Gabriele Riccardi

List of Publications by Citations

152 papers	12,915 citations	41 h-index	113 g-index
161 ext. papers	16,429 ext. citations	6.1 avg, IF	5.78 L-index

#	Paper	IF	Citations
152	2019 ESC/EAS Guidelines for the management of dyslipidaemias: lipid modification to reduce cardiovascular risk. *European Heart Journal*, **2020**, 41, 111-188	9.5	2236
151	ESC/EAS Guidelines for the management of dyslipidaemias: the Task Force for the management of dyslipidaemias of the European Society of Cardiology (ESC) and the European Atherosclerosis Society (EAS). *European Heart Journal*, **2011**, 32, 1769-818	9.5	2020
150	2016 ESC/EAS Guidelines for the Management of Dyslipidaemias. *European Heart Journal*, **2016**, 37, 2999-3058	9.5	1781
149	Substituting dietary saturated for monounsaturated fat impairs insulin sensitivity in healthy men and women: The KANWU Study. *Diabetologia*, **2001**, 44, 312-9	10.3	842
148	2016 ESC/EAS Guidelines for the Management of Dyslipidaemias: The Task Force for the Management of Dyslipidaemias of the European Society of Cardiology (ESC) and European Atherosclerosis Society (EAS) Developed with the special contribution of the European Association for Cardiovascular Prevention & Rehabilitation (EACPR). *Atherosclerosis*, **2016**, 253, 281-344	3.1	519
147	Dietary fat, insulin sensitivity and the metabolic syndrome. *Clinical Nutrition*, **2004**, 23, 447-56	5.9	455
146	Evidence-based nutritional approaches to the treatment and prevention of diabetes mellitus. *Nutrition, Metabolism and Cardiovascular Diseases*, **2004**, 14, 373-94	4.5	362
145	Plant sterols and plant stanols in the management of dyslipidaemia and prevention of cardiovascular disease. *Atherosclerosis*, **2014**, 232, 346-60	3.1	330
144	Glycemic index, glycemic load and glycemic response: An International Scientific Consensus Summit from the International Carbohydrate Quality Consortium (ICQC). *Nutrition, Metabolism and Cardiovascular Diseases*, **2015**, 25, 795-815	4.5	309
143	2019 ESC/EAS guidelines for the management of dyslipidaemias: Lipid modification to reduce cardiovascular risk. *Atherosclerosis*, **2019**, 290, 140-205	3.1	259
142	Long-term dietary treatment with increased amounts of fiber-rich low-glycemic index natural foods improves blood glucose control and reduces the number of hypoglycemic events in type 1 diabetic patients. *Diabetes Care*, **2000**, 23, 1461-6	14.6	217
141	Role of glycemic index and glycemic load in the healthy state, in prediabetes, and in diabetes. *American Journal of Clinical Nutrition*, **2008**, 87, 269S-274S	7	157
140	Effects on the incidence of cardiovascular events of the addition of pioglitazone versus sulfonylureas in patients with type 2 diabetes inadequately controlled with metformin (TOSCA.IT): a randomised, multicentre trial. *Lancet Diabetes and Endocrinology,the*, **2017**, 5, 887-897	18.1	154
139	Effects of dietary saturated, monounsaturated and n-3 fatty acids on fasting lipoproteins, LDL size and post-prandial lipid metabolism in healthy subjects. *Atherosclerosis*, **2003**, 167, 149-58	3.1	145
138	Improving cereal grain carbohydrates for diet and health. *Journal of Cereal Science*, **2014**, 59, 312-326	3.8	137
137	Diet composition and the risk of type 2 diabetes: epidemiological and clinical evidence. *British Journal of Nutrition*, **2004**, 92, 7-19	3.6	129
136	Diets naturally rich in polyphenols improve fasting and postprandial dyslipidemia and reduce oxidative stress: a randomized controlled trial. *American Journal of Clinical Nutrition*, **2014**, 99, 463-71	7	101

135	Impact of Diet Composition on Blood Glucose Regulation. *Critical Reviews in Food Science and Nutrition*, **2016**, 56, 541-90	11.5	92
134	A whole-grain cereal-based diet lowers postprandial plasma insulin and triglyceride levels in individuals with metabolic syndrome. *Nutrition, Metabolism and Cardiovascular Diseases*, **2014**, 24, 837-44	4.5	92
