

Robert A Carels

List of Publications by Year in descending order

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Version: 2024-02-01

79
papers

2,786
citations

196777

29
h-index

214428

50
g-index

81
all docs

81
docs citations

81
times ranked

3306
citing authors

#	ARTICLE	IF	CITATIONS
1	A brief pilot self-compassion intervention for women with overweight/obesity and internalized weight bias: Feasibility, acceptability, and future directions. <i>Journal of Contextual Behavioral Science</i> , 2022, 23, 59-63.	1.3	6
2	Weight stigma among heterosexual and sexual minority individuals: Dating and hiring preferences. <i>Stigma and Health</i> , 2022, 7, 481-490.	1.2	3
3	Weight stigma and media: An examination of the effect of advertising campaigns on weight bias, internalized weight bias, self-esteem, body image, and affect. <i>Body Image</i> , 2021, 36, 95-106.	1.9	45
4	Prescribed exercise to Reduce Recidivism After Weight Loss-Pilot (PREVAIL-P): Design, methods and rationale. <i>Contemporary Clinical Trials Communications</i> , 2021, 21, 100717.	0.5	2
5	Exploring the addition of self-compassion skills training to a behavioral weight loss program delivered using video conferencing software. <i>Journal of Contextual Behavioral Science</i> , 2021, 21, 196-202.	1.3	5
6	The interaction between BMI, weight criticism, weight bias, and psychological and relational outcomes within marriage. <i>Eating and Weight Disorders</i> , 2021, , 1.	1.2	0
7	Majority of female bariatric patients retain an obese identity 18–30 months after surgery. <i>Eating and Weight Disorders</i> , 2020, 25, 357-364.	1.2	12
8	A Concept Analysis of Disturbed Body Image in Bariatric Surgery Patients. <i>International Journal of Nursing Knowledge</i> , 2020, 31, 74-81.	0.4	9
9	Comparing stigmatizing attitudes toward anorexia nervosa, binge-eating disorder, avoidant-restrictive food intake disorder, and subthreshold eating behaviors in college students. <i>Eating Behaviors</i> , 2020, 39, 101443.	1.1	8
10	Associations between husbands' weight bias and related concerns and husbands' and wives' psychological and relationship outcomes. <i>Body Image</i> , 2020, 35, 11-21.	1.9	12
11	The associations between wives' internalized weight bias and other weight-related concerns, perceived husbands' weight-related comments, perceived mate value, and psychological and relationship outcomes. <i>Stigma and Health</i> , 2020, 5, 258-268.	1.2	6
12	Disparagement humor and anti-obesity attitudes. <i>The European Journal of Humour Research</i> , 2020, 8, 68-81.	0.2	0
13	Using an acceptance-based behavioral approach as a supplement to obesity treatment: A stepped-care approach. <i>Journal of Contextual Behavioral Science</i> , 2019, 12, 98-105.	1.3	8
14	A daily diary study of internalised weight bias and its psychological, eating and exercise correlates. <i>Psychology and Health</i> , 2019, 34, 306-320.	1.2	25
15	An ecological momentary assessment of weight stigma among weight loss participants. <i>Journal of Health Psychology</i> , 2019, 24, 1155-1166.	1.3	12
16	Exploring the relationship between frontal asymmetry and emotional dampening. <i>International Journal of Psychophysiology</i> , 2018, 123, 8-16.	0.5	5
17	Evolving self view and body image concerns in female postoperative bariatric surgery patients. <i>Journal of Clinical Nursing</i> , 2018, 27, 4018-4027.	1.4	13
18	Changes in perceived mate value and weight bias associated with former obesity status. <i>Stigma and Health</i> , 2018, 3, 338-347.	1.2	3

