

# Juan JosÃ© Salinero

## List of Publications by Year in descending order

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Version: 2024-02-01

76  
papers

2,429  
citations

185998

28  
h-index

223531

46  
g-index

78  
all docs

78  
docs citations

78  
times ranked

2050  
citing authors

#	ARTICLE	IF	CITATIONS
1	Outcomes of adverse analytical findings in individual and team sports. <i>Bioanalysis</i> , 2021, 13, 5-11.	0.6	4
2	Similar ergogenic effect of caffeine on anaerobic performance in men and women athletes. <i>European Journal of Nutrition</i> , 2021, 60, 4107-4114.	1.8	14
3	Frequency and type of adverse analytical findings in athletics: Differences among disciplines. <i>Drug Testing and Analysis</i> , 2021, 13, 1561-1568.	1.6	5
4	Endurance running prevents the age-related decline of calcaneal bone stiffness. <i>Archives of Osteoporosis</i> , 2021, 16, 83.	1.0	0
5	Pre-exercise Caffeine Intake Enhances Bench Press Strength Training Adaptations. <i>Frontiers in Nutrition</i> , 2021, 8, 622564.	1.6	9
6	Study of frequency and type of adverse analytical findings in the different disciplines of aquatics. <i>Bioanalysis</i> , 2021, 13, 1467-1476.	0.6	0
7	Polygenic Profile and Exercise-Induced Muscle Damage by a Competitive Half-Ironman. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 1400-1408.	1.0	16
8	Effects of Caffeine and Coffee on Human Functioning. <i>Nutrients</i> , 2020, 12, 125.	1.7	7
9	Time course of tolerance to adverse effects associated with the ingestion of a moderate dose of caffeine. <i>European Journal of Nutrition</i> , 2020, 59, 3293-3302.	1.8	32
10	Sport-Specific Use of Doping Substances: Analysis of World Anti-Doping Agency Doping Control Tests between 2014 and 2017. <i>Substance Use and Misuse</i> , 2020, 55, 1361-1369.	0.7	16
11	Caffeine Increases Muscle Performance During a Bench Press Training Session. <i>Journal of Human Kinetics</i> , 2020, 74, 185-193.	0.7	11
12	THICKNESS AND CROSS-SECTIONAL AREA OF THE ACHILLES TENDON IN MARATHON RUNNERS: A CROSS-SECTIONAL STUDY. <i>Revista Brasileira De Medicina Do Esporte</i> , 2020, 26, 391-395.	0.1	0
13	Obesity Status and Physical Activity Level in Children and Adults with Autism Spectrum Disorders: A Pilot Study. <i>Journal of Autism and Developmental Disorders</i> , 2019, 49, 165-172.	1.7	42
14	More Research Is Necessary to Establish the Ergogenic Effect of Caffeine in Female Athletes. <i>Nutrients</i> , 2019, 11, 1600.	1.7	16
15	Time course of tolerance to the performance benefits of caffeine. <i>PLoS ONE</i> , 2019, 14, e0210275.	1.1	93
16	Urine Caffeine Concentration in Doping Control Samples from 2004 to 2015. <i>Nutrients</i> , 2019, 11, 286.	1.7	94
17	Challenging the Myth of Non-Response to the Ergogenic Effects of Caffeine Ingestion on Exercise Performance. <i>Nutrients</i> , 2019, 11, 732.	1.7	15
18	Effects of acute ingestion of caffeine on team sports performance: a systematic review and meta-analysis. <i>Research in Sports Medicine</i> , 2019, 27, 238-256.	0.7	108

