

# Taru Lintunen

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

90  
papers

1,653  
citations

19  
h-index

39  
g-index

96  
ext. papers

1,967  
ext. citations

3.6  
avg, IF

4.73  
L-index

| #  | Paper   | IF  | Citations |
|----|---|-----|-----------|
| 90 | Personality, motivational, and social cognition predictors of leisure-time physical activity. <i>Psychology of Sport and Exercise</i> , <b>2022</b> , 60, 102135  | 4.2 | 1         |
| 89 | A dual process model to predict adolescents' screen time and physical activity. <i>Psychology and Health</i> , <b>2021</b> , 1-20   | 2.9 | 1         |
| 88 | Predictors of school students' leisure-time physical activity: An extended trans-contextual model using Bayesian path analysis. <i>PLoS ONE</i> , <b>2021</b> , 16, e0258829  | 3.7 | 0         |
| 87 | Predicting school students' physical activity intentions in leisure-time and school recess contexts: Testing an integrated model based on self-determination theory and theory of planned behavior. <i>PLoS ONE</i> , <b>2021</b> , 16, e0249019            | 3.7 | 0         |
| 86 | Training programme for novice physical activity instructors using Teaching Personal and Social Responsibility (TPSR) model: A programme development and protocol. <i>International Journal of Sport and Exercise Psychology</i> , <b>2021</b> , 19, 159-178 | 2.5 | 6         |
| 85 | Feasibility of a Responsibility-Based Leadership Training Program for Novice Physical Activity Instructors. <i>Frontiers in Psychology</i> , <b>2021</b> , 12, 648235   | 3.4 | 1         |
| 84 | Acceptability, reach and implementation of a training to enhance teachers' skills in physical activity promotion. <i>BMC Public Health</i> , <b>2020</b> , 20, 1568   | 4.1 | 6         |
| 83 | Testing a physical education-delivered autonomy supportive intervention to promote leisure-time physical activity in lower secondary school students: the PETALS trial. <i>BMC Public Health</i> , <b>2020</b> , 20, 1438                                   | 4.1 | 3         |
| 82 | Individual- and environmental-related correlates of moderate-to-vigorous physical activity in 11-, 13-, and 15-year-old Finnish children. <i>PLoS ONE</i> , <b>2020</b> , 15, e0234686  | 3.7 | 4         |
| 81 | Predicting change in middle school students' leisure-time physical activity participation: A prospective test of the trans-contextual model. <i>Journal of Applied Social Psychology</i> , <b>2020</b> , 50, 512-523  | 2.1 | 11        |
| 80 | Changing Behavior: A Theory- and Evidence-Based Approach <b>2020</b> , 1-14   |     | 1         |
| 79 | Changing Behavior Using Social Cognitive Theory <b>2020</b> , 32-45   |     | 3         |
| 78 | Changing Behavior Using the Model of Action Phases <b>2020</b> , 77-88  |     | 88        |
| 77 | Changing Behavior Using Habit Theory <b>2020</b> , 178-192  |     | 2         |
| 76 | Changing Behavior by Changing Environments <b>2020</b> , 193-207  |     | 3         |
| 75 | Changing Behavior Using Social Identity Processes <b>2020</b> , 225-236   |     | 2         |
| 74 | Changing Behavior Using Ecological Models <b>2020</b> , 237-250   |     | 11        |

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| 73 | Design, Implementation, and Evaluation of Behavior Change Interventions: A Ten-Task Guide <b>2020</b> , 269-284                  | 6  |
| 72 | Moving from Theoretical Principles to Intervention Strategies: Applying the Experimental Medicine Approach <b>2020</b> , 285-299 | 8  |
| 71 | Developing Behavior Change Interventions <b>2020</b> , 300-317   | 3  |
| 70 | Evaluation of Behavior Change Interventions <b>2020</b> , 318-332  |    |
| 69 | Implementation Science and Translation in Behavior Change <b>2020</b> , 333-348  | 1  |
| 68 | Engagement of Stakeholders in the Design, Evaluation, and Implementation of Complex Interventions <b>2020</b> , 349-360          | 3  |
| 67 | Maximizing User Engagement with Behavior Change Interventions <b>2020</b> , 361-371  | 1  |
| 66 | Cost-Effectiveness Evaluations of Behavior Change Interventions <b>2020</b> , 372-384  |    |
| 65 | Addressing Underserved Populations and Disparities in Behavior Change <b>2020</b> , 385-400                                      | 2  |
| 64 | Behavior Change in Community Contexts <b>2020</b> , 401-415  | 1  |
| 63 | Changing Behavior in the Digital Age <b>2020</b> , 416-429   |    |
| 62 | Critical and Qualitative Approaches to Behavior Change <b>2020</b> , 430-442   | 2  |
| 61 | Attitudes and Persuasive Communication Interventions <b>2020</b> , 445-460   | 12 |
| 60 | Changing Behavior Using the Theory of Planned Behavior <b>2020</b> , 17-31   | 25 |
| 59 | Economic and Behavioral Economic Approaches to Behavior Change <b>2020</b> , 617-631   |    |
| 58 | The Science of Behavior Change: The Road Ahead <b>2020</b> , 677-699   | 3  |
| 57 | Changing Behavior Using Control Theory <b>2020</b> , 120-135   |    |
| 56 | Changing Behavior Using the Reflective-Impulsive Model <b>2020</b> , 164-177   | 6  |