133	Effects of the regular consumption of wholemeal wheat foods on cardiovascular risk factors in healthy people. *Nutrition, Metabolism and Cardiovascular Diseases*, **2010**, 20, 186-94	4.5	91
132	Dietary Glycemic Index and Load and the Risk of Type 2 Diabetes: A Systematic Review and Updated Meta-Analyses of Prospective Cohort Studies. *Nutrients*, **2019**, 11,	6.7	87
131	Developing a standard definition of whole-grain foods for dietary recommendations: summary report of a multidisciplinary expert roundtable discussion. *Advances in Nutrition*, **2014**, 5, 164-76	10	85
130	Dietary linoleic acid and human health: Focus on cardiovascular and cardiometabolic effects. *Atherosclerosis*, **2020**, 292, 90-98	3.1	85
129	Effects of a plant-based high-carbohydrate/high-fiber diet versus high-monounsaturated fat/low-carbohydrate diet on postprandial lipids in type 2 diabetic patients. *Diabetes Care*, **2009**, 32, 2168-73	14.6	80
128	Whole grain intake in relation to body weight: from epidemiological evidence to clinical trials. *Nutrition, Metabolism and Cardiovascular Diseases*, **2011**, 21, 901-8	4.5	78
127	Polyphenol-rich diets improve glucose metabolism in people at high cardiometabolic risk: a controlled randomised intervention trial. *Diabetologia*, **2015**, 58, 1551-60	10.3	64
126	Blood Glucose Control During Lockdown for COVID-19: CGM Metrics in Italian Adults With Type 1 Diabetes. *Diabetes Care*, **2020**, 43, e88-e89	14.6	61
125	Reproducibility of the new diagnostic criteria for impaired glucose tolerance. *American Journal of Epidemiology*, **1985**, 121, 422-9	3.8	61
124	Dietary Glycemic Index and Load and the Risk of Type 2 Diabetes: Assessment of Causal Relations. *Nutrients*, **2019**, 11,	6.7	58
123	Whole Grain Intake and Glycaemic Control in Healthy Subjects: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. *Nutrients*, **2017**, 9,	6.7	57
122	Effects of whole-grain cereal foods on plasma short chain fatty acid concentrations in individuals with the metabolic syndrome. *Nutrition*, **2016**, 32, 217-21	4.8	56
121	Glycemic index of local foods and diets: the Mediterranean experience. *Nutrition Reviews*, **2003**, 61, S56-60	4	56
120	Dietary Polyphenol Intake, Blood Pressure, and Hypertension: A Systematic Review and Meta-Analysis of Observational Studies. *Antioxidants*, **2019**, 8,	7.1	50
119	Comparative Effects of Roux-en-Y Gastric Bypass and Sleeve Gastrectomy on Glucose Homeostasis and Incretin Hormones in Obese Type 2 Diabetic Patients: A One-Year Prospective Study. *Hormone and Metabolic Research*, **2016**, 48, 312-7	3.1	48
118	Impact of a Mediterranean Dietary Pattern and Its Components on Cardiovascular Risk Factors, Glucose Control, and Body Weight in People with Type 2 Diabetes: A Real-Life Study. *Nutrients*, **2018**, 10,	6.7	47

117	Wholegrain Intake and Risk of Type 2 Diabetes: Evidence from Epidemiological and Intervention Studies. *Nutrients*, **2018**, 10,	6.7	47
116	Different glycaemic responses to pasta, bread, and potatoes in diabetic patients. *Diabetic Medicine*, **1985**, 2, 374-7	3.5	46
115	Functional foods in the management of obesity and type 2 diabetes. *Current Opinion in Clinical Nutrition and Metabolic Care*, **2005**, 8, 630-5	3.8	45
114	Effects of bariatric surgery on markers of subclinical atherosclerosis and endothelial function: a meta-analysis of literature studies. *International Journal of Obesity*, **2016**, 40, 395-402	5.5	44
113	Effects of changing amount of carbohydrate in diet on plasma lipoproteins and apolipoproteins in type II diabetic patients. *Diabetes Care*, **1990**, 13, 446-8	14.6	44
112	Polyphenol intake and cardiovascular risk factors in a population with type 2 diabetes: The TOSCA.IT study. *Clinical Nutrition*, **2017**, 36, 1686-1692	5.9	42