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19	Elevation of Cardiac Troponins After Endurance Running Competitions. <i>Circulation</i> , 2019, 139, 709-711.	1.6	25
20	Age-related trends in anthropometry and jump and sprint performances in elite soccer players from 13 to 20 years of age: A cross-sectional study. <i>Journal of Human Sport and Exercise</i> , 2019, 14, .	0.2	1
21	Injuries in Spanish female soccer players. <i>Journal of Sport and Health Science</i> , 2018, 7, 183-190.	3.3	31
22	The CYP1A2 -163C&gt;A polymorphism does not alter the effects of caffeine on basketball performance. <i>PLoS ONE</i> , 2018, 13, e0195943.	1.1	37
23	Sweat sodium loss influences serum sodium concentration in a marathon. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2017, 27, 152-160.	1.3	14
24	ACTN3 genotype influences exercise-induced muscle damage during a marathon competition. <i>European Journal of Applied Physiology</i> , 2017, 117, 409-416.	1.2	34
25	Physiological Demands of Elite Cross-Country Skiing During a Real Competition. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 1536-1543.	1.0	3
26	ACTN3 X-allele carriers had greater levels of muscle damage during a half-ironman. <i>European Journal of Applied Physiology</i> , 2017, 117, 151-158.	1.2	24
27	CYP1A2 Genotype Variations Do Not Modify the Benefits and Drawbacks of Caffeine during Exercise: A Pilot Study. <i>Nutrients</i> , 2017, 9, 269.	1.7	56
28	Caffeine Improves Basketball Performance in Experienced Basketball Players. <i>Nutrients</i> , 2017, 9, 1033.	1.7	54
29	A comparison of the physiological demands imposed by competing in a half-marathon vs. a marathon. <i>Journal of Sports Medicine and Physical Fitness</i> , 2017, 57, 1399-1406.	0.4	17
30	Predicting race time in male amateur marathon runners. <i>Journal of Sports Medicine and Physical Fitness</i> , 2017, 57, 1169-1177.	0.4	29
31	Optimum polygenic profile to resist exertional rhabdomyolysis during a marathon. <i>PLoS ONE</i> , 2017, 12, e0172965.	1.1	29
32	Myosin Light Chain Kinase (MLCK) Gene Influences Exercise Induced Muscle Damage during a Competitive Marathon. <i>PLoS ONE</i> , 2016, 11, e0160053.	1.1	11
33	<sc>CFTR</sc> genotype&€related body water and electrolyte balance during a marathon. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2016, 26, 1036-1044.	1.3	6
34	Interindividual variability in sweat electrolyte concentration in marathoners. <i>Journal of the International Society of Sports Nutrition</i> , 2016, 13, 31.	1.7	44
35	Body fat percentage is more associated with low physical fitness than with sedentarism and diet in male and female adolescents. <i>Physiology and Behavior</i> , 2016, 165, 166-172.	1.0	23
36	Caffeinated Energy Drinks Improve High-Speed Running in Elite Field Hockey Players. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2016, 26, 26-32.	1.0	28

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37	Effects of oral salt supplementation on physical performance during a half-Ironman: A randomized controlled trial. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2016, 26, 156-164.	1.3	34
38	Influence of endurance running on calcaneal bone stiffness in male and female runners. <i>European Journal of Applied Physiology</i> , 2016, 116, 327-333.	1.2	18
39	Acute consumption of <i>α</i> -synephrine does not enhance performance in sprint athletes. <i>Applied Physiology, Nutrition and Metabolism</i> , 2016, 41, 63-69.	0.9	15
40	Muscle damage produced during a simulated badminton match in competitive male players. <i>Research in Sports Medicine</i> , 2016, 24, 104-117.	0.7	21
41	Enhancing Physical Performance in Elite Junior Tennis Players With a Caffeinated Energy Drink. <i>International Journal of Sports Physiology and Performance</i> , 2015, 10, 305-310.	1.1	46
42	Basketball performance indicators during the ACB regular season from 2003 to 2013. <i>International Journal of Performance Analysis in Sport</i> , 2015, 15, 935-948.	0.5	28
43	Professional tennis is getting older: Age for the top 100 ranked tennis players. <i>International Journal of Performance Analysis in Sport</i> , 2015, 15, 873-883.	0.5	9
44	Acute consumption of a caffeinated energy drink enhances aspects of performance in sprint swimmers. <i>British Journal of Nutrition</i> , 2015, 114, 908-914.	1.2	57
45	Changes in Serum Free Amino Acids and Muscle Fatigue Experienced during a Half-Ironman Triathlon. <i>PLoS ONE</i> , 2015, 10, e0138376.	1.1	23
46	The ingestion of a caffeinated energy drink improves jump performance and activity patterns in elite badminton players. <i>Journal of Sports Sciences</i> , 2015, 33, 1042-1050.	1.0	50
47	Caffeinated Energy Drinks Improve Volleyball Performance in Elite Female Players. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 850-856.	0.2	85
48	The Use of Compression Stockings During a Marathon Competition to Reduce Exercise-Induced Muscle Damage: Are They Really Useful?. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2015, 45, 462-470.	1.7	35
49	Descripci3n de la pr3ctica de actividad f3sica, habilidades motrices b3sicas y composici3n corporal en ni3os y j3venes de espectro autista. Diferencias por sexo (Description of physical activity, motor skills) Tj ETQq1 0.0.784314 rgBT / 0		
50	Effects of different agility training programs among first-grade elementary school students. <i>Collegium Antropologicum</i> , 2015, 39, 87-92.	0.1	2
51	The influence of ankle dorsiflexion on jumping capacity and the modified agility<i>t</i>-test performance. <i>European Journal of Sport Science</i> , 2014, 14, 137-143.	1.4	7
52	Altitude is Positively Correlated to Race Time during the Marathon. <i>High Altitude Medicine and Biology</i> , 2014, 15, 64-69.	0.5	7
53	Injuries Among Spanish Male Amateur Soccer Players. <i>American Journal of Sports Medicine</i> , 2014, 42, 78-85.	1.9	69
54	The use of energy drinks in sport: perceived ergogenicity and side effects in male and female athletes. <i>British Journal of Nutrition</i> , 2014, 112, 1494-1502.	1.2	85

