

# A J Adamson

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

82  
papers

2,770  
citations

25  
h-index

51  
g-index

102  
ext. papers

3,718  
ext. citations

4.9  
avg, IF

4.96  
L-index

#	Paper	IF	Citations
82	Opportunities for intervention and innovation in school food within UK schools. <i>Public Health Nutrition</i> , <b>2021</b> , 24, 2313-2317	3.3	1
81	Implementation of Universal Infant Free School Meals: a pilot study in NE England exploring the impact on Key Stage 1 pupils dietary intake. <i>Public Health Nutrition</i> , <b>2021</b> , 24, 3167-3175	3.3	2
80	A comparison of food portion size estimation methods among 11-12 year olds: 3D food models vs an online tool using food portion photos (Intake24). <i>BMC Nutrition</i> , <b>2021</b> , 7, 10	2.5	0
79	The Biological and Social Determinants of Childhood Obesity: Comparison of 2 Cohorts 50 Years Apart. <i>Journal of Pediatrics</i> , <b>2021</b> , 228, 138-146.e5	3.6	1
78	Co-production in local government: process, codification and capacity building of new knowledge in collective reflection spaces. Workshops findings from a UK mixed methods study. <i>Health Research Policy and Systems</i> , <b>2021</b> , 19, 12	3.7	1
77	Participant experiences in the Diabetes REmission Clinical Trial (DiRECT). <i>Diabetic Medicine</i> , <b>2021</b> , e14689	3.5	1
76	NuBrain: UK consortium for optimal nutrition for healthy brain ageing. <i>Nutrition Bulletin</i> , <b>2020</b> , 45, 223-229	3.9	4
75	Parents and carers awareness and perceptions of UK supermarket policies on less healthy food at checkouts: A qualitative study. <i>Appetite</i> , <b>2020</b> , 147, 104541	4.5	8
74	The Food provision, culture and Environment in secondary schools (FUEL) study: protocol of a mixed methods evaluation of national School Food Standards implementation in secondary schools and their impact on pupils dietary intake and dental health. <i>BMJ Open</i> , <b>2020</b> , 10, e042931	3	1
73	Supporting a Healthier Takeaway Meal Choice: Creating a Universal Health Rating for Online Takeaway Fast-Food Outlets. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	2
72	Exploring the links between unhealthy eating behaviour and heavy alcohol use in the social, emotional and cultural lives of young adults (aged 18-25): A qualitative research study. <i>Appetite</i> , <b>2020</b> , 144, 104449	4.5	10
71	Behaviour change during dietary Type 2 diabetes remission: a longitudinal qualitative evaluation of an intervention using a very low energy diet. <i>Diabetic Medicine</i> , <b>2020</b> , 37, 953-962	3.5	13
70	Stakeholders perceptions and experiences of the National Health Service diabetes prevention programme in England: qualitative study with service users, intervention providers and deliverers, commissioners and referrers. <i>BMC Health Services Research</i> , <b>2020</b> , 20, 307	2.9	7
69	Validity and reliability of an online self-report 24-h dietary recall method (Intake24): a doubly labelled water study and repeated-measures analysis. <i>Journal of Nutritional Science</i> , <b>2019</b> , 8, e29	2.7	21
68	Feasibility and acceptability of a Takeaway Masterclass aimed at encouraging healthier cooking practices and menu options in takeaway food outlets. <i>Public Health Nutrition</i> , <b>2019</b> , 22, 2268-2278	3.3	4
67	Durability of a primary care-led weight-management intervention for remission of type 2 diabetes: 2-year results of the DiRECT open-label, cluster-randomised trial. <i>Lancet Diabetes and Endocrinology</i> , <b>2019</b> , 7, 344-355	18.1	273
66	Improving child weight management uptake through enhanced National Child Measurement Programme parental feedback letters: A randomised controlled trial. <i>Preventive Medicine</i> , <b>2019</b> , 121, 128-135	4.3	10

