sweetened Beverages With Body Weight and Cardiometabolic Risk. JAMA Network Open, 2022, 5, e222092.	2.8	52
2	Comparing the Effects of Docosahexaenoic and Eicosapentaenoic Acids on Inflammation Markers Using Pairwise and Network Meta-Analyses of Randomized Controlled Trials. Advances in Nutrition, 2021, 12, 128-140.	2.9	19
3	Reply to J Morze and L Schwingshackl. Advances in Nutrition, 2021, 12, 278-279.	2.9	0
4	Supplemental Vitamins and Minerals for Cardiovascular Disease Prevention andÂTreatment. Journal of the American College of Cardiology, 2021, 77, 423-436.	1.2	48
5	The association of soluble CD163, a novel biomarker of macrophage activation, with type 2 diabetes mellitus and its underlying physiological disorders: A systematic review. Obesity Reviews, 2021, 22, e13257.	3.1	13
6	Different Food Sources of Fructose-Containing Sugars and Fasting Blood Uric Acid Levels: A Systematic Review and Meta-Analysis of Controlled Feeding Trials. Journal of Nutrition, 2021, 151, 2409-2421.	1.3	12
7	Are fatty nuts a weighty concern? A systematic review and metaâ€analysis and doseâ€“response metaâ€regression of prospective cohorts and randomized controlled trials. Obesity Reviews, 2021, 22, e13330.	3.1	37
8	Mediterranean diet, cardiovascular disease and mortality in diabetes: A systematic review and meta-analysis of prospective cohort studies and randomized clinical trials. Critical Reviews in Food Science and Nutrition, 2020, 60, 1207-1227.	5.4	181
9	Can dietary viscous fiber affect body weight independently of an energy-restrictive diet? A systematic review and meta-analysis of randomized controlled trials. American Journal of Clinical Nutrition, 2020, 111, 471-485.	2.2	48
10	Relation of Different Fruit and Vegetable Sources With Incident Cardiovascular Outcomes: A Systematic Review and Metaâ€Analysis of Prospective Cohort Studies. Journal of the American Heart Association, 2020, 9, e017728.	1.6	95
11	Selenium, antioxidants, cardiovascular disease, and all-cause mortality: a systematic review and meta-analysis of randomized controlled trials. American Journal of Clinical Nutrition, 2020, 112, 1642-1652.	2.2	75
12	Association of Major Food Sources of Fructose-Containing Sugars With Incident Metabolic Syndrome. JAMA Network Open, 2020, 3, e209993.	2.8	72
13	Effect of fructose and its epimers on postprandial carbohydrate metabolism: A systematic review and meta-analysis. Clinical Nutrition, 2020, 39, 3308-3318.	2.3	16
14	Effect of vegetarian dietary patterns on cardiometabolic risk factors in diabetes: A systematic review and meta-analysis of randomized controlled trials. Clinical Nutrition, 2019, 38, 1133-1145.	2.3	123
15	Effect of high-carbohydrate or highâ€monounsaturated fatty acid diets on blood pressure: a systematic review and meta-analysis of randomized controlled trials. Nutrition Reviews, 2019, 77, 19-31.	2.6	18
16	Cumulative Metaâ€Analysis of the Soy Effect Over Time. Journal of the American Heart Association, 2019, 8, e012458.	1.6	26
17	Relation of Vegetarian Dietary Patterns With Major Cardiovascular Outcomes: A Systematic Review and Meta-Analysis of Prospective Cohort Studies. Frontiers in Nutrition, 2019, 6, 80.	1.6	54
18	Important food sources of fructose-containing sugars and incident gout: a systematic review and meta-analysis of prospective cohort studies. BMJ Open, 2019, 9, e024171.	0.8	46

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19	A Meta-Analysis of 46 Studies Identified by the FDA Demonstrates that Soy Protein Decreases Circulating LDL and Total Cholesterol Concentrations in Adults. Journal of Nutrition, 2019, 149, 968-981.	1.3	83
20	The Effect of Liquid Meal Replacements on Cardiometabolic Risk Factors in Overweight/Obese Individuals With Type 2 Diabetes: A Systematic Review and Meta-analysis of Randomized Controlled Trials. Diabetes Care, 2019, 42, 767-776.	4.3	31