111	Characteristics of some wheat-based foods of the Italian diet in relation to their influence on postprandial glucose metabolism in patients with type 2 diabetes. *British Journal of Nutrition*, **2001**, 85, 33-40	3.6	40
110	Effects of bezafibrate on insulin secretion and peripheral insulin sensitivity in hyperlipidemic patients with and without diabetes. *Atherosclerosis*, **1989**, 75, 175-81	3.1	40
109	Extra-Virgin Olive Oil Reduces Glycemic Response to a High-Glycemic Index Meal in Patients With Type 1 Diabetes: A Randomized Controlled Trial. *Diabetes Care*, **2016**, 39, 518-24	14.6	39
108	Whole grain consumption and human health: an umbrella review of observational studies. *International Journal of Food Sciences and Nutrition*, **2020**, 71, 668-677	3.7	37
107	Addition of either pioglitazone or a sulfonylurea in type 2 diabetic patients inadequately controlled with metformin alone: impact on cardiovascular events. A randomized controlled trial. *Nutrition, Metabolism and Cardiovascular Diseases*, **2012**, 22, 997-1006	4.5	36
106	Effects of meals with different glycaemic index on postprandial blood glucose response in patients with Type 1 diabetes treated with continuous subcutaneous insulin infusion. *Diabetic Medicine*, **2011**, 28, 227-9	3.5	35
105	Influence of dietary fat and carbohydrates proportions on plasma lipids, glucose control and low-grade inflammation in patients with type 2 diabetes-The TOSCA.IT Study. *European Journal of Nutrition*, **2016**, 55, 1645-51	5.2	32
104	Does a high-carbohydrate diet have different effects in NIDDM patients treated with diet alone or hypoglycemic drugs?. *Diabetes Care*, **1996**, 19, 498-500	14.6	32
103	Food group consumption in an Italian population using the updated food classification system FoodEx2: Results from the Italian Nutrition & HEalth Survey (INHES) study. *Nutrition, Metabolism and Cardiovascular Diseases*, **2017**, 27, 307-328	4.5	31
102	Functional food science and substrate metabolism. *British Journal of Nutrition*, **1998**, 80 Suppl 1, S47-75	3.6	31
101	Dietary intake and major food sources of polyphenols in people with type 2 diabetes: The TOSCA.IT Study. *European Journal of Nutrition*, **2018**, 57, 679-688	5.2	30
100	Efficacy and safety of acarbose in the treatment of Type 1 diabetes mellitus: a placebo-controlled, double-blind, multicentre study. *Diabetic Medicine*, **1999**, 16, 228-32	3.5	30

99	Sex differences in food choices, adherence to dietary recommendations and plasma lipid profile in type 2 diabetes - The TOSCA.IT study. *Nutrition, Metabolism and Cardiovascular Diseases*, **2016**, 26, 879-85	4.5	30
98	A Narrative Review on Sarcopenia in Type 2 Diabetes Mellitus: Prevalence and Associated Factors. *Nutrients*, **2021**, 13,	6.7	28
97	Diets rich in whole grains increase betainized compounds associated with glucose metabolism. *American Journal of Clinical Nutrition*, **2018**, 108, 971-979	7	26
96	Functional foods and cardiometabolic diseases* International Task Force for Prevention of Cardiometabolic Diseases. *Nutrition, Metabolism and Cardiovascular Diseases*, **2014**, 24, 1272-300	4.5	25
95	How Well Can We Control Dyslipidemias Through Lifestyle Modifications?. *Current Cardiology Reports*, **2016**, 18, 66	4.2	23
94	Low glycemic index diet, exercise and vitamin D to reduce breast cancer recurrence (DEDiCa): design of a clinical trial. *BMC Cancer*, **2017**, 17, 69	4.8	22
93	Perspective: Metabotyping-A Potential Personalized Nutrition Strategy for Precision Prevention of Cardiometabolic Disease. *Advances in Nutrition*, **2020**, 11, 524-532	10	22
92	Dietary Fibre Consensus from the International Carbohydrate Quality Consortium (ICQC). *Nutrients*, **2020**, 12,	6.7	22
91	Lower incidence of macrovascular complications in patients on insulin glargine versus those on basal human insulins: a population-based cohort study in Italy. *Nutrition, Metabolism and Cardiovascular Diseases*, **2014**, 24, 10-7	4.5	21
