

Ben Desbrow, Apd

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

134
papers

2,910
citations

29
h-index

49
g-index

149
ext. papers

3,423
ext. citations

3.1
avg. IF

5.42
L-index

#	Paper	IF	Citations
134	Effects of Cannabidiol on Exercise Physiology and Bioenergetics: A Randomised Controlled Pilot Trial.. <i>Sports Medicine - Open</i> , 2022 , 8, 27	6.1	0
133	Effectiveness of self-managed home and community exercise interventions in improving physical activity, body adiposity and related health indices in adults living with HIV: a protocol for a systematic review.. <i>Systematic Reviews</i> , 2022 , 11, 37	3	
132	Are Coaches of Female Athletes Informed of Relative Energy Deficiency in Sport? A Scoping Review. <i>Women in Sport and Physical Activity Journal</i> , 2021 , 29, 38-46	1.3	2
131	Belief in caffeine's ergogenic effect on cognitive function and endurance performance: A sham dose-response study. <i>Human Psychopharmacology</i> , 2021 , 36, e2792	2.3	
130	The impact of post-prandial delay periods on ad libitum consumption of a laboratory breakfast meal. <i>Applied Physiology, Nutrition and Metabolism</i> , 2021 , 46, 1290-1297	3	0
129	Assessment of an integrated knowledge translation intervention to improve nutrition intakes among patients undergoing elective bowel surgery: a mixed-method process evaluation. <i>BMC Health Services Research</i> , 2021 , 21, 514	2.9	1
128	The influence of exercise training volume alterations on the gut microbiome in highly-trained middle-distance runners. <i>European Journal of Sport Science</i> , 2021 , 1-9	3.9	3
127	Consumption of a smoothie or cereal-based breakfast: impact on thirst, hunger, appetite and subsequent dietary intake. <i>International Journal of Food Sciences and Nutrition</i> , 2021 , 72, 123-133	3.7	2
126	Evaluation of an intervention to improve nutrition intake in patients undergoing elective colorectal surgery: A mixed-methods pilot study. <i>Nutrition</i> , 2021 , 84, 111015	4.8	2
125	Efficacy of a dietitian-led very low calorie diet (VLCD) based model of care to facilitate weight loss for obese patients prior to elective, non-bariatric surgery. <i>Journal of Human Nutrition and Dietetics</i> , 2021 , 34, 188-198	3.1	5
124	Consistency of hangover experiences after a night of drinking: A controlled laboratory study. <i>Human Psychopharmacology</i> , 2021 , 36, e2771	2.3	
123	Cognitive effects of acute aerobic exercise: Exploring the influence of exercise duration, exhaustion, task complexity and expectancies in endurance-trained individuals. <i>Journal of Sports Sciences</i> , 2021 , 39, 183-191	3.6	1
122	The Effect of Consuming Carbohydrate With and Without Protein on the Rate of Muscle Glycogen Re-synthesis During Short-Term Post-exercise Recovery: a Systematic Review and Meta-analysis. <i>Sports Medicine - Open</i> , 2021 , 7, 9	6.1	7
121	Analysis of dietary intake, diet cost and food group expenditure from a 24-hour food record collected in a sample of Australian university students. <i>Nutrition and Dietetics</i> , 2021 , 78, 174-182	2.5	0
120	Youth Athlete Development and Nutrition. <i>Sports Medicine</i> , 2021 , 51, 3-12	10.6	5
119	The Impact Of Placebo Caffeine Dose On Cognitive Performance And Endurance Running In Recreational Athletes. <i>Medicine and Science in Sports and Exercise</i> , 2020 , 52, 170-170	1.2	
118	Effects of probiotics and paraprobiotics on subjective and objective sleep metrics: a systematic review and meta-analysis. <i>European Journal of Clinical Nutrition</i> , 2020 , 74, 1536-1549	5.2	9

