

# Rosalind Fallaize

## List of Publications by Year in descending order

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Version: 2024-02-01

71  
papers

2,235  
citations

236912  
25  
h-index

243610  
44  
g-index

79  
all docs

79  
docs citations

79  
times ranked

3093  
citing authors

#	ARTICLE	IF	CITATIONS
1	Diet Quality Index for older adults (DQI-65): development and use in predicting adherence to dietary recommendations and health markers in the UK National Diet and Nutrition Survey. <i>British Journal of Nutrition</i> , 2022, 128, 2193-2207.	2.3	2
2	Effectiveness of Web-Based Personalized Nutrition Advice for Adults Using the eNutri Web App: Evidence From the EatWellUK Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2022, 24, e29088.	4.3	14
3	Objective assessment of dietary exposure and cardiometabolic risk in homeless adults. <i>Proceedings of the Nutrition Society</i> , 2021, 80, .	1.0	0
4	Interactions of Carbohydrate Intake and Physical Activity with Regulatory Genes Affecting Glycaemia: A Food4Me Study Analysis. <i>Lifestyle Genomics</i> , 2021, 14, 63-72.	1.7	2
5	Dietary Quality in Vegetarian and Omnivorous Female Students in Germany: A Retrospective Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1888.	2.6	14
6	Web-Based Dietary Intake Estimation to Assess the Reproducibility and Relative Validity of the EatWellQ8 Food Frequency Questionnaire: Validation Study. <i>JMIR Formative Research</i> , 2021, 5, e13591.	1.4	7
7	Personalised nutrition advice reduces intake of discretionary foods and beverages: findings from the Food4Me randomised controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021, 18, 70.	4.6	27
8	Personalized Nutrition Advice Reduces Intake of Discretionary Foods and Beverages: Findings From the Food4Me Randomized Controlled Trial. <i>Current Developments in Nutrition</i> , 2021, 5, 152.	0.3	4
9	Co-designing personalised nutrition advice with adults aged 65+ years: a user study of the eNutri web app. <i>Proceedings of the Nutrition Society</i> , 2021, 80, .	1.0	0
10	Personalised nutrition advice delivered online or face-to-face is more effective at motivating healthier dietary choices than generalised advice in Kuwait. <i>Proceedings of the Nutrition Society</i> , 2020, 79, .	1.0	0
11	A Review of Nutritional Requirements of Adults Aged ≥65 Years in the UK. <i>Journal of Nutrition</i> , 2020, 150, 2245-2256.	2.9	18
12	Characteristics of participants who benefit most from personalised nutrition: findings from the pan-European Food4Me randomised controlled trial. <i>British Journal of Nutrition</i> , 2020, 123, 1396-1405.	2.3	14
13	Nutritional adequacy and content of food bank parcels in Oxfordshire, UK: a comparative analysis of independent and organisational provision. <i>Journal of Human Nutrition and Dietetics</i> , 2020, 33, 477-486.	2.5	21
14	Insights Into the Delivery of Personalized Nutrition: Evidence From Face-To-Face and Web-Based Dietary Interventions. <i>Frontiers in Nutrition</i> , 2020, 7, 570531.	3.7	15
15	Higher vegetable protein consumption, assessed by an isoenergetic macronutrient exchange model, is associated with a lower presence of overweight and obesity in the web-based Food4me European study. <i>International Journal of Food Sciences and Nutrition</i> , 2019, 70, 240-253.	2.8	11
16	Development and validation of a diet quality index for older adults. <i>Proceedings of the Nutrition Society</i> , 2019, 78, .	1.0	0
17	Frequent Nutritional Feedback, Personalized Advice, and Behavioral Changes: Findings from the European Food4Me Internet-Based RCT. <i>American Journal of Preventive Medicine</i> , 2019, 57, 209-219.	3.0	18
18	Evaluation of the eNutri automated personalised nutrition advice by users and nutrition professionals in the UK. <i>PLoS ONE</i> , 2019, 14, e0214931.	2.5	16