90	Grape pomace polyphenols improve insulin response to a standard meal in healthy individuals: A pilot study. *Clinical Nutrition*, **2019**, 38, 2727-2734	5.9	21
89	Diets naturally rich in polyphenols and/or long-chain n-3 polyunsaturated fatty acids differently affect microbiota composition in high-cardiometabolic-risk individuals. *Acta Diabetologica*, **2020**, 57, 853-860	3.9	20
88	Metabolic effects of dietary carbohydrates: The importance of food digestion. *Food Research International*, **2016**, 88, 336-341	7	20
87	Liver fat in obesity: role of type 2 diabetes mellitus and adipose tissue distribution. *European Journal of Clinical Investigation*, **2011**, 41, 39-44	4.6	19
86	Glycaemic load versus carbohydrate counting for insulin bolus calculation in patients with type 1 diabetes on insulin pump. *Acta Diabetologica*, **2015**, 52, 865-71	3.9	16
85	Diabetes remission after bariatric surgery is characterized by high glycemic variability and high oxidative stress. *Nutrition, Metabolism and Cardiovascular Diseases*, **2017**, 27, 949-955	4.5	16
84	A systematic review on the relations between pasta consumption and cardio-metabolic risk factors. *Nutrition, Metabolism and Cardiovascular Diseases*, **2017**, 27, 939-948	4.5	15
83	Reduction of risk factors for atherosclerosis in diabetic patients treated with a high-fiber diet. *Preventive Medicine*, **1983**, 12, 128-32	4.3	15
82	Minor Contribution of Endogenous GLP-1 and GLP-2 to Postprandial Lipemia in Obese Men. *PLoS ONE*, **2016**, 11, e0145890	3.7	15

81	Subjective satiety and plasma PYY concentration after wholemeal pasta. *Appetite*, **2018**, 125, 172-181	4.5	14
80	Effects of a diet naturally rich in polyphenols on lipid composition of postprandial lipoproteins in high cardiometabolic risk individuals: an ancillary analysis of a randomized controlled trial. *European Journal of Clinical Nutrition*, **2020**, 74, 183-192	5.2	14
79	Fructose intervention for 12 weeks does not impair glycemic control or incretin hormone responses during oral glucose or mixed meal tests in obese men. *Nutrition, Metabolism and Cardiovascular Diseases*, **2017**, 27, 534-542	4.5	13
78	Adherence to the traditional Mediterranean diet in a population of South of Italy: factors involved and proposal of an educational field-based survey tool. *International Journal of Food Sciences and Nutrition*, **2019**, 70, 195-201	3.7	13
77	Pro12Ala polymorphism in the PPARG gene contributes to the development of diabetic nephropathy in Chinese type 2 diabetic patients: comment on the study by Liu et al. *Diabetes Care*, **2010**, 33, e114; author reply e115	14.6	13
76	Very low density lipoprotein subfraction abnormalities in IDDM patients: any effect of blood glucose control?. *Diabetologia*, **1995**, 38, 1419-24	10.3	13
75	The use of diet to lower plasma cholesterol levels. *European Heart Journal*, **1987**, 8 Suppl E, 79-85	9.5	13
74	Mediterranean diet and quality of life in women treated for breast cancer: A baseline analysis of DEDiCa multicentre trial. *PLoS ONE*, **2020**, 15, e0239803	3.7	13
73	Treatment Patterns of Diabetes in Italy: A Population-Based Study. *Frontiers in Pharmacology*, **2019**, 10, 870	5.6	12
72	Global Cardiovascular Risk Assessment in Different Clinical Settings. *High Blood Pressure and Cardiovascular Prevention*, **2009**, 16, 55-63	2.9	12
71	Use of Electronic Support for Implementing Global Cardiovascular Risk Management. *High Blood Pressure and Cardiovascular Prevention*, **2010**, 17, 37-47	2.9	11
70	Quality of Life in Women Diagnosed with Breast Cancer after a 12-Month Treatment of Lifestyle Modifications. *Nutrients*, **2020**, 13,	6.7	11
69	The PPARγ Pro12Ala variant is protective against progression of nephropathy in people with type 2 diabetes. *Journal of Translational Medicine*, **2015**, 13, 85	8.5	10