117	Three consecutive nights of sleep loss: Effects of morning caffeine consumption on subjective sleepiness/alertness, reaction time and simulated driving performance. <i>Transportation Research Part F: Traffic Psychology and Behaviour</i> , 2020 , 70, 124-134	4.5	4
116	Engaging hospitalised patients in their nutrition care using technology: development of the NUTRI-TEC intervention. <i>BMC Health Services Research</i> , 2020 , 20, 148	2.9	5
115	Sports Dietitians Australia Position Statement: Nutrition for Exercise in Hot Environments. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2020 , 30, 83-98	4.4	17
114	Cannabidiol and Sports Performance: a Narrative Review of Relevant Evidence and Recommendations for Future Research. <i>Sports Medicine - Open</i> , 2020 , 6, 27	6.1	20
113	Sports nutrition for the recreational athlete. <i>Australian Journal of General Practice</i> , 2020 , 49, 17-22	1.5	3
112	Effects of acute caffeine consumption following sleep loss on cognitive, physical, occupational and driving performance: A systematic review and meta-analysis. <i>Neuroscience and Biobehavioral Reviews</i> , 2020 , 108, 877-888	9	16
111	Muscle fiber typology is associated with the incidence of overreaching in response to overload training. <i>Journal of Applied Physiology</i> , 2020 , 129, 823-836	3.7	11
110	Effects Of Acute Caffeine Ingestion Following A Period Of Sleep Loss On Cognitive And Physical Performance: A Systematic Review And Meta-analysis. <i>Medicine and Science in Sports and Exercise</i> , 2020 , 52, 610-610	1.2	
109	Hospital StaffsTPerceptions of Postoperative Nutrition Among Colorectal Patients: A Qualitative Study. <i>Nutrition in Clinical Practice</i> , 2020 , 35, 306-314	3.6	2
108	Nutrition for Special Populations: Young, Female, and Masters Athletes. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2019 , 29, 220-227	4.4	26
107	Tattoos do not affect exercise-induced localised sweat rate or sodium concentration. <i>Journal of Science and Medicine in Sport</i> , 2019 , 22, 1249-1253	4.4	8
106	Calorie-Containing Recovery Drinks Increase Recreational RunnersTVoluntary Energy and Carbohydrate Intake, with Minimal Impact on Fluid Recovery. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2019 , 29, 359-363	4.4	0
105	Clients expect nutrition care to be provided by personal trainers in Australia. <i>Nutrition and Dietetics</i> , 2019 , 76, 421-427	2.5	3
104	Challenges following a personalised diet adhering to dietary guidelines in a sample of Australian university students. <i>Nutrition and Health</i> , 2019 , 25, 185-194	2.1	3
103	A qualitative exploration of factors influencing medical staffsTdecision-making around nutrition prescription after colorectal surgery. <i>BMC Health Services Research</i> , 2019 , 19, 178	2.9	4
102	International Association of Athletics Federations Consensus Statement 2019: Nutrition for Athletics. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2019 , 29, 73-84	4.4	63
101	Feeding Practices and Nutrition Intakes Among Non-Critically Ill, Postoperative Adult Patients: An Observational Study. <i>Nutrition in Clinical Practice</i> , 2019 , 34, 371-380	3.6	5
100	Fluid, energy, and nutrient recovery via ad libitum intake of different commercial beverages and food in female athletes. <i>Applied Physiology, Nutrition and Metabolism</i> , 2019 , 44, 37-46	3	7

