Amit Bernstein

List of Publications by Year in descending order

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47006 64796 7,221 131 47 79 citations h-index g-index papers 133 133 133 5000 docs citations times ranked citing authors all docs

#	Article	IF	Citations
1	Distress tolerance and psychopathological symptoms and disorders: A review of the empirical literature among adults Psychological Bulletin, 2010, 136, 576-600.	6.1	645
2	Decentering and Related Constructs. Perspectives on Psychological Science, 2015, 10, 599-617.	9.0	337
3	State Mindfulness Scale (SMS): Development and initial validation Psychological Assessment, 2013, 25, 1286-1299.	1.5	292
4	Distress Tolerance. Current Directions in Psychological Science, 2010, 19, 406-410.	5.3	221
5	Unreliability as a threat to understanding psychopathology: The cautionary tale of attentional bias Journal of Abnormal Psychology, 2016, 125, 840-851.	1.9	221
6	Temporal Dynamics of Attentional Bias. Clinical Psychological Science, 2015, 3, 772-788.	4.0	179
7	Marijuana use motives: Concurrent relations to frequency of past 30-day use and anxiety sensitivity among young adult marijuana smokers. Addictive Behaviors, 2007, 32, 49-62.	3.0	177
8	Integrating Anxiety Sensitivity, Distress Tolerance, and Discomfort Intolerance: A Hierarchical Model of Affect Sensitivity and Tolerance. Behavior Therapy, 2009, 40, 291-301.	2.4	146
9	Cigarette Smoking and Panic Psychopathology. Current Directions in Psychological Science, 2005, 14, 301-305.	5.3	141
10	Multimethod study of distress tolerance and PTSD symptom severity in a traumaâ€exposed community sample. Journal of Traumatic Stress, 2010, 23, 623-630.	1.8	140
11	Marijuana use motives: A confirmatory test and evaluation among young adult marijuana users. Addictive Behaviors, 2007, 32, 3122-3130.	3.0	133
12	Posttraumatic stress symptom severity predicts marijuana use coping motives among traumatic eventâ€exposed marijuana users. Journal of Traumatic Stress, 2007, 20, 577-586.	1.8	131
13	Relations between anxiety sensitivity, distress tolerance, and fear reactivity to bodily sensations to coping and conformity marijuana use motives among young adult marijuana users Experimental and Clinical Psychopharmacology, 2009, 17, 31-42.	1.8	128
14	Self-Compassion in Recovery Following Potentially Traumatic Stress: Longitudinal Study of At-Risk Youth. Journal of Abnormal Child Psychology, 2015, 43, 645-653.	3.5	122
15	A general approach-avoidance hypothesis of Oxytocin: Accounting for social and non-social effects of oxytocin. Neuroscience and Biobehavioral Reviews, 2014, 47, 506-519.	6.1	111
16	Lifetime associations between cannabis, use, abuse, and dependence and panic attacks in a representative sample. Journal of Psychiatric Research, 2006, 40, 477-486.	3.1	93
17	Impact of Posttraumatic Stress Disorder on early smoking lapse and relapse during a self-guided quit attempt among community-recruited daily smokers. Nicotine and Tobacco Research, 2008, 10, 1415-1427.	2.6	92
18	Anxiety sensitivity and smoking motives and outcome expectancies among adult daily smokers: Replication and extension. Nicotine and Tobacco Research, 2008, 10, 985-994.	2.6	87

#	Article	IF	Citations
19	Distress Tolerance Scale: A Confirmatory Factor Analysis Among Daily Cigarette Smokers. Journal of Psychopathology and Behavioral Assessment, 2011, 33, 47-57.	1.2	87
20	DSM-Oriented Scales and Statistically Based Syndromes for Ages 18 to 59: Linking Taxonomic Paradigms to Facilitate Multitaxonomic Approaches. Journal of Personality Assessment, 2005, 84, 49-63.	2.1	86
21	Risk-factor research and prevention programs for anxiety disorders: A translational research framework. Behaviour Research and Therapy, 2006, 44, 1219-1239.	3.1	85