68	Test meals rich in marine long-chain n-3 polyunsaturated fatty acids increase postprandial chylomicron response. *Nutrition Research*, **2014**, 34, 661-6	4	10
67	Insulin sensitivity is increased and fat oxidation after a high-fat meal is reduced in normal-weight healthy men with strong familial predisposition to overweight. *International Journal of Obesity*, **2003**, 27, 790-6	5.5	10
66	Gastrointestinal effects of extra-virgin olive oil associated with lower postprandial glycemia in type 1 diabetes. *Clinical Nutrition*, **2019**, 38, 2645-2651	5.9	10
65	Metabolic response to amylose-rich wheat-based rusks in overweight individuals. *European Journal of Clinical Nutrition*, **2018**, 72, 904-912	5.2	9
64	Glycaemic index: did Health Canada get it wrong? Position from the International Carbohydrate Quality Consortium (ICQC). *British Journal of Nutrition*, **2014**, 111, 380-2	3.6	9

63	Cardiovascular Prevention in Subjects with Impaired Fasting Glucose or Impaired Glucose Tolerance. *High Blood Pressure and Cardiovascular Prevention*, **2010**, 17, 73-102	2.9	9
62	Association between retinopathy and impaired peripheral arterial circulation in insulin-dependent diabetic patients. *Arteriosclerosis (Dallas, Tex)*, **1988**, 8, 509-14		9
61	Association between low habitual physical activity and impaired glucose tolerance. *Clinical Physiology*, **1985**, 5, 63-70		9
60	Intensive dietary intervention promoting the Mediterranean diet in people with high cardiometabolic risk: a non-randomized study. *Acta Diabetologica*, **2018**, 55, 219-226	3.9	9
59	Cardiovascular Effects of Pioglitazone or Sulfonylureas According to Pretreatment Risk: Moving Toward Personalized Care. *Journal of Clinical Endocrinology and Metabolism*, **2019**, 104, 3296-3302	5.6	8
58	Mathematical optimization of the green extraction of polyphenols from grape peels through a cyclic pressurization process. *Heliyon*, **2019**, 5, e01526	3.6	8
57	A nutritional intervention programme at a worksite canteen to promote a healthful lifestyle inspired by the traditional Mediterranean diet. *International Journal of Food Sciences and Nutrition*, **2018**, 69, 117-124	3.7	8
56	Long-term body weight trajectories and metabolic control in type 1 diabetes patients on insulin pump or multiple daily injections: A 10-year retrospective controlled study. *Nutrition, Metabolism and Cardiovascular Diseases*, **2019**, 29, 1110-1117	4.5	8
55	Effectiveness of Changes in Diet Composition on Reducing the Incidence of Cardiovascular Disease. *Current Cardiology Reports*, **2019**, 21, 88	4.2	8
54	Pasta Consumption and Connected Dietary Habits: Associations with Glucose Control, Adiposity Measures, and Cardiovascular Risk Factors in People with Type 2 Diabetes-TOSCA.IT Study. *Nutrients*, **2019**, 12,	6.7	8
53	Pasta: Role in Diet **2016**, 242-245		8
52	Pioglitazone even at low dosage improves NAFLD in type 2 diabetes: clinical and pathophysiological insights from a subgroup of the TOSCA.IT randomised trial. *Diabetes Research and Clinical Practice*, **2021**, 178, 108984	7.4	8
51	Risk Differences Between Prediabetes And Diabetes According To Breast Cancer Molecular Subtypes. *Journal of Cellular Physiology*, **2017**, 232, 1144-1150	7	7
50	Micronutrient Intake in a Cohort of Italian Adults with Type 1 Diabetes: Adherence to Dietary Recommendations. *Journal of Diabetes Research*, **2017**, 2017, 2682319	3.9	7
49	Plasma TMAO increase after healthy diets: results from 2 randomized controlled trials with dietary fish, polyphenols, and whole-grain cereals. *American Journal of Clinical Nutrition*, **2021**, 114, 1342-1350	7	7
48	White Meat Consumption, All-Cause Mortality, and Cardiovascular Events: A Meta-Analysis of Prospective Cohort Studies. *Nutrients*, **2021**, 13,	6.7	7
47	Carbohydrate quality is key for a healthy and sustainable diet. *Nature Reviews Endocrinology*, **2019**, 15, 257-258	15.2	6
