List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Health consequences of shift work and insufficient sleep. BMJ, The, 2016, 355, i5210.	3.0	669
2	Less effective executive functioning after one night's sleep deprivation. Journal of Sleep Research, 2005, 14, 1-6.	1.7	284
3	The Scent of Disease. Psychological Science, 2014, 25, 817-823.	1.8	227
4	Subjective sleepiness is a sensitive indicator of insufficient sleep and impaired waking function. Journal of Sleep Research, 2014, 23, 242-254.	1.7	224
5	Circadian Entrainment to the Natural Light-Dark Cycle across Seasons and the Weekend. Current Biology, 2017, 27, 508-513.	1.8	200
6	Impaired sleep after bedtime stress and worries. Biological Psychology, 2007, 76, 170-173.	1.1	196
7	Effects of Acutely Displaced Sleep on Testosterone. Journal of Clinical Endocrinology and Metabolism, 2005, 90, 4530-4535.	1.8	153
8	Cues of Fatigue: Effects of Sleep Deprivation on Facial Appearance. Sleep, 2013, 36, 1355-1360.	0.6	141
9	Naps, cognition and performance. Sleep Medicine Reviews, 2010, 14, 249-258.	3.8	139
10	Tolerance to shift work?how does it relate to sleep and wakefulness?. International Archives of Occupational and Environmental Health, 2004, 77, 121-129.	1.1	135
11	Predicting sleep quality from stress and prior sleep – A study of day-to-day covariation across sixweeks. Sleep Medicine, 2012, 13, 674-679.	0.8	133
12	The Effects of a Short Daytime Nap After Restricted Night Sleep. Sleep, 1996, 19, 570-575.	0.6	123
13	Behavioral and neural correlates to multisensory detection of sick humans. Proceedings of the National Academy of Sciences of the United States of America, 2017, 114, 6400-6405.	3.3	116
14	Sleepiness and Performance in Response to Repeated Sleep Restriction and Subsequent Recovery during Semi‣aboratory Conditions. Chronobiology International, 2008, 25, 297-308.	0.9	105
15	Diurnal Variation of Circulating Interleukin-6 in Humans: A Meta-Analysis. PLoS ONE, 2016, 11, e0165799.	1.1	102
16	Sleep and Sleepiness in Young Individuals with High Burnout Scores. Sleep, 2004, 27, 1369-1377.	0.6	100
17	Efficacy of a behavioral self-help treatment with or without therapist guidance for co-morbid and primary insomnia -a randomized controlled trial. BMC Psychiatry, 2012, 12, 5.	1.1	99
18	Lipopolysaccharide Alters Motivated Behavior in a Monetary Reward Task: a Randomized Trial. Neuropsychopharmacology, 2017, 42, 801-810.	2.8	96

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19	Modality and sex differences in pain sensitivity during human endotoxemia. Brain, Behavior, and Immunity, 2015, 46, 35-43.	2.0	84
20	Mood disturbance during experimental endotoxemia: Predictors of state anxiety as a psychological component of sickness behavior. Brain, Behavior, and Immunity, 2016, 57, 30-37.	2.0	83
21	Beauty sleep: experimental study on the perceived health and attractiveness of sleep deprived people. BMJ, The, 2010, 341, c6614-c6614.	3.0	81
22	Why sickness hurts: A central mechanism for pain induced by peripheral inflammation. Brain, Behavior, and Immunity, 2016, 57, 38-46.	2.0	77
23	Effects of Sustained Sleep Restriction on Mitogen-Stimulated Cytokines, Chemokines and T Helper 1/ T Helper 2 Balance in Humans. PLoS ONE, 2013, 8, e82291.	1.1	76
24	Sleep Homeostasis During Repeated Sleep Restriction and Recovery: Support from EEG Dynamics. Sleep, 2009, 32, 217-222.	0.6	75
25	Sex differences in how inflammation affects behavior: What we can learn from experimental inflammatory models in humans. Frontiers in Neuroendocrinology, 2018, 50, 91-106.	2.5	75
26	Identification of acutely sick people and facial cues of sickness. Proceedings of the Royal Society B: Biological Sciences, 2018, 285, 20172430.	1.2	64
27	Relationships Between Questionnaire Ratings of Sleep Quality and Polysomnography in Healthy Adults. Behavioral Sleep Medicine, 2016, 14, 185-199.	1.1	63
28	Hormonal changes in satisfied and dissatisfied shift workers across a shift cycle. Journal of Applied Physiology, 2003, 95, 2099-2105.	1.2	62
