List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Mental health during the COVID-19 pandemic: exploring the role of psychological flexibility andÂstress-related variables. Psychology and Health, 2023, 38, 1378-1401.	1.2	8
2	Effects of COVID-19-related worry and rumination on mental health and loneliness during the pandemic: longitudinal analyses of adults in the UK COVID-19 mental health & wellbeing study. Journal of Mental Health, 2023, 32, 1122-1133.	1.0	15
3	Predicting suicidal ideation in a nationally representative sample of young adults: a 12-month prospective study. Psychological Medicine, 2022, 52, 3168-3175.	2.7	9
4	Wellbeing, burnout, and safe practice among healthcare professionals: predictive influences of mindfulness, values, and self-compassion. Psychology, Health and Medicine, 2022, 27, 1130-1143.	1.3	23
5	Stress and eating behaviours in healthy adults: a systematic review and meta-analysis. Health Psychology Review, 2022, 16, 280-304.	4.4	70
6	Cross-sectional and prospective associations between stress, perseverative cognition and health behaviours. Psychology and Health, 2022, 37, 87-104.	1.2	6
7	A template for preregistration of quantitative research in psychology: Report of the joint psychological societies preregistration task force American Psychologist, 2022, 77, 602-615.	3.8	21
8	Effects of childhood adversity and cortisol levels on suicidal ideation and behaviour: Results from a general population study. Psychoneuroendocrinology, 2022, 138, 105664.	1.3	6
9	Interventions to promote physical distancing behaviour during infectious disease pandemics or epidemics: A systematic review. Social Science and Medicine, 2022, 303, 114946.	1.8	5
10	Coping strategies and social support are associated with post-traumatic stress disorder symptoms in Saudi paramedics. International Journal of Emergency Services, 2022, ahead-of-print, .	0.7	1
11	A workplace Acceptance and Commitment Therapy (ACT) intervention for improving healthcare staff psychological distress: A randomised controlled trial. PLoS ONE, 2022, 17, e0266357.	1.1	12
12	Burnout in surgeons: A qualitative investigation into contributors and potential solutions. International Journal of Surgery, 2022, 101, 106613.	1.1	6
13	LOng COvid Multidisciplinary consortium Optimising Treatments and servlces acrOss the NHS (LOCOMOTION): protocol for a mixed-methods study in the UK. BMJ Open, 2022, 12, e063505.	0.8	30
14	Mental health and well-being during the second wave of COVID-19: longitudinal analyses of the UK COVID-19 Mental Health and Wellbeing study (UK COVID-MH). BJPsych Open, 2022, 8, .	0.3	21
15	Investigation of psychometric properties of the Mindful Eating Questionnaire in Chinese adolescents and young adults using mixed methods. Appetite, 2022, 176, 106097.	1.8	3
16	Promoting colorectal cancer screening: a systematic review and meta-analysis of randomised controlled trials of interventions to increase uptake. Health Psychology Review, 2021, 15, 371-394.	4.4	18
17	Exploring the effects of positive and negative emotions on eating behaviours in children and young adults. Psychology, Health and Medicine, 2021, 26, 457-466.	1.3	7
18	Mental health and well-being during the COVID-19 pandemic: longitudinal analyses of adults in the UK COVID-19 Mental Health & Wellbeing study. British Journal of Psychiatry, 2021, 218, 326-333.	1.7	805

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#	Article	IF	CITATIONS
19	Stress and Health: A Review of Psychobiological Processes. Annual Review of Psychology, 2021, 72, 663-688.	9.9	305
20	Conscientiousness and engagement with national health behaviour guidelines. Psychology, Health and Medicine, 2021, 26, 421-432.	1.3	8
21	Psychological and occupational impact of the COVID-19 pandemic on UK surgeons: a qualitative investigation. BMJ Open, 2021, 11, e045699.	0.8	29
22	Exploring the effects of daily hassles and uplifts on eating behaviour in young adults: The role of daily cortisol levels. Psychoneuroendocrinology, 2021, 129, 105231.	1.3	5
23	Burnout in Surgical Trainees: a Narrative Review of Trends, Contributors, Consequences and Possible Interventions. Indian Journal of Surgery, 2021, , 1-10.	0.2	2
24	Health effects of psychological interventions for worry and rumination: A meta-analysis Health Psychology, 2021, 40, 617-630.	1.3	22