46	New indices for selection of carbohydrate foods in the diabetic diet: hopes and limitations. *Diabetic Medicine*, **1987**, 4, 140-3	3.5	6

45	Lower rate of cardiovascular complications in patients on bolus insulin analogues: a retrospective population-based cohort study. *PLoS ONE*, **2013**, 8, e79762	3.7	6
44	Nutritional factors influencing plasma adiponectin levels: results from a randomised controlled study with whole-grain cereals. *International Journal of Food Sciences and Nutrition*, **2020**, 71, 509-515	3.7	6
43	Glycemic control and microvascular complications in adults with type 1 diabetes and long-lasting treated celiac disease: A case-control study. *Diabetes Research and Clinical Practice*, **2018**, 143, 282-287	7.4	5
42	Dietary fat differentially modulate the mRNA expression levels of oxidative mitochondrial genes in skeletal muscle of healthy subjects. *Nutrition, Metabolism and Cardiovascular Diseases*, **2014**, 24, 198-204	4.5	5
41	The results of Look AHEAD do not row against the implementation of lifestyle changes in patients with type 2 diabetes. *Nutrition, Metabolism and Cardiovascular Diseases*, **2014**, 24, 4-9	4.5	5
40	Dietary recommendations for prevention of atherosclerosis. *Cardiovascular Research*, **2021**,	9.9	5
39	Recent Trends in Dietary Habits of the Italian Population: Potential Impact on Health and the Environment. *Nutrients*, **2021**, 13,	6.7	5
38	The energy intake modulates the association of the -55CT polymorphism of UCP3 with body weight in type 2 diabetic patients. *International Journal of Obesity*, **2014**, 38, 873-7	5.5	4
37	Role of the Entero-Insular Axis in the Pathogenesis of Idiopathic Reactive Hypoglycemia: A Pilot Study. *Journal of Clinical Endocrinology and Metabolism*, **2015**, 100, 4441-6	5.6	4
36	Dietary determinants of postprandial blood glucose control in adults with type 1 diabetes on a hybrid closed-loop system. *Diabetologia*, **2022**, 65, 79-87	10.3	4
35	Dietary Glycaemic Index Labelling: A Global Perspective. *Nutrients*, **2021**, 13,	6.7	4
34	Diet, Lifestyle, Smoking. *Handbook of Experimental Pharmacology*, **2020**, 1	3.2	3
33	Research interactions between academia and food companies: how to improve transparency and credibility of an inevitable liaison. *European Journal of Nutrition*, **2018**, 57, 1269-1273	5.2	3
32	Gastric Emptying Impacts the Timing of Meal Glucose Peak in Subjects With Uncomplicated Type 1 Diabetes. *Journal of Clinical Endocrinology and Metabolism*, **2018**, 103, 2269-2276	5.6	3
31	Comment on: Zhang et al. Peroxisome proliferator-activated receptor polymorphism Pro12Ala is associated with nephropathy in type 2 diabetes: evidence from meta-analysis of 18 studies. Diabetes Care 2012;35:1388-1393. *Diabetes Care*, **2013**, 36, e18	14.6	3
30	Is there any use for the oral glucose tolerance test?. *Diabetes Care*, **2000**, 23, 714-5	14.6	3
29	Evaluation of cardiovascular risk in adults with type 1 diabetes: poor concordance between the 2019 ESC risk classification and 10-year cardiovascular risk prediction according to the Steno Type 1 Risk Engine. *Cardiovascular Diabetology*, **2020**, 19, 166	8.7	3
28	Comorbidity in an Older Population with Type-2 Diabetes Mellitus: Identification of the Characteristics and Healthcare Utilization of High-Cost Patients. *Frontiers in Pharmacology*, **2020**, 11, 586187	5.6	3

27	Are Europeans moving towards dietary habits more suitable for reducing cardiovascular disease risk?. *Nutrition, Metabolism and Cardiovascular Diseases*, **2020**, 30, 1857-1860	4.5	3
26	Glycemic response and the glycemic index of foods: more remains to be seen on the second-meal effect of proteins. *American Journal of Clinical Nutrition*, **2018**, 107, 845-850	7	2
25	Cardiovascular outcome trials of glucose-lowering strategies in type 2 diabetes. *Lancet, The*, **2014**, 384, 1096	40	2
