

Masoumeh Akhlaghi

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

42
papers

587
citations

15
h-index

23
g-index

49
ext. papers

746
ext. citations

4.5
avg, IF

4.91
L-index

#	Paper	IF	Citations
42	Association of Dietary Insulin Index and Dietary Insulin Load With Metabolic Health Status in Iranian Overweight and Obese Adolescents.. <i>Frontiers in Nutrition</i> , 2022 , 9, 821089	6.2	0
41	Response to the letter to the Editor regarding JAND ms "Extra-virgin olive oil improves depression symptoms without affecting salivary cortisol and brain-derived neurotrophic factor in patients with major depression: a double-blind randomized controlled trial" in J Acad Nutr Diet. 2022 ;122(2):284-297 e281.. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2022 ,	3.9	
40	The effect of flaxseed with or without anti-inflammatory diet in patients with rheumatoid arthritis, a randomized controlled trial. <i>European Journal of Nutrition</i> , 2021 , 1	5.2	2
39	The relationship between major food sources of fructose and cardiovascular disease, cancer, and all-cause mortality: a systematic review and dose-response meta-analysis of cohort studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-14	11.5	1
38	The effect of extra virgin olive oil on anthropometric indices, lipid profile, and markers of oxidative stress and inflammation in patients with depression, a double-blind randomised controlled trial. <i>International Journal of Clinical Practice</i> , 2021 , 75, e14254	2.9	1
37	Prudent and traditional dietary patterns are positively and negatively associated with bone mineral density in Iranian adults, respectively. <i>International Journal for Vitamin and Nutrition Research</i> , 2021 , 91, 224-234	1.7	
36	The effect of flaxseed on physical and mental fatigue in children and adolescents with overweight/obesity: a randomised controlled trial. <i>British Journal of Nutrition</i> , 2021 , 126, 151-159	3.6	5
35	Extra-Virgin Olive Oil Improves Depression Symptoms Without Affecting Salivary Cortisol and Brain-Derived Neurotrophic Factor in Patients With Major Depression: A Double-Blind Randomized Controlled Trial. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2021 ,	3.9	5
34	Effect of Artemisia extract on glycemic control: A systematic review and meta-analysis of randomized controlled trial. <i>International Journal of Clinical Practice</i> , 2021 , 75, e14719	2.9	1
33	Adherence to the dietary approaches to stop hypertension dietary pattern and rheumatoid arthritis in Iranian adults. <i>Public Health Nutrition</i> , 2021 , 24, 6085-6093	3.3	0
32	No adverse effects of dairy products on lipid profile: A systematic review and meta-analysis of randomized controlled clinical trials. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2021 , 15, 102279	8.9	0
31	Mediterranean diet for patients with non-alcoholic fatty liver disease, a systematic review and meta-analysis of observational and clinical investigations. <i>Journal of Diabetes and Metabolic Disorders</i> , 2020 , 19, 575-584	2.5	20
30	Flaxseed oil in the context of a weight loss programme ameliorates fatty liver grade in patients with non-alcoholic fatty liver disease: a randomised double-blind controlled trial. <i>British Journal of Nutrition</i> , 2020 , 123, 994-1002	3.6	13
29	Adverse effects of honey on low-density lipoprotein cholesterol and adiponectin concentrations in patients with type 2 diabetes: a randomized controlled cross-over trial. <i>Journal of Diabetes and Metabolic Disorders</i> , 2020 , 19, 373-380	2.5	5
28	Pomegranate juice improves cardiometabolic risk factors, biomarkers of oxidative stress and inflammation in hemodialysis patients: a randomized crossover trial. <i>Journal of the Science of Food and Agriculture</i> , 2020 , 100, 846-854	4.3	24
27	Dietary Intakes of Zinc, Copper, Magnesium, Calcium, Phosphorus, and Sodium by the General Adult Population Aged 20-50 Years in Shiraz, Iran: A Total Diet Study Approach. <i>Nutrients</i> , 2020 , 12,	6.7	10
26	The effect of calcium supplement intake on lipid profile: a systematic review and meta-analysis of randomized controlled clinical trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2020 , 1-10	11.5	0

