Julia Kirstey Zakrzewski-Fruer

List of Publications by Year
in descending order

16 papers	185 citations	1163117 8 h-index	1125743 13 g-index
17 all docs	17 docs citations	17 times ranked	305 citing authors

#	Article	IF	Citations
1	Efficacy of a Multicomponent Intervention to Reduce Workplace Sitting Time in Office Workers. Journal of Occupational and Environmental Medicine, 2018, 60, 787-795.	1.7	32
2	Effects of breaking up prolonged sitting following low and high glycaemic index breakfast consumption on glucose and insulin concentrations. European Journal of Applied Physiology, 2017, 117, 1299-1307.	2.5	30
3	Beneficial postprandial lipaemic effects of interrupting sedentary time with high-intensity physical activity versus a continuous moderate-intensity physical activity bout: A randomised crossover trial. Journal of Science and Medicine in Sport, 2018, 21, 1250-1255.	1.3	20
4	Association between breakfast frequency and physical activity and sedentary time: a cross-sectional study in children from 12 countries. BMC Public Health, 2019, 19, 222.	2.9	17
5	Effects of Frequency and Duration of Interrupting Sitting on Cardiometabolic Risk Markers. International Journal of Sports Medicine, 2019, 40, 818-824.	1.7	16
6	Effect of breakfast omission and consumption on energy intake and physical activity in adolescent girls: a randomised controlled trial. British Journal of Nutrition, 2017, 118, 392-400.	2.3	13
7	Does parental support moderate the effect of children's motivation and self-efficacy on physical activity and sedentary behaviour?. Psychology of Sport and Exercise, 2017, 32, 153-161.	2.1	13
8	Can Physical Activity Support Grief Outcomes in Individuals Who Have Been Bereaved? A Systematic Review. Sports Medicine - Open, 2021, 7, 26.	3.1	11
9	Physical Activity Duration but Not Energy Expenditure Differs between Daily and Intermittent Breakfast Consumption in Adolescent Girls: A Randomized Crossover Trial. Journal of Nutrition, 2018, 148, 236-244.	2.9	10
10	Breakfast Consumption Suppresses Appetite but Does Not Increase Daily Energy Intake or Physical Activity Energy Expenditure When Compared with Breakfast Omission in Adolescent Girls Who Habitually Skip Breakfast: A 7-Day Randomised Crossover Trial. Nutrients, 2021, 13, 4261.	4.1	6
11	Reflections on Experiencing Parental Bereavement as a Young Person: A Retrospective Qualitative Study. International Journal of Environmental Research and Public Health, 2022, 19, 2083.	2.6	6
12	Acute exposure to a hot ambient temperature reduces energy intake but does not affect gut hormones in men during rest. British Journal of Nutrition, 2021, 125, 951-959.	2.3	5
13	Lower Amounts of Daily and Prolonged Sitting Do Not Lower Free-Living Continuously Monitored Glucose Concentrations in Overweight and Obese Adults: A Randomised Crossover Study. Nutrients, 2022, 14, 605.	4.1	4
14	Daily running exercise may induce incomplete energy intake compensation: a 7-day crossover trial. Applied Physiology, Nutrition and Metabolism, 2020, 45, 446-449.	1.9	2
15	Metabolism and Exercise During Youth. Pediatric Exercise Science, 2017, 29, 39-44.	1.0	0
16	Metabolism and Exercise During Youthâ€"The Year That Was 2017. Pediatric Exercise Science, 2018, 30, 38-41.	1.0	0