

Angela Alberga

List of Publications by Year in descending order

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Version: 2024-02-01

55
papers

2,471
citations

257450

24
h-index

214800

47
g-index

58
all docs

58
docs citations

58
times ranked

3164
citing authors

#	ARTICLE	IF	CITATIONS
1	Obesity in adults: a clinical practice guideline. <i>Cmaj</i> , 2020, 192, E875-E891.	2.0	592
2	Overweight and obese teenagers: why is adolescence a critical period?. <i>Pediatric Obesity</i> , 2012, 7, 261-273.	2.8	246
3	Effects of Aerobic Training, Resistance Training, or Both on Percentage Body Fat and Cardiometabolic Risk Markers in Obese Adolescents. <i>JAMA Pediatrics</i> , 2014, 168, 1006.	6.2	150
4	Weight bias reduction in health professionals: a systematic review. <i>Clinical Obesity</i> , 2016, 6, 175-188.	2.0	139
5	Weight bias and health care utilization: a scoping review. <i>Primary Health Care Research and Development</i> , 2019, 20, e116.	1.2	117
6	Positioning of Weight Bias: Moving towards Social Justice. <i>Journal of Obesity</i> , 2016, 2016, 1-10.	2.7	85
7	Weight bias: a call to action. <i>Journal of Eating Disorders</i> , 2016, 4, 34.	2.7	67
8	Age and androgen-deprivation therapy on exercise outcomes in men with prostate cancer. <i>Supportive Care in Cancer</i> , 2012, 20, 971-981.	2.2	63
9	Video Game Playing Is Independently Associated with Blood Pressure and Lipids in Overweight and Obese Adolescents. <i>PLoS ONE</i> , 2011, 6, e26643.	2.5	62
10	Effects of aerobic training, resistance training, or both on psychological health in adolescents with obesity: The HEARTY randomized controlled trial.. <i>Journal of Consulting and Clinical Psychology</i> , 2015, 83, 1123-1135.	2.0	53
11	Fitspiration and thinspiration: a comparison across three social networking sites. <i>Journal of Eating Disorders</i> , 2018, 6, 39.	2.7	52
12	Addressing weight bias and discrimination: moving beyond raising awareness to creating change. <i>Obesity Reviews</i> , 2017, 18, 1323-1335.	6.5	50
13	Weight Bias in Educational Settings: a Systematic Review. <i>Current Obesity Reports</i> , 2019, 8, 185-200.	8.4	47
14	Effects of aerobic training, resistance training, or both on cardiorespiratory and musculoskeletal fitness in adolescents with obesity: the HEARTY trial. <i>Applied Physiology, Nutrition and Metabolism</i> , 2016, 41, 255-265.	1.9	46
15	Weight Bias: A Systematic Review of Characteristics and Psychometric Properties of Self-Report Questionnaires. <i>Obesity Facts</i> , 2017, 10, 223-237.	3.4	46
16	Effects of aerobic and resistance training on abdominal fat, apolipoproteins and high-sensitivity C-reactive protein in adolescents with obesity: the HEARTY randomized clinical trial. <i>International Journal of Obesity</i> , 2015, 39, 1494-1500.	3.4	41
17	Effects of Child Care Intervention on Physical Activity and Body Composition. <i>American Journal of Preventive Medicine</i> , 2016, 51, 225-231.	3.0	39
18	Screen time is associated with depressive symptomatology among obese adolescents: a HEARTY study. <i>European Journal of Pediatrics</i> , 2016, 175, 909-919.	2.7	38

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19	Healthy eating, aerobic and resistance training in youth (HEARTY): Study rationale, design and methods. <i>Contemporary Clinical Trials</i> , 2012, 33, 839-847.	1.8	31
20	Screen Viewing and Diabetes Risk Factors in Overweight and Obese Adolescents. <i>American Journal of Preventive Medicine</i> , 2013, 44, S364-S370.	3.0	30
21	The Effects of Resistance Exercise Training on Body Composition and Strength in Obese Prepubertal Children. <i>Physician and Sportsmedicine</i> , 2013, 41, 103-109.	2.1	30
22	Top 10 practical lessons learned from physical activity interventions in overweight and obese children and adolescents. <i>Applied Physiology, Nutrition and Metabolism</i> , 2013, 38, 249-258.	1.9	28
23	Examining Weight Bias among Practicing Canadian Family Physicians. <i>Obesity Facts</i> , 2019, 12, 632-638.	3.4	27
24	Effects of aerobic training, resistance training, or both on brain-derived neurotrophic factor in adolescents with obesity: The hearty randomized controlled trial. <i>Physiology and Behavior</i> , 2018, 191, 138-145.	2.1	26
25	Understanding low adherence to an exercise program for adolescents with obesity: the HEARTY trial. <i>Obesity Science and Practice</i> , 2019, 5, 437-448.	1.9	25
26	Screen time is independently associated with health-related quality of life in overweight and obese adolescents. <i>Acta Paediatrica, International Journal of Paediatrics</i> , 2015, 104, e448-54.	1.5	24
27	Interindividual variability and individual responses to exercise training in adolescents with obesity. <i>Applied Physiology, Nutrition and Metabolism</i> , 2020, 45, 45-54.	1.9	24
28	The mediating role of energy intake on the relationship between screen time behaviour and body mass index in adolescents with obesity: The HEARTY study. <i>Appetite</i> , 2016, 107, 437-444.	3.7	22
29	The use of magnetic resonance imaging to characterize abnormal body composition phenotypes in youth with Prader-Willi syndrome. <i>Metabolism: Clinical and Experimental</i> , 2017, 69, 67-75.	3.4	21
30	Changes in the Brain-Derived Neurotrophic Factor Are Associated with Improvements in Diabetes Risk Factors after Exercise Training in Adolescents with Obesity: The HEARTY Randomized Controlled Trial. <i>Neural Plasticity</i> , 2018, 2018, 1-8.	2.2	20
31	The Association Between Weight-Based Teasing from Peers and Family in Childhood and Depressive Symptoms in Childhood and Adulthood: A Systematic Review. <i>Current Obesity Reports</i> , 2020, 9, 15-29.	8.4	20
32	Framing obesity a disease: Indirect effects of affect and controllability beliefs on weight bias. <i>International Journal of Obesity</i> , 2018, 42, 1804-1811.	3.4	19
33	A Review of Resistance Exercise Training in Obese Adolescents. <i>Physician and Sportsmedicine</i> , 2011, 39, 50-63.	2.1	18
34	Future research in weight bias: What next?. <i>Obesity</i> , 2016, 24, 1207-1209.	3.0	18
35	A Review of Randomized Controlled Trials of Aerobic Exercise Training on Fitness and Cardiometabolic Risk Factors in Obese Adolescents. <i>Physician and Sportsmedicine</i> , 2013, 41, 44-57.	2.1	17
36	Effects of aerobic or resistance training or both on health-related quality of life in youth with obesity: the HEARTY Trial. <i>Applied Physiology, Nutrition and Metabolism</i> , 2017, 42, 361-370.	1.9	14

