Rosa MarÃ-a Ortega Anta

List of Publications by Year
in descending order

116 papers	4,441 citations	117625 34 h-index	128289 60 g-index
151 all docs	151 docs citations	151 times ranked	6034 citing authors

#	Article	IF	Citations
1	INSTAGRAF 2.0 A LEARNING TOOL. NEW CHALLENGES AND OPPORTUNITIES. INTED Proceedings, 2022, , .	0.0	0
2	Dietary Intake of Individual (Intrinsic and Added) Sugars and Food Sources from Spanish Children Aged One to <10 Yearsâ€"Results from the EsNuPI Study. Nutrients, 2022, 14, 1667.	4.1	4
3	Leukocytes and Neutrophilâ€"Lymphocyte Ratio as Indicators of Insulin Resistance in Overweight/Obese School-Children. Frontiers in Nutrition, 2022, 8, .	3.7	6
4	Patterns of Change in Dietary Habits and Physical Activity during Lockdown in Spain Due to the COVID-19 Pandemic. Nutrients, 2021, 13, 300.	4.1	100
5	Dietary Intake, Nutritional Adequacy, and Food Sources of Protein and Relationships with Personal and Family Factors in Spanish Children Aged One to <10 Years: Findings of the EsNuPI Study. Nutrients, 2021, 13, 1062.	4.1	7
6	Dietary Intake, Nutritional Adequacy and Food Sources of Total Fat and Fatty Acids, and Relationships with Personal and Family Factors in Spanish Children Aged One to <10 Years: Results of the EsNuPI Study. Nutrients, 2020, 12, 2467.	4.1	8
7	Clustering of Dietary Patterns and Lifestyles Among Spanish Children in the EsNuPI Study â€. Nutrients, 2020, 12, 2536.	4.1	22
8	Breakfast Habits of a Representative Sample of the Spanish Child and Adolescent Population (The) Tj ETQq0 0 0 rgBT /Overlock 10 Tf 50	4.1	8
9	Carbohydrates, Starch, Total Sugar, Fiber Intakes and Food Sources in Spanish Children Aged One to <10 Yearsâ€"Results from the EsNuPI Study. Nutrients, 2020, 12, 3171.	4.1	5
10	Usual Dietary Intake, Nutritional Adequacy and Food Sources of Calcium, Phosphorus, Magnesium and Vitamin D of Spanish Children Aged One to <10 Years. Findings from the EsNuPI Study. Nutrients, 2020, 12, 1787.	4.1	20
11	Association between Neutrophil-to-Lymphocyte Ratio with Abdominal Obesity and Healthy Eating Index in a Representative Older Spanish Population. Nutrients, 2020, 12, 855.	4.1	35
12	Plate Waste Generated by Spanish Households and Out-of-Home Consumption: Results from the ANIBES Study. Nutrients, 2020, 12, 1641.	4.1	4
13	Physical activity practice and sports preferences in a group of Spanish schoolchildren depending on sex and parental care: a gender perspective. BMC Pediatrics, 2020, 20, 337.	1.7	29
14	Active Commuting, Physical Activity, and Sedentary Behaviors in Children and Adolescents from Spain: Findings from the ANIBES Study. International Journal of Environmental Research and Public Health, 2020, 17, 668.	2.6	29
15	Effect of dairy intake with or without energy restriction on body composition of adults: overview of systematic reviews and meta-analyses of randomized controlled trials. Nutrition Reviews, 2020, 78, 901-913.	5.8	8
16	Energy Intake, Macronutrient Profile and Food Sources of Spanish Children Aged One to <10 Yearsâ€"Results from the EsNuPI Study â€. Nutrients, 2020, 12, 893.	4.1	24
17	Sugar Content in Processed Foods in Spain and a Comparison of Mandatory Nutrition Labelling and Laboratory Values. Nutrients, 2020, 12, 1078.	4.1	13
18	Adequacy of usual macronutrient intake and macronutrient distribution in children and adolescents in Spain: A National Dietary Survey on the Child and Adolescent Population, ENALIA 2013â€"2014. European Journal of Nutrition, 2019, 58, 705-719.	3.9	46

