

Taru Lintunen

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

90
papers

1,653
citations

19
h-index

39
g-index

96
ext. papers

1,967
ext. citations

3.6
avg, IF

4.73
L-index

#	Paper	IF	Citations
90	An intervention to reduce alcohol consumption in undergraduate students using implementation intentions and mental simulations: a cross-national study. <i>International Journal of Behavioral Medicine</i> , 2012 , 19, 82-96	2.6	153
89	Teacher, peer and parent autonomy support in physical education and leisure-time physical activity: A trans-contextual model of motivation in four nations. <i>Psychology and Health</i> , 2009 , 24, 689-711	2.9	153
88	Motives for and barriers to physical activity among older adults with mobility limitations. <i>Journal of Aging and Physical Activity</i> , 2007 , 15, 90-102	1.6	135
87	Life-course perspective for physical activity and sports participation. <i>European Review of Aging and Physical Activity</i> , 2011 , 8, 13-22	6.5	116
86	Depressed mood and body mass index as predictors of muscle strength decline in old men. <i>Journal of the American Geriatrics Society</i> , 2000 , 48, 613-7	5.6	88
85	Changing Behavior Using the Model of Action Phases 2020 , 77-88		88
84	The reasoned action approach applied to health behavior: Role of past behavior and tests of some key moderators using meta-analytic structural equation modeling. <i>Social Science and Medicine</i> , 2018 , 213, 85-94	5.1	79
83	'Let's Move It' - a school-based multilevel intervention to increase physical activity and reduce sedentary behaviour among older adolescents in vocational secondary schools: a study protocol for a cluster-randomised trial. <i>BMC Public Health</i> , 2016 , 16, 451	4.1	73
82	The Copenhagen Consensus Conference 2016: children, youth, and physical activity in schools and during leisure time. <i>British Journal of Sports Medicine</i> , 2016 , 50, 1177-8	10.3	63
81	The continuity of physical activity--a retrospective and prospective study among older people. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2000 , 10, 37-41	4.6	62
80	Can High Group Cohesion Be Harmful?: A Case Study of a Junior Ice-Hockey Team. <i>Small Group Research</i> , 2009 , 40, 421-435	2.5	43
79	Predicting alcohol consumption and binge drinking in company employees: an application of planned behaviour and self-determination theories. <i>British Journal of Health Psychology</i> , 2012 , 17, 379-407	8.3	40
78	The effect of advice by health care professionals on increasing physical activity of older people. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2003 , 13, 231-6	4.6	27
77	Customer-oriented counseling for physical activity in older people: study protocol and selected baseline results of a randomized-controlled trial (ISRCTN 07330512). <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2007 , 17, 156-64	4.6	26
76	Adolescents' physical activity at recess and actions to promote a physically active school day in four Finnish schools. <i>Health Education Research</i> , 2014 , 29, 840-52	1.8	25
75	Changing Behavior Using the Theory of Planned Behavior 2020 , 17-31		25
74	Predicting physical activity intentions using a goal perspectives approach: a study of Finnish youth. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 1999 , 9, 344-52	4.6	22