99	Sensitive and Reliable Measures of Driver Performance in Simulated Motor-Racing. <i>International Journal of Exercise Science</i> , 2019 , 12, 971-978	1.3	0
98	No Impact of Heat Stress and Dehydration on Short Duration Simulated Motor-Racing Performance. <i>International Journal of Exercise Science</i> , 2019 , 12, 960-970	1.3	
97	The Effect of Different Post-Exercise Beverages with Food on Voluntary Dietary Intake and Subsequent Performance. <i>Medicine and Science in Sports and Exercise</i> , 2019 , 51, 296-297	1.2	
96	Effects of alcohol intoxication goggles (fatal vision goggles) with a concurrent cognitive task on simulated driving performance. <i>Traffic Injury Prevention</i> , 2019 , 20, 777-782	1.8	1
95	Skin Tattoos Do Not Affect Exercise-induced Sweat Rate Or Sodium Concentration.. <i>Medicine and Science in Sports and Exercise</i> , 2019 , 51, 563-563	1.2	
94	Caffeine content of pre-workout supplements commonly used by Australian consumers. <i>Drug Testing and Analysis</i> , 2019 , 11, 523-529	3.5	11
93	The effect of different post-exercise beverages with food on ad libitum fluid recovery, nutrient provision, and subsequent athletic performance. <i>Physiology and Behavior</i> , 2019 , 201, 22-30	3.5	1
92	The influence of a fruit smoothie or cereal and milk breakfast on subsequent dietary intake: a pilot study. <i>International Journal of Food Sciences and Nutrition</i> , 2019 , 70, 612-622	3.7	5
91	Caffeine content of Nespresso☐ pod coffee. <i>Nutrition and Health</i> , 2019 , 25, 3-7	2.1	9
90	Women Experience the Same Ergogenic Response to Caffeine as Men. <i>Medicine and Science in Sports and Exercise</i> , 2019 , 51, 1195-1202	1.2	29
89	Effects of acute exercise, dehydration and rehydration on cognitive function in well-trained athletes. <i>Journal of Sports Sciences</i> , 2018 , 36, 247-255	3.6	10
88	Effect of 8-weeks prebiotics/probiotics supplementation on alcohol metabolism and blood biomarkers of healthy adults: a pilot study. <i>European Journal of Nutrition</i> , 2018 , 57, 1523-1534	5.2	11
87	Post-exercise Ingestion of Carbohydrate, Protein and Water: A Systematic Review and Meta-analysis for Effects on Subsequent Athletic Performance. <i>Sports Medicine</i> , 2018 , 48, 379-408	10.6	18
86	Effects of Consuming a Low Dose of Alcohol with Mixers Containing Carbohydrate or Artificial Sweetener on Simulated Driving Performance. <i>Nutrients</i> , 2018 , 10,	6.7	1
85	Smoothies: Exploring the Attitudes, Beliefs and Behaviours of Consumers and Non-Consumers. <i>Current Research in Nutrition and Food Science</i> , 2018 , 6, 425-436	1.1	5
84	Caffeine Content and Perceived Sensory Characteristics of Pod Coffee: Effects on Mood and Cognitive Performance. <i>Current Research in Nutrition and Food Science</i> , 2018 , 6, 329-345	1.1	1
83	Tear osmolality is sensitive to exercise-induced fluid loss but is not associated with common hydration measures in a field setting. <i>Journal of Sports Sciences</i> , 2018 , 36, 1220-1227	3.6	3
82	Early oral feeding after colorectal surgery: A mixed methods study of knowledge translation. <i>Nutrition and Dietetics</i> , 2018 , 75, 345-352	2.5	7

81	Identifying errors in meals provided to and sourced by patients on therapeutic diets in hospital. <i>Asia Pacific Journal of Clinical Nutrition</i> , 2018 , 27, 533-539	1	2
80	Using alcohol intoxication goggles (Fatal Vision [®] goggles) to detect alcohol related impairment in simulated driving. <i>Traffic Injury Prevention</i> , 2017 , 18, 19-27	1.8	15
79	Fluid, energy and nutrient recovery via ad libitum intake of different fluids and food. <i>Physiology and Behavior</i> , 2017 , 171, 228-235	3.5	12
78	Modulation of chemotherapy-induced cytotoxicity in SH-SY5Y neuroblastoma cells by caffeine and chlorogenic acid. <i>Toxicology Mechanisms and Methods</i> , 2017 , 27, 363-369	3.6	4
77	Comparing nutritional requirements, provision and intakes among patients prescribed therapeutic diets in hospital: An observational study. <i>Nutrition</i> , 2017 , 39-40, 50-56	4.8	21
76	Caffeine, coffee, and appetite control: a review. <i>International Journal of Food Sciences and Nutrition</i> , 2017 , 68, 901-912	3.7	21
75	The Effect of Fluid Intake Following Dehydration on Subsequent Athletic and Cognitive Performance: a Systematic Review and Meta-analysis. <i>Sports Medicine - Open</i> , 2017 , 3, 13	6.1	18
74	Effects of acute alcohol consumption on measures of simulated driving: A systematic review and meta-analysis. <i>Accident Analysis and Prevention</i> , 2017 , 102, 248-266	6.1	66
73	Effect of meal glycemic load and caffeine consumption on prolonged monotonous driving performance. <i>Physiology and Behavior</i> , 2017 , 181, 110-116	3.5	9
72	An International Comparison of Nutrition Education Standards, Occupational Standards and Scopes of Practice for Personal Trainers. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2017 , 27, 507-519	4.4	1
71	The Influence of Mixers Containing Artificial Sweetener or Different Doses of Carbohydrate on Breath Alcohol Responses in Females. <i>Alcoholism: Clinical and Experimental Research</i> , 2017 , 41, 38-45	3.7	1
70	Personal Trainer Perceptions of Providing Nutrition Care to Clients: A Qualitative Exploration. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2017 , 27, 186-193	4.4	7
69	A Nutrition Recovery Station Following Recreational Exercise Improves Fruit Consumption but Does Not Influence Fluid Recovery. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2017 , 27, 487-490	4.4	1
68	Influence of a Nutrition Recovery Station Following Exercise on Acute Dietary Intake.. <i>Medicine and Science in Sports and Exercise</i> , 2017 , 49, 852	1.2	
67	The Effect of Ad Libitum Consumption of a Milk-Based Liquid Meal Supplement vs. a Traditional Sports Drink on Fluid Balance After Exercise. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2016 , 26, 347-55	4.4	7
66	Association between dietitians' personality profiles and practice areas. <i>Nutrition and Dietetics</i> , 2016 , 73, 247-253	2.5	3
65	Accuracy and adequacy of food supplied in therapeutic diets to hospitalised patients: An observational study. <i>Nutrition and Dietetics</i> , 2016 , 73, 342-347	2.5	6
64	Consumption and reasons for use of dietary supplements in an Australian university population. <i>Nutrition</i> , 2016 , 32, 524-30	4.8	48