29	Intrinsic functional connectivity of insular cortex and symptoms of sickness during acute experimental inflammation. Brain, Behavior, and Immunity, 2016, 56, 34-41.	2.0	61
30	Short natural sleep is associated with higher T cell and lower NK cell activities. Brain, Behavior, and Immunity, 2011, 25, 1367-1375.	2.0	60
31	Effect of long-term sleep restriction and subsequent recovery sleep on the diurnal rhythms of white blood cell subpopulations. Brain, Behavior, and Immunity, 2015, 47, 93-99.	2.0	60
32	Low-grade inflammation may moderate the effect of behavioral treatment for chronic pain in adults. Journal of Behavioral Medicine, 2016, 39, 916-924.	1.1	58
33	Use of Subjective and Physiological Indicators of Sleepiness to Predict Performance during a Vigilance Task. Industrial Health, 2007, 45, 520-526.	0.4	55
34	Do sleep, stress, and illness explain daily variations in fatigue? A prospective study. Journal of Psychosomatic Research, 2014, 76, 280-285.	1.2	54
35	Sick man walking: Perception of health status from body motion. Brain, Behavior, and Immunity, 2015, 48, 53-56.	2.0	50
36	Skin colour changes during experimentally-induced sickness. Brain, Behavior, and Immunity, 2017, 60, 312-318.	2.0	49

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37	A global measure of sickness behaviour: Development of the Sickness Questionnaire. Journal of Health Psychology, 2018, 23, 1452-1463.	1.3	49
38	Mood impairment is stronger in young than in older adults after sleep deprivation. Journal of Sleep Research, 2019, 28, e12801.	1.7	47
39	Accounting for Partial Sleep Deprivation and Cumulative Sleepiness in the Threeâ€Process Model of Alertness Regulation. Chronobiology International, 2008, 25, 309-319.	0.9	46
40	Screening for Sleep Disorders in Pediatric Primary Care. Clinical Pediatrics, 2012, 51, 1125-1129.	0.4	43
41	Sleepiness as motivation: a potential mechanism for how sleep deprivation affects behavior. Sleep, 2020, 43, .	0.6	38
42	People expressing olfactory and visual cues of disease are less liked. Philosophical Transactions of the Royal Society B: Biological Sciences, 2020, 375, 20190272.	1.8	35
43	Eyelid-openness and mouth curvature influence perceived intelligence beyond attractiveness Journal of Experimental Psychology: General, 2016, 145, 603-620.	1.5	33
44	Circadian Variability of Cystatin C, Creatinine, and Glomerular Filtration Rate (GFR) in Healthy Men during Normal Sleep and after an Acute Shift of Sleep. Chronobiology International, 2008, 25, 1047-1061.	0.9	32
45	Effects of Context on Sleepiness Selfâ€Ratings during Repeated Partial Sleep Deprivation. Chronobiology International, 2008, 25, 271-278.	0.9	32
46	Fatigue and sleepiness responses to experimental inflammation and exploratory analysis of the effect of baseline inflammation in healthy humans. Brain, Behavior, and Immunity, 2020, 83, 309-314.	2.0	32
47	Subjective health perception in healthy young men changes in response to experimentally restricted sleep and subsequent recovery sleep. Brain, Behavior, and Immunity, 2013, 34, 43-46.	2.0	31
48	The daily variation in sleepiness and its relation to the preceding sleep episode—a prospective study across 42Âdays of normal living. Journal of Sleep Research, 2013, 22, 258-265.	1.7	31
49	Effect of sleep deprivation on emotional working memory. Journal of Sleep Research, 2019, 28, e12744.	1.7	30
50	Multimodal Emotion Recognition Is Resilient to Insufficient Sleep: Results From Cross-Sectional and Experimental Studies. Sleep, 2017, 40, .	0.6	29
51	Sleepiness, sleep duration, and human social activity: An investigation into bidirectionality using longitudinal time-use data. Proceedings of the National Academy of Sciences of the United States of America, 2020, 117, 21209-21217.	3.3	29
52	The effects of asking for verbal ratings of sleepiness on sleepiness and its masking effects on performance. Clinical Neurophysiology, 2007, 118, 1324-1331.	0.7	28
53	Influences of sleep and the circadian rhythm on iron-status indices. Clinical Biochemistry, 2010, 43, 1323-1328.	0.8	28