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19	A randomized trial comparing two approaches to weight loss. <i>Journal of Health Psychology</i> , 2017, 22, 943-950.	1.3	2
20	Facial attractiveness, weight status, and personality trait attribution: The role of attractiveness in weight stigma. <i>Obesity Research and Clinical Practice</i> , 2017, 11, 377-388.	0.8	11
21	A novel stepped-care approach to weight loss: The role of self-monitoring and health literacy in treatment outcomes. <i>Eating Behaviors</i> , 2017, 26, 76-82.	1.1	17
22	Reducing obesity stigma via a brief documentary film: A randomized trial.. <i>Stigma and Health</i> , 2017, 2, 43-52.	1.2	13
23	Weight stigma and eating behaviors. An introduction to the special issue. <i>Appetite</i> , 2016, 102, 1-2.	1.8	15
24	Does when you eat and exercise matter? Differences in eating and physical activity patterns in overweight and obese adults. <i>Eating and Weight Disorders</i> , 2016, 21, 91-98.	1.2	5
25	Intergroup contact and weight bias reduction.. <i>Translational Issues in Psychological Science</i> , 2015, 1, 298-306.	0.6	12
26	Changes in Weight Bias and Perceived Employability Following Weight Loss and Gain. <i>Obesity Surgery</i> , 2015, 25, 568-570.	1.1	10
27	Influencing weight bias: The impact of biased questionnaire anchors on stereotype beliefs and judgments. <i>Obesity Research and Clinical Practice</i> , 2015, 9, 448-457.	0.8	1
28	Stereotypical portrayals of obesity and the expression of implicit weight bias. <i>Body Image</i> , 2015, 12, 32-35.	1.9	30
29	A randomized trial comparing two approaches to weight loss: Differences in weight loss maintenance. <i>Journal of Health Psychology</i> , 2014, 19, 296-311.	1.3	69
30	Television use and binge eating in adults seeking weight loss treatment. <i>Eating Behaviors</i> , 2014, 15, 83-86.	1.1	16
31	Implicit bias about weight and weight loss treatment outcomes. <i>Eating Behaviors</i> , 2014, 15, 648-653.	1.1	8
32	The influence of plaintiff's body weight on judgments of responsibility: The role of weight bias. <i>Obesity Research and Clinical Practice</i> , 2014, 8, e599-e607.	0.8	4
33	Prescription opioid use among university students: Assessment of post-cue exposure craving. <i>Addictive Behaviors</i> , 2014, 39, 586-592.	1.7	5
34	Weight-related humor in the media: Appreciation, distaste, and anti-fat attitudes.. <i>Psychology of Popular Media Culture</i> , 2014, 3, 223-238.	2.6	24
35	Internalized weight bias: ratings of the self, normal weight, and obese individuals and psychological maladjustment. <i>Journal of Behavioral Medicine</i> , 2013, 36, 86-94.	1.1	46
36	Food addiction in adults seeking weight loss treatment. Implications for psychosocial health and weight loss. <i>Appetite</i> , 2013, 60, 103-110.	1.8	174

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37	Stereotypical images and implicit weight bias in overweight/obese people. <i>Eating and Weight Disorders</i> , 2013, 18, 441-445.	1.2	21
38	Step-down approach to behavioural weight loss treatment: a pilot of a randomised clinical trial. <i>Psychology and Health</i> , 2013, 28, 1121-1134.	1.2	7
39	Examining Perceived Stereotype Threat among Overweight/Obese Adults Using a Multi-Threat Framework. <i>Obesity Facts</i> , 2013, 6, 258-268.	1.6	14
40	Stepped-care in obesity treatment: Matching treatment intensity to participant performance. <i>Eating Behaviors</i> , 2012, 13, 112-118.	1.1	8
41	The harmful and beneficial impacts of weight bias on well-being: The moderating influence of weight status. <i>Body Image</i> , 2012, 9, 101-107.	1.9	28
42	Psychophysiological Correlates of a Behavioral Weight Loss Program: VAT, Exercise Enjoyment and Weight Loss. <i>Medicine and Science in Sports and Exercise</i> , 2011, 43, 714-715.	0.2	2
43	Associations between evaluation anxiety, cognitive interference and performance on working memory tasks. <i>Applied Cognitive Psychology</i> , 2011, 25, 823-832.	0.9	87
44	Transforming Your Life: An Environmental Modification Approach to Weight Loss. <i>Journal of Health Psychology</i> , 2011, 16, 430-438.	1.3	21
45	The Self-Protective Nature of Implicit Identity and Its Relationship to Weight Bias and Short-Term Weight Loss. <i>Obesity Facts</i> , 2011, 4, 1-1.	1.6	19
46	Overt Weight Stigma, Psychological Distress and Weight Loss Treatment Outcomes. <i>Journal of Health Psychology</i> , 2010, 15, 608-614.	1.3	140
47	Individual differences and weight bias: Do people with an anti-fat bias have a pro-thin bias?. <i>Body Image</i> , 2010, 7, 143-148.	1.9	35
48	Implications of a behavioral weight loss program for obese, sedentary women: A focus on mood enhancement and exercise enjoyment. <i>International Journal of Sport and Exercise Psychology</i> , 2010, 8, 10-23.	1.1	8
49	The Impact of Target Weight and Gender on Perceptions of Likeability, Personality Attributes, and Functional Impairment. <i>Obesity Facts</i> , 2009, 2, 311-317.	1.6	12
50	Successful weight loss with self-help: A stepped-care approach. <i>Journal of Behavioral Medicine</i> , 2009, 32, 503-509.	1.1	38
51	Weight Bias and Weight Loss Treatment Outcomes in Treatment-Seeking Adults. <i>Annals of Behavioral Medicine</i> , 2009, 37, 350-355.	1.7	80
52	The Failure of Therapist Assistance and Stepped-care to Improve Weight Loss Outcomes. <i>Obesity</i> , 2008, 16, 1460-1462.	1.5	24
53	Skipping meals and alcohol consumption. <i>Appetite</i> , 2008, 51, 538-545.	1.8	17
54	Taking control of your personal eating and exercise environment: A weight maintenance program. <i>Eating Behaviors</i> , 2008, 9, 228-237.	1.1	24