21	DASH Dietary Pattern and Cardiometabolic Outcomes: An Umbrella Review of Systematic Reviews and Meta-Analyses. Nutrients, 2019, 11, 338.	1.7	300
22	Relation of Total Sugars, Sucrose, Fructose, and Added Sugars With the Risk of Cardiovascular Disease. Mayo Clinic Proceedings, 2019, 94, 2399-2414.	1.4	53
23	Important Food Sources of Fructoseâ€Containing Sugars and Incident Hypertension: A Systematic Review and Doseâ€Response Metaâ€Analysis of Prospective Cohort Studies. Journal of the American Heart Association, 2019, 8, e010977.	1.6	32
24	Should Viscous Fiber Supplements Be Considered in Diabetes Control? Results From a Systematic Review and Meta-analysis of Randomized Controlled Trials. Diabetes Care, 2019, 42, 755-766.	4.3	87
25	Effect of pasta in the context of low-glycaemic index dietary patterns on body weight and markers of adiposity: a systematic review and meta-analysis of randomised controlled trials in adults. BMJ Open, 2018, 8, e019438.	0.8	45
26	The Effect of Small Doses of Fructose and Its Epimers on Glycemic Control: A Systematic Review and Meta-Analysis of Controlled Feeding Trials. Nutrients, 2018, 10, 1805.	1.7	20
27	Food sources of fructose-containing sugars and glycaemic control: systematic review and meta-analysis of controlled intervention studies. BMJ: British Medical Journal, 2018, 363, k4644.	2.4	102
28	Important Food Sources of Sugars and Type 2 Diabetes: A Systematic Review and Meta-Analysis of Prospective Cohort Studies. Canadian Journal of Diabetes, 2018, 42, S31.	0.4	1
29	Effect of psyllium (Plantago ovata) fiber on LDL cholesterol and alternative lipid targets, non-HDL cholesterol and apolipoprotein B: a systematic review and meta-analysis of randomized controlled trials. American Journal of Clinical Nutrition, 2018, 108, 922-932.	2.2	48
30	Supplemental Vitamins and Minerals forÂCVD Prevention and Treatment. Journal of the American College of Cardiology, 2018, 71, 2570-2584.	1.2	184
31	The effect of small doses of fructose and allulose on postprandial glucose metabolism in type 2 diabetes: A doubleâ€blind, randomized, controlled, acute feeding, equivalence trial. Diabetes, Obesity and Metabolism, 2018, 20, 2361-2370.	2.2	36
32	Portfolio Dietary Pattern and Cardiovascular Disease: A Systematic Review and Meta-analysis of Controlled Trials. Progress in Cardiovascular Diseases, 2018, 61, 43-53.	1.6	130
33	A Double-Blind, Randomized Controlled, Acute Feeding Equivalence Trial of Small, Catalytic Doses of Fructose and Allulose on Postprandial Blood Glucose Metabolism in Healthy Participants: The Fructose and Allulose Catalytic Effects (FACE) Trial. Nutrients, 2018, 10, 750.	1.7	27
34	Text messages for influenza vaccination among pregnant women: A randomized controlled trial. Vaccine, 2017, 35, 842-848.	1.7	32
35	Can pulses play a role in improving cardiometabolic health? Evidence from systematic reviews and metaâ€analyses. Annals of the New York Academy of Sciences, 2017, 1392, 43-57.	1.8	73
36	Relation of total sugars, fructose and sucrose with incident type 2 diabetes: a systematic review and meta-analysis of prospective cohort studies. Cmaj, 2017, 189, E711-E720.	0.9	83

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37	Cross-sectional associations between dietary intake and carotid intima media thickness in type 2 diabetes: baseline data from a randomised trial. BMJ Open, 2017, 7, e015026.	0.8	3
38	A systematic review and meta-analysis of randomized controlled trials of the effect of konjac glucomannan, a viscous soluble fiber, on LDL cholesterol and the new lipid targets non-HDL cholesterol and apolipoprotein B ,. American Journal of Clinical Nutrition, 2017, 105, 1239-1247.	2.2	74
