

Samir Giuseppe Sukkar

List of Publications by Year in descending order

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Version: 2024-02-01

68
papers

1,272
citations

430754

18
h-index

395590

33
g-index

75
all docs

75
docs citations

75
times ranked

2258
citing authors

#	ARTICLE	IF	CITATIONS
1	Fasting-mimicking diet and hormone therapy induce breast cancer regression. <i>Nature</i> , 2020, 583, 620-624.	13.7	198
2	Small RNAs in eucaryotes: new clues for amplifying microRNA benefits. <i>Cell and Bioscience</i> , 2020, 10, 1.	2.1	118
3	Clinical characteristics, management and in-hospital mortality of patients with coronavirus disease 2019 in Genoa, Italy. <i>Clinical Microbiology and Infection</i> , 2020, 26, 1537-1544.	2.8	84
4	Pilot trial of <i>Melissa officinalis</i> L. leaf extract in the treatment of volunteers suffering from mild-to-moderate anxiety disorders and sleep disturbances. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2011, 4, 211-218.	0.2	81
5	Ramadan Fasting Exerts Immunomodulatory Effects: Insights from a Systematic Review. <i>Frontiers in Immunology</i> , 2017, 8, 1144.	2.2	65
6	Anorexia nervosa and heart disease: a systematic review. <i>Eating and Weight Disorders</i> , 2019, 24, 199-207.	1.2	62
7	Kidney disease and all-cause mortality in patients with COVID-19 hospitalized in Genoa, Northern Italy. <i>Journal of Nephrology</i> , 2021, 34, 173-183.	0.9	52
8	Oxidative stress and nutritional prevention in autoimmune rheumatic diseases. <i>Autoimmunity Reviews</i> , 2004, 3, 199-206.	2.5	48
9	Optimizing Texture Modified Foods for Oro-pharyngeal Dysphagia: A Difficult but Possible Target?. <i>Frontiers in Nutrition</i> , 2018, 5, 68.	1.6	40
10	Substances of Interest That Support Glaucoma Therapy. <i>Nutrients</i> , 2019, 11, 239.	1.7	37
11	Whey proteins influence hepatic glutathione after CCl ₄ intoxication. <i>Toxicology and Industrial Health</i> , 2009, 25, 325-328.	0.6	32
12	Safety and Feasibility of Fasting-Mimicking Diet and Effects on Nutritional Status and Circulating Metabolic and Inflammatory Factors in Cancer Patients Undergoing Active Treatment. <i>Cancers</i> , 2021, 13, 4013.	1.7	31
13	Low Protein Diets and Plant-Based Low Protein Diets: Do They Meet Protein Requirements of Patients with Chronic Kidney Disease?. <i>Nutrients</i> , 2021, 13, 83.	1.7	27
14	Induction of ketosis as a potential therapeutic option to limit hyperglycemia and prevent cytokine storm in COVID-19. <i>Nutrition</i> , 2020, 79-80, 110967.	1.1	26
15	Food intake and body composition in cancer cachexia. <i>Nutrition</i> , 1996, 12, S20-S23.	1.1	26
16	Another approach to the buried bumper syndrome. <i>Gastrointestinal Endoscopy</i> , 1996, 43, 263-264.	0.5	23
17	A Clinical Perspective of Low Carbohydrate Ketogenic Diets: A Narrative Review. <i>Frontiers in Nutrition</i> , 2021, 8, 642628.	1.6	23
18	Food intake and body composition in cancer cachexia. <i>Nutrition</i> , 1996, 12, S20-S23.	1.1	20