54	Negative effects of restricted sleep on facial appearance and social appeal. Royal Society Open Science, 2017, 4, 160918.	1.1	28

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55	Impact of sleep inertia on visual selective attention for rare targets and the influence of chronotype. Journal of Sleep Research, 2017, 26, 551-558.	1.7	27
56	Health anxiety in a disease-avoidance framework: Investigation of anxiety, disgust and disease perception in response to sickness cues Journal of Abnormal Psychology, 2016, 125, 868-878.	2.0	26
57	CIRCADIAN VARIABILITY OF BILIRUBIN IN HEALTHY MEN DURING NORMAL SLEEP AND AFTER AN ACUTE SHIFT OF SLEEP. Chronobiology International, 2009, 26, 1613-1621.	0.9	23
58	Sickness behavior is not all about the immune response: Possible roles of expectations and prediction errors in the worry of being sick. Brain, Behavior, and Immunity, 2018, 74, 213-221.	2.0	23
59	Recovery after Shift Work: Relation to Coronary Risk Factors in Women. Chronobiology International, 2006, 23, 1115-1124.	0.9	22
60	Development of atopic disease and disturbed sleep in childhood and adolescence – a longitudinal populationâ€based study. Clinical and Experimental Allergy, 2013, 43, 552-559.	1.4	22
61	Sleep deprivation and its effects on communication during individual and collaborative tasks. Scientific Reports, 2019, 9, 3131.	1.6	22
62	Emotional expressions of the sick face. Brain, Behavior, and Immunity, 2019, 80, 286-291.	2.0	20
63	The Association Between Shift Work and Immunological Biomarkers in Nurses. Frontiers in Public Health, 2020, 8, 415.	1.3	20
64	Sleep during naturally occurring respiratory infections: A pilot study. Brain, Behavior, and Immunity, 2019, 79, 236-243.	2.0	19
65	Poor sleep quality is associated with worse self-rated health in long sleep duration but not short sleep duration. Sleep Medicine, 2021, 88, 262-266.	0.8	19
66	Detection of Inflammation via Volatile Cues in Human Urine. Chemical Senses, 2018, 43, 711-719.	1.1	18
67	Effects of Examination Stress on Psychological Responses, Sleep and Allergic Symptoms in Atopic and Non-Atopic Students. International Journal of Behavioral Medicine, 2009, 16, 305-310.	0.8	17
68	Biological motion during inflammation in humans. Brain, Behavior, and Immunity, 2020, 84, 147-153.	2.0	17
69	Sleeping during the day: effects on the 24-h patterns of IGF-binding protein 1, insulin, glucose, cortisol, and growth hormone. European Journal of Endocrinology, 2010, 163, 383-390.	1.9	16
70	Individual validation of model predictions of sleepiness and sleep hours. Somnologie, 2007, 11, 169-174.	0.9	15
71	Communication of health in experimentally sick men and women: A pilot study. Psychoneuroendocrinology, 2018, 87, 188-195.	1.3	15
72	The effect of sleep deprivation on objective and subjective measures of facial appearance. Journal of Sleep Research, 2019, 28, e12860.	1.7	15

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73	Sleep Polysomnography and Reported Stress Across 6 Weeks. Industrial Health, 2014, 52, 36-42.	0.4	14
74	Banking Sleep and Biological Sleep Need. Sleep, 2015, 38, 1843-1845.	0.6	14
75	The effect of a transient immune activation on subjective health perception in two placebo controlled randomised experiments. PLoS ONE, 2019, 14, e0212313.	1.1	14
76	Vulnerability in Executive Functions to Sleep Deprivation Is Predicted by Subclinical Attention-Deficit/Hyperactivity Disorder Symptoms. Biological Psychiatry: Cognitive Neuroscience and Neuroimaging, 2021, 6, 290-298.	1.1	14
77	Quantifying Cognitive Impairment After Sleep Deprivation at Different Times of Day: A Proof of Concept Using Ultra-Short Smartphone-Based Tests. Frontiers in Behavioral Neuroscience, 2021, 15, 666146.	1.0	14
78	Anterior insula morphology and vulnerability to psychopathology-related symptoms in response to acute inflammation. Brain, Behavior, and Immunity, 2022, 99, 9-16.	2.0	13
79	Night shift work increases the risk for type 2 diabetes. Evidence-Based Medicine, 2012, 17, 193-194.	0.6	12
80	Thank god it's Friday – sleep improved. Journal of Sleep Research, 2017, 26, 567-571.	1.7	12