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19	Sodium Intake from Foods Exceeds Recommended Limits in the Spanish Population: The ANIBES Study. Nutrients, 2019, 11, 2451.	4.1	24
20	Adequacy of Critical Nutrients Affecting the Quality of the Spanish Diet in the ANIBES Study. Nutrients, 2019, 11, 2328.	4.1	13
21	Updating the Food-Based Dietary Guidelines for the Spanish Population: The Spanish Society of Community Nutrition (SENC) Proposal. Nutrients, 2019, 11, 2675.	4.1	65
22	Introduction and Executive Summary of the Supplement, Role of Milk and Dairy Products in Health and Prevention of Noncommunicable Chronic Diseases: A Series of Systematic Reviews. Advances in Nutrition, 2019, 10, S67-S73.	6.4	56
23	Dietary and Lifestyle Patterns in the Spanish Pediatric Population (One to <10 Years Old): Design, Protocol, and Methodology of the EsNuPI Study. Nutrients, 2019, 11, 3050.	4.1	22
24	Current Food Consumption amongst the Spanish ANIBES Study Population. Nutrients, 2019, 11, 2663.	4.1	57
25	The association of parentsâ€™ behaviors related to salt with 24 h urinary sodium excretion of their children: A Spanish cross-sectional study. PLoS ONE, 2019, 14, e0227035.	2.5	4
26	HEALTH SCIENCE STUDENTS' OPINION ABOUT THEIR PARTICIPATION IN ACTIVITIES TO IMPROVE THEIR LEARNING. , 2019, , .		1
27	Physical activity and sedentary behavior impacts on dietary water intake and hydration status in Spanish schoolchildren: A cross-sectional study. PLoS ONE, 2018, 13, e0208748.	2.5	7
28	Sources of Dietary Sodium in Food and Beverages Consumed by Spanish Schoolchildren between 7 and 11 Years Old by the Degree of Processing and the Nutritional Profile. Nutrients, 2018, 10, 1880.	4.1	9
29	The Influence of Place of Residence, Gender and Age Influence on Food Group Choices in the Spanish Population: Findings from the ANIBES Study. Nutrients, 2018, 10, 392.	4.1	22
30	Added Sugars and Low- and No-Calorie Sweeteners in a Representative Sample of Food Products Consumed by the Spanish ANIBES Study Population. Nutrients, 2018, 10, 1265.	4.1	17
31	Dietary Intake and Food Sources of Niacin, Riboflavin, Thiamin and Vitamin B6 in a Representative Sample of the Spanish Population. The ANIBES Study. Nutrients, 2018, 10, 846.	4.1	40
32	FEMALE SPANISH SCIENTISTS: A WORLD TO DISCOVER. , 2018, , .		0
33	Estimation of salt intake assessed by urinary excretion of sodium over 24Âh in Spanish subjects aged 7â€“11Âyears. European Journal of Nutrition, 2017, 56, 171-178.	4.6	46
34	Low Adherence to Dietary Guidelines in Spain, Especially in the Overweight/Obese Population: The ANIBES Study. Journal of the American College of Nutrition, 2017, 36, 240-247.	1.8	36
35	The relationship between hours of sleep, screen time and frequency of food and drink consumption in SpainÂinÂthe 2011 and 2013 ALADINO: a cross-sectional study. BMC Public Health, 2017, 17, 33.	2.9	86
36	Î²-Carotene Concentration and Its Association with Inflammatory Biomarkers in Spanish Schoolchildren. Annals of Nutrition and Metabolism, 2017, 71, 80-87.	1.9	12