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| 55 | Self-Efficacy Interventions <b>2020</b> , 461-478   | 7  |
| 54 | Imagery, Visualization, and Mental Simulation Interventions <b>2020</b> , 479-494   | 6  |
| 53 | Affect-Based Interventions <b>2020</b> , 495-509  | 0  |
| 52 | Changing Behavior Using the Health Belief Model and Protection Motivation Theory <b>2020</b> , 46-59                        | 5  |
| 51 | Changing Behavior Using the Common-Sense Model of Self-Regulation <b>2020</b> , 60-76                                       | 3  |
| 50 | Changing Behavior Using the Health Action Process Approach <b>2020</b> , 89-103   | 19 |
| 49 | Changing Behavior Using Self-Determination Theory <b>2020</b> , 104-119   | 9  |
| 48 | Changing Behavior Using the Transtheoretical Model <b>2020</b> , 136-149  | 1  |
| 47 | Changing Behavior Using Integrative Self-Control Theory <b>2020</b> , 150-163   | 1  |
| 46 | Changing Behavior Using Integrated Theories <b>2020</b> , 208-224   | 11 |
| 45 | Changing Behavior Using Theories at the Interpersonal, Organizational, Community, and Societal Levels <b>2020</b> , 251-266 | 2  |
| 44 | Autonomy-Supportive Interventions <b>2020</b> , 510-522   | 3  |
| 43 | Incentive-Based Interventions <b>2020</b> , 523-536   | 1  |
| 42 | Goal Setting Interventions <b>2020</b> , 554-571  | 0  |
| 41 | Planning and Implementation Intention Interventions <b>2020</b> , 572-585   | 7  |
| 40 | Self-Control Interventions <b>2020</b> , 586-598  | 2  |
| 39 | Habit Interventions <b>2020</b> , 599-616   | 16 |
| 38 | Dyadic Behavior Change Interventions <b>2020</b> , 632-648  | 4  |

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| 37 | Social Identity Interventions <b>2020</b> , 649-660  |      | 4   |
| 36 | Motivational Interviewing Interventions <b>2020</b> , 661-676  |      | 1   |
| 35 | Monitoring Interventions <b>2020</b> , 537-553   |      | 2   |
| 34 | Trait Self-Control, Social Cognition Constructs, and Intentions: Correlational Evidence for Mediation and Moderation Effects in Diverse Health Behaviours. <i>Applied Psychology: Health and Well-Being</i> , <b>2019</b> , 11, 407-437  | 6.8  | 10  |
| 33 | Using physical education to promote out-of school physical activity in lower secondary school students - a randomized controlled trial protocol. <i>BMC Public Health</i> , <b>2019</b> , 19, 157  | 4.1  | 11  |
| 32 | Perceived goal setting practices across a competitive season. <i>International Journal of Sports Science and Coaching</i> , <b>2019</b> , 14, 765-778  | 1.8  | 4   |
| 31 | The reasoned action approach applied to health behavior: Role of past behavior and tests of some key moderators using meta-analytic structural equation modeling. <i>Social Science and Medicine</i> , <b>2018</b> , 213, 85-94  | 5.1  | 79  |
| 30 | Una nueva mirada a la formaci3n en eficacia docente de Gordon (TET): Un estudio-intervenci3n en el aprendizaje social y emocional del profesorado. <i>Electronic Journal of Research in Educational Psychology</i> , <b>2017</b> , 11,   | 1.4  | 8   |
| 29 | An mHealth App for Supporting Quitters to Manage Cigarette Cravings With Short Bouts of Physical Activity: A Randomized Pilot Feasibility and Acceptability Study. <i>JMIR MHealth and UHealth</i> , <b>2017</b> , 5, e74  | 5.5  | 12  |
| 28 | Athletes' Expectations About Sport-Injury Rehabilitation: A Cross-Cultural Study. <i>Journal of Sport Rehabilitation</i> , <b>2016</b> , 25, 338-347   | 1.7  | 5   |
| 27 | 'Let's Move It' - a school-based multilevel intervention to increase physical activity and reduce sedentary behaviour among older adolescents in vocational secondary schools: a study protocol for a cluster-randomised trial. <i>BMC Public Health</i> , <b>2016</b> , 16, 451 | 4.1  | 73  |
| 26 | The Copenhagen Consensus Conference 2016: children, youth, and physical activity in schools and during leisure time. <i>British Journal of Sports Medicine</i> , <b>2016</b> , 50, 1177-8  | 10.3 | 63  |
| 25 | The development of teachers' responses to challenging situations during interaction training. <i>Teacher Development</i> , <b>2015</b> , 19, 97-115  | 0.6  | 12  |
| 24 | Athletes' use of mental skills during sport injury rehabilitation. <i>Journal of Sport Rehabilitation</i> , <b>2015</b> , 24, 189-97   | 1.7  | 13  |
| 23 | Effectiveness of a Mobile Phone App for Adults That Uses Physical Activity as a Tool to Manage Cigarette Craving After Smoking Cessation: A Study Protocol for a Randomized Controlled Trial. <i>JMIR Research Protocols</i> , <b>2015</b> , 4, e125                             | 2    | 15  |
| 22 | Adolescents' physical activity at recess and actions to promote a physically active school day in four Finnish schools. <i>Health Education Research</i> , <b>2014</b> , 29, 840-52  | 1.8  | 25  |
| 21 | Recess physical activity and school-related social factors in Finnish primary and lower secondary schools: cross-sectional associations. <i>BMC Public Health</i> , <b>2014</b> , 14, 1114   | 4.1  | 10  |
| 20 | An intervention to reduce alcohol consumption in undergraduate students using implementation intentions and mental simulations: a cross-national study. <i>International Journal of Behavioral Medicine</i> , <b>2012</b> , 19, 82-96  | 2.6  | 153 |

