Christopher Bridle

List of Publications by Year in descending order

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#	Article	IF	Citations
1	Effect of exercise on depression severity in older people: systematic review and meta-analysis of randomised controlled trials. British Journal of Psychiatry, 2012, 201, 180-185.	2.8	324
2	Are we failing young people not in employment, education or training (NEETs)? A systematic review and meta-analysis of re-engagement interventions. Systematic Reviews, 2017, 6, 16.	5. 3	70
3	Systematic review of interventions to improve patient uptake and completion of pulmonary rehabilitation in COPD. ERJ Open Research, 2017, 3, 00089-2016.	2.6	54
4	Neurolinguistic programming: a systematic review of the effects on health outcomes. British Journal of General Practice, 2012, 62, e757-e764.	1.4	46
5	Valueâ€added education and smoking uptake in schools: a cohort study. Addiction, 2008, 103, 155-161.	3.3	35
6	Development of an exercise intervention to improve cognition in people with mild to moderate dementia: Dementia And Physical Activity (DAPA) Trial, registration ISRCTN32612072. Physiotherapy, 2015, 101, 126-134.	0.4	22
7	Dementia and Physical Activity (DAPA) - an exercise intervention to improve cognition in people with mild to moderate dementia: study protocol for a randomized controlled trial. Trials, 2016, 17, 165.	1.6	19
8	Effects of exercise, cognitive, and dual-task interventions on cognition in type 2 diabetes mellitus: A systematic review and meta-analysis. PLoS ONE, 2020, 15, e0232958.	2.5	17
9	Written emotional disclosure for adults with Type 2 diabetes: a primary care feasibility study. Primary Health Care Research and Development, 2015, 16, 179-187.	1.2	15
10	Telephone interviews can be used to collect follow-up data subsequent to no response to postal questionnaires in clinical trials. Journal of Clinical Epidemiology, 2012, 65, 90-99.	5.0	14
11	Strengthening and stretching for rheumatoid arthritis of the hand (SARAH): design of a randomised controlled trial of a hand and upper limb exercise intervention - ISRCTN89936343. BMC Musculoskeletal Disorders, 2012, 13, 230.	1.9	12
12	Should we  hug a hoodie'? Protocol for a systematic review and meta-analysis of interventions with young people not in employment, education or training (so-called NEETs). Systematic Reviews, 2014, 3, 73.	5.3	12
13	Mediated, moderated and direct effects of country of residence, age, and gender on the cognitive and social determinants of adolescent smoking in Spain and the UK: a cross-sectional study. BMC Public Health, 2009, 9, 173.	2.9	11
14	Effects of cognitive behavioural therapy on insomnia in adults with tinnitus: Systematic review and meta-analysis of randomised controlled trials. Sleep Medicine Reviews, 2021, 56, 101405.	8.5	9
15	Trial protocol and preliminary results for a cluster randomised trial of behavioural support versus brief advice for smoking cessation in adolescents. BMC Research Notes, 2010, 3, 336.	1.4	3
16	Evaluating follow-up and complexity in cancer clinical trials (EFACCT): an eDelphi study of research professionals' perspectives. BMJ Open, 2020, 10, e034269.	1.9	3
17	Pragmatic pilot cluster randomised control trial of a school-based peer-led anti-smoking intervention for 13-14 year olds in Malaysia. Health Education, 2017, 117, 599-616.	0.9	1