81	Yawning, a thermoregulatory mechanism during fever? A study of yawning frequency and its predictors during experimentally induced sickness. Physiology and Behavior, 2017, 182, 27-33.	1.0	11
82	Positivity Effect and Working Memory Performance Remains Intact in Older Adults After Sleep Deprivation. Frontiers in Psychology, 2019, 10, 605.	1.1	11
83	Patients with ME/CFS (Myalgic Encephalomyelitis/Chronic Fatigue Syndrome) and chronic pain report similar level of sickness behavior as individuals injected with bacterial endotoxin at peak inflammation. Brain, Behavior, & Immunity - Health, 2020, 2, 100028.	1.3	11
84	Olfactory Communication of Sickness Cues in Respiratory Infection. Frontiers in Psychology, 2020, 11, 1004.	1.1	11
85	Learning in a simple biological system: a pilot study of classical conditioning of human macrophages in vitro. Behavioral and Brain Functions, 2011, 7, 47.	1.4	10
86	Diurnal variability of total calcium during normal sleep and after an acute shift of sleep. Clinical Chemistry and Laboratory Medicine, 2012, 50, 147-51.	1.4	10
87	Framing effect, probability distortion, and gambling tendency without feedback are resistant to two nights of experimental sleep restriction. Scientific Reports, 2019, 9, 8554.	1.6	9
88	20th International Symposium on Shiftwork and Working Time: Biological Mechanisms, Recovery, and Risk Management in the 24-h Society. Chronobiology International, 2012, 29, 531-536.	0.9	7
89	Human sickness detection is not dependent on cultural experience. Proceedings of the Royal Society B: Biological Sciences, 2021, 288, 20210922.	1.2	7
90	Deep Learning for Identification of Acute Illness and Facial Cues of Illness. Frontiers in Medicine, 2021, 8, 661309.	1.2	7

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91	Acute inflammation and psychomotor slowing: Experimental assessment using lipopolysaccharide administration in healthy humans. Brain, Behavior, & Immunity - Health, 2020, 8, 100130.	1.3	6
92	Scientists Against War: A Plea to World Leaders for Better Governance. Sleep and Vigilance, 2022, 6, 1-6.	0.4	6
93	Subjective and objective quality of sleep. Somnologie, 2008, 12, 104-109.	0.9	5
94	Low diurnal variability of apolipoprotein A1, apolipoprotein B and apolipoprotein B/apolipoprotein A1 ratio during normal sleep and after an acute shift of sleep. Clinical Biochemistry, 2008, 41, 859-862.	0.8	5
95	The pain alarm response - an example of how conscious awareness shapes pain perception. Scientific Reports, 2019, 9, 12478.	1.6	5
96	Regulation of emotions during experimental endotoxemia: A pilot study. Brain, Behavior, and Immunity, 2021, 93, 420-424.	2.0	5
97	Does insufficient sleep affect how you learn from reward or punishment? Reinforcement learning after 2 nights of sleep restriction. Journal of Sleep Research, 2021, 30, e13236.	1.7	4
98	Sickness and sleep health predict frustration and affective responses to a frustrating trigger. Scientific Reports, 2021, 11, 1542.	1.6	3
99	Sleep Homeostasis During Repeated Sleep Restriction and Recovery: Support from EEG Dynamics. Sleep, 2009, , .	0.6	2
100	How can we improve identification of contagious individuals? Factors influencing sickness detection. Proceedings of the Royal Society B: Biological Sciences, 2018, 285, 20182005.	1.2	2
101	Man flu is related to health communication rather than symptoms and suffering. BMJ: British Medical Journal, 2018, 360, k450.	2.4	2
102	Objective and Subjective Sleep in Rheumatoid Arthritis and Severe Seasonal Allergy: Preliminary Assessments of the Role of Sickness, Central and Peripheral Inflammation. Nature and Science of Sleep, 2021, Volume 13, 775-789.	1.4	2
103	Sleep and shift work. , 2018, , .		2
104	Do Mothers Have Worse Sleep Than Fathers? Sleep Imbalance, Parental Stress, and Relationship Satisfaction in Working Parents. Nature and Science of Sleep, 2021, Volume 13, 1955-1966.	1.4	2
105	Optimizing Shift Scheduling. , 2017, , 742-749.e4.		1
106	Sleepiness can disturb our social life. TheScienceBreaker, 2021, 07, .	0.0	0