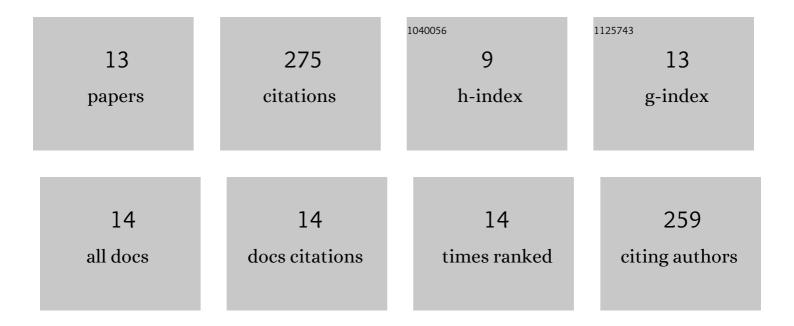
Paulina Wasserfurth

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/8965784/publications.pdf

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#	Article	IF	CITATIONS
1	Reasons for and Consequences of Low Energy Availability in Female and Male Athletes: Social Environment, Adaptations, and Prevention. Sports Medicine - Open, 2020, 6, 44.	3.1	56
2	Exercise capacity of vegan, lacto-ovo-vegetarian and omnivorous recreational runners. Journal of the International Society of Sports Nutrition, 2019, 16, 23.	3.9	42
3	Characterization, dietary habits and nutritional intake of omnivorous, lacto-ovo vegetarian and vegan runners $\hat{a} \in $ a pilot study. BMC Nutrition, 2019, 5, 51.	1.6	36
4	Micronutrient Status of Recreational Runners with Vegetarian or Non-Vegetarian Dietary Patterns. Nutrients, 2019, 11, 1146.	4.1	30
5	Exercise-Induced Oxidative Stress, Nitric Oxide and Plasma Amino Acid Profile in Recreational Runners with Vegetarian and Non-Vegetarian Dietary Patterns. Nutrients, 2019, 11, 1875.	4.1	20
6	Impact of Nutrition on Short-Term Exercise-Induced Sirtuin Regulation: Vegans Differ from Omnivores and Lacto-Ovo Vegetarians. Nutrients, 2020, 12, 1004.	4.1	19
7	Effects of Exercise Combined with a Healthy Diet or Calanus finmarchicus Oil Supplementation on Body Composition and Metabolic Markers—A Pilot Study. Nutrients, 2020, 12, 2139.	4.1	12
8	Abdominal Obesity-Related Disturbance of Insulin Sensitivity Is Associated with CD8+ EMRA Cells in the Elderly. Cells, 2021, 10, 998.	4.1	12
9	Risk of Low Energy Availability, Disordered Eating, Exercise Addiction, and Food Intolerances in Female Endurance Athletes. Frontiers in Sports and Active Living, 2022, 4, 869594.	1.8	12
10	Impact of Dietary Modifications on Plasma Sirtuins 1, 3 and 5 in Older Overweight Individuals Undergoing 12-Weeks of Circuit Training. Nutrients, 2021, 13, 3824.	4.1	10
11	Intake of <i>Calanus finmarchicus</i> oil for 12 weeks improves omega-3 index in healthy older subjects engaging in an exercise programme. British Journal of Nutrition, 2021, 125, 432-439.	2.3	9
12	Immunomodulating Effect of the Consumption of Watercress (Nasturtium officinale) on Exercise-Induced Inflammation in Humans. Foods, 2021, 10, 1774.	4.3	9
13	Effects of mineral waters on acid–base status in healthy adults: results of a randomized trial. Food and Nutrition Research, 2019, 63, .	2.6	8