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19	Nutritional assessment in idiopathic pulmonary fibrosis: a prospective multicentre study. <i>ERJ Open Research</i> , 2022, 8, 00443-2021.	1.1	19
20	The Role of Dysbiosis in Critically Ill Patients With COVID-19 and Acute Respiratory Distress Syndrome. <i>Frontiers in Medicine</i> , 2021, 8, 671714.	1.2	17
21	Appetite control and gastrointestinal hormonal behavior (CCK, GLP-1, PYY 1â€“36) following low doses of a whey protein-rich nutraceutical. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2013, 6, 259-266.	0.2	16
22	Clinical efficacy of eucaloric ketogenic nutrition in the COVID-19 cytokine storm: A retrospective analysis of mortality and intensive care unit admission. <i>Nutrition</i> , 2021, 89, 111236.	1.1	16
23	Behavioral Characteristics of Severely Obese Patients Seeking Bariatric Surgery: Cross-Sectional Study With Alimentary Interview. <i>Behavioral Medicine</i> , 2008, 33, 145-150.	1.0	15
24	The predictive dysphagia score (PreDyScore) in the short- and medium-term post-stroke: a putative tool in PEG indication. <i>Neurological Sciences</i> , 2019, 40, 1619-1626.	0.9	14
25	Appetite control and gastrointestinal hormonal behavior (CCK, GLP-1, PYY 1â€“36) following low doses of a whey protein-rich nutraceutical. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2013, 6, 259-266.	0.2	13
26	Experimental Assessment of Chemotherapy-induced Early Intestinal Damage in Colon Cancer the Lactulose-mannitol Permeability Test. <i>Tumori</i> , 2004, 90, 461-463.	0.6	12
27	Efficacy of Nutraceutical Combination of Monacolin K, Berberine, and Silymarin on Lipid Profile and PCSK9 Plasma Level in a Cohort of Hypercholesterolemic Patients. <i>Journal of Medicinal Food</i> , 2020, 23, 658-666.	0.8	12
28	Extremely Low Frequency Electromagnetic Fields Prevent Chemotherapy Induced Myelotoxicity. <i>Electromagnetic Biology and Medicine</i> , 2007, 26, 277-281.	0.7	11
29	Nutritional Status and Bone Microarchitecture in a Cohort of Systemic Sclerosis Patients. <i>Nutrients</i> , 2020, 12, 1632.	1.7	11
30	Effects of a new mixture of essential amino acids (AminotroficÂ®) in malnourished haemodialysis patients. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2012, 5, 259-266.	0.2	10
31	Effects of a Mediterranean Diet, Dairy, and Meat Products on Different Phenotypes of Dyslipidemia: A Preliminary Retrospective Analysis. <i>Nutrients</i> , 2021, 13, 1161.	1.7	10
32	A multicentric prospective open trial on the quality of life and oxidative stress in patients affected by advanced head and neck cancer treated with a new benzoquinone-rich product derived from fermented wheat germ (Avermar). <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2008, 1, 37-42.	0.2	8
33	Feasibility of protein-sparing modified fast by tube (ProMoFasT) in obesity treatment: a phase II pilot trial on clinical safety and efficacy (appetite control, body composition, muscular strength.) <i>Tj ETQq1 1 0.784314 rgBJ /Overlock 10 T5</i> <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2013, 6, 165-176.	0.2	8
34	Disordered eating and weight loss after bariatric surgery. <i>Eating and Weight Disorders</i> , 2020, 25, 1191-1196.	1.2	8
35	Effects of the Postoperative Dietetic/Behavioral Counseling on the Weight Loss After Bariatric Surgery. <i>Obesity Surgery</i> , 2020, 30, 244-248.	1.1	7
36	A multicentric prospective open trial on the quality of life and oxidative stress in patients affected by advanced head and neck cancer treated with a new benzoquinone-rich product derived from fermented wheat germ (Avermar). <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2008, 1, 37-42.	0.2	6