22	Prospective associations between cannabis use, abuse, and dependence and panic attacks and disorder. Journal of Psychiatric Research, 2008, 42, 1017-1023.	3.1	79
23	Main and Interactive Effects of Distress Tolerance and Negative Affect Intensity in Relation to PTSD Symptoms among Trauma-Exposed Adults. Journal of Psychopathology and Behavioral Assessment, 2013, 35, 235-243.	1.2	77
24	Anxiety sensitivity and early relapse to smoking: A test among Mexican daily, low-level smokers. Nicotine and Tobacco Research, 2007, 9, 483-491.	2.6	76
25	Interoceptive Exposure-Based Cessation Intervention for Smokers High in Anxiety Sensitivity: A Case Series. Journal of Cognitive Psychotherapy, 2008, 22, 346-365.	0.4	74
26	Taxonicity of anxiety sensitivity: a multi-national analysis. Journal of Anxiety Disorders, 2006, 20, 1-22.	3.2	73
27	Incremental validity of anxiety sensitivity in terms of motivation to quit, reasons for quitting, and barriers to quitting among community-recruited daily smokers. Nicotine and Tobacco Research, 2007, 9, 965-975.	2.6	73
28	Taxometric and factor analytic models of anxiety sensitivity: Integrating approaches to latent structural research Psychological Assessment, 2007, 19, 74-87.	1.5	72
29	Posttraumatic stress and marijuana use coping motives: The mediating role of distress tolerance. Journal of Anxiety Disorders, 2011, 25, 437-443.	3.2	69
30	Dynamics of Attentional Bias to Threat in Anxious Adults: Bias towards and/or Away?. PLoS ONE, 2014, 9, e104025.	2.5	69
31	Sixteen-Item Anxiety Sensitivity Index. Assessment, 2007, 14, 129-143.	3.1	67
32	Anxiety sensitivity and abstinence duration to smoking. Journal of Mental Health, 2006, 15, 659-670.	1.9	65
33	Multi-Method Evaluation of Distress Tolerance Measures and Construct(s): Concurrent Relations to Mood and Anxiety Psychopathology and Quality of Life. Journal of Experimental Psychopathology, 2011, 2, 386-399.	0.8	65
34	Incremental Validity of Mindfulness Skills in Relation to Emotional Dysregulation among a Young Adult Community Sample. Cognitive Behaviour Therapy, 2010, 39, 203-213.	3.5	60
35	Panic attacks, panic disorder, and agoraphobia: Associations with substance use, abuse, and dependence. Current Psychiatry Reports, 2006, 8, 279-285.	4.5	59
36	Salutary Proximal Processes and Distal Mood and Anxiety Vulnerability Outcomes of Mindfulness Training: A Pilot Preventive Intervention. Behavior Therapy, 2012, 43, 492-505.	2.4	59

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37	Posttraumatic stress symptoms and smoking to reduce negative affect: An investigation of trauma-exposed daily smokers. Addictive Behaviors, 2007, 32, 214-227.	3.0	58
38	Dimensional, Categorical, or Dimensional-Categories: Testing the Latent Structure of Anxiety Sensitivity Among Adults Using Factor-Mixture Modeling. Behavior Therapy, 2010, 41, 515-529.	2.4	57
39	Attentional bias temporal dynamics in remitted depression Journal of Abnormal Psychology, 2016, 125, 768-776.	1.9	57
40	A test of the interactive effects of anxiety sensitivity and mindfulness in the prediction of anxious arousal, agoraphobic cognitions, and body vigilance. Behaviour Research and Therapy, 2007, 45, 1393-1400.	3.1	56
41	Concurrent Relations Between Mindful Attention and Awareness and Psychopathology Among Trauma-Exposed Adults. Journal of Cognitive Psychotherapy, 2011, 25, 99-113.	0.4	54
42	The Interactive Effects of Anxiety Sensitivity and Emotion Dysregulation in Predicting Anxiety-related Cognitive and Affective Symptoms. Cognitive Therapy and Research, 2008, 32, 803-817.	1.9	53
43	Changes in facets of mindfulness and posttraumatic stress disorder treatment outcome. Psychiatry Research, 2012, 200, 609-613.	3.3	53
44	Attention Feedback Awareness and Control Training (A-FACT): Experimental test of a novel intervention paradigm targeting attentional bias. Behaviour Research and Therapy, 2014, 55, 18-26.	3.1	53