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55	Short-Term Training Effects of Vertically and Horizontally Oriented Exercises on Neuromuscular Performance in Professional Soccer Players. <i>International Journal of Sports Physiology and Performance</i> , 2014, 9, 480-488.	1.1	63
56	The relationship between age and running time in elite marathoners is U-shaped. <i>Age</i> , 2014, 36, 1003-1008.	3.0	55
57	Compression stockings do not improve muscular performance during a half-ironman triathlon race. <i>European Journal of Applied Physiology</i> , 2014, 114, 587-595.	1.2	32
58	A 7-day oral supplementation with branched-chain amino acids was ineffective to prevent muscle damage during a marathon. <i>Amino Acids</i> , 2014, 46, 1169-1176.	1.2	28
59	Relationship between physiological parameters and performance during a half-ironman triathlon in the heat. <i>Journal of Sports Sciences</i> , 2014, 32, 1680-1687.	1.0	37
60	A caffeinated energy drink improves jump performance in adolescent basketball players. <i>Amino Acids</i> , 2014, 46, 1333-1341.	1.2	88
61	Caffeine-containing energy drink improves physical performance in female soccer players. <i>Amino Acids</i> , 2014, 46, 1385-1392.	1.2	113
62	Influence of Successive Badminton Matches on Muscle Strength, Power, and Body-Fluid Balance in Elite Players. <i>International Journal of Sports Physiology and Performance</i> , 2014, 9, 689-694.	1.1	21
63	Influence of Dorsiflexion Shoes on Jump Performance. <i>Journal of Applied Biomechanics</i> , 2014, 30, 290-293.	0.3	3
64	Enhancing Physical Performance in Male Volleyball Players with a Caffeine-Containing Energy Drink. <i>International Journal of Sports Physiology and Performance</i> , 2014, 9, 1013-1018.	1.1	78
65	Influence of body mass loss and myoglobinuria on the development of muscle fatigue after a marathon in a warm environment. <i>Applied Physiology, Nutrition and Metabolism</i> , 2013, 38, 286-291.	0.9	24
66	Running Pace Decrease during a Marathon Is Positively Related to Blood Markers of Muscle Damage. <i>PLoS ONE</i> , 2013, 8, e57602.	1.1	75
67	Relative age effect in European professional football. Analysis by position. <i>Journal of Human Sport and Exercise</i> , 2013, 8, 966-973.	0.2	28
68	El efecto de la edad relativa en el fútbol espa±ol. <i>Apunts Educacion Fisica Y Deportes</i> , 2013, , 53-57.	0.0	5
69	Psycho-Social Factors Determining Success in High-Performance Triathlon: Compared Perception in the Coach-Athlete Pair. <i>Perceptual and Motor Skills</i> , 2012, 115, 865-880.	0.6	7
70	Dose response effects of a caffeine-containing energy drink on muscle performance: a repeated measures design. <i>Journal of the International Society of Sports Nutrition</i> , 2012, 9, 21.	1.7	103
71	Muscle Damage and Its Relationship with Muscle Fatigue During a Half-Iron Triathlon. <i>PLoS ONE</i> , 2012, 7, e43280.	1.1	52
72	Analysis of Dehydration and Strength in Elite Badminton Players. <i>PLoS ONE</i> , 2012, 7, e37821.	1.1	41

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73	El entrenador de alto nivel en triatlón: entorno próximo y cualidades fundamentales para el rendimiento. (High level triathlon coach: close environment and basic performance qualities).. RICYDE Revista Internacional De Ciencias Del Deporte, 2011, 7, 113-125.	0.1	3
74	The Ranking of the Regions With Regard to Their Sports Facilities to Improve Their Planning in Sport: The Case of Spain. Social Indicators Research, 2009, 94, 297-317.	1.4	17
75	Accelerometer-Based Acimetry as Technology Applied to Healthcare. , 2009, , 838-851.		1
76	Análisis cualitativo y cuantitativo de la oferta de piscinas cubiertas en las Comunidades Autónomas Españolas. (Quantitative and qualitative analysis of the offer of indoor swimming pools in Spanish) Tj ETQq0 0 0 rgBT /Overlck 10 Tf 5		