

Catharine Evers

List of Publications by Year in descending order

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Version: 2024-02-01

52
papers

3,233
citations

186265

28
h-index

175258

52
g-index

52
all docs

52
docs citations

52
times ranked

3503
citing authors

#	ARTICLE	IF	CITATIONS
1	Feeding Your Feelings: Emotion Regulation Strategies and Emotional Eating. <i>Personality and Social Psychology Bulletin</i> , 2010, 36, 792-804.	3.0	348
2	Feeling bad or feeling good, does emotion affect your consumption of food? A meta-analysis of the experimental evidence. <i>Neuroscience and Biobehavioral Reviews</i> , 2018, 92, 195-208.	6.1	206
3	Bedtime procrastination: introducing a new area of procrastination. <i>Frontiers in Psychology</i> , 2014, 5, 611.	2.1	175
4	Healthy diet: Health impact, prevalence, correlates, and interventions. <i>Psychology and Health</i> , 2017, 32, 907-941.	2.2	172
5	Good mood food. Positive emotion as a neglected trigger for food intake. <i>Appetite</i> , 2013, 68, 1-7.	3.7	146
6	“Because I Am Worth It” Personality and Social Psychology Review, 2014, 18, 119-138.	6.0	145
7	How to Bite Your Tongue Without Blowing Your Top: Implicit Evaluation of Emotion Regulation Predicts Affective Responding to Anger Provocation. <i>Personality and Social Psychology Bulletin</i> , 2006, 32, 589-602.	3.0	140
8	Bedtime procrastination: A self-regulation perspective on sleep insufficiency in the general population. <i>Journal of Health Psychology</i> , 2016, 21, 853-862.	2.3	136
9	Emotional eating: Eating when emotional or emotional about eating?. <i>Psychology and Health</i> , 2011, 26, 23-39.	2.2	127
10	Planning What Not to Eat: Ironic Effects of Implementation Intentions Negating Unhealthy Habits. <i>Personality and Social Psychology Bulletin</i> , 2011, 37, 69-81.	3.0	126
11	Anger and social appraisal: A "spicy" sex difference?. <i>Emotion</i> , 2005, 5, 258-266.	1.8	122
12	Emotion response coherence: A dual-process perspective. <i>Biological Psychology</i> , 2014, 98, 43-49.	2.2	101
13	Assessing yourself as an emotional eater: Mission impossible?. <i>Health Psychology</i> , 2009, 28, 717-725.	1.6	99
14	The power of habits: Unhealthy snacking behaviour is primarily predicted by habit strength. <i>British Journal of Health Psychology</i> , 2012, 17, 758-770.	3.5	97
15	License to sin: Self-licensing as a mechanism underlying hedonic consumption. <i>European Journal of Social Psychology</i> , 2012, 42, 490-496.	2.4	94
16	The importance of distinguishing between the different eating disorders (sub)types when assessing emotion regulation strategies. <i>Psychiatry Research</i> , 2014, 215, 727-732.	3.3	82
17	The Eating Disorder Diagnostic Scale: Psychometric Features Within a Clinical Population and a Cutoff Point to Differentiate Clinical Patients from Healthy Controls. <i>European Eating Disorders Review</i> , 2012, 20, 315-320.	4.1	80
18	Psychiatric Comorbidity of Gender Identity Disorders: A Survey Among Dutch Psychiatrists. <i>American Journal of Psychiatry</i> , 2003, 160, 1332-1336.	7.2	75

