Brianna S Fjeldsoe

List of Publications by Year
in descending order

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44 papers	3,517 citations	304602 22 h-index	254106 43 g-index
47 all docs	47 docs citations	47 times ranked	5253 citing authors

#	Article	IF	Citations
1	Behavior Change Interventions Delivered by Mobile Telephone Short-Message Service. American Journal of Preventive Medicine, 2009, 36, 165-173.	1.6	1,064
2	Systematic review of maintenance of behavior change following physical activity and dietary interventions.. Health Psychology, 2011, 30, 99-109.	1.3	332
3	Reducing sitting time in office workers: Short-term efficacy of a multicomponent intervention. Preventive Medicine, 2013, 57, 43-48.	1.6	286
4	A Cluster Randomized Controlled Trial to Reduce Office Workersâ€™ Sitting Time. Medicine and Science in Sports and Exercise, 2016, 48, 1787-1797.	0.2	219
5	MobileMums: A Randomized Controlled Trial of an SMS-Based Physical Activity Intervention. Annals of Behavioral Medicine, 2010, 39, 101-111.	1.7	208
6	Preventive Health Behavior Change Text Message Interventions: A Meta-analysis. American Journal of Preventive Medicine, 2017, 52, 391-402.	1.6	152
7	Physical activity and/or dietary interventions in breast cancer survivors: a systematic review of the maintenance of outcomes. Journal of Cancer Survivorship, 2013, 7, 74-82.	1.5	123
8	Reducing office workersâ€™ sitting time: rationale and study design for the Stand Up Victoria cluster randomized trial. BMC Public Health, 2013, 13, 1057.	1.2	111
9	A mobile health intervention promoting healthy gestational weight gain for women entering pregnancy at a high body mass index: the txt4two pilot randomised controlled trial. BJOG: an International Journal of Obstetrics and Gynaecology, 2017, 124, 1718-1728.	1.1	90
10	Iterative development of Stand Up Australia: a multi-component intervention to reduce workplace sitting. International Journal of Behavioral Nutrition and Physical Activity, 2014, 11, 21.	2.0	87
11	Feasibility and acceptability of reducing workplace sitting time: a qualitative study with Australian office workers. BMC Public Health, 2016, 16, 933.	1.2	82
12	Iterative development of MobileMums: a physical activity intervention for women with young children. International Journal of Behavioral Nutrition and Physical Activity, 2012, 9, 151.	2.0	81
13	Efficacy of a Text Message-Delivered Extended Contact Intervention on Maintenance of Weight Loss, Physical Activity, and Dietary Behavior Change. JMIR MHealth and UHealth, 2015, 3, e88.	1.8	73
14	Control Group Improvements in Physical Activity Intervention Trials and Possible Explanatory Factors: A Systematic Review. Journal of Physical Activity and Health, 2012, 9, 884-895.	1.0	64
15	Active adults recall their physical activity differently to less active adults: testâ€“retest reliability and validity of a physical activity survey. Health Promotion Journal of Australia, 2013, 24, 26-31.	0.6	41
16	Randomized Controlled Trial of an Improved Version of MobileMums, an Intervention for Increasing Physical Activity in Women with Young Children. Annals of Behavioral Medicine, 2015, 49, 487-499.	1.7	39
17	Measurement Properties of the Australian Women's Activity Survey. Medicine and Science in Sports and Exercise, 2009, 41, 1020-1033.	0.2	37
18	Testing the feasibility of a mobile technology intervention promoting healthy gestational weight gain in pregnant women (txt4two) - study protocol for a randomised controlled trial. Trials, 2015, 16, 209.	0.7	36