25	Template for Rapid Iterative Consensus of Experts (TRICE). International Journal of Environmental Research and Public Health, 2021, 18, 10255.	1.2	7
26	Resilience and vulnerability factors influence the cortisol awakening response in individuals vulnerable to suicide. Journal of Psychiatric Research, 2021, 142, 312-320.	1.5	13
27	Group-based acceptance and commitment therapy interventions for improving general distress and work-related distress in healthcare professionals: A systematic review and meta-analysis. Journal of Affective Disorders, 2021, 295, 192-202.	2.0	25
28	Financial incentives for bowel cancer screening: Results from a mixed methods study in the United Kingdom. British Journal of Health Psychology, 2021, , .	1.9	3
29	Exploring the Impact of Primary Care Physician Burnout and Well-Being on Patient Care: A Focus Group Study. Journal of Patient Safety, 2020, 16, e278-e283.	0.7	28
30	The future of health behaviour change interventions: opportunities for open science and personality research. Health Psychology Review, 2020, 14, 176-181.	4.4	12
31	What factors are most influential in increasing cervical cancer screening attendance? An online study of UK-based women. Health Psychology and Behavioral Medicine, 2020, 8, 314-328.	0.8	19
32	Research priorities for the COVIDâ€19 pandemic and beyond: A call to action for psychological science. British Journal of Psychology, 2020, 111, 603-629.	1.2	146
33	Cluster randomized controlled trial of volitional and motivational interventions to improve bowel cancer screening uptake: A population-level study. Social Science and Medicine, 2020, 265, 113496.	1.8	3
34	Do Worry and Brooding Predict Health Behaviors? A Daily Diary Investigation. International Journal of Behavioral Medicine, 2020, 27, 591-601.	0.8	7
35	Stress, cortisol and suicide risk. International Review of Neurobiology, 2020, 152, 101-130.	0.9	38
36	Barriers to flexible sigmoidoscopy colorectal cancer screening in low uptake socioâ€demographic groups: A systematic review. Psycho-Oncology, 2020, 29, 1237-1247.	1.0	8

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37	Are stressful life events prospectively associated with increased suicidal ideation and behaviour? A systematic review and meta-analysis. Journal of Affective Disorders, 2020, 266, 731-742.	2.0	59
38	Entrapment and suicide risk: The development of the 4-item Entrapment Scale Short-Form (E-SF). Psychiatry Research, 2020, 284, 112765.	1.7	15
39	Burnout in psychological therapists: A crossâ€sectional study investigating the role of supervisory relationship quality. Clinical Psychologist, 2020, 24, 223-235.	0.5	12
40	Exploring the effects of daily hassles on eating behaviour in children: The role of cortisol reactivity. Psychoneuroendocrinology, 2020, 117, 104692.	1.3	6
41	Job Strain, Burnout, Wellbeing and Patient Safety in Healthcare Professionals. Aligning Perspectives on Health, Safety and Well-being, 2020, , 11-23.	0.2	8
42	Effects of childhood trauma, daily stress, and emotions on daily cortisol levels in individuals vulnerable to suicide Journal of Abnormal Psychology, 2020, 129, 92-107.	2.0	35
43	A systematic review and meta-analysis of the executive function-health behaviour relationship. Health Psychology and Behavioral Medicine, 2019, 7, 253-268.	0.8	29
44	Distinguishing suicide ideation from suicide attempts: Further test of the Integrated Motivational-Volitional Model of Suicidal Behaviour. Journal of Psychiatric Research, 2019, 117, 100-107.	1.5	50
45	Science as behaviour: Using a behaviour change approach to increase uptake of open science. Psychology and Health, 2019, 34, 1397-1406.	1.2	42
46	Association of GP wellbeing and burnout with patient safety in UK primary care: a cross-sectional survey. British Journal of General Practice, 2019, 69, e507-e514.	0.7	53
47	The relationship between Type D personality and physical health complaints is mediated by perceived stress and anxiety but not diurnal cortisol secretion. Stress, 2018, 21, 229-236.	0.8	18
48	Strategies to improve general practitioner well-being: findings from a focus group study. Family Practice, 2018, 35, 511-516.	0.8	26
49	Stress and eating behaviors in children and adolescents: Systematic review and meta-analysis. Appetite, 2018, 123, 14-22.	1.8	123
50	Effects of childhood trauma on cortisol levels in suicide attempters and ideators. Psychoneuroendocrinology, 2018, 88, 9-16.	1.3	63