39	Low-glycaemic index diet to improve glycaemic control and cardiovascular disease in type 2 diabetes: design and methods for a randomised, controlled, clinical trial. BMJ Open, 2016, 6, e012220.	0.8	6
40	Fructose intake and risk of gout and hyperuricemia: a systematic review and meta-analysis of prospective cohort studies. BMJ Open, 2016, 6, e013191.	0.8	74
41	The effect of oatÎ²-glucan on LDL-cholesterol, non-HDL-cholesterol and apoB for CVD risk reduction: a systematic review and meta-analysis of randomised-controlled trials. British Journal of Nutrition, 2016, 116, 1369-1382.	1.2	186
42	Effects of dietary pulse consumption on body weight: a systematic review and meta-analysis of randomized controlled trials. American Journal of Clinical Nutrition, 2016, 103, 1213-1223.	2.2	150
43	Liquid Meal Replacements Improve Glycemic Control: A Systematic Review and Meta-Analysis of Randomized Controlled TrialsImage 9. Canadian Journal of Diabetes, 2016, 40, S14.	0.4	1
44	The use of coenzyme Q10 and DHEA during IUI and IVF cycles in patients with decreased ovarian reserve. Gynecological Endocrinology, 2016, 32, 534-537.	0.7	35
45	Effect of Replacing Animal Protein with Plant Protein on Glycemic Control in Diabetes: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. Nutrients, 2015, 7, 9804-9824.	1.7	81
46	Do Fructose-Containing Sugars Lead to Adverse Health Consequences? Results of Recent Systematic Reviews and Meta-analyses. Advances in Nutrition, 2015, 6, 504S-511S.	2.9	11
47	Sugar-sweetened beverage consumption and incident hypertension: a systematic review and meta-analysis of prospective cohorts. American Journal of Clinical Nutrition, 2015, 102, 914-921.	2.2	134
48	High Fructose Corn Syrup and Sucrose do not Differ in Their Effects on Cardiometabolic Risk Factors: A Series of Systematic Reviews and Metaâ€Analyses of Randomized Controlled Trials. FASEB Journal, 2015, 29, 595.19.	0.2	0
49	Effect of Tree Nuts on Glycemic Control in Diabetes: A Systematic Review and Meta-Analysis of Randomized Controlled Dietary Trials. PLoS ONE, 2014, 9, e103376.	1.1	132
50	Total Fructose Intake and Risk of Hypertension: A Systematic Review and Meta-Analysis of Prospective Cohorts. Journal of the American College of Nutrition, 2014, 33, 328-339.	1.1	51
51	Effect of tree nuts on metabolic syndrome criteria: a systematic review and meta-analysis of randomised controlled trials. BMJ Open, 2014, 4, e004660-e004660.	0.8	112
52	Effect of dietary pulse intake on established therapeutic lipid targets for cardiovascular risk reduction: a systematic review and meta-analysis of randomized controlled trials. Cmaj, 2014, 186, E252-E262.	0.9	144
53	Dietary pulses, satiety and food intake: A systematic review and metaâ€analysis of acute feeding trials. Obesity, 2014, 22, 1773-1780.	1.5	80
54	Nut consumption, serum fatty acid profile and estimated coronary heart disease risk in type 2 diabetes. Nutrition, Metabolism and Cardiovascular Diseases, 2014, 24, 845-852.	1.1	23

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55	Effect of Lowering the Glycemic Load With Canola Oil on Glycemic Control and Cardiovascular Risk Factors: A Randomized Controlled Trial. Diabetes Care, 2014, 37, 1806-1814.	4.3	75
56	Tree nuts improve criteria of the metabolic syndrome: a systematic review and metaâ€analysis of randomized controlled dietary trials (1025.6). FASEB Journal, 2014, 28, 1025.6.	0.2	1
57	Adiponectin levels in individuals with type 2 diabetes on a high fiber or a low glycemic index diet.. FASEB Journal, 2013, 27, 1067.14.	0.2	0
58	Effect of Legumes as Part of a Low Glycemic Index Diet on Glycemic Control and Cardiovascular Risk Factors in Type 2 Diabetes Mellitus. Archives of Internal Medicine, 2012, 172, 1653.	4.3	288