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37	Sedentary behavior among Spanish children and adolescents: findings from the ANIBES study. BMC Public Health, 2017, 17, 94.	2.9	33
38	Adequacy of Usual Vitamin and Mineral Intake in Spanish Children and Adolescents: ENALIA Study. Nutrients, 2017, 9, 131.	4.1	55
39	Reported Dietary Intake, Disparity between the Reported Consumption and the Level Needed for Adequacy and Food Sources of Calcium, Phosphorus, Magnesium and Vitamin D in the Spanish Population: Findings from the ANIBES Study â€. Nutrients, 2017, 9, 168.	4.1	90
40	Iron Intake and Dietary Sources in the Spanish Population: Findings from the ANIBES Study. Nutrients, 2017, 9, 203.	4.1	36
41	Reported Dietary Intake and Food Sources of Zinc, Selenium, and Vitamins A, E and C in the Spanish Population: Findings from the ANIBES Study. Nutrients, 2017, 9, 697.	4.1	76
42	Dietary Intake of Individual (Free and Intrinsic) Sugars and Food Sources in the Spanish Population: Findings from the ANIBES Study. Nutrients, 2017, 9, 275.	4.1	50
43	Breakfast habits and differences regarding abdominal obesity in a cross-sectional study in Spanish adults: The ANIBES study. PLoS ONE, 2017, 12, e0188828.	2.5	15
44	Dietary sources and intakes of folates and vitamin B12 in the Spanish population: Findings from the ANIBES study. PLoS ONE, 2017, 12, e0189230.	2.5	27
45	Intake and Dietary Food Sources of Fibre in Spain: Differences with Regard to the Prevalence of Excess Body Weight and Abdominal Obesity in Adults of the ANIBES Study. Nutrients, 2017, 9, 326.	4.1	23
46	Lifestyle Patterns and Weight Status in Spanish Adults: The ANIBES Study. Nutrients, 2017, 9, 606.	4.1	29
47	THE TOOL KAHOOT AS METHODOLOGICAL STRATEGY TO ENCOURAGE THE PARTICIPATION AND ACTIVE LEARNING OF UNIVERSITY STUDENTS. , 2017, , .		0
48	Efectos del consumo del beta-glucano de la avena sobre el colesterol sanguÃneo: una revisiÃ³n. Revista Espanola De Nutricion Humana Y Dietetica, 2016, 20, 127.	0.3	0
49	Overweight and General and Abdominal Obesity in a Representative Sample of Spanish Adults: Findings from the ANIBES Study. BioMed Research International, 2016, 2016, 1-11.	1.9	36
50	Macronutrient Distribution and Dietary Sources in the Spanish Population: Findings from the ANIBES Study. Nutrients, 2016, 8, 177.	4.1	76
51	Beverage Consumption Habits and Association with Total Water and Energy Intakes in the Spanish Population: Findings of the ANIBES Study. Nutrients, 2016, 8, 232.	4.1	52
52	Clustering of Dietary Patterns, Lifestyles, and Overweight among Spanish Children and Adolescents in the ANIBES Study. Nutrients, 2016, 8, 11.	4.1	88
53	Antioxidant status in a group of institutionalised elderly people with chronic obstructive pulmonary disease. British Journal of Nutrition, 2016, 115, 1740-1747.	2.3	17
54	Physical Activity Patterns of the Spanish Population Are Mostly Determined by Sex and Age: Findings in the ANIBES Study. PLoS ONE, 2016, 11, e0149969.	2.5	75

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55	General and Abdominal Obesity Is Related to Physical Activity, Smoking and Sleeping Behaviours and Mediated by the Educational Level: Findings from the ANIBES Study in Spain. PLoS ONE, 2016, 11, e0169027.	2.5	24
56	PARTICIPATION IN A "SCIENTIFIC CONFERENCE" AND ACADEMIC PERFORMANCE IN A GROUP OF STUDENTS OF PHARMACY. , 2016, , .		0
57	The ANIBES Study on Energy Balance in Spain: Design, Protocol and Methodology. Nutrients, 2015, 7, 970-998.	4.1	59
58	Energy Intake, Profile, and Dietary Sources in the Spanish Population: Findings of the ANIBES Study. Nutrients, 2015, 7, 4739-4762.	4.1	93
59	Relationship between 24 h urinary potassium and diet quality in the adult Spanish population. Public Health Nutrition, 2015, 18, 850-859.	2.2	13
60	Dietary assessment methods: dietary records. Nutricion Hospitalaria, 2015, 31 Suppl 3, 38-45.	0.3	151
61	Dietary intake and anthropometric reference values in population studies. Nutricion Hospitalaria, 2015, 31 Suppl 3, 157-67.	0.3	3
62	Consensus document and conclusions. Methodology of dietary surveys, studies on nutrition, physical activity and other lifestyles. Nutricion Hospitalaria, 2015, 31 Suppl 3, 9-11.	0.3	7
63	Dietary total antioxidant capacity and current asthma in Spanish schoolchildren: a case controlâ€“control study. European Journal of Pediatrics, 2014, 173, 517-523.	2.7	4
64	Moderate Vitamin D Deficiency and Inflammation Related Markers in Overweight/Obese Schoolchildren. International Journal for Vitamin and Nutrition Research, 2014, 84, 98-107.	1.5	22
65	Sodium intake may promote weight gain; results of the FANPE study in a representative sample of the adult Spanish population. Nutricion Hospitalaria, 2014, 29, 1283-9.	0.3	21
66	The ALADINO Study: A National Study of Prevalence of Overweight and Obesity in Spanish Children in 2011. BioMed Research International, 2013, 2013, 1-7.	1.9	104
67	Omega 3 and Omega 6 Fatty Acids Intake and Dietary Sources in a Representative Sample of Spanish Adults. International Journal for Vitamin and Nutrition Research, 2013, 83, 36-47.	1.5	14
68	The Effects of Physical Activity on Dietary Habits in Young Adults from Madrid. International Journal for Vitamin and Nutrition Research, 2012, 82, 405-411.	1.5	7
69	Young Children with Excess of Weight Show an Impaired Selenium Status. International Journal for Vitamin and Nutrition Research, 2012, 82, 121-129.	1.5	35
70	Preliminary data on the association between waist circumference and insulin resistance in children without a previous diagnosis. European Journal of Pediatrics, 2011, 170, 35-43.	2.7	25
71	Vitamin D deficiency is an independent predictor of elevated triglycerides in Spanish school children. European Journal of Nutrition, 2011, 50, 373-378.	3.9	52
72	Estimation of salt intake by 24Âh urinary sodium excretion in a representative sample of Spanish adults. British Journal of Nutrition, 2011, 105, 787-794.	2.3	100