63	Understanding the nutrition care needs of patients newly diagnosed with type 2 diabetes: a need for open communication and patient-focussed consultations. <i>Australian Journal of Primary Health</i> , 2016 , 22, 416-422	1.4	18
62	Ten-year follow up of graduates from the Aspiring Dietitians Study: Implications for dietetic workforce development. <i>Nutrition and Dietetics</i> , 2016 , 73, 241-246	2.5	4
61	Feasibility of a patient-centred nutrition intervention to improve oral intakes of patients at risk of pressure ulcer: a pilot randomised control trial. <i>Scandinavian Journal of Caring Sciences</i> , 2016 , 30, 271-80	2.3	14
60	Nutrition and dementia care: Informing dietetic practice. <i>Nutrition and Dietetics</i> , 2015 , 72, 36-46	2.5	4
59	Obesity management by general practitioners: the unavoidable necessity. <i>Australian Journal of Primary Health</i> , 2015 , 21, 366-8	1.4	21
58	A review of the bioactivity of coffee, caffeine and key coffee constituents on inflammatory responses linked to depression. <i>Food Research International</i> , 2015 , 76, 626-636	7	63
57	The influence of drinking, texting, and eating on simulated driving performance. <i>Traffic Injury Prevention</i> , 2015 , 16, 116-23	1.8	43
56	Acute exercise and gastric emptying: a meta-analysis and implications for appetite control. <i>Sports Medicine</i> , 2015 , 45, 659-78	10.6	64
55	Nutrition care-related practices and factors affecting nutritional intakes in hospital patients at risk of pressure ulcers. <i>Journal of Human Nutrition and Dietetics</i> , 2015 , 28, 357-65	3.1	6
54	Utilization and preference of nutrition information sources in Australia. <i>Health Expectations</i> , 2015 , 18, 2288-95	3.7	20
53	The effects of Red Bull energy drink compared with caffeine on cycling time-trial performance. <i>International Journal of Sports Physiology and Performance</i> , 2015 , 10, 897-901	3.5	22
52	Manipulations to the Alcohol and Sodium Content of Beer for Postexercise Rehydration. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2015 , 25, 262-70	4.4	9
51	Group facilitators' perceptions of the attributes that contribute to the effectiveness of group-based chronic disease self-management education programs. <i>Nutrition and Dietetics</i> , 2015 , 72, 347-355	2.5	10
50	Experiences and nutrition support strategies in dementia care: Lessons from family carers. <i>Nutrition and Dietetics</i> , 2015 , 72, 22-29	2.5	25
49	A cross-sectional exploration of the personality traits of dietitians. <i>Journal of Human Nutrition and Dietetics</i> , 2015 , 28, 502-9	3.1	7
48	Acute exercise and hormones related to appetite regulation: a meta-analysis. <i>Sports Medicine</i> , 2014 , 44, 387-403	10.6	123
47	Time course-dependent changes in the transcriptome of human skeletal muscle during recovery from endurance exercise: from inflammation to adaptive remodeling. <i>Journal of Applied Physiology</i> , 2014 , 116, 274-87	3.7	45
46	Single and combined effects of beetroot juice and caffeine supplementation on cycling time trial performance. <i>Applied Physiology, Nutrition and Metabolism</i> , 2014 , 39, 1050-7	3	63