24	Putative metabolites involved in the beneficial effects of wholegrain cereal: Nontargeted metabolite profiling approach. *Nutrition, Metabolism and Cardiovascular Diseases*, **2021**, 31, 1156-1165	4.5	2
23	Dietary inflammatory index score, glucose control and cardiovascular risk factors profile in people with type 2 diabetes. *International Journal of Food Sciences and Nutrition*, **2021**, 72, 529-536	3.7	2
22	The Impact of Glucose-Lowering Drugs on Sarcopenia in Type 2 Diabetes: Current Evidence and Underlying Mechanisms. *Cells*, **2021**, 10,	7.9	2
21	Effectiveness on major cardiovascular risk factors of an educational program to promote a Mediterranean type of diet among the employees of the company FCA Italia S.p.A. *Diabetes Research and Clinical Practice*, **2021**, 179, 109009	7.4	2
20	Treatment of Diabetes with Lifestyle Changes: Diet. *Endocrinology*, **2018**, 1-16	0.1	1
19	Risk of heart failure in diabetic patients receiving sulfonylureas. *European Journal of Heart Failure*, **2018**, 20, 1371-1372	12.3	1
18	Relations Between the Consumption of Fatty or Lean Fish and Risk of Cardiovascular Disease and All-cause Mortality: A Systematic Review and Meta-analysis.. *Advances in Nutrition*, **2022**,	10	1
17	Cardiovascular risk factors control according to diabetes status and prior cardiovascular events in patients managed in different settings. *Diabetes Research and Clinical Practice*, **2020**, 168, 108370	7.4	1
16	The combination of UCP3-55CT and PPAR2Pro12Ala polymorphisms affects BMI and substrate oxidation in two diabetic populations. *Nutrition, Metabolism and Cardiovascular Diseases*, **2016**, 26, 400-6	4.5	1
15	The Pro12Ala polymorphism of PPAR2 modulates beta cell function and failure to oral glucose-lowering drugs in patients with type 2 diabetes. *Diabetes/Metabolism Research and Reviews* , **2021**, 37, e3392	7.5	1
14	Linoleic acid and risk of type 2 diabetes. *Lancet Diabetes and Endocrinology,the*, **2017**, 5, 929-930	18.1	0
13	The MEDGICarb-Study: Design of a multi-center randomized controlled trial to determine the differential health-promoting effects of low- and high-glycemic index Mediterranean-style eating patterns. *Contemporary Clinical Trials Communications*, **2020**, 19, 100640	1.8	0
12	Dietary Changes During COVID-19 Lockdown in Adults With Type 1 Diabetes on a Hybrid Artificial Pancreas. *Frontiers in Public Health*, **2021**, 9, 752161	6	0
11	Pizza Leavening Technique Influences Postprandial Glucose Response: A Randomized Controlled Trial in Patients With Type 1 Diabetes. *Diabetes Care*, **2019**, 42, e157-e158	14.6	0
10	Carbohydrates: Separating fact from fiction. *Atherosclerosis*, **2021**, 328, 114-123	3.1	0

9	Uncooked cornstarch for the prevention of hypoglycemic events. *Critical Reviews in Food Science and Nutrition*, **2021**, 1-14	11.5	0
8	Corrigendum to "The combination of UCP3-55CT and PPARγ2Pro12Ala polymorphisms affects BMI and substrate oxidation in two diabetic populations" [Nutr Metab Cardiovasc Dis 26 (2016) 400-406]. *Nutrition, Metabolism and Cardiovascular Diseases*, **2017**, 27, 472	4.5	
7	Response to Letter to the Editor: "Cardiovascular Effects of Pioglitazone or Sulfonylureas According to Pretreatment Risk: Moving Toward Personalized Care". *Journal of Clinical Endocrinology and Metabolism*, **2020**, 105,	5.6	
6	Cibi per diabetici. Che senso ha?. *L Endocrinologo*, **2019**, 20, 133-138	0	
5	Functional Foods for Diabetes and Obesity **2011**, 138-146		
4	Dietary Carbohydrates, Overweight and Metabolic Syndrome: The Role of Glycemic Index in a Healthy Diet **2011**, 105-111		
3	2009 SIPREC Consensus Document Executive Summary. *High Blood Pressure and Cardiovascular Prevention*, **2010**, 17, 237-247	2.9	
2	La dislipidemia nel paziente diabetico. *L Endocrinologo*, **2006**, 7, 23-31	0	
1	Treatment of Diabetes with Lifestyle Changes: Diet. *Endocrinology*, **2018**, 497-512	0.1	