Andrew J Chappell

List of Publications by Year in descending order

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1478505 1588992 9 231 6 8 citations g-index h-index papers 10 10 10 331 docs citations times ranked citing authors all docs

#	Article	IF	Citations
1	Fish Oil Supplementation Reduces Markers of Oxidative Stress But Not Muscle Soreness After Eccentric Exercise. International Journal of Sport Nutrition and Exercise Metabolism, 2014, 24, 206-214.	2.1	68
2	Nutritional strategies of high level natural bodybuilders during competition preparation. Journal of the International Society of Sports Nutrition, 2018, 15, 4.	3.9	54
3	The agronomic performance and nutritional content of oat and barley varieties grown in a northern maritime environment depends on variety and growing conditions. Journal of Cereal Science, 2017, 74, 1-10.	3.7	34
4	Citrulline malate supplementation does not improve German Volume Training performance or reduce muscle soreness in moderately trained males and females. Journal of the International Society of Sports Nutrition, 2018, 15, 42.	3.9	26
5	Nutritional Peak Week and Competition Day Strategies of Competitive Natural Bodybuilders. Sports, 2018, 6, 126.	1.7	23
6	Citrulline Malate Fails to Improve German Volume Training Performance in Healthy Young Men and Women. Journal of Dietary Supplements, 2020, 17, 249-260.	2.6	13
7	Biopsychosocial Effects of Competition Preparation in Natural Bodybuilders. Journal of Human Kinetics, 2021, 79, 259-276.	1.5	6
8	The effects of a sleep/recovery supplement: â€~Night Time Recharge' on sleep parameters in young adults. Nutrition and Health, 2019, 25, 265-274.	1.5	4
9	A Case Study Series of the Health Status and Key Anthropometry in Very Large Strength Athletes. International Universities Strength and Conditioning Association Journal, 2020, 1, .	0.3	0