45	Coffee for morning hunger pangs. An examination of coffee and caffeine on appetite, gastric emptying, and energy intake. <i>Appetite</i> , 2014 , 83, 317-326	4.5	13
44	Comparing the rehydration potential of different milk-based drinks to a carbohydrate-electrolyte beverage. <i>Applied Physiology, Nutrition and Metabolism</i> , 2014 , 39, 1366-72	3	26
43	Caffeine consumption around an exercise bout: effects on energy expenditure, energy intake, and exercise enjoyment. <i>Journal of Applied Physiology</i> , 2014 , 117, 745-54	3.7	26
42	Acute exercise and hormones related appetite regulation: comparison of meta-analytical methods. <i>Sports Medicine</i> , 2014 , 44, 1167-8	10.6	2
41	Nutritional intakes of patients at risk of pressure ulcers in the clinical setting. <i>Nutrition</i> , 2014 , 30, 841-6	4.8	14
40	An exploration of individuals' preferences for nutrition care from Australian primary care health professionals. <i>Australian Journal of Primary Health</i> , 2014 , 20, 113-20	1.4	41
39	Attendance, weight and waist circumference outcomes of patients with type 2 diabetes receiving Medicare-subsidised dietetic services. <i>Australian Journal of Primary Health</i> , 2014 , 20, 291-7	1.4	9
38	Direct observation of the nutrition care practices of Australian general practitioners. <i>Journal of Primary Health Care</i> , 2014 , 6, 143	0.8	6
37	Sports Dietitians Australia position statement: sports nutrition for the adolescent athlete. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2014 , 24, 570-84	4.4	76
36	The effect of a caffeinated mouth-rinse on endurance cycling time-trial performance. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2014 , 24, 90-7	4.4	37
35	Evaluation of a curriculum initiative designed to enhance the research training of dietetics graduates. <i>Nutrition and Dietetics</i> , 2014 , 71, 57-63	2.5	8
34	Patient perceptions of the role of nutrition for pressure ulcer prevention in hospital: an interpretive study. <i>Journal of Wound, Ostomy and Continence Nursing</i> , 2014 , 41, 528-34; quiz E1-2	1.7	4
33	The self-perceived knowledge, skills and attitudes of Australian practice nurses in providing nutrition care to patients with chronic disease. <i>Family Practice</i> , 2014 , 31, 201-8	1.9	25
32	Effect of caffeine on cycling time-trial performance in the heat. <i>Journal of Science and Medicine in Sport</i> , 2014 , 17, 445-9	4.4	18
31	Mild to moderate dehydration combined with moderate alcohol consumption has no influence on simulated driving performance. <i>Traffic Injury Prevention</i> , 2014 , 15, 652-62	1.8	11
30	Direct observation of the nutrition care practices of Australian general practitioners. <i>Journal of Primary Health Care</i> , 2014 , 6, 143-7	0.8	2
29	Acute exercise and subsequent energy intake. A meta-analysis. <i>Appetite</i> , 2013 , 63, 92-104	4.5	151
28	Glycemic response to carbohydrate and the effects of exercise and protein. <i>Nutrition</i> , 2013 , 29, 881-5	4.8	12

