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List of Publications by Year in descending order

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45
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48
times ranked

454
citing authors

#	ARTICLE	IF	CITATIONS
1	Momentary emotional states in primary school children: combined effects of chronotype X time-of-day. <i>Biological Rhythm Research</i> , 2023, 54, 52-69.	1.0	0
2	The Bergen Shift Work Sleep Questionnaire (BSWSQ) – European Portuguese validation in a sample of shift workers from the paper industry. <i>Biological Rhythm Research</i> , 2022, 53, 1209-1225.	1.0	2
3	Psychometric Properties of the European Portuguese Adaptation of the Insomnia Catastrophizing Scale (ICS). <i>Journal of Rational - Emotive and Cognitive - Behavior Therapy</i> , 2022, 40, 295-312.	1.8	1
4	Sleep Quality and Insomnia Severity among Italian University Students: A Latent Profile Analysis. <i>Journal of Clinical Medicine</i> , 2022, 11, 4069.	2.5	6
5	Psychometric Properties of the European Portuguese Version of the Distance Education Learning Environments Survey (DELES). <i>Current Psychology</i> , 2021, 40, 367-378.	2.8	4
6	European Portuguese Validation of the Thought Control Questionnaire Insomnia-Revised (TCQI-R). <i>Journal of Rational - Emotive and Cognitive - Behavior Therapy</i> , 2021, 39, 355-374.	1.8	2
7	The European Portuguese version of the insomnia severity index. <i>Journal of Sleep Research</i> , 2021, 30, e13198.	3.3	15
8	“Life” beyond classical test theory: some considerations on using complementary psychometric approaches in sleep medicine. <i>Sleep Medicine</i> , 2021, 79, 225-226.	2.3	1
9	Typologies of individuals vulnerable to insomnia: a two-step cluster analysis. <i>Sleep and Biological Rhythms</i> , 2021, 19, 33-44.	1.0	6
10	Utility of Studies in Community-Based Populations. <i>Sleep and Vigilance</i> , 2021, 5, 161-162.	0.8	6
11	What Type of Factor Analysis Are You Doing? Implications for Sleep Medicine Field. <i>Sleep and Vigilance</i> , 2021, 5, 337-338.	0.8	1
12	Sleep difficulties and use of prescription and non-prescription sleep aids in Portuguese higher education students. <i>Sleep Epidemiology</i> , 2021, 1, 100012.	1.7	3
13	Does Cognitive-Behavioral Therapy for Insomnia Change the Brain? A Case Series Study. <i>Sleep and Vigilance</i> , 2020, 4, 35-42.	0.8	0
14	Profiles of Subjective Daytime Sleepiness through Cluster Analysis. <i>Psychiatric Quarterly</i> , 2020, 91, 147-163.	2.3	3
15	A Brief Note on Shift Work and Shift Work Disorder: New Directions for Old Problems. <i>Sleep and Vigilance</i> , 2020, 4, 245-246.	0.8	1
16	The Effect of Tailored Cognitive-Behavioral Therapy for Insomnia on Brain’s Resting-State Networks. <i>Sleep and Vigilance</i> , 2020, 4, 29-33.	0.8	2
17	Mindfulness profiles in a sample of self-reported sleep disturbance individuals. <i>Journal of Contextual Behavioral Science</i> , 2020, 15, 219-224.	2.7	6
18	Trends in insomnia research for the next decade: a narrative review. <i>Sleep and Biological Rhythms</i> , 2020, 18, 199-207.	1.0	10