#	ARTICLE	IF	CITATIONS
19	Emotion Regulation in Adolescence. <i>Journal of Early Adolescence</i> , 2013, 33, 184-200.	1.9	63
20	The Social Costs and Benefits of Anger as a Function of Gender and Relationship Context. <i>Sex Roles</i> , 2011, 65, 23-34.	2.4	56
21	How chocolate keeps you slim. The effect of food temptations on weight watching goal importance, intentions, and eating behavior. <i>Appetite</i> , 2009, 53, 430-433.	3.7	46
22	Who diets? Most people and especially when they worry about food. <i>Appetite</i> , 2014, 80, 103-108.	3.7	46
23	A Double Burden: Emotional Eating and Lack of Cognitive Reappraisal in Eating Disordered Women. <i>European Eating Disorders Review</i> , 2012, 20, 490-495.	4.1	45
24	â€œInstant Successâ€. <i>Personality and Social Psychology Bulletin</i> , 2011, 37, 1389-1397.	3.0	43
25	Tricky treats: Paradoxical effects of temptation strength on self-regulation processes. <i>European Journal of Social Psychology</i> , 2011, 41, 281-288.	2.4	40
26	Allured or alarmed: Counteractive control responses to food temptations in the brain. <i>Behavioural Brain Research</i> , 2013, 248, 41-45.	2.2	38
27	Always Gamble on an Empty Stomach: Hunger Is Associated with Advantageous Decision Making. <i>PLoS ONE</i> , 2014, 9, e111081.	2.5	35
28	Social Media, Body Image and Resistance Training: Creating the Perfect â€œMeâ€ with Dietary Supplements, Anabolic Steroids and SARMâ€™s. <i>Sports Medicine - Open</i> , 2021, 7, 81.	3.1	33
29	â€œI ate too much so I must have been sadâ€: Emotions as a confabulated reason for overeating. <i>Appetite</i> , 2016, 103, 318-323.	3.7	30
30	Citizen approval of nudging interventions promoting healthy eating: the role of intrusiveness and trustworthiness. <i>BMC Public Health</i> , 2018, 18, 1182.	2.9	28
31	Comparisons of psychotropic drug prescribing patterns in acute psychiatric wards across Europe. <i>European Journal of Clinical Pharmacology</i> , 2004, 60, 29-35.	1.9	24
32	Double trouble: restrained eaters do not eat less and feel worse. <i>Psychology and Health</i> , 2013, 28, 686-700.	2.2	23
33	Influence of negative affect on choice behavior in individuals with binge eating pathology. <i>Psychiatry Research</i> , 2013, 207, 100-106.	3.3	23
34	Thinking before sinning: reasoning processes in hedonic consumption. <i>Frontiers in Psychology</i> , 2014, 5, 1268.	2.1	21
35	Justified indulgence: self-licensing effects on caloric consumption. <i>Psychology and Health</i> , 2019, 34, 24-43.	2.2	21
36	Body esteem and eating disorder symptomatology: The mediating role of appearance-motivated exercise in a non-clinical adult female sample. <i>Eating Behaviors</i> , 2012, 13, 214-218.	2.0	19

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37	The shaping role of hunger on self-reported external eating status. <i>Appetite</i> , 2011, 57, 318-320.	3.7	16
38	Assessing Aggression Severity with the Revised Staff Observation Aggression Scale. <i>Journal of Nervous and Mental Disease</i> , 2002, 190, 198-200.	1.0	16
39	Introducing functional and dysfunctional self-licensing: Associations with indices of (un)successful dietary regulation. <i>Journal of Personality</i> , 2019, 87, 934-947.	3.2	15
40	Eat Me If You Can: Cognitive Mechanisms Underlying the Distance Effect. <i>PLoS ONE</i> , 2013, 8, e84643.	2.5	12
41	UnAdulterated " Children and adults' visual attention to healthy and unhealthy food. <i>Eating Behaviors</i> , 2015, 17, 90-93.	2.0	11
42	Confabulating reasons for behaving bad: The psychological consequences of unconsciously activated behaviour that violates one's standards. <i>European Journal of Social Psychology</i> , 2014, 44, 255-266.	2.4	9
43	Adequately predicting emotional eating with self-reports: Not as easy as pie.. <i>Health Psychology</i> , 2010, 29, 344-345.	1.6	8
44	Defying Food " How Distance Determines Monkeys' Ability to Inhibit Reaching for Food. <i>Frontiers in Psychology</i> , 2016, 7, 158.	2.1	8
45	Investigating sex differences in psychological predictors of snack intake among a large representative sample. <i>Public Health Nutrition</i> , 2016, 19, 625-632.	2.2	7
46	Influence of negative affect on decision making in women with restrictive and binge-purge type anorexia nervosa. <i>Psychiatry Research</i> , 2016, 239, 39-46.	3.3	7
47	Commentary: Why Don't You Go to Bed on Time? A Daily Diary Study on the Relationships Between Chronotype, Self-Control Resources and the Phenomenon of Bedtime Procrastination. <i>Frontiers in Psychology</i> , 2018, 9, 915.	2.1	7
48	If it's good it must be bad: The indirect effect of temptation strength on self-control through perceived unhealthiness. <i>Eating Behaviors</i> , 2013, 14, 522-524.	2.0	4
49	Let go and give in! Self-licensing and the role of competing motivations.. <i>Motivation Science</i> , 2020, 6, 359-367.	1.6	3
50	Erratum to "The shaping role of hunger on self-reported external eating status" [Appetite 57 (2) (2011) 318-320]. <i>Appetite</i> , 2013, 63, 142-145.	3.7	2
51	Editorial: Eating Behavior Research in Children's and Adolescent's Naturalistic Environment. <i>Frontiers in Psychology</i> , 2019, 10, 2139.	2.1	2
52	How highlighted utensils influence consumption in a dark setting. <i>Psychology and Health</i> , 2018, 33, 1302-1314.	2.2	1