

# Tarli Young

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/9127326/publications.pdf>

Version: 2024-02-01

9  
papers

173  
citations

1478280

6  
h-index

1474057

9  
g-index

9  
all docs

9  
docs citations

9  
times ranked

195  
citing authors

#	ARTICLE	IF	CITATIONS
1	Integrating Mindfulness into Positive Psychology: a Randomised Controlled Trial of an Online Positive Mindfulness Program. <i>Mindfulness</i> , 2016, 7, 1396-1407.	1.6	71
2	The impact of a wellbeing program imbedded in university classes: the importance of valuing happiness, baseline wellbeing and practice frequency. <i>Studies in Higher Education</i> , 2022, 47, 751-770.	2.9	31
3	Mindfulness Based Flourishing Program: A Cross-Cultural Study of Hong Kong Chinese and British Participants. <i>Journal of Happiness Studies</i> , 2018, 19, 2205-2223.	1.9	24
4	Thematic analysis of aid workers's™ stressors and coping strategies: work, psychological, lifestyle and social dimensions. <i>Journal of International Humanitarian Action</i> , 2018, 3, .	0.7	16
5	Distanced from Others, Connected to Self: Online Mindfulness Training Fosters Psychological Well-Being by Cultivating Authenticity. <i>Academy of Management Learning and Education</i> , 2022, 21, 261-281.	1.6	11
6	Mindful adventures: a pilot study of the outward bound mindfulness program. <i>Journal of Outdoor and Environmental Education</i> , 2019, 22, 75-90.	0.7	8
7	The mental health of aid workers: risk and protective factors in relation to job context, working conditions, and demographics. <i>Disasters</i> , 2021, 45, 501-526.	1.1	7
8	A Narrative Review of Peer-Led Positive Psychology Interventions: Current Evidence, Potential, and Future Directions. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 8065.	1.2	3
9	Predictors of mental health in aid workers: meaning, resilience, and psychological flexibility as personal resources for increased well-being and reduced distress. <i>Disasters</i> , 2022, 46, 974-1006.	1.1	2