51	From ideation to action: Differentiating between those who think about suicide and those who attempt suicide in a national study of young adults. Journal of Affective Disorders, 2018, 241, 475-483.	2.0	75
52	Suicide attempts and non-suicidal self-harm: national prevalence study of young adults. BJPsych Open, 2018, 4, 142-148.	0.3	73
53	Interactive Effects of Trait Self-Control and Stress Appraisals on Blood Pressure Responses to a Laboratory Stressor. International Journal of Behavioral Medicine, 2017, 24, 602-612.	0.8	3
54	A Daily Diary Approach to the Examination of Chronic Stress, Daily Hassles and Safety Perceptions in Hospital Nursing. International Journal of Behavioral Medicine, 2017, 24, 946-956.	0.8	16

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55	Cortisol reactivity and suicidal behavior: Investigating the role of hypothalamic-pituitary-adrenal axis responses to stress in suicide attempters and ideators. Psychoneuroendocrinology, 2017, 75, 183-191.	1.3	111
56	Caring for Caregivers (C4C): study protocol for a pilot feasibility randomised control trial of Positive Written Disclosure for older adult caregivers of people with psychosis. Pilot and Feasibility Studies, 2017, 3, 63.	0.5	3
57	Perseverative Cognition and Health Behaviors: A Systematic Review and Meta-Analysis. Frontiers in Human Neuroscience, 2016, 10, 534.	1.0	63
58	Reappraisal Buffers the Association between Stress and Negative Mood Measured over 14 Days: Implications for Understanding Psychological Resilience. European Journal of Personality, 2016, 30, 608-617.	1.9	11
59	Sexual Health and Well-being Among Older Men and Women in England: Findings from the English Longitudinal Study of Ageing. Archives of Sexual Behavior, 2016, 45, 133-144.	1.2	255
60	The Chernyshenko Conscientiousness Scales. Assessment, 2016, 23, 374-385.	1.9	29
61	The daily relationships between staffing, safety perceptions and personality in hospital nursing: A longitudinal on-line diary study. International Journal of Nursing Studies, 2016, 59, 27-37.	2.5	22
62	Conscientiousness and fruit and vegetable consumption: exploring behavioural intention as a mediator. Psychology, Health and Medicine, 2016, 21, 469-475.	1.3	13
63	Cortisol levels and suicidal behavior: A meta-analysis. Psychoneuroendocrinology, 2016, 63, 370-379.	1.3	121
64	Healthcare Staff Wellbeing, Burnout, and Patient Safety: A Systematic Review. PLoS ONE, 2016, 11, e0159015.	1.1	944
65	Randomized Test of an Implementation Intention-Based Tool to Reduce Stress-Induced Eating. Annals of Behavioral Medicine, 2015, 49, 331-343.	1.7	29
66	Tackling student binge drinking: Pairing incongruent messages and measures reduces alcohol consumption. British Journal of Health Psychology, 2015, 20, 498-513.	1.9	9
67	Maladaptive rumination moderates the effects of written emotional disclosure on ambulatory blood pressure levels in females. Health Psychology and Behavioral Medicine, 2014, 2, 1067-1077.	0.8	1
68	Low Prolactin Is Associated with Sexual Dysfunction and Psychological or Metabolic Disturbances in Middle-Aged and Elderly Men: The European Male Aging Study (EMAS). Journal of Sexual Medicine, 2014, 11, 240-253.	0.3	63
69	Exploring day-to-day dynamics of daily stressor appraisals, physical symptoms and the cortisol awakening response. Psychoneuroendocrinology, 2014, 50, 130-138.	1.3	52
70	Investigating the effects of conscientiousness on daily stress, affect and physical symptom processes: A daily diary study. British Journal of Health Psychology, 2014, 19, 311-328.	1.9	25
71	Exploring the questionâ€behaviour effect: Randomized controlled trial of motivational and questionâ€behaviour interventions. British Journal of Health Psychology, 2013, 18, 31-44.	1.9	25
72	Stress-related thinking predicts the cortisol awakening response and somatic symptoms in healthy adults. Psychoneuroendocrinology, 2013, 38, 438-446.	1.3	30

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73	Cigarette smoking and alcohol drinking in a representative sample of English school pupils: Cross-sectional and longitudinal associations. Preventive Medicine, 2013, 56, 304-308.	1.6	24
74	A randomized trial of written emotional disclosure interventions in school teachers: Controlling for positive expectancies and effects on health and job satisfaction. Psychology, Health and Medicine, 2013, 18, 588-600.	1.3	9