#	Article	IF	Citations
19	Evaluating the Maintenance of Lifestyle Changes in a Randomized Controlled Trial of the â€˜Get Healthy, Stay Healthyâ€™ Program. JMIR MHealth and UHealth, 2016, 4, e42.	1.8	36
20	Feasibility, acceptability and efficacy of a text message-enhanced clinical exercise rehabilitation intervention for increasing â€˜whole-of-dayâ€™ activity in people living with and beyond cancer. BMC Public Health, 2019, 19, 542.	1.2	32
21	Social cognitive mediators of the effect of the MobileMums intervention on physical activity.. Health Psychology, 2013, 32, 729-738.	1.3	30
22	Organizational-Level Strategies With or Without an Activity Tracker to Reduce Office Workersâ€™ Sitting Time: Rationale and Study Design of a Pilot Cluster-Randomized Trial. JMIR Research Protocols, 2016, 5, e73.	0.5	30
23	Intervening to reduce workplace sitting: mediating role of social-cognitive constructs during a cluster randomised controlled trial. International Journal of Behavioral Nutrition and Physical Activity, 2017, 14, 27.	2.0	29
24	Effectiveness of extended contact interventions for weight management delivered via text messaging: a systematic review and metaâ€•analysis. Obesity Reviews, 2018, 19, 538-549.	3.1	24
25	Womenâ€™s Perceptions of Participation in an Extended Contact Text Messageâ€“Based Weight Loss Intervention: An Explorative Study. JMIR MHealth and UHealth, 2017, 5, e21.	1.8	22
26	Usage, Acceptability, and Effectiveness of an Activity Tracker in a Randomized Trial of a Workplace Sitting Intervention: Mixed-Methods Evaluation. Interactive Journal of Medical Research, 2018, 7, e5.	0.6	21
27	Evaluating Short-Term Musculoskeletal Pain Changes in Desk-Based Workers Receiving a Workplace Sitting-Reduction Intervention. International Journal of Environmental Research and Public Health, 2018, 15, 1975.	1.2	20
28	Living well after breast cancer randomized controlled trial protocol: evaluating a telephone-delivered weight loss intervention versus usual care in women following treatment for breast cancer. BMC Cancer, 2016, 16, 830.	1.1	19
29	Australian employee perceptions of an organizational-level intervention to reduce sitting. Health Promotion International, 2018, 33, 968-979.	0.9	18
30	Moderators of health behavior initiation and maintenance in a randomized telephone counseling trial. Preventive Medicine, 2014, 61, 34-41.	1.6	13
31	Creating Reflexive Health Promotion Practitioners: Our Process of Integrating Reflexivity in the Development of a Health Promotion Course. Pedagogy in Health Promotion, 2019, 5, 75-78.	0.4	11
32	Characteristics of control group participants who increased their physical activity in a cluster-randomized lifestyle intervention trial. BMC Public Health, 2011, 11, 27.	1.2	10
33	Moving MobileMums forward: protocol for a larger randomized controlled trial of an improved physical activity program for women with young children. BMC Public Health, 2013, 13, 593.	1.2	10
34	Is Measurement Error Altered by Participation in a Physical Activity Intervention?. Medicine and Science in Sports and Exercise, 2013, 45, 1004-1011.	0.2	10
35	â€˜Get Healthy, Stay Healthyâ€™: protocol for evaluation of a lifestyle intervention delivered by text-message following the Get Healthy Information and Coaching ServiceÂ®. BMC Public Health, 2014, 14, 112.	1.2	10
36	The cost-effectiveness of the MobileMums intervention to increase physical activity among mothers with young children: a Markov model informed by a randomised controlled trial. BMJ Open, 2015, 5, e007226-e007226.	0.8	8

#	Article	IF	Citations
37	What Do Workers Do to Reduce Their Sitting Time? The Relationships of Strategy Use and Workplace Support With Desk-Based Workersâ€™ Behavior Changes in a Workplace-Delivered Sitting-Reduction and Activity-Promoting Intervention. Journal of Occupational and Environmental Medicine, 2018, 60, 1026-1033.	0.9	8
38	Get Healthy, Stay Healthy: Evaluation of the Maintenance of Lifestyle Changes Six Months After an Extended Contact Intervention. JMIR MHealth and UHealth, 2019, 7, e11070.	1.8	8
39	The impact of behavioural screening on intervention outcomes in a randomised, controlled multiple behaviour intervention trial. International Journal of Behavioral Nutrition and Physical Activity, 2011, 8, 24.	2.0	6
40	Designing for the Dissemination of Environmental and Policy Initiatives and Programs for High-Risk Groups. , 2012, , 114-127.		5
41	How does MobileMums work? Mediators of a physical activity intervention. Psychology and Health, 2020, 35, 968-983.	1.2	4
42	Sitting less and moving more for improved metabolic and brain health in type 2 diabetes: â€˜OPTIMISE your healthâ€™ trial protocol. BMC Public Health, 2022, 22, 929.	1.2	4
43	Evaluation of the Healthy Living after Cancer text message-delivered, extended contact intervention using the RE-AIM framework. BMC Cancer, 2021, 21, 1081.	1.1	3
44	Dose and engagement during an extended contact physical activity and dietary behavior change intervention delivered via tailored text messaging: exploring relationships with behavioral outcomes. International Journal of Behavioral Nutrition and Physical Activity, 2021, 18, 119.	2.0	1