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73	Wholegrain cereals and bread: a duet of the Mediterranean diet for the prevention of chronic diseases. Public Health Nutrition, 2011, 14, 2316-2322.	2.2	116
74	Weight Loss Due to Fruit and Vegetable Use. , 2010, , 437-448.		1
75	An Adequate Calcium Intake Could Help Achieve Weight Loss in Overweight/Obese Women following Hypocaloric Diets. Annals of Nutrition and Metabolism, 2010, 57, 95-102.	1.9	8
76	Vitamin D status modification by two slightly hypocaloric diets in young overweight/obese women. International Journal for Vitamin and Nutrition Research, 2009, 79, 71-78.	1.5	22
77	Vitamin D in Overweight/Obese Women and Its Relationship With Dietetic and Anthropometric Variables. Obesity, 2009, 17, 778-782.	3.0	65
78	Community nutrition in Spain: advances and drawbacks. Nutrition Reviews, 2009, 67, S135-S139.	5.8	8
79	Increasing consumption of breakfast cereal improves thiamine status in overweight/obese women following a hypocaloric diet. International Journal of Food Sciences and Nutrition, 2009, 60, 69-79.	2.8	7
80	Changes in the sensation of hunger and well-being before and after meals in overweight/obese women following two types of hypoenergetic diet. Public Health Nutrition, 2009, 12, 44-50.	2.2	14
81	Dietary strategies for improving folate status in institutionalized elderly persons. British Journal of Nutrition, 2009, 101, 1611-1615.	2.3	10
82	Folate Status in Young Overweight and Obese Women: Changes Associated with Weight Reduction and Increased Folate Intake. Journal of Nutritional Science and Vitaminology, 2009, 55, 149-155.	0.6	13
83	Preliminary data about the influence of vitamin D status on the loss of body fat in young overweight/obese women following two types of hypocaloric diet. British Journal of Nutrition, 2008, 100, 269-272.	2.3	36
84	Restricted-energy diets rich in vegetables or cereals improve cardiovascular risk factors in overweight/obese women. Nutrition Research, 2007, 27, 313-320.	2.9	5
85	Improvement of cholesterol levels and reduction of cardiovascular risk via the consumption of phytosterols. British Journal of Nutrition, 2006, 96, S89-S93.	2.3	51
86	The Relationship Between Antioxidant Nutrient Intake and Cataracts in Older People. International Journal for Vitamin and Nutrition Research, 2006, 76, 359-366.	1.5	12
87	Responses to Two Weight-loss Programs Based on Approximating the Diet to the Ideal: Differences Associated with Increased Cereal or Vegetable Consumption. International Journal for Vitamin and Nutrition Research, 2006, 76, 367-376.	1.5	13
88	How justifiable is it to distort the energy profile of a diet to obtain benefits in body weight control?. American Journal of Clinical Nutrition, 2005, 82, 1140-1141.	4.7	5
89	Food, youth and the Mediterranean diet in Spain. Development of KIDMED, Mediterranean Diet Quality Index in children and adolescents. Public Health Nutrition, 2004, 7, 931-935.	2.2	870
90	Smoking and Passive Smoking as Conditioners of Folate Status in Young Women. Journal of the American College of Nutrition, 2004, 23, 365-371.	1.8	30