75	Frailty and Sexual Health in Older European Men. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2013, 68, 837-844.	1.7	32
76	Stress, health and illness: Four challenges for the future. Psychology and Health, 2012, 27, 128-140.	1.2	92
77	The Effects of Conscientiousness on the Appraisals of Daily Stressors. Stress and Health, 2012, 28, 80-86.	1.4	28
78	Thyroid hormones and male sexual function. Journal of Developmental and Physical Disabilities, 2012, 35, 668-679.	3.6	58
79	Schoolâ€related conscientiousness, alcohol drinking, and cigarette smoking in a representative sample of English school pupils. British Journal of Health Psychology, 2012, 17, 644-665.	1.9	15
80	Lower vitamin D levels are associated with depression among community-dwelling European men. Journal of Psychopharmacology, 2011, 25, 1320-1328.	2.0	99
81	Alcohol, conscientiousness and event-level condom use. British Journal of Health Psychology, 2011, 16, 828-845.	1.9	23
82	Psychology and Health: Stability and change. Psychology and Health, 2011, 26, 1-2.	1.2	5
83	The cortisol awakening response: Associations with trait anxiety and stress reactivity. Personality and Individual Differences, 2011, 51, 123-127.	1.6	34
84	Brain potentials to emotional pictures are modulated by alexithymia during emotion regulation. Cognitive, Affective and Behavioral Neuroscience, 2011, 11, 463-475.	1.0	46
85	Effects of written emotional disclosure on implicit self-esteem and body image. British Journal of Health Psychology, 2011, 16, 488-501.	1.9	30
86	Effects of Emotional Disclosure in Caregivers: Moderating Role of Alexithymia. Stress and Health, 2011, 27, 376-387.	1.4	25
87	The Relationships between Sex Hormones and Sexual Function in Middle-Aged and Older European Men. Journal of Clinical Endocrinology and Metabolism, 2011, 96, E1577-E1587.	1.8	103
88	The Effect of Musculoskeletal Pain on Sexual Function in Middle-aged and Elderly European Men: Results from the European Male Ageing Study. Journal of Rheumatology, 2011, 38, 370-377.	1.0	16
89	Psychological Stress, Diary Methods, and Eating Behavior. , 2011, , 1619-1633.		1
90	Chronic widespread pain is associated with slower cognitive processing speed in middle-aged and older European men. Pain, 2010, 151, 30-36.	2.0	92

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91	Age-Related Changes in General and Sexual Health in Middle-Aged and Older Men: Results from the European Male Ageing Study (EMAS). Journal of Sexual Medicine, 2010, 7, 1362-1380.	0.3	377
92	Association of cognitive performance with the metabolic syndrome and with glycaemia in middleâ€aged and older European men: the European Male Ageing Study. Diabetes/Metabolism Research and Reviews, 2010, 26, 668-676.	1.7	47
93	Endogenous hormones, androgen receptor CAG repeat length and fluid cognition in middle-aged and older men: results from the European Male Ageing Study. European Journal of Endocrinology, 2010, 162, 1155-1164.	1.9	25
94	Cortisol awakening rise in middle-aged women in relation to psychological stress. Psychoneuroendocrinology, 2009, 34, 1486-1494.	1.3	78
95	The association between different cognitive domains and age in a multiâ€centre study of middleâ€aged and older European men. International Journal of Geriatric Psychiatry, 2009, 24, 1257-1266.	1.3	10
96	Exploring the Benefits of Conscientiousness: An Investigation of the Role of Daily Stressors and Health Behaviors. Annals of Behavioral Medicine, 2009, 37, 184-196.	1.7	95
97	Association between 25-hydroxyvitamin D levels and cognitive performance in middle-aged and older European men. Journal of Neurology, Neurosurgery and Psychiatry, 2009, 80, 722-729.	0.9	130
98	Raising awareness of hypertension risk through a web-based framing intervention: Does consideration of future consequences make a difference?. Psychology, Health and Medicine, 2009, 14, 213-219.	1.3	31
99	A Taxometric Analysis of Type-D Personality. Psychosomatic Medicine, 2009, 71, 981-986.	1.3	123
100	Are alexithymia and emotional characteristics of disclosure associated with blood pressure reactivity and psychological distress following written emotional disclosure/. British Journal of Health Psychology, 2008, 13, 495-512.	1.9	26
101	Assessment of Sexual Health in Aging Men in Europe: Development and Validation of the European Male Ageing Study Sexual Function Questionnaire. Journal of Sexual Medicine, 2008, 5, 1374-1385.	0.3	80