73	Underlying factors in the association between depressed mood and mobility limitation in older people. <i>Gerontology</i> , 2007 , 53, 173-8	5.5	21
72	Effect of physical activity counseling on physical activity of older people in Finland (ISRCTN 07330512). <i>Health Promotion International</i> , 2012 , 27, 463-74	3	20
71	The effects of physical activity counseling on mood among 75- to 81-year-old people: a randomized controlled trial. <i>Preventive Medicine</i> , 2008 , 46, 412-8	4.3	19
70	Changing Behavior Using the Health Action Process Approach 2020 , 89-103		19
69	Training and selection of sport psychologists: An international review. <i>International Journal of Sport and Exercise Psychology</i> , 2003 , 1, 139-154	2.5	17
68	Change, Reliability, and Stability in Self-perceptions in Early Adolescence: A Four-year Follow-up Study. <i>International Journal of Behavioral Development</i> , 1995 , 18, 351-364	2.6	17
67	Habit Interventions 2020 , 599-616		16
66	Effectiveness of a Mobile Phone App for Adults That Uses Physical Activity as a Tool to Manage Cigarette Craving After Smoking Cessation: A Study Protocol for a Randomized Controlled Trial. <i>JMIR Research Protocols</i> , 2015 , 4, e125	2	15
65	Recommendations for and warnings against physical activity given to older people by health care professionals. <i>Preventive Medicine</i> , 2005 , 41, 342-7	4.3	14
64	Athletes' use of mental skills during sport injury rehabilitation. <i>Journal of Sport Rehabilitation</i> , 2015 , 24, 189-97	1.7	13
63	The development of teachers' responses to challenging situations during interaction training. <i>Teacher Development</i> , 2015 , 19, 97-115	0.6	12
62	An mHealth App for Supporting Quitters to Manage Cigarette Cravings With Short Bouts of Physical Activity: A Randomized Pilot Feasibility and Acceptability Study. <i>JMIR MHealth and UHealth</i> , 2017 , 5, e74	5.5	12
61	Attitudes and Persuasive Communication Interventions 2020 , 445-460		12
60	Using physical education to promote out-of school physical activity in lower secondary school students - a randomized controlled trial protocol. <i>BMC Public Health</i> , 2019 , 19, 157	4.1	11
59	Predicting change in middle school students' leisure-time physical activity participation: A prospective test of the trans-contextual model. <i>Journal of Applied Social Psychology</i> , 2020 , 50, 512-523	2.1	11
58	Using Team Building Methods With an Ice Hockey Team: An Action Research Case Study. <i>Sport Psychologist</i> , 2012 , 26, 584-603	1	11
57	Changing Behavior Using Ecological Models 2020 , 237-250		11
56	Changing Behavior Using Integrated Theories 2020 , 208-224		11

55	Trait Self-Control, Social Cognition Constructs, and Intentions: Correlational Evidence for Mediation and Moderation Effects in Diverse Health Behaviours. <i>Applied Psychology: Health and Well-Being</i> , 2019 , 11, 407-437	6.8	10
54	Recess physical activity and school-related social factors in Finnish primary and lower secondary schools: cross-sectional associations. <i>BMC Public Health</i> , 2014 , 14, 1114	4.1	10
53	Changing Behavior Using Self-Determination Theory 2020 , 104-119		9
52	Una nueva mirada a la formación en eficacia docente de Gordon (TET): Un estudio-intervención en el aprendizaje social y emocional del profesorado. <i>Electronic Journal of Research in Educational Psychology</i> , 2017 , 11,	1.4	8
51	Moving from Theoretical Principles to Intervention Strategies: Applying the Experimental Medicine Approach 2020 , 285-299		8
50	Use of the Perceived Physical Competence Scale with adolescents with disabilities. <i>Perceptual and Motor Skills</i> , 1995 , 80, 571-7	2.2	7
49	Self-Efficacy Interventions 2020 , 461-478		7
48	Planning and Implementation Intention Interventions 2020 , 572-585		7
47	Acceptability, reach and implementation of a training to enhance teachers' skills in physical activity promotion. <i>BMC Public Health</i> , 2020 , 20, 1568	4.1	6
46	Design, Implementation, and Evaluation of Behavior Change Interventions: A Ten-Task Guide 2020 , 269-284		6
45	Changing Behavior Using the Reflective-Impulsive Model 2020 , 164-177		6
44	Imagery, Visualization, and Mental Simulation Interventions 2020 , 479-494		6
43	Training programme for novice physical activity instructors using Teaching Personal and Social Responsibility (TPSR) model: A programme development and protocol. <i>International Journal of Sport and Exercise Psychology</i> , 2021 , 19, 159-178	2.5	6
42	Athletes' Expectations About Sport-Injury Rehabilitation: A Cross-Cultural Study. <i>Journal of Sport Rehabilitation</i> , 2016 , 25, 338-347	1.7	5
41	Changing Behavior Using the Health Belief Model and Protection Motivation Theory 2020 , 46-59		5
40	Individual- and environmental-related correlates of moderate-to-vigorous physical activity in 11-, 13-, and 15-year-old Finnish children. <i>PLoS ONE</i> , 2020 , 15, e0234686	3.7	4
39	Perceived goal setting practices across a competitive season. <i>International Journal of Sports Science and Coaching</i> , 2019 , 14, 765-778	1.8	4
38	Dyadic Behavior Change Interventions 2020 , 632-648		4