65	Feasibility of working with a wholesale supplier to co-design and test acceptability of an intervention to promote smaller portions: an uncontrolled before-and-after study in British Fish & Chip shops. <i>BMJ Open</i> , <b>2019</b> , 9, e023441	3	8
64	The VoiceTof Key Stakeholders in a School Food and Drink Intervention in Two Secondary Schools in NE England: Findings from a Feasibility Study. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	2
63	Longitudinal changes in vigorous intensity physical activity from childhood to adolescence: Gateshead Millennium Study. <i>Journal of Science and Medicine in Sport</i> , <b>2019</b> , 22, 450-455	4.4	10
62	Problems recruiting and retaining postnatal women to a pilot randomised controlled trial of a web-delivered weight loss intervention. <i>BMC Research Notes</i> , <b>2018</b> , 11, 203	2.3	9
61	Timing of the decline in physical activity in childhood and adolescence: Gateshead Millennium Cohort Study. <i>British Journal of Sports Medicine</i> , <b>2018</b> , 52, 1002-1006	10.3	173
60	The nature of UK supermarketsTpolicies on checkout food and associations with healthfulness and type of food displayed: cross-sectional study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2018</b> , 15, 52	8.4	15
59	The challenges of interventions to promote healthier food in independent takeaways in England: qualitative study of intervention deliverersTviews. <i>BMC Public Health</i> , <b>2018</b> , 18, 184	4.1	7
58	Feasibility of an estimated method using graduated utensils to estimate food portion size in infants aged 4 to 18 months. <i>PLoS ONE</i> , <b>2018</b> , 13, e0197591	3.7	1
57	Clinical and metabolic features of the randomised controlled Diabetes Remission Clinical Trial (DiRECT) cohort. <i>Diabetologia</i> , <b>2018</b> , 61, 589-598	10.3	27
56	Primary care-led weight management for remission of type 2 diabetes (DiRECT): an open-label, cluster-randomised trial. <i>Lancet, The</i> , <b>2018</b> , 391, 541-551	4.0	713
55	Development of the MapMe intervention body image scales of known weight status for 4-5 and 10-11 year old children. <i>Journal of Public Health</i> , <b>2018</b> , 40, 582-590	3.5	4
54	Field Testing of the Use of Intake24-An Online 24-Hour Dietary Recall System. <i>Nutrients</i> , <b>2018</b> , 10,	6.7	9
53	Socio-economic and age variations in response to supermarket-led checkout food policies: a repeated measures analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2018</b> , 15, 125	8.4	5
52	Examining Associations between Body Mass Index in 18?25 Year-Olds and Energy Intake from Alcohol: Findings from the Health Survey for England and the Scottish Health Survey. <i>Nutrients</i> , <b>2018</b> , 10,	6.7	11
51	Supermarket policies on less-healthy food at checkouts: Natural experimental evaluation using interrupted time series analyses of purchases. <i>PLoS Medicine</i> , <b>2018</b> , 15, e1002712	11.6	25
50	VLCD for weight loss and remission of type 2 diabetes? - AuthorsTreply. <i>Lancet, The</i> , <b>2018</b> , 392, 1307	4.0	2
49	Tracking of toddler fruit and vegetable preferences to intake and adiposity later in childhood. <i>Maternal and Child Nutrition</i> , <b>2017</b> , 13,	3.4	36
48	Supporting the transition from weight loss to maintenance: development and optimisation of a face-to-face behavioural intervention component. <i>Health Psychology and Behavioral Medicine</i> , <b>2017</b> , 5, 66-84	2.2	4