#	ARTICLE	IF	CITATIONS
19	Self-report measures as complementary exams in the diagnosis of insomnia. <i>Revista Portuguesa De Investigação Comportamental E Social</i> , 2020, 6, 97-98.	0.2	2
20	Differences in Early Maladaptive Schemas between Young Adults Displaying Poor Versus Good Sleep Quality. <i>Psychiatric Quarterly</i> , 2019, 90, 733-746.	2.3	2
21	“Time to relax” considerations on relaxation training for insomnia disorder. <i>Sleep and Biological Rhythms</i> , 2019, 17, 263-264.	1.0	2
22	DSPS-4: a Brief Measure of Perceived Daytime Sleepiness. <i>Current Psychology</i> , 2019, 38, 579-588.	2.8	10
23	Do we need neuroimaging to treat insomnia effectively?. <i>Sleep Medicine</i> , 2019, 53, 205.	2.3	3
24	Confirmatory Factor Analysis of the Portuguese Version of the Arousal Predisposition Scale. <i>Current Psychology</i> , 2019, 38, 59-65.	2.8	4
25	Profiling insomnia using subjective measures: where are we and where are we going. <i>Sleep Medicine</i> , 2018, 42, 103-104.	2.3	10
26	Pre-Sleep Arousal Scale (PSAS): psychometric study of a European Portuguese version. <i>Sleep Medicine</i> , 2018, 43, 60-65.	2.3	17
27	European Portuguese Adaptation of Glasgow Content of Thoughts Inventory (GCTI): Psychometric Characterization in Higher Education Students. <i>Behavioral Medicine</i> , 2018, 44, 11-18.	2.1	2
28	Assessing Stress-Induced Sleep Reactivity in College Students: The European Portuguese Version of the Ford Insomnia Response to Stress Test (FIRST). <i>Behavioral Sleep Medicine</i> , 2018, 16, 337-346.	2.3	8
29	Portuguese Version of the Arousal Predisposition Scale: Preliminary Evidence for a Two-Factor Structure in a Nonclinical Sample. <i>Psychological Reports</i> , 2018, 121, 974-991.	1.9	3
30	Psychometric properties and accuracy of the European Portuguese version of the Pittsburgh Sleep Quality Index in clinical and non-clinical samples. <i>Sleep and Biological Rhythms</i> , 2018, 16, 413-422.	1.0	11
31	Insomnia Disorder and Brain’s Default-Mode Network. <i>Current Neurology and Neuroscience Reports</i> , 2018, 18, 45.	4.4	60
32	Potentialities of network analysis for sleep medicine. <i>Journal of Psychosomatic Research</i> , 2018, 111, 89-90.	2.9	8
33	Self-Referential Dysfunction and Default-Mode Hyperactivation in Psychophysiological Insomnia Patients. <i>Journal of Psychophysiology</i> , 2018, 32, 140-155.	0.7	9
34	Insomnia in College Students: Specificities Regarding Psychological Treatment. <i>Sleep and Hypnosis</i> , 2018, , 175-187.	0.4	2
35	Circadian preferences in young adults: Psychometric properties and factor structure of the Portuguese version of the Preferences Scale (PS-6). <i>Chronobiology International</i> , 2017, 34, 403-410.	2.0	2
36	Unbalanced resting-state networks activity in psychophysiological insomnia. <i>Sleep and Biological Rhythms</i> , 2017, 15, 167-177.	1.0	11

#	ARTICLE	IF	CITATIONS
37	Associations between sleep quality and domains of quality of life in a non-clinical sample: results from higher education students. <i>Sleep Health</i> , 2017, 3, 348-356.	2.7	47
38	Psychometric properties of Glasgow Sleep Effort Scale in Portuguese language.. <i>Psychological Assessment</i> , 2016, 28, e12-e18.	1.3	8
39	Don't worry, sleep well: predictors of sleep loss over worry. <i>Sleep and Biological Rhythms</i> , 2016, 14, 309-318.	1.0	12
40	Neurobiological Correlates of Psychological Treatments for Insomnia. <i>European Psychologist</i> , 2016, 21, 195-205.	3.6	9
41	Hyperarousal and failure to inhibit wakefulness in primary insomnia: "Birds of a feather". <i>Sleep and Biological Rhythms</i> , 2015, 13, 219-228.	1.0	25
42	Default-mode network activity and its role in comprehension and management of psychophysiological insomnia: A new perspective. <i>New Ideas in Psychology</i> , 2015, 36, 30-37.	2.0	26
43	Insomnia as a brain disorder: Is there a Waldo to find?. <i>Sleep</i> , 0, , .	1.2	0
44	Psychometric Properties of the Sleep Locus of Control (SLOC) Scale in a Portuguese Sample. <i>Journal of Rational - Emotive and Cognitive - Behavior Therapy</i> , 0, , .	1.8	0
45	Sleep-wake patterns and disturbances in Portuguese primary school children: a comparison between 1995 and 2016. <i>Sleep and Biological Rhythms</i> , 0, , .	1.0	0