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19	Validity of the EatWellQ8 online food frequency questionnaire against a 4-day weighed food record. Proceedings of the Nutrition Society, 2019, 78, .	1.0	0
20	Reducing food portion sizes in the home to tackle obesityâ€”is it that simple?. Annals of Human Biology, 2019, 46, 1-2.	1.0	4
21	Strategies for online personalised nutrition advice employed in the development of the eNutri web app. Proceedings of the Nutrition Society, 2019, 78, 407-417.	1.0	5
22	Popular Nutrition-Related Mobile Apps: An Agreement Assessment Against a UK Reference Method. JMIR MHealth and UHealth, 2019, 7, e9838.	3.7	46
23	Associations of vitamin D status with dietary intakes and physical activity levels among adults from seven European countries: the Food4Me study. European Journal of Nutrition, 2018, 57, 1357-1368.	3.9	29
24	An investigation into the nutritional composition and cost of glutenâ€”free versus regular food products in the <scp>UK</scp>. Journal of Human Nutrition and Dietetics, 2018, 31, 108-120.	2.5	112
25	Correlates of overall and central obesity in adults from seven European countries: findings from the Food4Me Study. European Journal of Clinical Nutrition, 2018, 72, 207-219.	2.9	20
26	Online dietary intake assessment using a graphical food frequency app (eNutri): Usability metrics from the EatWellUK study. PLoS ONE, 2018, 13, e0202006.	2.5	17
27	Association between Diet-Quality Scores, Adiposity, Total Cholesterol and Markers of Nutritional Status in European Adults: Findings from the Food4Me Study. Nutrients, 2018, 10, 49.	4.1	61
28	Application of Behavior Change Techniques in a Personalized Nutrition Electronic Health Intervention Study: Protocol for the Web-Based Food4Me Randomized Controlled Trial. JMIR Research Protocols, 2018, 7, e87.	1.0	13
29	Effect of personalized nutrition on health-related behaviour change: evidence from the Food4me European randomized controlled trial. International Journal of Epidemiology, 2017, 46, dyw186.	1.9	219
30	Withinâ€”person reproducibility and sensitivity to dietary change of C15:0 and C17:0 levels in dried blood spots: Data from the European Food4Me Study. Molecular Nutrition and Food Research, 2017, 61, 1700142.	3.3	13
31	Can genetic-based advice help you lose weight? Findings from the Food4Me European randomized controlled trial1â€”3. American Journal of Clinical Nutrition, 2017, 105, 1204-1213.	4.7	50
32	Characteristics of European adults who dropped out from the Food4Me Internet-based personalised nutrition intervention. Public Health Nutrition, 2017, 20, 53-63.	2.2	8
33	Metabotyping for the development of tailored dietary advice solutions in a European population: the Food4Me study. British Journal of Nutrition, 2017, 118, 561-569.	2.3	28
34	APOE genotype influences insulin resistance, apolipoprotein CII and CIII according to plasma fatty acid profile in the Metabolic Syndrome. Scientific Reports, 2017, 7, 6274.	3.3	31
35	Weekday sunlight exposure, but not vitamin D intake, influences the association between vitamin D receptor genotype and circulating concentration 25â€”hydroxyvitamin D in a panâ€”European population: the Food4Me study. Molecular Nutrition and Food Research, 2017, 61, 1600476.	3.3	9
36	Dietary intake, nutritional status and mental wellbeing of homeless adults in Reading, UK. British Journal of Nutrition, 2017, 118, 707-714.	2.3	16

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37	Mediterranean Diet Adherence and Genetic Background Roles within a Web-Based Nutritional Intervention: The Food4Me Study. <i>Nutrients</i> , 2017, 9, 1107.	4.1	25
38	Proposed guidelines to evaluate scientific validity and evidence for genotype-based dietary advice. <i>Genes and Nutrition</i> , 2017, 12, 35.	2.5	95
39	Capturing health and eating status through a nutritional perception screening questionnaire (NPSQ9) in a randomised internet-based personalised nutrition intervention: the Food4Me study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 168.	4.6	12
40	A Web-Based Graphical Food Frequency Assessment System: Design, Development and Usability Metrics. <i>JMIR Human Factors</i> , 2017, 4, e13.	2.0	15
41	Physical activity attenuates the effect of the <i>FTO</i> genotype on obesity traits in European adults: The Food4Me study. <i>Obesity</i> , 2016, 24, 962-969.	3.0	47
42	Exploring the association of dairy product intake with the fatty acids C15:0 and C17:0 measured from dried blood spots in a multipopulation cohort: Findings from the Food4Me study. <i>Molecular Nutrition and Food Research</i> , 2016, 60, 834-845.	3.3	27
43	Effect of an Internet-based, personalized nutrition randomized trial on dietary changes associated with the Mediterranean diet: the Food4Me Study. <i>American Journal of Clinical Nutrition</i> , 2016, 104, 288-297.	4.7	77
44	Dietary intake, nutritional status and mental wellbeing in street homeless and hostel residents in Reading. <i>Proceedings of the Nutrition Society</i> , 2016, 75, .	1.0	0
45	Clustering of adherence to personalised dietary recommendations and changes in healthy eating index within the Food4Me study. <i>Public Health Nutrition</i> , 2016, 19, 3296-3305.	2.2	10
46	Phenotypic factors influencing the variation in response of circulating cholesterol level to personalised dietary advice in the Food4Me study. <i>British Journal of Nutrition</i> , 2016, 116, 2011-2019.	2.3	14
47	Application of dried blood spots to determine vitamin D status in a large nutritional study with unsupervised sampling: the Food4Me project. <i>British Journal of Nutrition</i> , 2016, 115, 202-211.	2.3	42
48	Fat mass- and obesity-associated genotype, dietary intakes and anthropometric measures in European adults: the Food4Me study. <i>British Journal of Nutrition</i> , 2016, 115, 440-448.	2.3	22
49	Reproducibility of the Online Food4Me Food-Frequency Questionnaire for Estimating Dietary Intakes across Europe. <i>Journal of Nutrition</i> , 2016, 146, 1068-1075.	2.9	24
50	The effect of the apolipoprotein E genotype on response to personalized dietary advice intervention: findings from the Food4Me randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2016, 104, 827-836.	4.7	41
51	The impact of MTHFR 677C>T risk knowledge on changes in folate intake: findings from the Food4Me study. <i>Genes and Nutrition</i> , 2016, 11, 25.	2.5	12
52	Nutrition and the homeless: the underestimated challenge. <i>Nutrition Research Reviews</i> , 2016, 29, 143-151.	4.1	29
53	Profile of European adults interested in internet-based personalised nutrition: the Food4Me study. <i>European Journal of Nutrition</i> , 2016, 55, 759-769.	3.9	34
54	Objectively Measured Physical Activity in European Adults: Cross-Sectional Findings from the Food4Me Study. <i>PLoS ONE</i> , 2016, 11, e0150902.	2.5	19