25	Effect of short- and long-term protein consumption on appetite and appetite-regulating gastrointestinal hormones, a systematic review and meta-analysis of randomized controlled trials. <i>Physiology and Behavior</i> , 2020 , 226, 113123	3.5	8
24	Effect of nuts on energy intake, hunger, and fullness, a systematic review and meta-analysis of randomized clinical trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2020 , 60, 84-93	11.5	14
23	Adherence to the dietary approaches to stop hypertension (DASH) dietary pattern and mental health in Iranian university students. <i>European Journal of Nutrition</i> , 2020 , 59, 1001-1011	5.2	6
22	Soy isoflavones prevent bone resorption and loss, a systematic review and meta-analysis of randomized controlled trials. <i>Critical Reviews in Food Science and Nutrition</i> , 2020 , 60, 2327-2341	11.5	19
21	Dietary Approaches to Stop Hypertension (DASH): potential mechanisms of action against risk factors of the metabolic syndrome. <i>Nutrition Research Reviews</i> , 2020 , 33, 1-18	7	19
20	Western and Healthy Dietary Patterns and Risk of Rheumatoid Arthritis: A Case-Control Study. <i>Nutrition and Food Sciences Research</i> , 2019 , 6, 9-16	0.8	1
19	Effect of Natural Honey on Glycemic Control and Anthropometric Measures of Patients with Type 2 Diabetes: A Randomized Controlled Crossover Trial. <i>International Journal of Preventive Medicine</i> , 2019 , 10, 3	1.6	18
18	Olive oil lessened fatty liver severity independent of cardiometabolic correction in patients with non-alcoholic fatty liver disease: A randomized clinical trial. <i>Nutrition</i> , 2019 , 57, 154-161	4.8	27
17	Flavanols are potential anti-obesity agents, a systematic review and meta-analysis of controlled clinical trials. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2018 , 28, 675-690	4.5	29
16	Vitamin D-fortified milk did not affect glycemic control, lipid profile, and anthropometric measures in patients with type 2 diabetes, a triple-blind randomized clinical trial. <i>European Journal of Clinical Nutrition</i> , 2018 , 72, 1083-1092	5.2	6
15	Greater adherence to the dietary approaches to stop hypertension (DASH) dietary pattern is associated with lower blood pressure in healthy Iranian primary school children. <i>European Journal of Nutrition</i> , 2018 , 57, 1449-1458	5.2	9
14	The effect of isolated soy protein adjunctive with flaxseed oil on markers of inflammation, oxidative stress, acute phase proteins, and wound healing of burn patients; a randomized clinical trial. <i>Burns</i> , 2018 , 44, 140-149	2.3	14
13	The Effects of Heated Oils Used in Fast Food Restaurants on Metabolic, Inflammatory and Oxidative Stress Markers, Blood Pressure, and Liver Histology in Sprague-Dawley Rats. <i>Iranian Red Crescent Medical Journal</i> , 2018 , 20,	1.3	2
12	Heavy metals (Pb, Cd, Cu, Zn, Ni, Co) in leafy vegetables collected from production sites: their potential health risk to the general population in Shiraz, Iran. <i>Environmental Monitoring and Assessment</i> , 2018 , 190, 650	3.1	20
11	A Western dietary pattern is associated with higher blood pressure in Iranian adolescents. <i>European Journal of Nutrition</i> , 2017 , 56, 399-408		21
10	Effect of Soy and Soy Isoflavones on Obesity-Related Anthropometric Measures: A Systematic Review and Meta-analysis of Randomized Controlled Clinical Trials. <i>Advances in Nutrition</i> , 2017 , 8, 705-717	11.7	35
9	Associations between Western and Mediterranean-type dietary patterns and anxiety and stress. <i>Acta Alimentaria</i> , 2016 , 45, 398-405	1	1
8	Increased Waist-to-height Ratio May Contribute to Age-related Increase in Cardiovascular Risk Factors. <i>International Journal of Preventive Medicine</i> , 2016 , 7, 68	1.6	9

- 7 Non-alcoholic Fatty Liver Disease: Beneficial Effects of Flavonoids. *Phytotherapy Research*, **2016**, 30, 1558-1571;37
- 6 Effect of Multivitamin-Mineral Supplements Is Transient in Preschool Children With Low Appetite and Growth Failure. *ICAN: Infant, Child, & Adolescent Nutrition*, **2014**, 6, 345-350
- 5 Protection by Plant Flavonoids Against Myocardial Ischemia/Reperfusion Injury **2013**, 415-429 1
- 4 Preconditioning and acute effects of flavonoids in protecting cardiomyocytes from oxidative cell death. *Oxidative Medicine and Cellular Longevity*, **2012**, 2012, 782321 6.7 19
- 3 Dietary green tea extract increases phase 2 enzyme activities in protecting against myocardial ischemia-reperfusion. *Nutrition Research*, **2010**, 30, 32-9 4 19
- 2 Dietary broccoli sprouts protect against myocardial oxidative damage and cell death during ischemia-reperfusion. *Plant Foods for Human Nutrition*, **2010**, 65, 193-9 3.9 35
- 1 Mechanisms of flavonoid protection against myocardial ischemia-reperfusion injury. *Journal of Molecular and Cellular Cardiology*, **2009**, 46, 309-17 5.8 131