37	Social Identity Interventions 2020 , 649-660	4
36	Testing a physical education-delivered autonomy supportive intervention to promote leisure-time physical activity in lower secondary school students: the PETALS trial. <i>BMC Public Health</i> , 2020 , 20, 1438 ⁴⁻¹	3
35	Changing Behavior Using Social Cognitive Theory 2020 , 32-45	3
34	Changing Behavior by Changing Environments 2020 , 193-207	3
33	Developing Behavior Change Interventions 2020 , 300-317	3
32	Engagement of Stakeholders in the Design, Evaluation, and Implementation of Complex Interventions 2020 , 349-360	3
31	The Science of Behavior Change: The Road Ahead 2020 , 677-699	3
30	Changing Behavior Using the Common-Sense Model of Self-Regulation 2020 , 60-76	3
29	Autonomy-Supportive Interventions 2020 , 510-522	3
28	The Development of the Dealing with Challenging Interaction (DCI) Method to Evaluate Teachers' Social Interaction Skills. <i>Procedia, Social and Behavioral Sciences</i> , 2012 , 69, 621-630	2
27	Changing Behavior Using Habit Theory 2020 , 178-192	2
26	Changing Behavior Using Social Identity Processes 2020 , 225-236	2
25	Addressing Underserved Populations and Disparities in Behavior Change 2020 , 385-400	2
24	Critical and Qualitative Approaches to Behavior Change 2020 , 430-442	2
23	Changing Behavior Using Theories at the Interpersonal, Organizational, Community, and Societal Levels 2020 , 251-266	2
22	Self-Control Interventions 2020 , 586-598	2
21	Monitoring Interventions 2020 , 537-553	2
20	Changing Behavior: A Theory- and Evidence-Based Approach 2020 , 1-14	1

19	Personality, motivational, and social cognition predictors of leisure-time physical activity. <i>Psychology of Sport and Exercise</i> , 2022 , 60, 102135	4.2	1
18	A dual process model to predict adolescents' screen time and physical activity. <i>Psychology and Health</i> , 2021 , 1-20	2.9	1
17	Implementation Science and Translation in Behavior Change 2020 , 333-348		1
16	Maximizing User Engagement with Behavior Change Interventions 2020 , 361-371		1
15	Behavior Change in Community Contexts 2020 , 401-415		1
14	Changing Behavior Using the Transtheoretical Model 2020 , 136-149		1
13	Changing Behavior Using Integrative Self-Control Theory 2020 , 150-163		1
12	Incentive-Based Interventions 2020 , 523-536		1
11	Motivational Interviewing Interventions 2020 , 661-676		1
10	Feasibility of a Responsibility-Based Leadership Training Program for Novice Physical Activity Instructors. <i>Frontiers in Psychology</i> , 2021 , 12, 648235	3.4	1
9	Predictors of school students' leisure-time physical activity: An extended trans-contextual model using Bayesian path analysis. <i>PLoS ONE</i> , 2021 , 16, e0258829	3.7	0
8	Affect-Based Interventions 2020 , 495-509		0
7	Goal Setting Interventions 2020 , 554-571		0
6	Predicting school students' physical activity intentions in leisure-time and school recess contexts: Testing an integrated model based on self-determination theory and theory of planned behavior. <i>PLoS ONE</i> , 2021 , 16, e0249019	3.7	0
5	Evaluation of Behavior Change Interventions 2020 , 318-332		
4	Cost-Effectiveness Evaluations of Behavior Change Interventions 2020 , 372-384		
3	Changing Behavior in the Digital Age 2020 , 416-429		
2	Economic and Behavioral Economic Approaches to Behavior Change 2020 , 617-631		

- 1 Changing Behavior Using Control Theory **2020**, 120-135