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37	The impact of clinical nutrition on cancer therapy: a frequently underestimated perspective. A complementary approach to cancer patients. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2012, 5, 75-79.	0.2	6
38	Feasibility of protein-sparing modified fast by tube (ProMoFasT) in obesity treatment: a phase II pilot trial on clinical safety and efficacy (appetite control, body composition, muscular strength.) <i>Tj ETQq0 0 0 rgBT /Overlock 10 Tf 50 702 T</i> 2013, 6, 165-176.	0.2	6
39	Effect of a common missense variant in LIPA gene on fatty liver disease and lipid phenotype: New perspectives from a single-center observational study. <i>Pharmacology Research and Perspectives</i> , 2021, 9, e00820.	1.1	6
40	Dyspepsia Among Young Conscripts: Correlations with Psychoemotional State and Eating Habits. <i>Journal of the Royal Army Medical Corps</i> , 1987, 133, 59-62.	0.8	5
41	Home nutritional support in AIDS patients. <i>Clinical Nutrition</i> , 1995, 14, 41-45.	2.3	5
42	Management and treatment of eating disorders in an Italian region. <i>Eating and Weight Disorders</i> , 2005, 10, 204-209.	1.2	5
43	Whey protein, as exclusively nitrogen source, controls food intake and promotes glutathione antioxidant protection in Sprague-Dawley rats. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2008, 1, 109-116.	0.2	4
44	Whey protein, as exclusively nitrogen source, controls food intake and promotes glutathione antioxidant protection in Sprague-Dawley rats. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2008, 1, 109-116.	0.2	4
45	Gas chromatographic evaluation of hydrogen in the breath as a diagnostic method for the study of intestinal digestion and absorption of dietary carbohydrates in man. <i>Biomedical Applications</i> , 1987, 416, 119-124.	1.7	2
46	ADI nutritional recommendations for dysphagia. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2009, 2, 49-80.	0.2	2
47	What about "5-a-day" dietary education programme 20 years later? The five colours of cancer and obesity prevention. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2009, 2, 85-87.	0.2	2
48	Oxidative stress in the animal model: the possible protective role of milk serum protein. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2010, 3, 173-178.	0.2	2
49	The impact of clinical nutrition on cancer therapy: a frequently underestimated perspective. A complementary approach to cancer patients. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2012, 5, 75-79.	0.2	2
50	Matching primary with secondary lymphedemas across lymphatic surgery in Genoa (Italy) from 1973 until time of COVID-19. <i>Italian Journal of Vascular and Endovascular Surgery</i> , 2021, 28, .	1.0	2
51	ADI nutritional recommendations for dysphagia. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2009, 2, 49-80.	0.2	1
52	Mediterranean diet? no, thanks: mediterranean lifestyle!. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2011, 4, 79-81.	0.2	1
53	Biological, ethological, genetical, environmental, clinical and pharmacological alliance towards obesity control: the target of "The obese species workshop" in Erice, 21-26 October 2011. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2011, 4, 157-158.	0.2	1
54	Targeting a tailored therapeutic diet by means of nutrigenomics: future or reality?. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2013, 6, 1-2.	0.2	1

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55	Whey proteins inhibit food intake and tend to improve oxidative balance in obese zucker rats. <i>Eating and Weight Disorders</i> , 2021, 26, 2453-2461.	1.2	1
56	Artificial nutrition: technical, scientific and ethical considerations. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2009, 1, 203-206.	0.2	0
57	ADI-AMD recommendations on insulin treatment during artificial nutrition. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2010, 3, 81-95.	0.2	0
58	The Italian "new deal" of dietetics and clinical nutrition structures. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2011, 4, 1-2.	0.2	0
59	Vitamin D deficiency, health and sun exposure: a caveat for the Mediterranean lifestyle. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2012, 5, 173-176.	0.2	0
60	The school canteen facilities: an instrument for the Mediterranean nutrition education. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2013, 6, 85-87.	0.2	0
61	Targeting a tailored therapeutic diet by means of nutrigenomics: future or reality?. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2013, 6, 1-2.	0.2	0
62	The school canteen facilities: an instrument for the Mediterranean nutrition education. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2013, 6, 85-87.	0.2	0
63	Strategic nutrition choices in hospital catering: Quality, savings and microbiological safety: Cook and chill. <i>Mediterranean Journal of Nutrition and Metabolism</i> , 2015, 8, 1-7.	0.2	0
64	Effects of a New Procedurless Intra-gastric Balloon (Elipse®) on Metabolic Syndrome and Pre-diabetes: Italian Group's Experience on 324 patients with overweight and obesity. <i>Surgery for Obesity and Related Diseases</i> , 2018, 14, S66.	1.0	0
65	Metabolic and Nutritional Effects of Two Types of Meals with Modified Texture in Feeding Dysphagic Subjects (P01-003-19). <i>Current Developments in Nutrition</i> , 2019, 3, nzz028.P01-003-19.	0.1	0
66	Levels of Consumption, Satisfaction and Symptoms Relating to Two Types of Meals with Modified Texture in Dysphagic Subjects (P01-004-19). <i>Current Developments in Nutrition</i> , 2019, 3, nzz028.P01-004-19.	0.1	0
67	Obesity and antipsychotics. <i>Advances in Obesity Weight Management & Control</i> , 2018, 8, .	0.4	0
68	Nutritional assessment in patients with idiopathic pulmonary fibrosis: the NUTRIPF study. , 2021, , .		0