45	Emotionalâ€Vulnerability and Mindfulness: A Preliminary Test of Associations among Negative Affectivity, Anxiety Sensitivity, and Mindfulness Skills. Cognitive Behaviour Therapy, 2007, 36, 91-101.	3.5	52
46	Anxiety sensitivity and perceived control over anxiety-related events: Associations with smoking outcome expectancies and perceived cessation barriers among daily smokers. Nicotine and Tobacco Research, 2008, 10, 627-635.	2.6	52
47	Anxiety sensitivity taxon and trauma: discriminant associations for posttraumatic stress and panic symptomatology among young adults. Depression and Anxiety, 2005, 22, 138-149.	4.1	50
48	Nature and Role of Change in Anxiety Sensitivity During NRT-Aided Cognitive-Behavioral Smoking Cessation Treatment. Cognitive Behaviour Therapy, 2012, 41, 51-62.	3.5	49
49	Decentering in the process of cultivating mindfulness: An experience-sampling study in time and context Journal of Consulting and Clinical Psychology, 2017, 85, 123-134.	2.0	48
50	Evaluation of smoking characteristics among community-recruited daily smokers with and without posttraumatic stress disorder and panic psychopathology. Journal of Anxiety Disorders, 2008, 22, 1214-1226.	3.2	46
51	The Decoupling Model of Equanimity: Theory, Measurement, and Test in a Mindfulness Intervention. Mindfulness, 2016, 7, 1214-1226.	2.8	46
52	Mindfulness and positive affect: Cross-sectional, prospective intervention, and real-time relations. Journal of Positive Psychology, 2012, 7, 349-361.	4.0	45
53	Metacognitive processes model of decentering: emerging methods and insights. Current Opinion in Psychology, 2019, 28, 245-251.	4.9	45
54	Taxonicity of anxiety sensitivity: an empirical test among youth. Behaviour Research and Therapy, 2005, 43, 1131-1155.	3.1	44

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55	Anxiety sensitivity: selective review of promising research and future directions. Expert Review of Neurotherapeutics, 2007, 7, 97-101.	2.8	44
56	Single-Session Anxiety Sensitivity Reduction Program for Trauma-Exposed Adults: A Case Series Documenting Feasibility and Initial Efficacy. Behavior Therapy, 2012, 43, 482-491.	2.4	44
57	ATTENTIONAL BIAS TEMPORAL DYNAMICS PREDICT POSTTRAUMATIC STRESS SYMPTOMS: A PROSPECTIVE-LONGITUDINAL STUDY AMONG SOLDIERS. Depression and Anxiety, 2016, 33, 630-639.	4.1	44
58	Anxiety sensitivity taxonicity across gender among youth. Behaviour Research and Therapy, 2006, 44, 679-698.	3.1	43
59	Incremental Validity of Mindfulnessâ€Based Attention in Relation to the Concurrent Prediction of Anxiety and Depressive Symptomatology and Perceptions of Health. Cognitive Behaviour Therapy, 2006, 35, 148-158.	3.5	43
60	Introduction to the special issue on Cognitive bias modification: Taking a step back to move forward?. Journal of Behavior Therapy and Experimental Psychiatry, 2015, 49, 1-4.	1.2	43
61	Taxometric and Factor Analytic Models of Anxiety Sensitivity Among Youth: Exploring the Latent Structure of Anxiety Psychopathology Vulnerability. Behavior Therapy, 2007, 38, 269-283.	2.4	42
62	Mindfulness and Distress Tolerance: Relations in a Mindfulness Preventive Intervention. International Journal of Cognitive Therapy, 2013, 6, 371-385.	2.2	41
63	Experiential self-referential and selfless processing in mindfulness and mental health: Conceptual model and implicit measurement methodology Psychological Assessment, 2016, 28, 856-869.	1.5	41
64	Anxiety sensitivity interacts with marijuana use in the prediction of anxiety symptoms and panic-related catastrophic thinking among daily tobacco users. Behaviour Research and Therapy, 2006, 44, 907-924.	3.1	40
65	Dispositional mindfulness in trauma recovery: Prospective relations and mediating mechanisms. Journal of Anxiety Disorders, 2015, 36, 25-32.	3.2	39
