

# Paulina Wasserfurth

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/8965784/publications.pdf>

Version: 2024-02-01

13  
papers

275  
citations

1040056

9  
h-index

1125743

13  
g-index

14  
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14  
docs citations

14  
times ranked

259  
citing authors

#	ARTICLE	IF	CITATIONS
1	Reasons for and Consequences of Low Energy Availability in Female and Male Athletes: Social Environment, Adaptations, and Prevention. <i>Sports Medicine - Open</i> , 2020, 6, 44.	3.1	56
2	Exercise capacity of vegan, lacto-ovo-vegetarian and omnivorous recreational runners. <i>Journal of the International Society of Sports Nutrition</i> , 2019, 16, 23.	3.9	42
3	Characterization, dietary habits and nutritional intake of omnivorous, lacto-ovo vegetarian and vegan runners – a pilot study. <i>BMC Nutrition</i> , 2019, 5, 51.	1.6	36
4	Micronutrient Status of Recreational Runners with Vegetarian or Non-Vegetarian Dietary Patterns. <i>Nutrients</i> , 2019, 11, 1146.	4.1	30
5	Exercise-Induced Oxidative Stress, Nitric Oxide and Plasma Amino Acid Profile in Recreational Runners with Vegetarian and Non-Vegetarian Dietary Patterns. <i>Nutrients</i> , 2019, 11, 1875.	4.1	20
6	Impact of Nutrition on Short-Term Exercise-Induced Sirtuin Regulation: Vegans Differ from Omnivores and Lacto-Ovo Vegetarians. <i>Nutrients</i> , 2020, 12, 1004.	4.1	19
7	Effects of Exercise Combined with a Healthy Diet or <i>Calanus finmarchicus</i> Oil Supplementation on Body Composition and Metabolic Markers – A Pilot Study. <i>Nutrients</i> , 2020, 12, 2139.	4.1	12
8	Abdominal Obesity-Related Disturbance of Insulin Sensitivity Is Associated with CD8+ EMRA Cells in the Elderly. <i>Cells</i> , 2021, 10, 998.	4.1	12
9	Risk of Low Energy Availability, Disordered Eating, Exercise Addiction, and Food Intolerances in Female Endurance Athletes. <i>Frontiers in Sports and Active Living</i> , 2022, 4, 869594.	1.8	12
10	Impact of Dietary Modifications on Plasma Sirtuins 1, 3 and 5 in Older Overweight Individuals Undergoing 12-Weeks of Circuit Training. <i>Nutrients</i> , 2021, 13, 3824.	4.1	10
11	Intake of <i>Calanus finmarchicus</i> oil for 12 weeks improves omega-3 index in healthy older subjects engaging in an exercise programme. <i>British Journal of Nutrition</i> , 2021, 125, 432-439.	2.3	9
12	Immunomodulating Effect of the Consumption of Watercress ( <i>Nasturtium officinale</i> ) on Exercise-Induced Inflammation in Humans. <i>Foods</i> , 2021, 10, 1774.	4.3	9
13	Effects of mineral waters on acid–base status in healthy adults: results of a randomized trial. <i>Food and Nutrition Research</i> , 2019, 63, .	2.6	8