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| 19 | Using Team Building Methods With an Ice Hockey Team: An Action Research Case Study. <i>Sport Psychologist</i> , <b>2012</b> , 26, 584-603   | 1   | 11  |
| 18 | Predicting alcohol consumption and binge drinking in company employees: an application of planned behaviour and self-determination theories. <i>British Journal of Health Psychology</i> , <b>2012</b> , 17, 379-407  | 8.3 | 40  |
| 17 | The Development of the Dealing with Challenging Interaction (DCI) Method to Evaluate Teachers' Social Interaction Skills. <i>Procedia, Social and Behavioral Sciences</i> , <b>2012</b> , 69, 621-630   |     | 2   |
| 16 | Effect of physical activity counseling on physical activity of older people in Finland (ISRCTN 07330512). <i>Health Promotion International</i> , <b>2012</b> , 27, 463-74  | 3   | 20  |
| 15 | Life-course perspective for physical activity and sports participation. <i>European Review of Aging and Physical Activity</i> , <b>2011</b> , 8, 13-22  | 6.5 | 116 |
| 14 | Can High Group Cohesion Be Harmful?: A Case Study of a Junior Ice-Hockey Team. <i>Small Group Research</i> , <b>2009</b> , 40, 421-435  | 2.5 | 43  |
| 13 | Teacher, peer and parent autonomy support in physical education and leisure-time physical activity: A trans-contextual model of motivation in four nations. <i>Psychology and Health</i> , <b>2009</b> , 24, 689-711  | 2.9 | 153 |
| 12 | The effects of physical activity counseling on mood among 75- to 81-year-old people: a randomized controlled trial. <i>Preventive Medicine</i> , <b>2008</b> , 46, 412-8  | 4.3 | 19  |
| 11 | Underlying factors in the association between depressed mood and mobility limitation in older people. <i>Gerontology</i> , <b>2007</b> , 53, 173-8  | 5.5 | 21  |
| 10 | Motives for and barriers to physical activity among older adults with mobility limitations. <i>Journal of Aging and Physical Activity</i> , <b>2007</b> , 15, 90-102  | 1.6 | 135 |
| 9  | Customer-oriented counseling for physical activity in older people: study protocol and selected baseline results of a randomized-controlled trial (ISRCTN 07330512). <i>Scandinavian Journal of Medicine and Science in Sports</i> , <b>2007</b> , 17, 156-64 | 4.6 | 26  |
| 8  | Recommendations for and warnings against physical activity given to older people by health care professionals. <i>Preventive Medicine</i> , <b>2005</b> , 41, 342-7   | 4.3 | 14  |
| 7  | Training and selection of sport psychologists: An international review. <i>International Journal of Sport and Exercise Psychology</i> , <b>2003</b> , 1, 139-154  | 2.5 | 17  |
| 6  | The effect of advice by health care professionals on increasing physical activity of older people. <i>Scandinavian Journal of Medicine and Science in Sports</i> , <b>2003</b> , 13, 231-6  | 4.6 | 27  |
| 5  | Depressed mood and body mass index as predictors of muscle strength decline in old men. <i>Journal of the American Geriatrics Society</i> , <b>2000</b> , 48, 613-7   | 5.6 | 88  |
| 4  | The continuity of physical activity--a retrospective and prospective study among older people. <i>Scandinavian Journal of Medicine and Science in Sports</i> , <b>2000</b> , 10, 37-41  | 4.6 | 62  |
| 3  | Predicting physical activity intentions using a goal perspectives approach: a study of Finnish youth. <i>Scandinavian Journal of Medicine and Science in Sports</i> , <b>1999</b> , 9, 344-52   | 4.6 | 22  |
| 2  | Use of the Perceived Physical Competence Scale with adolescents with disabilities. <i>Perceptual and Motor Skills</i> , <b>1995</b> , 80, 571-7   | 2.2 | 7   |

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|---|--|-----|----|
| 1 | Change, Reliability, and Stability in Self-perceptions in Early Adolescence: A Four-year Follow-up Study. <i>International Journal of Behavioral Development</i> , <b>1995</b> , 18, 351-364 | 2.6 | 17 |
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