27	The effects of dehydration, moderate alcohol consumption, and rehydration on cognitive functions. <i>Alcohol</i> , 2013 , 47, 203-13	2.7	18
26	Transcriptome analysis of neutrophils after endurance exercise reveals novel signaling mechanisms in the immune response to physiological stress. <i>Journal of Applied Physiology</i> , 2013 , 114, 1677-88	3.7	42
25	Beer as a sports drink? Manipulating beer's ingredients to replace lost fluid. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2013 , 23, 593-600	4.4	13
24	General practitioners can offer effective nutrition care to patients with lifestyle-related chronic disease. <i>Journal of Primary Health Care</i> , 2013 , 5, 59	0.8	40
23	Caffeine ingestion and cycling power output in a low or normal muscle glycogen state. <i>Medicine and Science in Sports and Exercise</i> , 2013 , 45, 1577-84	1.2	32
22	Multidisciplinary evaluation of a critical care enteral feeding algorithm. <i>Nutrition and Dietetics</i> , 2012 , 69, 242-249	2.5	8
21	Alcohol pharmacokinetics and risk-taking behaviour following exercise-induced dehydration. <i>Pharmacology Biochemistry and Behavior</i> , 2012 , 101, 609-16	3.9	5
20	The effects of different doses of caffeine on endurance cycling time trial performance. <i>Journal of Sports Sciences</i> , 2012 , 30, 115-20	3.6	58
19	An examination of consumer exposure to caffeine from commercial coffee and coffee-flavoured milk. <i>Journal of Food Composition and Analysis</i> , 2012 , 28, 114-118	4.1	26
18	Patients' perceptions of nutrition care provided by general practitioners: focus on Type 2 diabetes. <i>Family Practice</i> , 2012 , 29, 719-25	1.9	29
17	Students' perceptions of using Facebook as an interactive learning resource at university. <i>Australasian Journal of Educational Technology</i> , 2012 , 28,	2.4	129
16	Exploratory investigation of factors affecting dietetic workforce satisfaction. <i>Nutrition and Dietetics</i> , 2011 , 68, 195-200	2.5	4
15	Caffeine and Physical Performance. <i>Journal of Caffeine Research</i> , 2011 , 1, 145-151		4
14	Caffeine withdrawal and high-intensity endurance cycling performance. <i>Journal of Sports Sciences</i> , 2011 , 29, 509-15	3.6	61
13	An evaluation of clinical dietetic student placement case-mix exposure, service delivery and supervisory burden. <i>Nutrition and Dietetics</i> , 2010 , 67, 287-293	2.5	13
12	Caffeine, cycling performance, and exogenous CHO oxidation: a dose-response study. <i>Medicine and Science in Sports and Exercise</i> , 2009 , 41, 1744-51	1.2	55
11	Hydration Practices Of Elite Male Team Athletes During Training Sessions. <i>Medicine and Science in Sports and Exercise</i> , 2008 , 40, S389	1.2	7
10	Well-trained endurance athletes' knowledge, insight, and experience of caffeine use. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2007 , 17, 328-39	4.4	35

9	Drink-flavor change's lack of effect on endurance cycling performance in trained athletes. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2007 , 17, 315-27	4.4	6
8	An examination of consumer exposure to caffeine from retail coffee outlets. <i>Food and Chemical Toxicology</i> , 2007 , 45, 1588-92	4.7	46
7	Awareness and use of caffeine by athletes competing at the 2005 Ironman Triathlon World Championships. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2006 , 16, 545-58	4.4	45
6	Assessment of nutritional status in hemodialysis patients using patient-generated subjective global assessment. <i>Journal of Renal Nutrition</i> , 2005 , 15, 211-6	3	65
5	Aspiring dietitians study: A pre-enrolment study of students motivations, awareness and expectations relating to careers in nutrition and dietetics. <i>Nutrition and Dietetics</i> , 2005 , 62, 106-109	2.5	32
4	Carbohydrate-electrolyte feedings and 1 h time trial cycling performance. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2004 , 14, 541-9	4.4	32
3	Adaptations to short-term high-fat diet persist during exercise despite high carbohydrate availability. <i>Medicine and Science in Sports and Exercise</i> , 2002 , 34, 83-91	1.2	87
2	Effect of different protocols of caffeine intake on metabolism and endurance performance. <i>Journal of Applied Physiology</i> , 2002 , 93, 990-9	3.7	197
1	Guidelines for daily carbohydrate intake: do athletes achieve them?. <i>Sports Medicine</i> , 2001 , 31, 267-99	10.6	190