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37	Regarding obesity as a disease is associated with lower weight bias among physicians: A cross-sectional survey study.. <i>Stigma and Health</i> , 2020, 5, 114-122.	1.7	14
38	Canadian Senate Report on Obesity: Focusing on Individual Behaviours versus Social Determinants of Health May Promote Weight Stigma. <i>Journal of Obesity</i> , 2018, 2018, 1-7.	2.7	12
39	Does exercise training affect resting metabolic rate in adolescents with obesity?. <i>Applied Physiology, Nutrition and Metabolism</i> , 2017, 42, 15-22.	1.9	11
40	Youth get a D+ grade in physical activity: How can we change public health messages to help reverse this trend?. <i>Applied Physiology, Nutrition and Metabolism</i> , 2019, 44, 567-570.	1.9	8
41	Screen time is independently associated with serum brain-derived neurotrophic factor (BDNF) in youth with obesity. <i>Applied Physiology, Nutrition and Metabolism</i> , 2021, 46, 1083-1090.	1.9	7
42	Weight bias internalization: Relationships with mental health, physical activity, and sedentary behavior.. <i>Stigma and Health</i> , 2023, 8, 453-461.	1.7	7
43	Role of Resistance Exercise in Reducing Risk for Cardiometabolic Disease. <i>Current Cardiovascular Risk Reports</i> , 2010, 4, 383-389.	2.0	6
44	Postdoctoral scholars in a faculty of education: Navigating liminal spaces and marginal identities. <i>Arts and Humanities in Higher Education</i> , 2019, 18, 329-348.	1.4	6
45	Depressive symptoms, perceived stress, self-efficacy, and outcome expectations: Predict fitness among adolescents with obesity. <i>Journal of Health Psychology</i> , 2020, 25, 798-809.	2.3	6
46	Predictors of Weight Bias in Exercise Science Students and Fitness Professionals: A Scoping Review. <i>Journal of Obesity</i> , 2021, 2021, 1-17.	2.7	6
47	Associations of the BDNF Val66Met Polymorphism With Body Composition, Cardiometabolic Risk Factors, and Energy Intake in Youth With Obesity: Findings From the HEARTY Study. <i>Frontiers in Neuroscience</i> , 2021, 15, 715330.	2.8	6
48	Coming Soon: An Internalized Weight Bias Assessment Scale for Use During Pregnancy. <i>Obesity</i> , 2021, 29, 788-789.	3.0	5
49	Perspectives of Canadian fitness professionals on exercise and possible anorexia nervosa. <i>Journal of Eating Disorders</i> , 2015, 3, 40.	2.7	4
50	Edmonton Obesity Staging System for Pediatrics , quality of life and fitness in adolescents with obesity. <i>Obesity Science and Practice</i> , 2019, 5, 449-458.	1.9	4
51	The relationship between weight bias internalization and healthy and unhealthy weight control behaviours. <i>Eating and Weight Disorders</i> , 2022, 27, 1621-1632.	2.5	4
52	Weight bias and support of public health policies. <i>Canadian Journal of Public Health</i> , 2021, 112, 758-765.	2.3	3
53	Mapping changes in the obesity stigma discourse through Obesity Canada: a content analysis. <i>AIMS Public Health</i> , 2021, 9, 41-52.	2.6	3
54	Effects of the HEARTY exercise randomized controlled trial on eating behaviors in adolescents with obesity. <i>Obesity Science and Practice</i> , 2023, 9, 158-171.	1.9	1

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55	Effects of Aerobic Exercise, Resistance Exercise or Both on Percent Body Fat in Overweight Adolescents: The HEARTY Trial. Canadian Journal of Diabetes, 2013, 37, S9-S10.	0.8	0