102	Type-D personality mechanisms of effect: The role of health-related behavior and social support. Journal of Psychosomatic Research, 2008, 64, 63-69.	1.2	188
103	Attentional biases for food stimuli in external eaters: Possible mechanism for stress-induced eating?. Appetite, 2008, 51, 339-342.	1.8	30
104	Investigating effort–reward imbalance and work–family conflict in relation to morningness–eveningness and shift work. Work and Stress, 2008, 22, 125-137.	2.8	53
105	The role of message framing in promoting MMR vaccination: Evidence of a loss-frame advantage. Psychology, Health and Medicine, 2008, 13, 1-16.	1.3	157
106	Effects of daily hassles and eating style on eating behavior Health Psychology, 2008, 27, S20-S31.	1.3	357
107	Impact of daily mood, work hours, and iso-strain variables on self-reported health behaviors Journal of Applied Psychology, 2007, 92, 1731-1740.	4.2	74
108	Perfectionism and psychological distress: evidence of the mediating effects of rumination. European Journal of Personality, 2007, 21, 429-452.	1.9	102

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109	Daily hassles and eating behaviour: The role of cortisol reactivity status. Psychoneuroendocrinology, 2007, 32, 125-132.	1.3	231
110	Intentions to use hormonal male contraception: The role of message framing, attitudes and stress appraisals. British Journal of Psychology, 2005, 96, 351-369.	1.2	39
111	The influence of morningness–eveningness on anxiety and cardiovascular responses to stress. Physiology and Behavior, 2005, 85, 125-133.	1.0	48
112	Cardiac rehabilitation: The psychological changes that predict health outcome and healthy behaviour. Psychology, Health and Medicine, 2005, 10, 88-95.	1.3	28
113	Effects of Testosterone on Mood, Aggression, and Sexual Behavior in Young Men: A Double-Blind, Placebo-Controlled, Cross-Over Study. Journal of Clinical Endocrinology and Metabolism, 2004, 89, 2837-2845.	1.8	126
114	Perceived changes in food intake in response to stress: the role of conscientiousness. Stress and Health, 2004, 20, 279-291.	1.4	77
115	Hopelessness, stress, and perfectionism: The moderating effects of future thinking. Cognition and Emotion, 2004, 18, 1099-1120.	1.2	67
116	Religiosity, stress and psychological distress: no evidence for an association among undergraduate students. Personality and Individual Differences, 2003, 34, 211-217.	1.6	57
117	Predicting hopelessness and psychological distress: The role of perfectionism and coping Journal of Counseling Psychology, 2003, 50, 362-372.	1.4	118
118	Exogenous testosterone, aggression, and mood in eugonadal and hypogonadal men. Physiology and Behavior, 2002, 75, 557-566.	1.0	117
119	Sense of personal control, stress and coping style: a cross-cultural study. Stress and Health, 2002, 18, 173-183.	1.4	88
120	Measuring aggression: Self-reports, partner reports, and responses to provoking scenarios. Aggressive Behavior, 2001, 27, 79-101.	1.5	116
121	Activational effects of testosterone on cognitive function in men. Neuropsychologia, 2001, 39, 1385-1394.	0.7	126
122	Are occupational stress levels predictive of ambulatory blood pressure in British GPs? An exploratory study. Family Practice, 2001, 18, 92-94.	0.8	5
123	A Novel Male Contraceptive Pill-Patch Combination: Oral Desogestrel and Transdermal Testosterone in the Suppression of Spermatogenesis in Normal Men. Journal of Clinical Endocrinology and Metabolism, 2001, 86, 5201-5209.	1.8	40
124	Fifty cases of general hospital parasuicide. British Journal of Health Psychology, 2000, 5, 83-95.	1.9	19
125	Job strain and ambulatory blood pressure in British general practitioners: A preliminary study. Psychology, Health and Medicine, 2000, 5, 241-250.	1.3	26
126	The effect of job strain on British general practitioners' mental health. Journal of Mental Health, 2000, 9, 637-654.	1.0	34

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127	A Thematic Analysis of Suicide Notes. Crisis, 1999, 20, 106-114.	0.9	68
128	The classification of completed suicide into subtypes. Journal of Mental Health, 1999, 8, 629-637.	1.0	26
129	Health Psychology. , 0, , .		9
130	Leonardo da Vinci, preregistration and the Architecture of Science: Towards a More Open and Transparent Research Culture. Health Psychology Bulletin, 0, 5, .	0.3	12
131	An Investigation into the Relationship Between Musical Imagery and Anxiety. Imagination, Cognition and Personality, 0, , 027623662210832.	0.5	0