66	Incremental validity of anxiety sensitivity in relation to Marijuana withdrawal symptoms. Addictive Behaviors, 2007, 32, 1843-1851.	3.0	38
67	(De)coupling of our eyes and our mind's eye: A dynamic process perspective on attentional bias Emotion, 2016, 16, 978-986.	1.8	38
68	Anxiety Sensitivity and Anxious Responding to Bodily Sensations: A Test among Adolescents Using a Voluntary Hyperventilation Challenge. Cognitive Therapy and Research, 2005, 29, 593-609.	1.9	37
69	Attention bias dynamics and symptom severity during and following CBT for social anxiety disorder Journal of Consulting and Clinical Psychology, 2016, 84, 795-802.	2.0	37
70	Tolerance of Negative Affective States (TNAS): Development and Evaluation of a Novel Construct and Measure. Cognitive Therapy and Research, 2013, 37, 421-433.	1.9	33
71	Marijuana use and panic psychopathology among a representative sample of adults Experimental and Clinical Psychopharmacology, 2010, 18, 129-134.	1.8	30
72	Anxiety Sensitivity Taxonicity: a Concurrent Test of Cognitive Vulnerability for Postâ€Traumatic Stress Symptomatology Among Young Adults. Cognitive Behaviour Therapy, 2005, 34, 229-241.	3.5	28

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73	Targeting Biased Emotional Attention to Threat as a Dynamic Process in Time. Clinical Psychological Science, 2016, 4, 287-298.	4.0	28
74	Affect intensity: association with anxious and fearful responding to bodily sensations. Journal of Anxiety Disorders, 2006, 20, 192-206.	3.2	27
75	Perceived health moderates the association between smoking rate and panic vulnerability variables among daily smokers. Depression and Anxiety, 2006, 23, 257-265.	4.1	27
76	Developmental Course(s) of Lifetime Cigarette Use and Panic Attack Comorbidity. Behavior Modification, 2007, 31, 117-135.	1.6	27
77	Validation of Self-Report Measures of Emotional and Physical Distress Tolerance. Journal of Psychopathology and Behavioral Assessment, 2013, 35, 76-84.	1.2	27
78	A Concurrent Test of the Anxiety Sensitivity Taxon: Its Relation to Bodily Vigilance and Perceptions of Control Over Anxiety-Related Events in a Sample of Young Adults. Journal of Cognitive Psychotherapy, 2007, 21, 72-90.	0.4	26
79	Mixed anxiety depression: Taxometric exploration of the validity of a diagnostic category in youth. Journal of Affective Disorders, 2007, 98, 83-89.	4.1	26
80	Discomfort intolerance: Evaluation of incremental validity for panic-relevant symptoms using 10% carbon dioxide-enriched air provocation. Journal of Anxiety Disorders, 2009, 23, 197-203.	3.2	26
81	Coherence in the narratives of psychopathic and nonpsychopathic criminal offenders. Personality and Individual Differences, 1999, 27, 519-530.	2.9	25
82	Brief mindfulness training de-couples the anxiogenic effects of distress intolerance on reactivity to and recovery from stress among deprived smokers. Behaviour Research and Therapy, 2017, 95, 117-127.	3.1	25
83	Attentional Bias Dynamics and Posttraumatic Stress in Survivors of Violent Conflict and Atrocities. Clinical Psychological Science, 2017, 5, 64-73.	4.0	25
84	Marijuana coping motives interact with marijuana use frequency to predict anxious arousal, panic related catastrophic thinking, and worry among current marijuana users. Depression and Anxiety, 2008, 25, 862-873.	4.1	24
85	A Longitudinal Study of Emotional Distress Intolerance and Psychopathology Following Exposure to a Potentially Traumatic Event in a Community Sample. Cognitive Therapy and Research, 2016, 40, 1-13.	1.9	24
86	Behavioral assessment of mindfulness: defining features, organizing framework, and review of emerging methods. Current Opinion in Psychology, 2019, 28, 229-237.	4.9	24
87	Associations between age of onset and lifetime history of panic attacks and alcohol use, abuse, and dependence in a representative sample. Comprehensive Psychiatry, 2006, 47, 342-349.	3.1	22