47	The impact of interventions to promote healthier ready-to-eat meals (to eat in, to take away or to be delivered) sold by specific food outlets open to the general public: a systematic review. <i>Obesity Reviews</i> , <b>2017</b> , 18, 227-246	10.6	43
46	Within-person reproducibility and sensitivity to dietary change of C15:0 and C17:0 levels in dried blood spots: Data from the European Food4Me Study. <i>Molecular Nutrition and Food Research</i> , <b>2017</b> , 61, 1700142	5.9	10
45	A feasibility study with process evaluation of a preschool intervention to improve child and family lifestyle behaviours. <i>BMC Public Health</i> , <b>2017</b> , 17, 248	4.1	12
44	Iterative Development of an Online Dietary Recall Tool: INTAKE24. <i>Nutrients</i> , <b>2017</b> , 9,	6.7	38
43	Relationship between mean daily energy intake and frequency of consumption of out-of-home meals in the UK National Diet and Nutrition Survey. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2017</b> , 14, 131	8.4	34
42	Food environments of young people: linking individual behaviour to environmental context. <i>Journal of Public Health</i> , <b>2017</b> , 39, 95-104	3.5	16
41	Acceptability of a very-low-energy diet in Type 2 diabetes: patient experiences and behaviour regulation. <i>Diabetic Medicine</i> , <b>2017</b> , 34, 1554-1567	3.5	30
40	A description of interventions promoting healthier ready-to-eat meals (to eat in, to take away, or to be delivered) sold by specific food outlets in England: a systematic mapping and evidence synthesis. <i>BMC Public Health</i> , <b>2017</b> , 17, 93	4.1	62
39	Risk factors for eating disorder symptoms at 12 years of age: A 6-year longitudinal cohort study. <i>Appetite</i> , <b>2017</b> , 108, 12-20	4.5	27
38	Development of food photographs for use with children aged 18 months to 16 years: Comparison against weighed food diaries - The Young Person's Food Atlas (UK). <i>PLoS ONE</i> , <b>2017</b> , 12, e0169084	3.7	14
37	Web-Based Weight Loss Intervention for Men With Type 2 Diabetes: Pilot Randomized Controlled Trial. <i>JMIR Diabetes</i> , <b>2017</b> , 2, e14	2.7	14
36	Comparison of sodium content of meals served by independent takeaways using standard versus reduced holed salt shakers: cross-sectional study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2016</b> , 13, 102	8.4	6
35	Teen not trusted in the kitchen: food environments and food behaviours of young people attending school and college. <i>Journal of Public Health</i> , <b>2016</b> , 38, 289-99	3.5	9
34	Parental Perception of Weight Status: Influence on Children's Diet in the Gateshead Millennium Study. <i>PLoS ONE</i> , <b>2016</b> , 11, e0144931	3.7	22
33	Perceptions of nursery staff and parent views of healthy eating promotion in preschool settings: an exploratory qualitative study. <i>BMC Public Health</i> , <b>2016</b> , 16, 841	4.1	6
32	Reducing the Salt Added to Takeaway Food: Within-Subjects Comparison of Salt Delivered by Five and 17 Holed Salt Shakers in Controlled Conditions. <i>PLoS ONE</i> , <b>2016</b> , 11, e0163093	3.7	7
31	Exploring the association of dairy product intake with the fatty acids C15:0 and C17:0 measured from dried blood spots in a multipopulation cohort: Findings from the Food4Me study. <i>Molecular Nutrition and Food Research</i> , <b>2016</b> , 60, 834-45	5.9	22
30	Can't play, won't play: longitudinal changes in perceived barriers to participation in sports clubs across the child-adolescent transition. <i>BMJ Open Sport and Exercise Medicine</i> , <b>2016</b> , 2, e000079	3.4	16

