

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

24 papers	709 citations	13 h-index	24 g-index
24 ext. papers	820 ext. citations	3.7 avg, IF	3.82 L-index

#	Paper	IF	Citations
24	Impact of micronutrient deficiencies on obesity. <i>Nutrition Reviews</i> , <b>2009</b> , 67, 559-72	6.4	220
23	The quantity of zinc absorbed from wheat in adult women is enhanced by biofortification. <i>Journal of Nutrition</i> , <b>2009</b> , 139, 1920-5	4.1	94
22	Total phenolic compounds in milk from different species. Design of an extraction technique for quantification using the Folin-Ciocalteu method. <i>Food Chemistry</i> , <b>2015</b> , 176, 480-6	8.5	63
21	The contribution of fruits and vegetables to dietary intake of polyphenols and antioxidant capacity in a Mexican rural diet: Importance of fruit and vegetable variety. <i>Food Research International</i> , <b>2011</b> , 44, 1182-1189	7	55
20	Intake of milk with added micronutrients increases the effectiveness of an energy-restricted diet to reduce body weight: a randomized controlled clinical trial in Mexican women. <i>Journal of the American Dietetic Association</i> , <b>2011</b> , 111, 1507-16		38
19	An increase of cereal intake as an approach to weight reduction in children is effective only when accompanied by nutrition education: a randomized controlled trial. <i>Nutrition Journal</i> , <b>2008</b> , 7, 28	4.3	33
18	Effect of vitamin A deficiency on the immune response in obesity. <i>Proceedings of the Nutrition Society</i> , <b>2012</b> , 71, 290-7	2.9	30
17	Lycopene Improves Diet-Mediated Recuperation in Rat Model of Nonalcoholic Fatty Liver Disease. <i>Journal of Medicinal Food</i> , <b>2016</b> , 19, 607-14	2.8	21
16	Climatic anomaly affects the immune competence of California sea lions. <i>PLoS ONE</i> , <b>2017</b> , 12, e0179359	3.7	20
15	Efficacy of different strategies to treat anemia in children: a randomized clinical trial. <i>Nutrition Journal</i> , <b>2010</b> , 9, 40	4.3	19
14	Association between obesity and depressive symptoms in Mexican population. <i>Social Psychiatry and Psychiatric Epidemiology</i> , <b>2018</b> , 53, 639-646	4.5	14
13	Antioxidant dietary fiber isolated from spent coffee ( <i>Coffea arabica</i> L.) grounds improves chronotype and circadian locomotor activity in young adults. <i>Food and Function</i> , <b>2019</b> , 10, 4546-4556	6.1	14
12	Thyroid hormones and obesity: a known but poorly understood relationship. <i>Endokrynologia Polska</i> , <b>2018</b> , 69, 292-303	1.1	13
11	Development of an intervention program to prevent childhood obesity targeted to Mexican mothers of school-aged children using intervention mapping and social cognitive theory. <i>Evaluation and Program Planning</i> , <b>2019</b> , 74, 27-37	1.7	11
10	Fat mass obesity-associated (FTO) (rs9939609) and melanocortin 4 receptor (MC4R) (rs17782313) SNP are positively associated with obesity and blood pressure in Mexican school-aged children. <i>British Journal of Nutrition</i> , <b>2016</b> , 1-7	3.6	11
9	Specific micronutrient concentrations are associated with inflammatory cytokines in a rural population of Mexican women with a high prevalence of obesity. <i>British Journal of Nutrition</i> , <b>2013</b> , 109, 686-94	3.6	11
8	Effectiveness of the nutritional supplement used in the Mexican Oportunidades programme on growth, anaemia, morbidity and cognitive development in children aged 12-24 months. <i>Public Health Nutrition</i> , <b>2011</b> , 14, 931-7	3.3	11

7	Lower Protein Intake Supports Normal Growth of Full-Term Infants Fed Formula: A Randomized Controlled Trial. <i>Nutrients</i> , <b>2018</b> , 10,	6.7	10
6	Increased calorie intake at a specific mid-morning meal and increased intake of soft drinks are strongly associated with obesity in Mexican rural women. <i>Ecology of Food and Nutrition</i> , <b>2015</b> , 54, 157-74	1.9	8
5	Beliefs and motives related to eating and body size: a comparison of high-BMI and normal-weight young adult women from rural and urban areas in Mexico. <i>BMC Public Health</i> , <b>2016</b> , 16, 1014	4.1	5
4	Iron absorption in raw and cooked bananas: a field study using stable isotopes in women. <i>Food and Nutrition Research</i> , <b>2015</b> , 59, 25976	3.1	4
3	Energy and food intake are associated with specific intestinal parasitic infections in children of rural Mexico. <i>Parasitology International</i> , <b>2017</b> , 66, 831-836	2.1	2
2	Proximity and High Density of Convenience Stores Was Associated With Obesity in Children of a Rural Community of Mexico: Using a Geographic Information System Approach. <i>Food and Nutrition Bulletin</i> , <b>2021</b> , 42, 490-501	1.8	2
1	Comparison of nutritional and hydration status in patients undergoing twice and thrice-weekly hemodialysis: a silent drama in developing countries. <i>International Urology and Nephrology</i> , <b>2021</b> , 53, 571-581	2.3	0