88	Smoking motives in the prediction of affective vulnerability among young adult daily smokers. Behaviour Research and Therapy, 2007, 45, 471-482.	3.1	21
89	Evaluating emotional sensitivity and tolerance factors in the prediction of panic-relevant responding to a biological challenge. Journal of Anxiety Disorders, 2010, 24, 16-22.	3.2	21
90	Mapping Dynamic Interactions Among Cognitive Biases in Depression. Emotion Review, 2020, 12, 93-110.	3.4	21

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91	Laboratory Test of a Novel Structural Model of Anxiety Sensitivity and Panic Vulnerability. Behavior Therapy, 2009, 40, 171-180.	2.4	20
92	Trauma, attentional dysregulation, and the development of posttraumatic stress: An investigation of risk pathways. Behaviour Research and Therapy, 2018, 102, 60-66.	3.1	20
93	Is the Latent Structure of Fear of Pain Continuous or Discontinuous Among Pain Patients? Taxometric Analysis of the Pain Anxiety Symptoms Scale. Journal of Pain, 2007, 8, 387-395.	1.4	19
94	Mindfulness-Based Trauma Recovery for Refugees (MBTR-R): Randomized Waitlist-Control Evidence of Efficacy and Safety. Clinical Psychological Science, 2021, 9, 1164-1184.	4.0	19
95	Oxytocin attenuates social and non-social avoidance: Re-thinking the social specificity of Oxytocin. Psychoneuroendocrinology, 2017, 81, 105-112.	2.7	18
96	Cognitive fusion and emotion differentiation: does getting entangled with our thoughts dysregulate the generation, experience and regulation of emotion?. Cognition and Emotion, 2017, 31, 1286-1293.	2.0	18
97	Examining the Decoupling Model of Equanimity in Mindfulness Training: An Intensive Experience Sampling Study. Clinical Psychological Science, 2018, 6, 704-720.	4.0	18
98	Exploration of a Factor Mixture-Based Taxonic-Dimensional Model of Anxiety Sensitivity and Transdiagnostic Psychopathology Vulnerability Among Trauma-Exposed Adults. Cognitive Behaviour Therapy, 2012, 41, 63-78.	3.5	17
99	Measuring Decentering and Related Constructs: Capacity and Limitations of Extant Assessment Scales. Mindfulness, 2017, 8, 1674-1688.	2.8	17
100	Factor mixture model of anxiety sensitivity and anxiety psychopathology vulnerability. Journal of Affective Disorders, 2013, 149, 406-417.	4.1	15
101	Remembering and Responding to Distressing Autobiographical Memories: Exploring Risk and Intervention Targets for Posttraumatic Stress in Traumatized Refugees. Clinical Psychological Science, 2017, 5, 789-797.	4.0	15
102	Negative reinforcement/negative affect reduction cigarette smoking outcome expectancies: Incremental validity for anxiety focused on bodily sensations and panic attack symptoms among daily smokers Experimental and Clinical Psychopharmacology, 2008, 16, 66-76.	1.8	14
103	Posttraumatic Stress Symptoms and Cigarette Deprivation in the Prediction of Anxious Responding among Trauma-Exposed Smokers: A Laboratory Test. Nicotine and Tobacco Research, 2010, 12, 1080-1088.	2.6	14
104	Panic attacks and physical health problems in a representative sample: Singular and interactive associations with psychological problems, and interpersonal and physical disability. Journal of Anxiety Disorders, 2008, 22, 78-87.	3.2	13
105	First, do no harm: An intensive experience sampling study of adverse effects to mindfulness training. Behaviour Research and Therapy, 2021, 145, 103941.	3.1	13
106	Associations between psychedelic use, abuse, and dependence and lifetime panic attack history in a representative sample. Journal of Anxiety Disorders, 2007, 21, 730-741.	3.2	12
107	Anxiety Sensitivity Moderates Relations Among Tobacco Smoking, Panic Attack Symptoms, and Bodily Complaints in Adolescents. Journal of Psychopathology and Behavioral Assessment, 2007, 29, 69-79.	1.2	12