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91	Thiamin status during the third trimester of pregnancy and its influence on thiamin concentrations in transition and mature breast milk. British Journal of Nutrition, 2004, 92, 129-135.	2.3	42
92	Cognitive Function in Elderly People Is Influenced by Vitamin E Status. Journal of Nutrition, 2002, 132, 2065-2068.	2.9	69
93	Vitamin status in different groups of the Spanish population: a meta-analysis of national studies performed between 1990 and 1999. Public Health Nutrition, 2001, 4, 1325-1329.	2.2	24
94	Dietary guidelines for pregnant women. Public Health Nutrition, 2001, 4, 1343-1346.	2.2	28
95	Fortified foods. Criteria for vitamin supplementation in Spain. Public Health Nutrition, 2001, 4, 1331-1334.	2.2	12
96	Effect of Saturated Fatty Acid Consumption on Energy and Nutrient Intake and Blood Lipid Levels in Preschool Children. Annals of Nutrition and Metabolism, 2001, 45, 121-127.	1.9	5
97	The consumption of milk products in a group of pre-school children: Influence on serum lipid profile. Nutrition Research, 2000, 20, 779-790.	2.9	5
98	Influence of Calcium Intake on Gestational Hypertension. Annals of Nutrition and Metabolism, 1999, 43, 37-46.	1.9	26
99	Riboflavin Levels in Maternal Milk: The Influence of Vitamin B2Status during the Third Trimester of Pregnancy. Journal of the American College of Nutrition, 1999, 18, 324-329.	1.8	16
100	Maternal vitamin E status during the third trimester of pregnancy in Spanish women: Influence on breast milk vitamin E concentration. Nutrition Research, 1999, 19, 25-36.	2.9	13
101	Zinc status of a group of pregnant Spanish women: Effects on anthropometric data and Apgar scores of neonates. Nutrition Research, 1999, 19, 1423-1428.	2.9	9
102	The influence of saturated fatty acid consumption on energy and nutrient intake, blood lipid levels and iron indicators in a group of young women. Nutrition Research, 1998, 18, 671-682.	2.9	4
103	The relationship between the consumption of an inadequate breakfast and energy profile imbalance in preschool children. Nutrition Research, 1998, 18, 703-712.	2.9	7
104	The consumption of food, energy and nutrients in pregnant women: Differences with respect to smoking habits. Nutrition Research, 1998, 18, 1691-1701.	2.9	8
105	The Importance of Breakfast in Meeting Daily Recommended Calcium Intake in a Group of Schoolchildren. Journal of the American College of Nutrition, 1998, 17, 19-24.	1.8	39
106	The Influence of Smoking on Vitamin C Status During the Third Trimester of Pregnancy and on Vitamin C Levels in Maternal Milk. Journal of the American College of Nutrition, 1998, 17, 379-384.	1.8	40
107	Ascorbic acid levels in maternal milk: differences with respect to ascorbic acid status during the third trimester of pregnancy. British Journal of Nutrition, 1998, 79, 431-437.	2.3	24
108	Calcium levels in maternal milk: relationships with calcium intake during the third trimester of pregnancy. British Journal of Nutrition, 1998, 79, 501-507.	2.3	34

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109	The control of body weight in young Spanish women: Are they over-concerned?. Nutrition Research, 1997, 17, 439-449.	2.9	4
110	Influence of the time spent watching television on the dietary habits, energy intake and nutrient intake of a group of Spanish adolescents. Nutrition Research, 1996, 16, 1467-1470.	2.9	12
111	Dietary intake of a physically active elderly Spanish male group of high socioeconomic status. International Journal of Food Sciences and Nutrition, 1996, 47, 307-313.	2.8	9
112	Influence of the Intake of Fortified Breakfast Cereals on Dietary Habits and Nutritional Status of Spanish Schoolchildren. Annals of Nutrition and Metabolism, 1996, 40, 146-156.	1.9	35
113	Eating Behavior and Energy and Nutrient Intake in Overweight/Obese and Normal-Weight Spanish Elderly. Annals of Nutrition and Metabolism, 1995, 39, 371-378.	1.9	22
114	Claims and errors in food and nutrition advertisements broadcast by two Spanish television channels. Journal of Human Nutrition and Dietetics, 1995, 8, 353-362.	2.5	6
115	Nutritional assessment of the iron status in a group of institutionalized elderly people in Madrid (Spain). Journal of Human Nutrition and Dietetics, 1994, 7, 215-223.	2.5	0
116	Parental death from cardiovascular disease and dietary habits in an elderly group. British Journal of Nutrition, 1994, 71, 259-270.	2.3	1