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55	Can following the caloric restriction recommendations from the Dietary Guidelines for Americans help individuals lose weight?. <i>Eating Behaviors</i> , 2008, 9, 328-335.	1.1	31
56	Using motivational interviewing as a supplement to obesity treatment: A stepped-care approach.. <i>Health Psychology</i> , 2007, 26, 369-374.	1.3	159
57	Individual differences in food perceptions and calorie estimation: An examination of dieting status, weight, and gender. <i>Appetite</i> , 2007, 49, 450-458.	1.8	151
58	Qualitative perceptions and caloric estimations of healthy and unhealthy foods by behavioral weight loss participants. <i>Appetite</i> , 2006, 46, 199-206.	1.8	110
59	The Association between Mood States and Physical Activity in Postmenopausal, Obese, Sedentary Women. <i>Journal of Aging and Physical Activity</i> , 2006, 14, 12-28.	0.5	35
60	Can social desirability interfere with success in a behavioral weight loss program?. <i>Psychology and Health</i> , 2006, 21, 65-78.	1.2	12
61	The relationship between self-monitoring, outcome expectancies, difficulties with eating and exercise, and physical activity and weight loss treatment outcomes. <i>Annals of Behavioral Medicine</i> , 2005, 30, 182-190.	1.7	101
62	RESEARCH: "The Sanctification of the Body and Behavioral Health Patterns of College Students". <i>International Journal for the Psychology of Religion, The</i> , 2005, 15, 221-238.	1.3	128
63	Applying a stepped-care approach to the treatment of obesity. <i>Journal of Psychosomatic Research</i> , 2005, 59, 375-383.	1.2	48
64	Education on the glycemic index of foods fails to improve treatment outcomes in a behavioral weight loss program. <i>Eating Behaviors</i> , 2005, 6, 145-150.	1.1	31
65	The association between disease severity, functional status, depression and daily quality of life in congestive heart failure patients. <i>Quality of Life Research</i> , 2004, 13, 63-72.	1.5	125
66	Psychosocial functioning and physical symptoms in heart failure patients. <i>Journal of Psychosomatic Research</i> , 2004, 56, 95-101.	1.2	52
67	An Ecological Momentary Assessment of Relapse Crises in Dieting.. <i>Journal of Consulting and Clinical Psychology</i> , 2004, 72, 341-348.	1.6	94
68	The early identification of poor treatment outcome in a women's weight loss program. <i>Eating Behaviors</i> , 2003, 4, 265-282.	1.1	63
69	The association between emotional upset and cardiac arrhythmia during daily life.. <i>Journal of Consulting and Clinical Psychology</i> , 2003, 71, 613-618.	1.6	7
70	Ecological momentary assessment of temptation and lapse in dieting. <i>Eating Behaviors</i> , 2001, 2, 307-321.	1.1	92
71	Quality of life in patients awaiting lung transplant: Cystic fibrosis versus other end-stage lung diseases. <i>Pediatric Pulmonology</i> , 2000, 30, 453-460.	1.0	60
72	Emotional responsivity during daily life: relationship to psychosocial functioning and ambulatory blood pressure. <i>International Journal of Psychophysiology</i> , 2000, 36, 25-33.	0.5	43

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73	Ambulatory Blood Pressure and Marital Distress in Employed Women. Behavioral Medicine, 2000, 26, 80-85.	1.0	18
74	Support in marriage: Factors associated with on-line perceptions of support helpfulness.. Journal of Family Psychology, 1999, 13, 131-144.	1.0	53
75	Psychosocial factors and psychological symptoms: HIV in a public health setting. Journal of Community Psychology, 1998, 26, 145-162.	1.0	11
76	Psychosocial influences on blood pressure during daily life. International Journal of Psychophysiology, 1998, 28, 117-129.	0.5	38
77	Blood Pressure Reactivity and Marital Distress in Employed Women. Psychosomatic Medicine, 1998, 60, 639-643.	1.3	28
78	The Effect of Racial Dissonance on Academic Self-Esteem and Achievement in Elementary, Junior High School Students. Journal of Research on Adolescence, 1997, 7, 109-131.	1.9	16
79	Cognitions in marriage: The relationship between standards and attributions.. Journal of Family Psychology, 1996, 10, 209-222.	1.0	59