108	Body vigilance: bi-national examination of the construct. Depression and Anxiety, 2008, 25, E81-E91.	4.1	12

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109	Premenstrual distress predicts panic-relevant responding to a CO2 challenge among young adult females. Journal of Anxiety Disorders, 2010, 24, 416-422.	3.2	12
110	Meta-Awareness of Dysregulated Emotional Attention. Clinical Psychological Science, 2018, 6, 658-670.	4.0	12
111	Evaluation of anxiety sensitivity among daily adult smokers using item response theory analysis. Journal of Anxiety Disorders, 2009, 23, 230-239.	3.2	11
112	Reduced Reactivity to and Suppression of Thoughts Mediate the Effects of Mindfulness Training on Recovery Outcomes Following Exposure to Potentially Traumatic Stress. Mindfulness, 2017, 8, 920-932.	2.8	11
113	Understanding mindfulness, one moment at a time: an introduction to the special issue. Current Opinion in Psychology, 2019, 28, vi-x.	4.9	11
114	The Metacognitive Processes of Decentering Scale: Development and initial validation of trait and state versions Psychological Assessment, 2020, 32, 956-971.	1.5	11
115	Does mindfulness practice promote psychological functioning or is it the other way around? A daily diary study Psychotherapy, 2020, 57, 310-322.	1.2	11
116	Test of a Factor Mixture-Based Taxonic-Dimensional Model of Anxiety Sensitivity and Panic Attack Vulnerability among University and Clinical Samples in Mexico City. Journal of Psychopathology and Behavioral Assessment, 2011, 33, 491-500.	1.2	10
117	The Daily Dose-Response Hypothesis of Mindfulness Meditation Practice: An Experience Sampling Study. Psychosomatic Medicine, 2021, 83, 624-630.	2.0	9
118	Panic-relevant predictability preferences: A laboratory test Journal of Abnormal Psychology, 2008, 117, 242-246.	1.9	8
119	A Functional Network Perspective on Posttraumatic Stress in Refugees: Implications for Theory, Classification, Assessment, and Intervention. Transcultural Psychiatry, 2021, 58, 268-282.	1.6	8
120	Candidate mechanisms of action of mindfulness-based trauma recovery for refugees (MBTR-R): Self-compassion and self-criticism Journal of Consulting and Clinical Psychology, 2022, 90, 107-122.	2.0	8
121	Anxiety vulnerability factors and disorders and tobacco and marijuana use and disorders: Emerging theory and research explicating their relations. Addictive Behaviors, 2008, 33, 1383-1384.	3.0	7
122	Latent structure of fear of pain: An empirical test among a sample of community dwelling older adults. European Journal of Pain, 2009, 13, 419-425.	2.8	7
123	Avoidance in posttraumatic stress among refugee survivors of violent conflict and atrocities: Testing trans-cultural risk processes and candidate intervention targets. Behaviour Research and Therapy, 2017, 99, 157-163.	3.1	7
124	Simulating thoughts to measure and study internal attention in mental health. Scientific Reports, 2021, 11, 2251.	3.3	7
125	Cognitive-Behavioral Treatment of Co-morbid Panic Psychopathology and Tobacco Use and Dependence. , 2008, , 177-200.		5
126	A Network Modeling Approach to Mindfulness Mechanisms: a Proof-of-Concept Investigation. Mindfulness, 2021, 12, 1115-1126.	2.8	4

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127	A Snark or a Boojum? Exploring Multitaxonomic Possibilities and Building on Widiger's Commentary. Journal of Personality Assessment, 2005, 84, 66-69.	2.1	3
128	Does Early Emotional Responding to Initial Mindfulness Training Impact Intervention Outcomes?. Mindfulness, 2019, 10, 616-626.	2.8	3
129	Training Meta-Awareness to Modify Attentional Dyscontrol. Mindfulness, 2020, 11, 785-799.	2.8	3
130	COVID-19 and Mental Health Among People Who Are Forcibly Displaced: The Role of Socioeconomic Insecurity. Psychiatric Services, 2023, 74, 158-165.	2.0	3
131	State Mindfulness Scale (SMS)., 2022, , 1-16.		2