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55	Changes in Physical Activity Following a Genetic-Based Internet-Delivered Personalized Intervention: Randomized Controlled Trial (Food4Me). Journal of Medical Internet Research, 2016, 18, e30.	4.3	25
56	A Dietary Feedback System for the Delivery of Consistent Personalized Dietary Advice in the Web-Based Multicenter Food4Me Study. Journal of Medical Internet Research, 2016, 18, e150.	4.3	37
57	Popular Nutrition-Related Mobile Apps: A Feature Assessment. JMIR MHealth and UHealth, 2016, 4, e85.	3.7	136
58	Baseline characteristics of the Food4Me Proof of Principle Study: a web-based randomised controlled trial of personalised nutrition in seven European countries. Proceedings of the Nutrition Society, 2015, 74, .	1.0	10
59	Interactions between APOE genotype and plasma fatty acids on cardiometabolic risk markers in individuals with the Metabolic Syndrome. Proceedings of the Nutrition Society, 2015, 74, .	1.0	0
60	Predicting fatty acid profiles in blood based on food intake and the FADS1 rs174546 SNP. Molecular Nutrition and Food Research, 2015, 59, 2565-2573.	3.3	9
61	How reliable is internet-based self-reported identity, socio-demographic and obesity measures in European adults?. Genes and Nutrition, 2015, 10, 28.	2.5	42
62	The perceived impact of the National Health Service on personalised nutrition service delivery among the UK public. British Journal of Nutrition, 2015, 113, 1271-1279.	2.3	10
63	Design and baseline characteristics of the Food4Me study: a web-based randomised controlled trial of personalised nutrition in seven European countries. Genes and Nutrition, 2015, 10, 450.	2.5	134
64	Effects of a Web-Based Personalized Intervention on Physical Activity in European Adults: A Randomized Controlled Trial. Journal of Medical Internet Research, 2015, 17, e231.	4.3	34
65	Understanding Consumer Evaluations of Personalised Nutrition Services in Terms of the Privacy Calculus: A Qualitative Study. Public Health Genomics, 2014, 17, 127-140.	1.0	23
66	Validation of Web-based self-reported socio-demographic and anthropometric data collected in the Food4Me Study. Proceedings of the Nutrition Society, 2014, 73, .	1.0	4
67	Online Dietary Intake Estimation: The Food4Me Food Frequency Questionnaire. Journal of Medical Internet Research, 2014, 16, e150.	4.3	114
68	Online Dietary Intake Estimation: Reproducibility and Validity of the Food4Me Food Frequency Questionnaire Against a 4-Day Weighed Food Record. Journal of Medical Internet Research, 2014, 16, e190.	4.3	142
69	Variation in the effects of three different breakfast meals on subjective satiety and subsequent intake of energy at lunch and evening meal. European Journal of Nutrition, 2013, 52, 1353-1359.	3.9	50
70	An insight into the public acceptance of nutrigenomic-based personalised nutrition. Nutrition Research Reviews, 2013, 26, 39-48.	4.1	51
71	Eggs at breakfast increase satiety and reduce the subsequent intake of energy at lunch and an evening meal relative to cereal or croissant-based breakfasts. Proceedings of the Nutrition Society, 2011, 70, .	1.0	2