

Mareike Morat

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/9065475/publications.pdf>

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3
papers

58
citations

2257833

3
h-index

2549979

3
g-index

4
all docs

4
docs citations

4
times ranked

65
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of Mindâ€“Body Interventions Involving Meditative Movements on Quality of Life, Depressive Symptoms, Fear of Falling and Sleep Quality in Older Adults: A Systematic Review with Meta-Analysis. International Journal of Environmental Research and Public Health, 2020, 17, 6556.	1.2	38
2	Effects of multimodal agility-like exercise training compared to inactive controls and alternative training on physical performance in older adults: a systematic review and meta-analysis. European Review of Aging and Physical Activity, 2021, 18, 4.	1.3	11
3	Agility Training to Integratively Promote Neuromuscular, Cognitive, Cardiovascular and Psychosocial Function in Healthy Older Adults: A Study Protocol of a One-Year Randomized-Controlled Trial. International Journal of Environmental Research and Public Health, 2020, 17, 1853.	1.2	8