29	Micronutrient intake in advanced age: Te Puawaiwaitanga o Nga Tapuwae Kia ora Tonu, Life and Living in Advanced Age: A Cohort Study in New Zealand (LiLACS NZ). <i>British Journal of Nutrition</i> , <b>2016</b> , 1-16	3.6	8
28	Systematic review and meta-analysis of internet-delivered interventions providing personalized feedback for weight loss in overweight and obese adults. <i>Obesity Reviews</i> , <b>2016</b> , 17, 541-51	10.6	56
27	Influence of adiposity on health-related quality of life in the Gateshead Millennium Study cohort: longitudinal study at 12 years. <i>Archives of Disease in Childhood</i> , <b>2015</b> , 100, 779-83	2.2	6
26	Objective measurement of sedentary behavior: impact of non-wear time rules on changes in sedentary time. <i>BMC Public Health</i> , <b>2015</b> , 15, 504	4.1	34
25	Longitudinal associations between sports participation, body composition and physical activity from childhood to adolescence. <i>Journal of Science and Medicine in Sport</i> , <b>2015</b> , 18, 178-82	4.4	46
24	Comparison of INTAKE24 (an online 24hr dietary recall tool) with an interviewer-led 24hr recall method in 11-16 year olds. <i>Proceedings of the Nutrition Society</i> , <b>2015</b> , 74,	2.9	3
23	Iterative development of an online dietary recall tool, INTAKE24. <i>Proceedings of the Nutrition Society</i> , <b>2015</b> , 74,	2.9	1
22	Frequency and socio-demographic correlates of eating meals out and take-away meals at home: cross-sectional analysis of the UK national diet and nutrition survey, waves 1-4 (2008-12). <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2015</b> , 12, 51	8.4	102
21	Determinants of changes in sedentary time and breaks in sedentary time among 9 and 12-year old children. <i>Preventive Medicine Reports</i> , <b>2015</b> , 2, 880-5	2.6	12
20	Cohort Profile: Te Puawaiwaitanga o Nga Tapuwae Kia Ora Tonu, Life and Living in Advanced Age: a Cohort Study in New Zealand (LiLACS NZ). <i>International Journal of Epidemiology</i> , <b>2015</b> , 44, 1823-32	7.8	32
19	Does the use of passive or active consent affect consent or completion rates, or dietary data quality? Repeat cross-sectional survey among school children aged 11-12 years. <i>BMJ Open</i> , <b>2015</b> , 5, e006457	3.5	15
18	The NULevel trial of a scalable, technology-assisted weight loss maintenance intervention for obese adults after clinically significant weight loss: study protocol for a randomised controlled trial. <i>Trials</i> , <b>2015</b> , 16, 421	2.8	17
17	Dietary Patterns and Socioeconomic Status in the Very Old: The Newcastle 85+ Study. <i>PLoS ONE</i> , <b>2015</b> , 10, e0139713	3.7	15
16	Did school food and nutrient-based standards in England impact on 11-12Y olds nutrient intake at lunchtime and in total diet? Repeat cross-sectional study. <i>PLoS ONE</i> , <b>2014</b> , 9, e112648	3.7	13
15	Physical activity, diet and BMI in children aged 6-8 years: a cross-sectional analysis. <i>BMJ Open</i> , <b>2014</b> , 4, e005001	3	21
14	Challenges involved in measuring intake in early life: focus on methods. <i>Proceedings of the Nutrition Society</i> , <b>2014</b> , 73, 201-9	2.9	30
13	School food standards in the UK: implementation and evaluation. <i>Public Health Nutrition</i> , <b>2013</b> , 16, 968-81	3.3	55
12	Physical activity, sedentary behavior, and adiposity in English children. <i>American Journal of Preventive Medicine</i> , <b>2012</b> , 42, 445-51	6.1	66

11	Early predictors of objectively measured physical activity and sedentary behaviour in 8-10 year old children: the Gateshead Millennium Study. <i>PLoS ONE</i> , <b>2012</b> , 7, e37975	3.7	46
10	Development and validation of the Young Person's Food Atlas. <i>Proceedings of the Nutrition Society</i> , <b>2012</b> , 71,	2.9	3
9	The impact of using calibrated utensils to assess portion sizes in infants aged 4-18 months. <i>Proceedings of the Nutrition Society</i> , <b>2012</b> , 71,	2.9	2
8	Stability of habitual physical activity and sedentary behavior monitoring by accelerometry in 6- to 8-year-olds. <i>Journal of Physical Activity and Health</i> , <b>2011</b> , 8, 543-7	2.5	52
7	Longitudinal study of physical activity and sedentary behavior in children. <i>Pediatrics</i> , <b>2011</b> , 127, e24-30	7.4	150
6	Correlates of objectively measured physical activity and sedentary behaviour in English children. <i>European Journal of Public Health</i> , <b>2011</b> , 21, 424-31	2.1	87
5	Development and validation of an interactive portion size assessment system (IPSAS). <i>Proceedings of the Nutrition Society</i> , <b>2010</b> , 69,	2.9	3
4	The development of tools to measure the food environment of adolescents. <i>Proceedings of the Nutrition Society</i> , <b>2010</b> , 69,	2.9	1
3	Food knowledge, attitudes and preferences and BMI in children: The Gateshead Millennium Study. <i>Proceedings of the Nutrition Society</i> , <b>2010</b> , 69,	2.9	1
2	Nutrition in advanced age: dietary assessment in the Newcastle 85+ study. <i>European Journal of Clinical Nutrition</i> , <b>2009</b> , 63 Suppl 1, S6-18	5.2	65
1	Developing a focus group approach for exploring parents' perspectives on childhood overweight. <i>Nutrition Bulletin</i> , <b>2009</b> , 34, 214-219	3.5	3